**Stretcher Bearer Wellness Ministry**

**STRETCHER BEARER NEWS LETTER ARTICLE**

October/ November/December 2019

“The grass withers, the flower fades, but the word of our God will stand forever.”

Matthew 9:37-38 ESV

Autumn is such a magical time of year. The leaves change to an array of colors. Browns and reds,oranges and golds. The memories of raking leaves in piles and jumping about in splendor comes to my mind.

We begin to have those moments of that crisp air. You know what I mean? What do I wear today? Long sleeves, short sleeves? Sweater,jacket? One moment too cold. The next moment too hot. From October to December, especially living in the Western New York area, we never know what the weather will bring us on any given day. Ohhhh such surprises we receive!!!

Sometimes (ok… “often”) we complain about the weather outside and a multitude of other changes happening in and around our lives. Are we ready for change?

Ready or not…. It is a comfort to remember the joy of the sunshine and flowers; the harvest of great food; the jumping in piles of leaves; the magical beauty of colorful leaves; and the knowing that the word of God will stand forever.

Blessings for health and wholeness,

Sue