



Washing The Scalp With Medicated Shampoo

Online Course

Course Description



Best Me Products Has Embarked On A Journey To Educate And Support Persons With Seborrheic Dermatitis (Stubborn Dandruff). Knowledge Is Power And Making Information Available is one of the ways in which we can give our support. This course includes a video as well as in-depth coaching on how to wash your hair with Medicated Shampoo To Get The Best Results!

LET'S BEGIN!!!



Topic 1

Lesson 1: Medicated Shampoo And The Hair



What You Will Learn

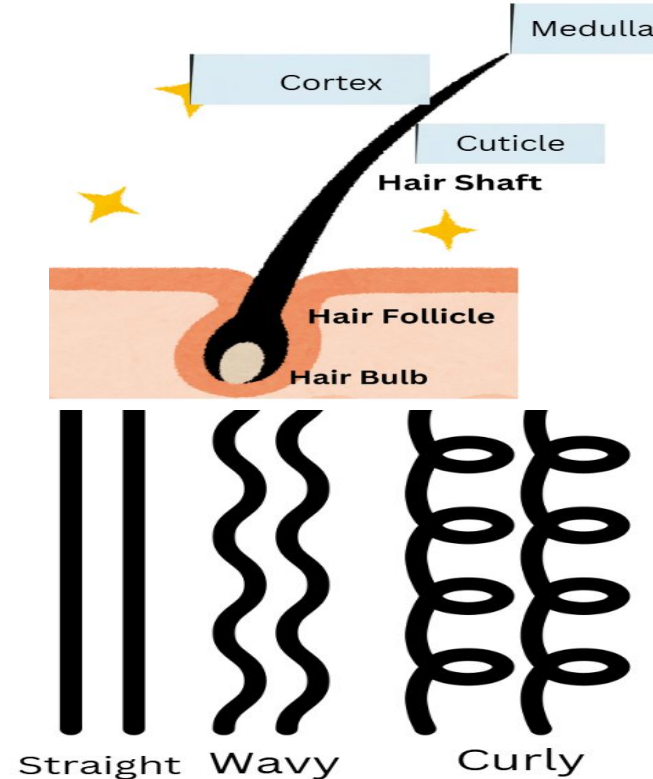
- Tips for washing the scalp with medicated shampoo to avoid hair damage and dryness
- Tips and advice for getting the best results from your medicated shampoo
- How to care for the hair before washing with medicated shampoo
- How to care for the hair after washing with medicated shampoo.

Lesson 1 : Medicated Shampoo And The Hair

Medicated shampoos are one of the most used products to treat seborrheic Dermatitis. However some persons may experience adverse effects like dryness of the hair shaft.

It is best when these shampoos are applied on your scalp and not applied to your entire head of hair. This allows you to get the best results from medicated shampoo and to prevent any dryness that may occur.

Curly hair is more at risk for dryness because of the coiling of the hair shaft and lower amounts of internal moisture. This coiling causes the cuticle to lift giving access to substances to penetrate other areas of the hair.



Here Is A Video Explaining How To Use Medicated Shampoo





Summary

- To get the best use from your medicated shampoo while reducing dryness, it can be advised that you apply shampoo to the scalp only and not the entire head of hair.
- Curly Hair are more at risk for dryness because of the coiling of the hair shaft. (Hair Types 3b to 4c)
- Do not use anti-dandruff shampoos for at least 14 days before or after relaxing your hair
- It is best to deep condition hair after use of medicated shampoos, which can help to replenish moisture and prevent hair dryness.
- Always read and pay attention to your hair care product instructions

Assessment

Question 1

Some _____ shampoos may cause hair shaft dryness, resulting in breaking on healthy black hair

- A) Soothing
- B) Herbal
- C) Anti inflammatory
- D) Medicated

Question 2

Medicated _____ are one of the treatment options for Seborrheic Dermatitis

- A) Tea
- B) Shampoo
- C) Leaves

Assessment

Question 3

Medicated Shampoos are formulated to apply to the scalp only to give the best results and to avoid hair dryness.

- A) True**
- B) False**

Question 4

Coiling of the hair shaft causes the cuticle to lift. I can use medicated shampoo to wash my hair the same day that I relax them.

- A) True, True**
- B) False, False**
- C) False, True**
- D) True, False**

We Trust That You Scored 80% And Higher!

Answers:

1D , 2 B , 3A, 4D

References And Supporting Materials

References

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Supporting Materials

Photo 1- Best Me Products

Photo 2- Canva.com

Video 1- Created with Canva.com