

## Taft - TTD 2025 Schedule

| Time                       | Activity                                  | Location        | Coach              |
|----------------------------|-------------------------------------------|-----------------|--------------------|
| <b>Day 1, July 6, 2025</b> |                                           |                 |                    |
| 9:15 - 10:15am             | Arrive and Register                       | Sullivan Rink   | Kossbiel           |
| 9:30 - 10:30am             | Dorm Items to Dorm Room                   | JOA Hall        | Kossbiel           |
| 9:30 - 10:30am             | Equipment to Locker Room                  | Sullivan Rink   | Kossbiel           |
| 10:45am                    | Kickoff Meeting                           | Dana Room 1D    | Dixon              |
| 11:20am                    | Team Captains / Leaders                   | Dana Room 1D    | Dixon              |
| 11:30am                    | Lunch                                     |                 |                    |
| 12:30 - 1:20pm             | On-Ice                                    | Rink            | Hennes             |
| 1:40 - 2:40pm              | Stretch and Recovery                      | Rink Concourse  | Allegrino          |
| 3:00 - 3:50pm              | Set Up Room/Meet Roommates                | Dorm            |                    |
| 4:00 - 5:00pm              | Mental Performance                        | Dana Room 1D    | Emery              |
| 5:00 - 6:00pm              | Dinner                                    |                 |                    |
| 6:00 - 7:00pm              | Team Building - Phoenix Games             | Goulet - Perini | Dixon              |
| 7:10 - 8:10pm              | Team Strengths/Weaknesses (SWOT)          | Locker Room     | Captains / Leaders |
| 8:20 - 9:20pm              | Free Time for Team Activities             | Dorm            | Captains / Leaders |
| 10:30pm                    | Lights Out                                | Dorm            | Kossbiel           |
| <b>Day 2, July 7, 2025</b> |                                           |                 |                    |
| 7:00am                     | Wake                                      |                 |                    |
| 7:10am                     | Breakfast                                 |                 |                    |
| 8:00 - 8:40am              | Stretch and Recovery                      | Rink Concourse  | Allegrino          |
| 9:00 - 9:50am              | On-Ice                                    | Rink            | Hennes             |
| 10:10 - 10:50am            | Mental Performance                        | Dana Room 1D    | Emery              |
| 11:00 - 11:25am            | Hockey IQ/Video                           | Goulet - Perini | Ries               |
| Noon                       | Lunch                                     |                 |                    |
| 12:30 - 1:00pm             | Mid-Day Break                             | Quiet Time      |                    |
| 1:00 - 1:40pm              | Mental Performance                        | Dana Room 1D    | Emery              |
| 2:00 - 2:50pm              | On-Ice                                    | Rink            | College Coaches    |
| 3:10 - 3:45pm              | Stretch and Recovery                      | Rink Concourse  | Allegrino          |
| 4:00 - 4:50pm              | Team Building - Phoenix Games             | Back of Dining  | Dixon              |
| 5:00pm                     | Dinner                                    |                 |                    |
| 6:00 - 10:00pm             | Full Ice Games                            | Rink            | Fitzgerald         |
| 7:30 - 9:30pm              | Food Truck                                | Quad            | Player Purchase    |
| 9:30 - 10:30pm             | Team Time                                 | Dorm            | Captains / Leaders |
| 10:30pm                    | Lights Out                                | Dorm            | Kossbiel           |
| <b>Day 3, July 8, 2025</b> |                                           |                 |                    |
| 7:00am                     | Wake                                      |                 |                    |
| 7:10am                     | Breakfast                                 |                 |                    |
| 8:00 - 8:25am              | Hockey IQ/Video                           | Goulet - Perini | Ries               |
| 9:10 - 9:40am              | Stretch and Recovery                      | Rink Concourse  | Allegrino          |
| 10:00 - 10:50am            | On-Ice                                    | Rink            | Hennes             |
| 11:10 - 12:00pm            | Mental Performance                        | Dana Room 1D    | Emery              |
| Noon                       | Lunch                                     |                 |                    |
| 12:30 - 1:00pm             | Mid-Day Break                             | Quiet Time      |                    |
| 1:00 - 1:45pm              | Stretch and Recovery                      | Rink            | College Coaches    |
| 2:00 - 2:50pm              | College Hockey Q&A                        | TBD             | Fitz / Cam         |
| 3:00 - 3:40pm              | Mental Performance                        | Dana Room 1D    | Emery              |
| 4:00 - 4:50pm              | On-Ice                                    | Rink Concourse  | Allegrino          |
| 5:00pm                     | Dinner                                    |                 |                    |
| 6:00 - 7:30pm              | Spikeball, Cornhole, Wiffleball, Ultimate | Grass Field     | Phoenix Games      |
| 7:30 - 9:30pm              | Food Truck                                | Quad            | Player Purchase    |
| 9:30pm                     | Wrap Up Meeting                           | Dana Room 1D    | Everyone           |
| 9:00 - 10:00pm             | Team Time                                 | Quad / Dorm     | Captains / Leaders |
| 10:30pm                    | Lights Out                                | Dorm            | Kossbiel           |
| <b>Day 4, July 9, 2025</b> |                                           |                 |                    |
| 7:00am                     | Wake                                      |                 |                    |
| 7:10am                     | Breakfast                                 |                 |                    |
| 7:30am                     | Pack Belongings / Clean Room              |                 |                    |
| 7:45am                     | Turn in Linens (If Service Used)          | Dorm Lobby      |                    |
| 7:50am                     | Bring Belongings to Rink                  |                 |                    |
| 8:00 - 12:00pm             | Games                                     |                 |                    |
| Morning As Needed          | Stretch and Recovery                      | Rink Concourse  | Allegrino          |
| Morning During Games       | Mental Performance                        | Locker Room     | Emery              |
| Morning During Games       | Debrief                                   | Locker Room     | Dixon              |