



Getting Started With The NDIS

A simple, plain-language guide for people beginning their NDIS journey. Built to reduce overwhelm and help people understand the first steps.

Step 1 – Understand Eligibility

The NDIS supports Australians under 65 with a permanent and significant disability.

Step 2 – Gather Evidence

Collect reports, letters and assessments from doctors, therapists or specialists.

Step 3 – Apply

Applications can be completed online, by phone or with support from a Local Area Coordinator.

Step 4 – Planning Meeting

Talk about goals, daily challenges and what supports may help improve quality of life.

Step 5 – Choosing Supports

Participants can choose providers that align with their needs, communication style and goals.

Among The Gumtrees – Disability Services
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