# Sayee Bhuvaneswari



### Management Consultant / Coach / Psychologist

#### CORPORATE

Savvy Business leader with an enviable reputation for delivering innovative business strategies, building high performance teams, creating new markets and establishing new businesses. Worked with Big Corporates like HCL, Hitachi as part of their Senior Management establishing new operations and managing their regional sales and operations.



Mentoring Companies and Start ups on their Go To Market Strategies /Pitches, Establishing new business lines and Streamlining their Sales and Marketing divisions to improve their closures. Collaborating with Companies on their product innovation strategies and process optimization

#### LIFE COACHING AND COUNSELLING

**Corporate Coaching** employees and Professionals across regions mentoring them on professional and personal Goals and **Emotional Intelligence**.

Teens Coaching and Academic Coaching — Coaching Teens for their academic and Personal success ,Coaching Students for Academic Success , Campus to corporate ,Building Confidence etc.

**Counselling** Stress Management, Anger Management, Depression Self-esteem/Anxiety issues and Adolescent Counselling.

#### TRAINING / WORKSHOPS

Workshops / Webinars / Expert talks to institutions, Corporates on Various topics

Women Achiever awards by Reputed Institutions & Speaker in many forums

## 19+ years of Corporate experience



4+ years Coaching / Counselling
Experience



Mentored 300 + People for Professional/

Personal growth

- Master Practitioner Neuro-Linguistic Programming (NFNLP USA)
- Practicing Reality Therapist & Faculty (Certified from William Glasser Institute, USA)
- Practicing Hypno Therapist
- Professional Life Coach , Mindfulness coach,
   Transformation Coach & Emotional Intelligence Coach
- Career Counsellor (Pearson)
- Internationally Certified Yoga Instructor, Boxing Coach

#### Area of Interest and Expertise

People & Mind
Innovation & Research
Strategies and Consulting

#### **EDUCATION**

Engineering in Computer Science



- Post Graduate Diploma in Management
- Masters in Counselling Psychology
- PhD Research Scholar in Economics /Psychology