JOSHIE'S DRAGONS

Shedding of skin, or Ecdysis, is a healthy and natural process your Bearded Dragon will experience. During the first year your beardie will shed often in response to rapid growth. This can be an uncomfortable time for your scaley friend. So we have put together some helpful information on how you can assist and ease your dragon through each shed with less discomfort.



Bath & Hydrate

Bathing helps to ease, soothe and slough away any dead skin. You can use a soft toothbrush to gently brush over your dragon's loosened skin. Allow for a 15 to 30 minute soak. Always supervise.

Daily hydration and misting will assist the shedding process. We advise misting outide and away from the enclosure.



Set up Check

This is a great time to check and ensure your lighting, temperatures and humidity levels are all in order and running accurately.

These factors will help to maintain a suitable environment and a healthy Bearded Dragon.



1

Abrasives

Provide an environment with rough, abrasive surfaces. Your Bearded Dragon will use these surfaces to scratch and rub against them to release the shedding skin.

Sandstone rocks, abrasive stones, branches, sandstone pavers, substrate and backing walls are all helpful.



Diet & Supps

Ensure your Bearded Dragon is receiving a healthy diet of insects and greens, along with adequate calcium and Vitamin D3 supplementation.

Please remember that hydration is just as important as diet.







Please Avoid

Please refrain from picking, pulling and manual removal of your Bearded Dragon's skin as it can cause irritation, injury, bleeding and infections.

If you are concerned about stuck shed please seek Veterinarian advice and assistance.