

# May Evening Program

Wednesday, May 9, 2018, 7:00 p.m.

## What Makes a Time Bank Work?

Nicole Banales  
Senior at Swarthmore College

We welcome Swarthmore College senior Nicole Banales to the Senior Association for a special talk on her research on time banks and what makes them succeed or fail. This is the topic of her senior thesis in sociology. Refreshments at 7:00, program at 7:30. See page 2.

## Swarthmore United Methodist Church

129 Park Avenue

# Summer Evening Series

Wednesdays at 7:30 p.m.

## Letting Go/Letting Come

May 30, June 13 and 27, July 11 and 25

A collaborative effort of Swarthmore Presbyterian Church and Swarthmore Senior Citizens Association, this series will address some of the issues that we all face as we grow older. It starts earlier than we think: the kids leave home and suddenly there are empty rooms. And yet, an empty room holds so many possibilities. See page 3.

## Swarthmore Presbyterian Church

727 Harvard Avenue

<https://swarthmoreseniors.com/>



Swarthmore Senior Citizens Association  
P.O. Box 306, Swarthmore, PA 19081

## May, June, and Summer 2018 Newsletter

Our mission is to promote the well-being of seniors, as well as others in the community, by providing a welcoming environment for social interaction, learning opportunities, and exploring resources through a variety of activities and programs.



Swarthmore Senior Citizens Association, Post Office Box 306, Swarthmore, PA 19081

## May and June 2018 ...and Summer



## The Myth of Summer

How many organizations do you belong to that basically call it quits from the end of May until the first of September? The thinking is that “everyone is away” so the summer months should just be a time of... what? Nothing? As seniors we have no problem slowing down and taking time to enjoy a season of leisure. But a season of leisure isn’t the same as a season of *nothing*.

There are great programs scheduled at the Gathering Place, and plenty happening at the Dew Drop Inn! Summer brings our get-togethers at Hobb’s Café on Wednesdays, and evening programs at the Swarthmore Presbyterian Church.

*See the calendar inside.*

Time is too valuable to be wasted on “nothing.” Friends, for example, can’t just be put on hold for three months. The flowers, the trees, and the grass call for our attention. Family needs tending to. Our community requires building, even as the summer heat begs us to slow down. There’s nothing wrong with taking things at a slower pace! But stop altogether? That’s not really our style.

While you are in town this spring and summer, spend some time with your family and friends at the Gathering Place, or Summer Gathering, or the evening series we are presenting jointly with Swarthmore Presbyterian Church. Even as our gardens are growing we can be tending our community and enjoying its fruits!

*Lynton Stables*

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# Events



## Senior Booth at Charity Fun Fair

Here's your opportunity to spread the word about the Senior Association while having a great time outdoors in downtown Swarthmore. On Sunday, May 20, from noon to 4:00 p.m. we will have a booth at the Swarthmore Rotary Charity Fun Fair, passing out literature and answering the questions of passersby. There will also be a Nether-Swarthmore TimeBank booth at the Fun Fair, which will also need volunteers. The TimeBank is a project that has SSCA backing, and so your help there would be appreciated, too. Can't volunteer? Come by both booths and give us some moral support!

## Delaware County Senior Games!



The mission of the Delaware County Senior Games is to engage our residents over the age of fifty in two weeks of fun events that promote a healthy, social, and active lifestyle. The Games are sponsored by Delaware County

Council, the Department of Parks and Recreation, the County Office of Services for the Aging (COSA) and the Destination Delco Visitor's Bureau. **Mark your calendars! The 2018 Senior Games will run from June 11 through 22.** On May 9 we will have a presentation on the Games at the Gathering Place, by Pat and Sam Parsons. Come at noon to hear how you can get involved as a volunteer, participant, or cheering squad!

## Chester Children's Chorus Concert

The renowned Chester Children's Chorus will present a matinee performance on Thursday, July 26, at 2:00 p.m. at the Lang Music Building, Swarthmore College. This concert is a special gift to the seniors in the community, many of whom volunteer in one capacity or another while the Chorus is having their 5-week summer camp. This concert is the culmination of the camp and all are invited.

## Next For Aging-in-Place

The Aging-in-Place Committee is now working on the Swarthmore Trails project. The goal is to develop and then publicize the various existing walks and trails in the Borough and around the College, to make them more widely known and usable by the general public (not just seniors). The Committee has found 24 trails and walks! Some of the maps and brochures are out of print, so the Committee is working on how to best get the information out in the community. If you are interested in working on this project contact Carol Menke at [camenke@gmail.com](mailto:camenke@gmail.com)

## First Wellness Fair a Success!

It's not just us saying that, either. Written evaluations and verbal feedback have all been positive about the inaugural Senior Wellness Fair held at the end of March. Nearly 20 volunteers helped make it a spectacular day for all concerned—exhibitors, speakers, and the attendees. More than 150 people participated in the Wellness Fair! Fourteen exhibitors were there to have discussions and answer questions on an array of topics and concerns, from elder law to senior living, from spiritual aspects of aging to where to volunteer.

Put Saturday, March 30, 2019, in your calendar. That's the date already set for the Second Annual Senior Wellness Fair!

## May Evening Program

Wednesday, May 9, 2018, at 7:00 p.m.

### What Makes a Time Bank Work?

#### Nicole Banales

Founded by Swarthmore College alum Edgar Cahn '56, time banks aim to build community and reciprocity using a time-based currency. Nicole Banales, a Swarthmore College senior, is a former intern with Timebanks USA, the non-profit organization that aids time banks throughout the country. Ms. Banales has developed a deep interest in time banks and the role they play in the communities they aim to serve. For her sociology senior thesis she worked with four local time banks at various stages of development to determine the various factors that contribute to success or failure of a local time bank. One of her subject time banks was the Nether-Swarthmore TimeBank, which SSCA has sponsored. Ms. Banales hopes to offer suggestions for time banks and the Timebanks USA organization to assist them in achieving reciprocal communities.

Refreshments will be served at 7:00 and the program will begin at 7:30 at the **Swarthmore United Methodist Church, 129 Park Avenue.**

This program is a response to those who have asked us to have evening programs and those who want us to do more activities related to the College.



## Growing Green at the Community Center

Several members of the Association were at the Growing Green event at the Swarthmore Community Center, helping the children who attended have a better understanding of ecology and our role in sustaining our earth. The event was on Sunday, April 8, and timed to honor Earth Day. Here, Maria Mooney reads to some pre-schoolers.



The presentations were well-attended and quite informative.





## Meet Stephanie McDonough

Our programs have grown to the point that we require an Administrator to help us achieve all our goals. The Board has entered into a contract with Stephanie McDonough to provide those services, including handling much of the day-to-day business of the Association, supporting the TimeBank and other Aging-in-Place projects, and our communications. Stephanie comes to us with a background in community organizing and experience in fundraising for higher education.

Volunteers are the backbone of our organization but having someone who coordinates things and plans ahead helps us tremendously. Stephanie and her husband live in Wallingford with their five children.

## Renew Your Membership!

The programming and events sponsored by the Association are paid for by a combination of investment income and your donations. Many of you have already renewed your membership in SSCA. If you haven't you are invited to renew now, or become a member now. A brochure is available at Borough Hall, in which you will find a membership form, or you can just send us (SSCA) a check for \$20 to P.O. Box 306, Swarthmore, PA 19081. While you are writing that check, please consider an additional donation to help make the Senior Association even better! A donation of \$50, \$100, \$250, or \$1,000 would go a long way toward helping us meet our goals for improving life for Borough seniors.

## Report from Your Board

The Board approved a contract for a part time Administrator with Stephanie McDonough.

The President reported to the Borough Council on the activities of the Association during the first quarter of the calendar year. Though the Borough had not yet distributed any of the budgeted funds, it seemed important to the Board to set a good example by reporting progress on the several goals set out in our funding request. Those projects include the Community Directory, the TimeBank, the Senior Wellness Fair, Senior Travels, Swarthmore Trails, and Senior Town/Gown Programs.

To date the Association has spent approximately \$8,500 on Aging-in-Place implementation projects. On the whole our expenses for the year are running well ahead of our income, due mainly to the Aging-in-Place project expenses incurred in the first quarter, while the Borough funding comes available in the second quarter. The Association has been notified of a significant rent increase for the Dew Drop Inn.

Gudmund Iversen, after serving the Association for over 10 years as Treasurer, is stepping down from that position. The Board and membership appreciate all that Gudmund has done for us and we recognize that he deserves a break. He has agreed to stay on the Board to lend his voice to our deliberations. We will honor Gudmund's service at a future Association event.

As they have in years past, the Board will have a planning retreat over the summer.

## Help First Responders Help You

The Police Department is asking the community to complete a form with vital information from citizens for use in case of an emergency, particularly one in which a person is alone or is incapable of providing this information for first responders. The form is available at Borough Hall, or you can download it from the Borough's website (look under Forms & Permits, and then Emergency Information). Complete **one form per person** to the extent that you feel comfortable sharing this information. Mail in your form to the Police Department or drop it off in a sealed envelope.

## Picnic and Swim Time!

Put June 13 on your calendar and get out your swimsuit in preparation for the Association's Annual Picnic and Swim at the Swarthmore Swim Club, 201 Riverview Road. We provide the sandwiches and the beverages, and the rest (salads, sides, and desserts) are potluck. In the afternoon the Swim Club has invited us to use the pool. The Annual Picnic is one of the highlights of our year, and we look forward to seeing everyone there!

Remember: Swimsuit, sunblock, hat, a salad, side, or dessert, and be ready for sunshine!



## Stay Connected Over the Summer

Starting on June 20 we'll be **gathering at Hobb's Café** at 1 Park Avenue, every Wednesday at 2:00 p.m. for a time of fellowship and sharing. There will not be a program or an agenda, nor will there be any expectation that you will be there every week. But there will be a group every Wednesday ready to greet you when you come!

We expect that the Swarthmore Recreation Association will again sponsor **regular walks** through the Borough and College. Check their website <http://www.swarthmorerecreation.org/> to find out what will be offered.

The Association will participate in the Borough's **Fourth of July** celebration, including the Parade. Come and march with us!

## Letting Go, Letting Come

### A Summer Evening Series engaging the practical and spiritual experiences of aging

A collaborative effort of Swarthmore Presbyterian Church and Swarthmore Senior Citizens Association, this series is designed specifically for those nearing retirement or recently retired, who find themselves in a period both of letting go and letting come. It starts earlier than we think: the kids leave home and suddenly there are empty rooms. And yet... an empty room holds so many possibilities.

It is a time in which there is much opportunity to let come new experiences of life. We will invite speakers to help us explore the practical and deeply spiritual conversations you are engaging in during this time of your life; those that are difficult and those that hold promise. Letting go of kids as they move to college and beyond and letting come new opportunities for spending time. Letting go to downsize and letting come renewed discernment for what matters in this time of life. Letting go of loved ones and letting come the creation of an identity that is shaped differently than you might have once expected.

Each session is on a topic that concerns us as we age, and the sessions are not dependent on one another. Come to one, two, or all of them as your schedule allows. The working titles of the five sessions are "Downsizing," "Letting Go on Both Ends," "Difficult Conversations," "Life After Death," and "Embracing a New Life." We hope you will join us on Wednesdays, **(May 30, June 13 and 27, July 11 and 25)** at 7:30 p.m. in the Chapel at Swarthmore Presbyterian Church, 727 Harvard Avenue. Registration is not required.

## Schoolhouse Center Goes to Broadway!

Schoolhouse Center in Folsom is booking Anastasia on Broadway on Wednesday, November 14, 2018. The \$183 cost includes an Orchestra Level ticket, bus transportation, and a meal at Mastories, with all gratuities included. Secure your spot soon because this trip will sell out quickly. Adults of any age are welcome; you don't have to be a Center member to participate. For information call Kim at 610-237-8100.

Gathering Place

United Methodist Church  
129 Park Avenue, Swarthmore

Entertaining, interesting, and informative programs for adults of all ages every Wednesday at noon, with the program starting at 12:30. Bring your lunch and we'll provide beverages and dessert. Or make a small donation and have a cup of soup and some bread. A light lunch is provided on the first Wednesday of each month.

In May we introduce **an evening program** to be held at the Methodist Church, starting at 7:00 p.m. with light refreshments, and the program starting at 7:30. In the Fall we hope to have monthly evening programs.

Program Notes

- 5/2

An intergenerational program with the kids from the SRS Gifted Students program.
- 5/9

Pat and Sam Parsons will tell us all about the upcoming Delaware County Senior Games.
- 5/9

**Evening Program:** Nicole Banales, Swarthmore College senior, will tell us about her findings on factors for success and failure of time banks. Starts at 7:00 with refreshments, and program at 7:30.
- 5/16

Barry Jacobs will discuss senior mental health and some of the resources available.

Dew Drop Inn

7A South Chester Road,  
Swarthmore

Bridge on Mondays, Tuesdays, and Thursdays from 10:00 a.m. to noon.

Crafts on Mondays from 1:30 to 2:30 p.m. Making polymer clay jewelry, knitting, needlepointing and any other craft projects people are working on or want to share with others. Very casual.

Games such as chess, MahJong, checkers, and Scrabble on Fridays from 10:00 a.m. to 1:00 p.m.

Seniors Online

Connect with the Senior Association at SwarthmoreSeniors.com. Sign up for the e-newsletter on the website. Check out our group on Nextdoor Swarthmore (look for Swarthmore Senior Citizens under Groups). Say in touch by reading the *Swarthmorean*, our Borough's newspaper. We invite you to accept a free year on us! Contact Linton Stables at LStables52@gmail.com. Also contact Linton if you have news of interest to seniors that should be included in our communications.

Continue the Fun

Summer Gathering

Wednesdays 2:00 to 3:00 p.m.

Hobbs Café, 1 Park Avenue

No program, no agenda. Just come and talk!

- 5/23

More of the scoop about life on a nuclear submarine from Jim Mooney, who served as an officer on one.
- 5/30

Randy Poe will delight us once again with his piano music and his informative descriptions of the music.
- 6/6

Learn about what a TimeBank is, and why you might want to join one. Our very own Nether-Swarthmore TimeBank will present.

- 6/13

Annual Association Picnic at the Swarthmore Swim Club, 201 Riverview Road. Sandwiches and drinks are provided, but salads, sides, and desserts are potluck. Join us!
- 6/20

Summer Gathering starts at Hobb's Café, at 2:00 p.m.
- 9/12

Gathering Place programs start again.

Note: Sometimes our programs change after this newsletter is published. Please check the *SSCA website* for the most up-to-date calendar of programs.

New Medicare Cards Are Coming

Medicare is mailing new Medicare cards to all people with Medicare starting in April 2018.

**10 things to know** about your new Medicare card:

Your new card will automatically come to you as long as your address is up to date. If you need to update your address, visit your mySocialSecurity account.

Your new card will have a new Medicare Number that's unique to you, instead of your Social Security Number. This will help to protect your identity.

Your Medicare coverage and benefits will stay the same.

Mailing takes time. Your card may arrive at a different time than your friend's or neighbor's.

Your new card is paper, which is easier for many providers to use and copy.

Once you get your new Medicare card start using your new card right away, After you have successfully used the new card a couple of times destroy your old Medicare card.

If you're in a Medicare Advantage Plan (like an HMO or PPO), your Medicare Advantage Plan ID card is your main card for Medicare—you should still keep and use it whenever you need care. However, you also may be asked to show your new Medicare card, so you should carry this card too.

Doctors, other health care providers and facilities know it's coming and will ask for your new Medicare card when you need care, so carry it with you.

Only give your new Medicare Number to doctors, pharmacists, other health care providers, your insurers, or people you trust to work with Medicare on your behalf.

If you forget your new card, you, your doctor or other health care provider may be able to look up your Medicare Number online.

Watch out for scams: Medicare will never call you uninvited and ask you to give personal or private information to get your new Medicare Number and card.

Math Coaches Needed

The Chester Children's Chorus, in their continuing effort to serve the whole child, is looked for volunteers to be math coaches. The needs are for geometry coaches, but also coaching for middle school through algebra I. Volunteers should possess:

1. A fondness for mathematical thinking, making sense of situations and problems, inspiring curiosity, and encouraging critical thinking.
2. Enjoyment working one-on- one (or one-on- two) with students age 11-16 for an hour twice a week.
3. Availability at a regular time between 4:30-8:30 p.m. Monday through Thursday or Saturdays 11 a.m. to 5 p.m.
4. Willingness to participate in introductory training and communicate regularly with our math specialist
5. Willingness to record notes about student progress in a timely fashion.

Interested? Contact Kirsten Halker-Kratz, Executive director, khalker1@swarthmore.edu

TimeBank Update

The TimeBank is one of the recommendations of the Aging-in-Place Task Force that the Association is helping to launch. In fact, at this point there are over 40 members, with an active group of teachers for the orientations that new members are required to receive.

The TimeBank is being coordinated by a steering committee consisting of some SSCA members and several members of the community at large. They have set an ambitious goal of signing up 100 members by the end of June. Keep an eye out over the summer as they appear around town to generate interest.

The June 6 program at the Gathering Place will be a demonstration of how a Time Bank works, and how you can participate. There will be an opportunity to sign up on the spot and become a member. Initial memberships are free. To know more about the Nether-Swarthmore TimeBank, go to the SwarthmoreSeniors.com website and click on Aging-in-Place.

# Resources

## Helping Each Other

### Caring

Visit shut-ins; Phone tree; Ride to Vote (and other ride-giving programs); Connections to meals programs; Emergency Information for Police and EMT; Birthday recognition.

Contact Maria Mooney at [jmooney562@verizon.net](mailto:jmooney562@verizon.net) if you are interested in helping out by Caring for others in our community.

### Community

Gathering Place programs and hospitality; Dew Drop Inn games and crafts; Evening Gathering; Summer Gathering; Senior Wellness Fair; Neighborhood Walks.

If your interest is in building Community, contact Linton Stables at [LStables52@gmail.com](mailto:LStables52@gmail.com)

### Advocacy

Follow up on Aging-in-Place Task Force; Attending Borough Council and Committee meetings; Tracking and advocating State initiatives; Tracking and advocating Federal initiatives.

If you want to be involved in Advocacy, contact Bill Davis at [wmndavis@gmail.com](mailto:wmndavis@gmail.com).

## Need more information?

Do you want to know how to get involved, or where the next meeting is, or who is in charge of the food? Here's a directory of people you can contact.

**Gathering Place**  
Linton Stables    610-544-3876    [LStables52@gmail.com](mailto:LStables52@gmail.com)

**Dew Drop Inn**  
Sue Lawson    [snlawson48@gmail.com](mailto:snlawson48@gmail.com)

**Receiving or giving a visit**  
Maria Mooney    [jmooney562@verizon.net](mailto:jmooney562@verizon.net)

**Aging-in-Place**  
Bill Davis    610-529-0399    [wmndavis@gmail.com](mailto:wmndavis@gmail.com)

**Program ideas and suggestions**  
Linton Stables    610-544-3876    [LStables52@gmail.com](mailto:LStables52@gmail.com)

**Someone's in the hospital or stuck at home?**  
Maria Mooney    [jmooney562@verizon.net](mailto:jmooney562@verizon.net)  
or Gudrun Weinberg    [## Senior Hotline: 484-580-1234](mailto:gud-</a></p></div><div data-bbox=)

This Senior Care Line Main Line Health serves as a resource for seniors, their families, and caregivers to answer questions, address concerns, and provide guidance in making health care decisions. The hotline is available to anyone, not just Main Line Health members. The Senior Care Line The 24-hour phone number is 484-580-1234 and the email address is [MLHseniors@MLHS.org](mailto:MLHseniors@MLHS.org).

## A New Community Resource

Our Aging-in-Place Committee has created a directory of all the community organizations in [Swarthmore](#). These groups offer services or places to volunteer, or just a way to get involved for all age groups and people of all interests. The directory resides on the Borough of [Swarthmore](#) website under Community Connections. Let your friends and neighbors know about this valuable resource! A print copy is in the Library.

## Directors and Officers of the Association

- Sheila Bell, Secretary
- Peter Bloom, Director, Finance Chair
- Louise Coffin, Director
- Bill Davis, Vice President, Aging-in-Place Chair
- Sue Dawes, Director, Intergenerational Chair
- Gudmund Iversen, Treasurer and Membership Chair
- Maria Mooney, Director
- Judie Neale, Director, Newsletter Chair
- Linton Stables, President
- Gudrun Weinberg, Director, Sunshine Chair
- Alice "Putty" Willetts, President Emerita

### Advisory Council

- Doug Bender
- Eck Gerner
- Christine Polito
- G. Guy Smith
- Ann Torregrossa

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
GP = Gathering Place DDI = Dew Drop SSC = Swim Club	Hobbs Café, 1 Park SPC = Swarthmore Presbyterian Church	1  10:00 to noon DDI bridge	2  11:00 Board Mtg Noon GP: SRS Gift- ed Students	3  10:00 to noon DDI bridge	4 9:00 to 1:00 Sen- ior Living Expo, 10:00 to 1:00 DDI board games	5
6	7  10:00 DDI bridge 1:00 to 2:30 DDI crafts	8  10:00 to noon DDI bridge	9 Noon GP: Senior Games  7:00 GP Success or Failure of TimeBank	10  10:00 to noon DDI bridge	11  10:00 to 1:00 DDI board games	12  SSCA Table at Farmers Market
13	14  10:00 DDI bridge 1:00 to 2:30 DDI crafts	15  10:00 to noon DDI bridge	16  Noon GP: Mental Health for Seniors	17  10:00 to noon DDI bridge	18  10:00 to 1:00 DDI board games	19
20  Noon to 4:00 Charity Fun Fair	21  10:00 DDI bridge 1:00 to 2:30 DDI crafts	22  10:00 to noon DDI bridge	23  Noon GP: US Sub- marines: A Deeper Dive	24  10:00 to noon DDI bridge	25  10:00 to 1:00 DDI board games	26
27	28  10:00 DDI bridge 1:00 to 2:30 DDI crafts	29  10:00 to noon DDI bridge	30 Noon GP: Senior Games  7:00 SPC Letting Go/Letting Come	31  10:00 to noon DDI bridge	June 1  10:00 to 1:00 DDI board games	2


## June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4  10:00 DDI bridge 1:00 to 2:30 DDI crafts	5  10:00 to noon DDI bridge	6  11:00 Board Mtg Noon GP: Time- Banks	7  10:00 to noon DDI bridge	8  10:00 to 1:00 DDI board games	9
10	11 10:00 DDI bridge  1:00 to 2:30 DDI crafts Senior Games	12  10:00 to noon DDI bridge Senior Games	13 Noon: Annual Picnic at SSC  7:00 SPC Letting Go/Letting Come	14  10:00 to noon DDI bridge Senior Games	15  10:00 to 1:00 DDI board games Senior Games	16  Senior Games
17  Senior Games	18 10:00 DDI bridge  1:00 to 2:30 DDI crafts Senior Games	19  10:00 to noon DDI bridge Senior Games	20  2:00 Summer Gath- ering, Hobbs Senior Games	21  10:00 to noon DDI bridge Senior Games	22  10:00 to 1:00 DDI board games Senior Games	23  SSCA Table at Farmers Market
24	25  10:00 DDI bridge 1:00 to 2:30 DDI crafts	26  10:00 to noon DDI bridge	27  2:00 Summer Gath- ering, Hobbs 7:00 SPC Letting Go/Letting Come	28  10:00 to noon DDI bridge	29  10:00 to 1:00 DDI board games	30  
						5

# July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
DDI = Dew Drop Hobbs Café, 1 Park SPC = Swarthmore Presbyterian Church	2 10:00 DDI bridge 1:00 to 2:30 DDI crafts	3 10:00 to noon DDI bridge	4 Independence Day Parade	5 10:00 to noon DDI bridge	6 10:00 to 1:00 DDI board games	7
8	9 10:00 DDI bridge 1:00 to 2:30 DDI crafts	10 10:00 to noon DDI bridge	11 2:00 Summer Gathering, Hobbs 7:00 SPC Letting Go/Letting Come	12 10:00 to noon DDI bridge	13 10:00 to 1:00 DDI board games	14
15	16 10:00 DDI bridge 1:00 to 2:30 DDI crafts	17 10:00 to noon DDI bridge	18 2:00 Summer Gath- ering, Hobbs	19 10:00 to noon DDI bridge	20 10:00 to 1:00 DDI board games	21
22	23 10:00 DDI bridge 1:00 to 2:30 DDI crafts	24 10:00 to noon DDI bridge	25 2:00 Summer Gathering, Hobbs 7:00 SPC Letting Go/Letting Come	26 10:00 DDI bridge 2:00 Chester Chil- dren Concert	27 10:00 to 1:00 DDI board games	28
29	30 10:00 DDI bridge 1:00 to 2:30 DDI crafts	31 10:00 to noon DDI bridge	August 1 2:00 Summer Gath- ering, Hobbs	2 10:00 to noon DDI bridge	3 10:00 to 1:00 DDI board games	4

# August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	6 10:00 DDI bridge 1:00 to 2:30 DDI crafts	7 10:00 to noon DDI bridge	8 2:00 Summer Gath- ering, Hobbs	9 10:00 to noon DDI bridge	10 10:00 to 1:00 DDI board games	11
12	13 10:00 DDI bridge 1:00 to 2:30 DDI crafts	14 10:00 to noon DDI bridge	15 2:00 Summer Gath- ering, Hobbs	16 10:00 to noon DDI bridge	17 10:00 to 1:00 DDI board games	18 SSCA Table at Farmers Market
19	20 10:00 DDI bridge 1:00 to 2:30 DDI crafts	21 10:00 to noon DDI bridge	22 2:00 Summer Gath- ering, Hobbs	23 10:00 to noon DDI bridge	24 10:00 to 1:00 DDI board games	25
26	27 10:00 DDI bridge 1:00 to 2:30 DDI crafts	28 10:00 to noon DDI bridge	29 2:00 Summer Gath- ering, Hobbs	30 10:00 to noon DDI bridge	31 10:00 to 1:00 DDI board games	
			6			

## Celebrate Age Senior Living Expo

Sponsored by the Delaware County Office of Services for the Aging (COSA), the Senior Living Expo will be on Friday, May 4, 2018, from 9:00 a.m. to 1:00 p.m. at Harrah's Racetrack and Casino in Chester. Resources and information relevant to seniors will be available, with many experts in their fields on hand to answer your questions. Admission is FREE, and there will be entertainment, snacks, and give-aways. For more information, contact Barbara Nicolardi at 610-490-1524.

## Are You Getting the Latest News?

We are now sending out a weekly e-newsletter, which has the most up-to-date news from the Senior Citizens Association. Are you getting it? Go to **SwarthmoreSeniors.com** and sign up for the newsletter on the first page of our website. This is the easiest way to find out what's happening in the coming week, and if there are any last-minute changes, which sometimes happen. Sign up today, and never again worry about keeping up with the seniors! And here's our promise: *the Swarthmore Senior Citizens Association will never share or give away your personal contact information.* Your information is safe with us!

## Other Things to Do

**First Friday** is a town-wide open house for businesses in Swarthmore, held on the first Friday of each month.  
**Thursday Night Live** is a free musical concert on summer Thursday evenings at the amphitheater at Borough Hall. The **Farmer's Market** is every Saturday this summer in the Borough Hall parking lot. Farmer's Market vendors accept SNAP. The **Makers Market** will be on Sunday, June 3, 11:00 to 3:00, with arts and crafts made by your neighbors.

<http://www.swarthmoretowncenter.com>

The **Swarthmore Public Library** has a wide range of on-going programs, as well as many special programs.  
[Swarthmorepubliclibrary.org](http://www.swarthmorepubliclibrary.org)

The **Schoolhouse Center** has a full range of activities geared toward seniors.  
[www.scsdelco.org/centers/schoolhouse.shtml](http://www.scsdelco.org/centers/schoolhouse.shtml)

## Museum Tickets at the Library

Swarthmore Public Library "lends" its passes to Library patrons. Use them for a day out! Venues include:

- Hands on House** in Lancaster Admits 6 individuals.
- Magic Gardens** in Philadelphia Admits 2 adults and three children.
- Mutter Museum** in Philadelphia Admits 4 individuals.
- Grounds for Sculpture**, Hamilton NJ Admits 4 individuals.
- Railroad Museum** in Strasburg PA Admits 4 individuals.
- The Academy of Natural Sciences** Admits 2 adults and 5 children under 18.
- Elmwood Park Zoo** (2 passes available) Admits 2 adults and 6 children under 18.
- Morris Arboretum** Admits 2 adults, 4 children under 18.
- Penn Museum of Archaeology and Anthropolgy** Admits 2 adults and all children in household under 18.
- Pennsylvania Academy of the Fine Arts** Admits 2 adults and 4 children under 18.
- Museum of the American Revolution** Admits 2 adults and 4 children under 18.

The **Friends Historical Library** at Swarthmore College Library is a great place to research your genealogy, especially if you have a Quaker heritage, but they also have a trove of old photographs and other materials on the history of Swarthmore Borough and the College.  
[www.swarthmore.edu/friends-historical-library](http://www.swarthmore.edu/friends-historical-library)

Volunteer to be a reading partner with the **Chester Children's Chorus** this summer. Read with a rising 3rd grader for five weeks, and then attend their summer concert on July 29.  
[khalker1@swarthmore.edu](mailto:khalker1@swarthmore.edu)

Play bocce with the **Swarthmore Recreation Association** this summer. Thursday, June 7; Tuesday, June 12; Thursday, June 14; and Tuesday, June 19. Tournament: Monday, June 25, with a BBQ following. All sessions are 6:30 to 8:00 p.m. at 30 Wellesley Road.  
[www.swarthmorerecreation.org/index.php/bocci/](http://www.swarthmorerecreation.org/index.php/bocci/)