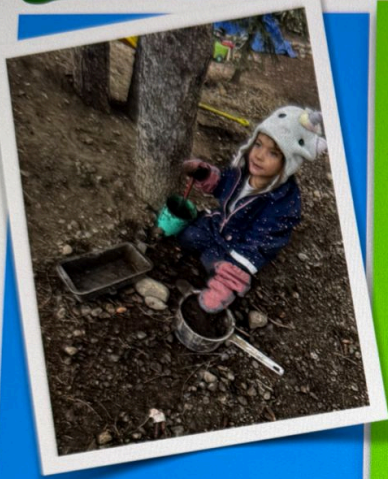


LITTLE FOREST DWELLERS. MARCH, 2026



THE MAGIC OF MUD KITCHENS

In the heart of our forest clearing, the mud kitchen has become a hub of culinary creativity. Children are busy whipping up "pinecone pesto" and "lichen lattes," developing fine motor skills and engaging in sensory exploration. This unstructured play is vital for their development, allowing them to experiment with volume, texture, and social cooperation in a natural setting.

GEARING UP FOR SPRING RAINS

As the snow melts in the Alberta foothills, we remind parents to check their child's waterproof layers. A successful day in the forest depends on staying dry and warm. Please ensure your child has "muddy buddy" style waterproof overalls, insulated boots, and a spare set of wool socks in their backpack. We play rain or shine, embracing the lessons the changing weather brings to our land-based learning. Click on the boots to order the right gear.



A NOTE FROM MISS ALISON

I am so grateful for the opportunity to learn and explore in the outdoors with your children. My journey into early learning began in a small town in Northern Ontario, where my upbringing in the woods sparked a lifelong love of nature. That foundation has since grown into over two decades of experience in Early Learning and Child Development, including many rewarding years working in Waldorf Schools across Ontario, British Columbia, and Alberta.

My educational philosophy remains deeply rooted in Waldorf principles, emphasizing the importance of rhythm, imitation, and nurturing the whole child. I believe this bridges the gap between the structure of Waldorf and the freedom of the Forest School—ensuring that while the children are happily playing in the mud, there is a deep, intentional philosophy guiding their development.

