

Dietary Salads, Greens, Veggies, Herbs, Flowers and Fruits.

Before introducing a new plant into your bearded dragon's diet please ensure you do your own research on the topics like the following:

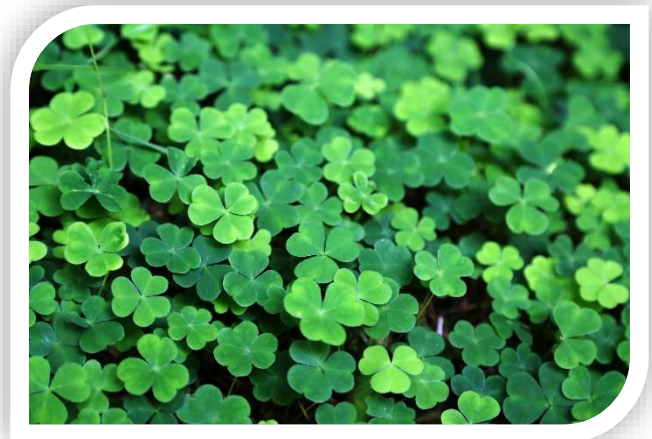
- Is the plant a staple which can be fed daily?
- Should the plant be offered in moderation?
- Is the plant harmful and should it be avoided altogether?

Some important tips:

- Wash store purchased vegetables, salads and fruits.
- Ensure no pesticides have been used on your garden plants.
- Companion planting is a safe solution to assist in a pesticide free garden.

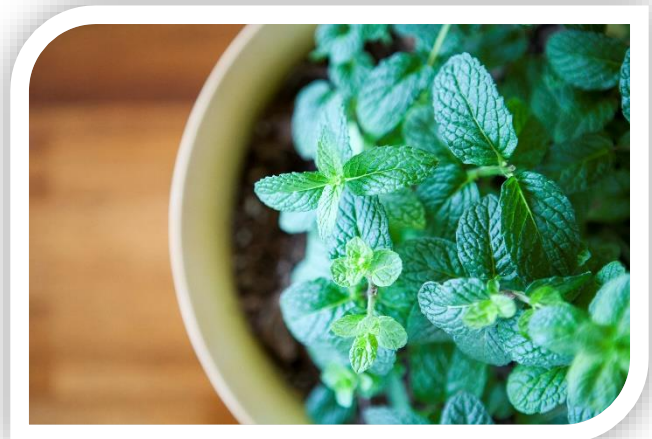
SAFE WEEDS & PLANTS FOR BEARDED DRAGONS

- Catsear, leaves and flowers
- Chickweed/Stellaria media
- Clover, leaves and flowers
- Dandelion, leaves and flowers
- Mulberry leaves
- Prickly Pear
- Jade



SAFE FLOWERS FOR BEARDED DRAGONS

- Borage
- Carnation
- Chamomile
- Impatiens
- Lavender
- Rose petals
- Geranium, leaves and flowers
- Hibiscus, leaves and flowers
- Nasturtium, leaves and flowers



SAFE HERBS FOR BEARDED DRAGONS

- Basil
- Coriander
- Mint
- Oregano

- Rosemary
- Sage
- Thyme

SAFE GREENS/VEG FOR BEARDED DRAGONS

- Alfalfa
- Asian greens
- Beans
- Bok choy
- Butternut pumpkin grated
- Cabbage purple
- Capsicum
- Carrots grated
- Cauliflower greens
- Cucumber peeled
- Endive
- Mustard greens
- Oak leaf lettuce
- Butter leaf lettuce
- Coral leaf lettuce
- Parsnip grated
- Peas
- Pea sprouts
- Pumpkin grated
- Radicchio
- Rocket
- Sweet potato grated
- Turnip greens
- Watercress



FRUIT SHOULD BE LIMITED TO ONCE A MONTH TO AVOID TOOTH DECAY AND MOUTH ROT

- Blueberries
- Fig
- Kiwi fruit
- Melon
- Papaya
- Peach
- Pear
- Plum
- Raspberries



- Strawberries
- Watermelon

NIKKI
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CLICK ON THE ICONS TO JOIN US!

