



Newsletter 2023 A Year in Review

Heavens to Betsy's objectives are to:

1. Connect with individual communities
2. Provide quality, hands-on workshops
3. Break down prejudices and stereotypes
4. Encourage skill building and education
5. Bridge gaps and build confidence between communities

Volunteering is rewarding!

Jolene and Tracey giving back to the elementary school their kids once attended, acting as volunteer judges at the Westbrook School fair in May. Such talented kids and a rewarding experience!



Who is Heavens to Betsy?

Formed in 2022, Heavens to Betsy is a Cochrane, Alberta based charity that aims to empower communities through education. Knowledge and skills are powerful!

How do we empower communities?

Our organization provides hands on, skill building workshops to underserved, underrepresented, or underfunded communities. We believe everyone deserves the opportunity to learn and build life skills for independence!

Our current focus is providing simple, home maintenance workshops to groups in our home community and surrounding area. An opportunity to learn these skills may never have been presented to you, and not everyone has the option of hiring someone to complete these maintenance tasks. We tailor workshops to specific group needs and offer additional sessions covering other topics such as financial and tax information needs, utilizing local professionals whose core values align with ours.

Who are our target groups?

We are blessed to collaborate with other organizations and businesses in and around Cochrane to provide workshops for immigrants, women, widowed warriors, kids aging out of foster care, indigenous communities and veterans.

What about cost?

We are a registered charity with the CRA and work to receive grants, sponsorships, and donations to keep workshop costs minimal or free for participants.

Thank you sponsors:

Canadian Tire, Cochrane
 Chez Soi 1912
 Cochrane Dodge
 Cochrane Lions Club
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 Cochrane Now
 Cochrane Post, Katherine Payne
 Cochrane Public Library
 Eric Rajah, A Better World
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 Stacey & Amy Massage
 Stockmen's Memorial Foundation
 Totem Charitable Foundation
 Two Pharmacy
 Wayne Brucks



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Women's Home Maintenance Workshop

On May 13, 2023, Heavens to Betsy held a workshop at the Lions Event centre. It was an amazing day of women inspiring women! 18 ladies attended this one-day fundraising workshop, learned some important hands-on skills and were each treated with a gift that were so generously donated from Cochrane businesses! Door prizes and lunch were included, and the laughter was contagious! We got our hands in the drywall mud, learned how to caulk around our tubs and build a screen for our windows. It was an excellent event honouring mothers!



Heavens to Betsy attends Cochrane Fall Trade Fair

The weekend of October 21 and 22, 2023 provided an excellent opportunity for our charity in Cochrane. Sharing what our organization has to offer, meeting other local charities, individuals and companies has provided future opportunities for collaborations on projects for the future. We are blessed to be a part of such an amazing community!



2024 Workshop Series: "Building Skills for Independence"

Thank you to the Totem Charitable Foundation for their support, helping to make this series come to fruition. Five workshops will be offered next year, each targeting specific groups. The workshop on January 6th will be focused on Widowed Warriors. Participants will build hands on skills in home maintenance learning drywall repair, doorknob replacement, faucet replacement, and silicon/caulking. In addition, a 90-minute financial and tax information session is included featuring Elevate Financial Strategies and Rebecca C. Penner, CPA as presenters. Heavens to Betsy is working on collaborations for the target groups for the remaining four workshops. Go to www.h2betsy.ca to view the workshop poster future workshop details.