## Tilton School - TTD 2024 Schedule

10:00 - 11:00am       Dorm Ite         10:00 - 11:00am       Equipme         11:15am       Kickoff N         Noon       Lunch         12:30 - 1:20pm       Setup Ro         1:30 - 2:10pm       Stretch a         2:30 - 3:20pm       On-Ice         3:40 - 4:25pm       Mental F         4:35 - 5:20pm       Team Bu         5:30pm       Dinner	Activity  and Register terms to Dorm Room tent to Locker Room Meeting  from/ Meet Roommates and Recovery  Performance ilding - Phoenix Games  rengths / Weaknesses	Sullivan Rink JOA Hall Sullivan Rink Dana Room 1D  Dorm Rink Concourse Rink Dana Room 1D Goulet - Perini	Kossbiel Kossbiel Kossbiel Kossbiel Allegrino Delaney Emery
10:00 - 10:45am       Arrive ar         10:00 - 11:00am       Dorm Ite         10:00 - 11:00am       Equipme         11:15am       Kickoff N         Noon       Lunch         12:30 - 1:20pm       Setup Ro         1:30 - 2:10pm       Stretch a         2:30 - 3:20pm       On-Ice         3:40 - 4:25pm       Mental F         4:35 - 5:20pm       Team Bu         5:30pm       Dinner         7:30 - 8:30 PM       Team Str         9:00 - 9:50 PM       On-Ice         10:00 PM       Check in	ems to Dorm Room ent to Locker Room Meeting om/ Meet Roommates and Recovery Performance ilding - Phoenix Games	JOA Hall Sullivan Rink Dana Room 1D  Dorm Rink Concourse Rink Dana Room 1D	Kossbiel Kossbiel Kossbiel Allegrino Delaney Emery
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7:30 - 8:30 PM Team Str 9:00 - 9:50 PM On-Ice 10:00 PM Check in	rengths / Weaknesses		ROSSDIEI
9:00 - 9:50 PM On-Ice 10:00 PM Check in	engers / weaknesses	Locker Room	Captains / Leaders
10:00 PM Check in		Sullivan Rink	Delaney
Day 2, July 7, 2024		Dorm	MacDonald
7:00am Wake			
7:10am Breakfas	t		
8:00 - 8:45am Hockey I	Q/Video	Goulet - Perini	Ries
•	and Recovery	Rink Concourse	Allegrino
10:00 - 10:50am On-Ice		Rink	Delaney
11:10 - 11:55am Mental F	Performance	Dana Room 1D	Emery
Noon Lunch			
12:30 - 1:20pm Mid-Day	Break	Quiet Time	
**12:30 - 1:20pm Team Ca	ptains / Leadership	Dana Room 1D	Kossbiel
1:30 - 2:15pm Team Bu	ilding - Phoenix Games	Goulet - Perini	Kossbiel
2:30 - 3:10pm Stretch a	and Recovery	Rink Concourse	Allegrino
3:30 - 4:20pm On-lce		Rink	College Coaches
•	Performance	Dana Room 1D	Emery
5:30pm Dinner			
7:00 - 7:50 PM Team Tir		Quad/Dorm	Captains/Leaders
=	Hockey Info Session	Dana Room 1D	Mentors : Fitz and Mac
9:00 - 9:50 PM On-Ice		Rink	Delaney
10:00 PM Check-in		Dorm	MacDonald
Day 3, July 8, 2024			
7:00am Wake			
7:10am Breakfas			_
	Performance	Dana Room 1D	Emery
9:00 - 9:45am On-Ice	and December	Rink	Delaney
	and Recovery	Rink Concourse	Allegrino
•	Q/Video	Goulet - Perini	Ries
Noon Lunch 12:30 - 1:20pm Mid-Day	Dunnels	Oviet Times	
	ptains / Leadership	Quiet Time Dana Room 1D	Kossbiel
·	Performance	Dana Room 1D	Emery
1:30 - 2:15pm Mental F 2:30 - 3:15pm On-Ice	enormance	Rink	College Coaches
	and Recovery	Rink Concourse	Allegrino
4:30 - 5:20pm Team Bu	•	TBD	Mentors: Fitz and Mac
5:30pm Dinner	пашь	100	Wichters. The and wide
	l, Cornhole, Wiffleball	Grass Field	Phoenix Games
· · · · · · · · · · · · · · · · · · ·	rap Up Meeting	Dana Room 1D	Kossbiel
10:00 PM Check-in		Dorm	MacDonald
Day 4, July 9, 2024			
7:00am \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	+		
7:00am Wake	d .		
7:10am Breakfas			
7:10am Breakfas 7:30am Pack Bel	ongings / Clean Room	Dorm Lobby	
7:10am         Breakfas           7:30am         Pack Bel-           7:45am         Turn in L	ongings / Clean Room inens (If Service Used)	Dorm Lobby	
7:10am         Breakfas           7:30am         Pack Bel           7:45am         Turn in L           7:50am         Bring Be	ongings / Clean Room	•	Kosshiel
7:10am       Breakfas         7:30am       Pack Bel         7:45am       Turn in L         7:50am       Bring Be         8:00 - 8:45am       Debrief	ongings / Clean Room inens (If Service Used) longings to Rink	Locker Room	Kossbiel Allegring
7:10am       Breakfas         7:30am       Pack Bel         7:45am       Turn in L         7:50am       Bring Be         8:00 - 8:45am       Debrief	ongings / Clean Room inens (If Service Used)	•	Kossbiel Allegrino Delaney