



Swarthmore Senior Citizens Association

Annual Report for 2021

April 6, 2022



Swarthmore Senior Citizens Association

Contents of the Annual Report

Minutes of the previous meeting	4
Treasurer	5
Finance	5 - 11
Board of Directors Report	12
Committee Reports:	
Membership	13
Communications	14
Development	14
Senior Wellness Fair	15
Walks and Trails	15
Nether-Swarthmore TimeBank	15
SSCA Travels	15
Lunch & Learn	16
Games, Arts and Crafts	18
Sunshine	18
Personnel	18
In Memory	18
Nominating	19
Nominees for Director	19
Directors and Officers of the Association	19
Advisory Council	19
Association Mission Statement	19

Swarthmore Senior Citizens Association

Minutes

Annual Meeting, March 31, 2021

Gathering Place, 129 Park Avenue, Swarthmore, PA

The meeting was called to order at 12:35 p.m. with Nancy Daniel, presiding and 21 members in attendance via Zoom. The Board had determined in advance that the number of attenders would constitute the quorum.

We began with a memorial moment of silence for four members who died in 2020: Putty Willets, our co-founder; Ann Blackburn; Emily Richardson; Martha Turner-Leonetti.

The minutes of the March 4, 2020, Annual Meeting were presented and approved.

The Annual Report for 2020 was not read, but links to it were provided for those who wished to review it in its entirety. Linton Stables moved that the 2020 Annual Report be accepted. That motion was seconded and then approved.

Nancy introduced the slate of Directors whose terms were up at the end of 2020 and asked that they be re-elected to terms ending in 2023. These Directors are Louise Coffin, Bill Davis, and Gudrun Weinberg. The motion was made, was seconded, and then approved.

It was decided to bypass discussion on any further updates to the SSCA bylaws (business left unfinished at the 2020 Annual Meeting), leaving it for a future date.

Public comments and suggestions regarding SSCA programs was then received:

- Linton spoke about the recent meeting hosted by the Swarthmore United Methodist Church in which use of the church's space by the community was discussed among a number of community groups.
- Heather Jorgensen asked if SSCA could require proof of vaccination for members to attend indoor Lunch and Learn programs. Further, could L&L begin at 12:15, permitting Ann Foster and Louise Coffin to engage members in convivial fellowship. Nancy said these items would be discussed at future Board meetings.
- Barbara Bernhardt suggested L&L sessions be continued outdoors and later into the summer than has been the usual schedule.
- Ann Foster wondered whether SUMC would require masks if indoor activities are resumed.
- Julie Vrooman suggested sending members a survey for opinions on vaccinations, masks, meeting indoors, etc.
- Ann Foster mentioned SSCA garnered 10 new members in 2020 and 60 thus far in 2021.

Nancy closed the Annual Meeting with thanks to the Board of Directors and especially Linton for helping her in her new position as president. She also thanked Stephanie McDonough for putting together the L&L programs.

The meeting was adjourned at 12:58 p.m.

Respectfully submitted,

Louise Coffin, acting secretary

Treasurer

Treasurer: Gudrun Weinberg

We have good control of our expenses, and through the generosity of past and present members, as well as the Borough, SSCA is on solid financial ground. We are happy to have continued collecting and passing along funds to combat food insufficiency in our southern Delaware County neighborhood during these difficult times. In agreement with the Methodist Church, SSCA budgeted and paid for painting, new furnishings, and the addition of a wheel-chair ramp in one of the two rooms in our Gathering Place. As Founding Partners with the Park Avenue Community Center, we have dedicated some of our capital to go toward PACC capital and operating expenses.

Finance

Chair: Linton Stables

Following this overview and summary you will find independent accountant George Kaffes's Compilation Report which is derived from documentation of our accounts provided to him by our administrator and our treasurer. The Finance Committee includes Dan Snyder and the Chair.

Overview:

Income for the year 2021 was derived from interest and dividends from investments, tax deductible contributions from our membership, a generous grant from the Swarthmore Borough, and support from the community.

Our banking was moved from Bryn Mawr Trust to PNC because of a change of bank ownership and the impending closure of the local BMT branch.

SSCA has an invested fund created after a bequest of approximately \$300,000 from the late Irma Zimmer. We continue to maintain our investments at Vanguard, in mutual funds that are balanced to produce growth and preserve capital. Volunteer contributions from our membership remain a very important part of our support during the year. For our investment accounts only:

December 31, 2020	\$374,411.35
2021 Income	\$20,828.39
2021 Unrealized gain	\$16,531.85
Withdrawals in 2021	- 0 -
December 31, 2021	\$411,319.75

Summary:

Our financial status is stable. Our net worth has increased significantly in the last year reflecting the overall market and the fact that all expenses were covered by other income, so no withdrawals were made. We see no reason to revise our investment strategy at this time. We are confident of our financial situation going forward. We remain aware of our dependence on a single grant for much of what we try to accomplish, and we are working to develop additional sources of income. We welcome questions and comments at any time.

GEORGE P. KAFFES
ACCOUNTANT
4201 EDMONT AVENUE
BROOKHAVEN, PENNSYLVANIA 19015-2315
TEL: 610-874-0705
FAX: 610-874-8717

ACCOUNTANT'S COMPILATION REPORT- CASH BASIS

To the Board of the
Swarthmore Senior Citizen Association
P.O. Box 306
Swarthmore, PA 19081

I have compiled the accompanying statement of revenues and expenses-cash basis of The Swarthmore Senior Citizen Association for the period ended December 31, 2021, and related statement of revenues and expenses-cash basis for the year then ended. I have not audited or reviewed the accompanying financial statements and, accordingly, do not express an opinion or provide any assurance about whether the financial statements are in accordance with the cash basis of accounting.

Members of the finance committee are responsible for the preparation and fair presentation of the financial statements in accordance with the cash basis of accounting and for designing, implementing, and maintaining internal control relevant to the preparation and fair presentation of the financial statements.

My responsibility is to conduct the compilation in accordance with Statements on Standards for Accounting and Review Services issued by the American Institute of Certified Public Accountants. The objective of a compilation is to assist the finance committee in presenting financial information in the form of financial statements without undertaking to obtain or provide any assurance that there are no material modifications that should be made to the financial statements.

George P. Kaffes
February 13, 2022

GEORGE P. KAFFES
ACCOUNTANT

SWARTHMORE SENIOR CITIZEN ASSOCIATION
 CONSOLIDATED STATEMENT OF REVENUES AND EXPENSES
FOR PERIOD ENDED DECEMBER 31, 2021

CASH:

BMT - CHECKING @ .05%		\$5,356.43
BMT - STATEMENT SAVINGS @ .05%		16,717.55
VANGUARD - LIFE STRATEGY MGF 5687.871 SH		180,021.12
VANGUARD - STAR FUND 6254.512 SH		194,390.23

		\$396,485.33
--	--	--------------

REVENUE:

BMT - CHECKING		\$85,452.02
BMT - STATEMENT SAVINGS		30,005.37
PNC - CHECKING		18,280.94
PNC - CHECKING CHARITY		8,936.90
PNC - PREMIUM MONEY MARKET		16,723.89
VANGUARD - LIFE STRATEGY MGF		18,142.73
VANGUARD - STAR FUND		18,765.67

		196,307.52
--	--	------------

\$592,792.85

EXPENSES:

BMT - CHECKING		\$90,808.45
BMT - STATEMENT SAVINGS		46,722.92
PNC - CHECKING		4,473.64
PNC - CHECKING CHARITY		1,368.68
PNC - PREMIUM MONEY MARKET		13,436.90
VANGUARD - LIFE STRATEGY MGF		0.00
VANGUARD - STAR FUND		0.00

		\$156,810.59
--	--	--------------

CASH:

BMT - CHECKING @ .05%		\$0.00
BMT - STATEMENT SAVINGS @ .05%		0.00
PNC - CHECKING		13,807.30
PNC - CHECKING CHARITY		7,568.22
PNC - PREMIUM MONEY MARKET @ .01		3,286.99
VANGUARD - LIFE STRATEGY MGF 5908.284 SH		198,163.85
VANGUARD - STAR FUND 6673.635 SH		213,155.90

		\$435,982.26
--	--	--------------

=====

GEORGE P. KAFFES
ACCOUNTANT

SWARTHMORE SENIOR CITIZEN ASSOCIATION
STATEMENT OF REVENUES FOR PERIOD ENDED DECEMBER 31, 2021

REVENUE - BMT CHECKING:		
DEVELOPMENT INCOME	\$4,506.09	
GRANT	25,000.00	
MEALS FOR NEIGHBORS	750.00	
MEMBERSHIP CONTRIBUTIONS	4,140.00	
MEMBERSHIP PAYMENTS	488.00	
PANTRY STAPLES PROGRAM	20,564.82	
INTEREST	3.11	
TRANSFER FROM BMT STATEMENT SAVINGS	30,000.00	
TOTAL REVENUE - BMT CHECKING		\$85,452.02
		=====
REVENUE - BMT STATEMENT SAVINGS:		
TRANSFER FROM BMT CHECKING	30,000.00	
INTEREST FROM STATEMENT SAVINGS	5.37	
TOTAL REVENUE - BMT STATEMENT SAVINGS		\$30,005.37
		=====
REVENUE - PNC - CHECKING		
DEVELOPMENT INCOME	\$2,850.00	
MEMBERSHIP CONTRIBUTIONS	190.00	
MEMBERSHIP PAYMENTS	320.00	
PANTRY STAPLES PROGRAM	3,181.90	
TRANSFER FROM PNC PREMIUM MONEY MKT	5,000.00	
TRANSFER FROM BMT CHECKING	6,739.04	
TOTAL REVENUE - PNC CHECKING		\$18,280.94
		=====
REVENUE - PNC - CHECKING CHARITY		
TRANSFER FROM PNC PREMIUM MONEY MKT	\$8,436.90	
TRANSFER FROM BMT CHECKING	500.00	
TOTAL REVENUE - PNC - CHECKING CHARITY		\$8,936.90
		=====
REVENUE - PNC - PREMIUM MONEY MKT		
TRANSFER FROM BMT STATEMENT SAVINGS	\$16,722.92	
INTEREST	0.97	
TOTAL REVENUE - PNC - CHECKING CHARITY		\$16,723.89
		=====
REVENUE - VANGUARD LIFE STRATEGY MGF:		
DIVIDENDS	\$3,657.25	
SHORT-TERM GAINS	284.60	
LONG-TERM CAPITAL GAINS	3,458.69	
UNREALIZED GAIN	10,742.19	
TOTAL REVENUE LIFE STRATEGY 5,661.188 SH		\$18,142.73
		=====

GEORGE P. KAFFES
ACCOUNTANT

SWARTHMORE SENIOR CITIZEN ASSOCIATION
STATEMENT OF REVENUES FOR PERIOD ENDED DECEMBER 31, 2021

REVENUE - VANGUARD STAR FUND:

DIVIDENDS	\$2,714.01
SHORT-TERM GAINS	2,927.50
LONG-TERM CAPITAL GAINS	7,786.35
UNREALIZED GAIN	5,337.81

TOTAL REVENUE - STAR FUND 6,033.463 SH	\$18,765.67
	=====

STATEMENT OF EXPENSES FOR PERIOD ENDED DECEMBER 31, 2021

EXPENSES - BMT CHECKING:

CONTRACT SERVICES	\$19,765.00
ADVERTISING & PROMOTION	340.80
AGING IN PLACE	2,886.15
BANK CHARGES & FEES	693.12
BOARD OF DIRECTOR EXPENSES	0.00
CHARITABLE CONTRIBUTIONS	430.00
INSURANCE	0.00
LEGAL & PROFESSIONAL FEES	750.00
LUNCH AND LEARN CATERING	464.00
LUNCH AND LEARN SPEAKERS	375.00
MEAL FOR NEIGHBORS PAYMENTS	1,400.00
NEWSLETTER	803.64
OFFICE SUPPLIES & SOFTWARE	709.32
PROGRAMMING COSTS	699.75
PSP PURCHASES	12,533.92
RENT & LEASE	6,920.00
SUNSHINE COMMITTEE	247.16
TGP UPGRADES	4,222.26
THE GATHERING PLACE CATERING	23.81
THE GATHERING PLACE SPEAKERS	225.00
THE GATHERING PLACE SUPPLIES	80.48
TRANSFER TO BMT STATEMENT SAVINGS	30,000.00
TRANSFER TO PNC CHECKING	6,739.04
TRANSFER TO PNC CHECKING CHARITY	500.00

TOTAL EXPENSES - BMT CHECKING	\$90,808.45
	=====

EXPENSES- PNC - CHECKING

CONTRACT SERVICES	\$1,315.00
AGING IN PLACE	68.64
BANK CHARGES & FEES	34.59
BOARD OF DIRECTOR EXPENSES	400.00
INSURANCE	1,695.00
OFFICE SUPPLIES & SOFTWARE	122.47
PROGRAMMING COSTS	18.52
RENT & LEASE	800.00
THE GATHERING PLACE CATERING	19.42

TOTAL EXPENSES - PNC - CHECKING	\$4,473.64
	=====

GEORGE P. KAFFES
ACCOUNTANT

SWARTHMORE SENIOR CITIZEN ASSOCIATION
STATEMENT OF EXPENSES
FOR PERIOD ENDED DECEMBER 31, 2021

EXPENSES- BMT STATEMENT SAVINGS:		
TRANSFER TO PNC PREMIUM MONEY MKT	\$16,722.92	
TRANSFER TO BMT CHECKING	30,000.00	
TOTAL EXPENSES - BMT STATEMENT SAVINGS		\$46,722.92
		=====
EXPENSES- PNC - CHECKING CHARITY		
CONTRACT SERVICES	\$1,368.68	
TOTAL EXPENSES - PNC - CHECKING CHARITY		\$1,368.68
		=====
EXPENSES- PNC - PREMIUM MONEY MKT		
TRANSFER TO PNC CHECKING CHARITY	\$8,436.90	
TRANSFER TO PNC CHECKING	5,000.00	
TOTAL EXPENSES - PNC - CHECKING CHARITY		\$13,436.90
		=====
EXPENSES- VANGUARD FUNDS - LIFESTRATEGY		
TRANSFER TO BMT STATEMENT SAVINGS	-0-	
UNREALIZED LOSS LIFESTRATEGY		
TOTAL EXPENSES -LIFESTRATEGY FUND		-0-
		=====
EXPENSES- VANGUARD FUNDS - STAR FUND		
TRANSFER TO BMT STATEMENT SAVINGS	-0-	
UNREALIZED LOSS STAR FUND		
TOTAL EXPENSES - STAR FUND		-0-
		=====

**SWARTHMORE SENIOR CITIZENS ASSOCIATION
2021 BUDGET**

OPERATING

	Budgeted Expenses
Senior Center	
RENT	\$ 7,200.00
INSURANCE, PREMISES	\$ 800.00
MISCELLANEOUS	\$ 500.00
TOTAL Senior Center Expenses	\$ 8,500.00
 Programs	
CATERING	\$ 1,300.00
HONORARIA	\$ 2,250.00
SUPPLIES	\$ 475.00
BUS RENTAL	\$ 1,250.00
SOFTWARE FEES	\$ 2,500.00
AUDIO-VISUAL	\$ 500.00
TECHNOLOGY EQUIPMENT	\$ 6,500.00
MISCELLANEOUS	\$ 430.00
TOTAL Program Expenses	\$ 15,205.00
 General Organization	
PRINTING	
	NEWSLETTER \$ 3,500.00
	PROMOTIONAL MATERIALS \$ 2,450.00
	FUNDRAISING \$ 225.00
	COMMUNITY DIRECTORY \$ 200.00
	SIGNAGE AND GRAPHICS \$ 640.00
POSTAGE	
	NEWSLETTER \$ 400.00
	PROMOTION \$ 1,000.00
	FUNDRAISING \$ 140.00
INSURANCE, DIRECTORS & OFFICERS COMMUNICATIONS	\$ 850.00
	WEB HOSTING & EMAIL SUBSCRIPTION \$ 200.00
	ADVERTISING \$ 1,500.00
TAX PREPARATION	\$ 1,800.00
POST OFFICE BOX	\$ 90.00
CONTRACT FOR ADMINISTRATION	\$ 12,500.00
CONTRACT FOR DEVELOPMENT	\$ 3,325.00
CONTRACT FOR TECHNOLOGY/PRODUC	\$ 6,250.00
BOARD OF DIRECTORS EXPENSES	\$ 300.00
ANNUAL MEETING EXPENSES	\$ 200.00
MISCELLANEOUS	\$ 535.00
TOTAL General Expenses	\$ 36,105.00
 TOTAL ESTIMATED 2021 EXPENSES	 \$ 59,810.00
	 Revenue
Contributions	\$ 4,500.00
Investment Income	\$ 20,360.00
Program Income	\$ 3,450.00
Borough Contribution	\$ 25,000.00
Grant Income	\$ 6,500.00
 TOTAL ESTIMATED 2021 REVENUE	 \$ 59,810.00

Board of Directors

President: Nancy Daniel

The Swarthmore Senior Citizen Association is simply irreplaceable! In spite of the continuing pandemic, SSCA continued its vital presence in the community in 2021. Members continued to support each other even though we were not able to meet together indoors for most of the year. Our online meetings via Zoom and our frequent e-mail newsletters were lifelines in preserving essential connections.

The Board of Directors held most of its regular meetings on Zoom. We managed continuing projects and launched new ones. We continued sponsorship of the Nether-Swarthmore TimeBank and thank Stephanie McDonough, our beloved administrator, for enhancing its usefulness and efficiency with customized phone support and for assuring that the Red Wagon food collection process works smoothly. We adapted Wednesday Lunch and Learn programs to Zoom format and planned outdoor gatherings when feasible. Through encouraging and handling community contributions, we partnered with both Occasionally Yours and the Pantry Staples Program in their work toward alleviating area food insufficiency. We sponsored a month of Swarthmore Public Library's Storybook Walk at Little Crum Creek Park and contributed to an Eagle Scout's placement of Little Library stations at Little Crum Creek and Umoja Park. We organized a friendly letter writing campaign and phone calls to reach out to many members who could not be with us on Zoom. Proceeds from our "Mask On" sign program were appreciated by the Fire Company. We partnered with our Gathering Place hosts at Swarthmore United Methodist Church to plan and fund upgrades, including adding a wheelchair ramp in one of our meeting rooms. We lined up partnerships with the Osher Lifelong Learning Institute from Widener University and with the Wallingford-Swarthmore Community Classes to offer eventual activities at our site.

When pandemic restrictions were lessened due to lower infection rates in the summer months, SSCA fostered an active summer program. Our annual June picnic, held indoors (with due precautions) because of extreme heat was a merry reunion. We were fortunate to secure the services of professional bridge teacher Peg Woolard to offer nine successful weekly summer classes. We enjoyed outdoor gatherings at the Coop on Friday afternoons. We also arranged for member meet-ups at Rose Tree Park concerts, participated in a hand-chimes gathering, and offered several film viewings at the Gathering Place.

In late summer SSCA accepted a request from the inactive Swarthmore Community Center board to join with Swarthmore Town Center in considering temporary custody of their non-profit status and thus their assets and liabilities. Subsequent legal consultation resulted in establishing this holding status, and by October a new community center (to be called Park Avenue Community Center) was organized. In November the SSCA Board responded positively to a request for a major "founding partner" contribution to be paid in December 2021 and the first quarter of 2022, in two installments. The Board acclaimed this contribution from

SSCA reserves (built largely through our founders' contributions and bequests) as "surely delighting" our two community-minded founders, Irma Zimmer and Putty Willets.

One particular activity was especially unique to 2021: when vaccinations against COVID-19 were first released in February and scarcely available, SSCA stepped up to organize the distribution of an unexpected oversupply of vaccine after the local Thrive Pharmacy had served their usual institutional senior-citizen customers. The Borough office connected the pharmacy with our Linton Stables, and within days he recruited a team to mobilize a vaccine registration process. In partnership with Swarthmore United Methodist Church, site of our Gathering Place, volunteers from both the church and SSCA registered and subsequently hosted the vaccination of more than 200 area seniors for two doses of vaccine over a two-month period. SSCA is grateful to Linton for this and so much more (including the ongoing e-newsletter that appeared seven days a week for many months) and we are pleased to have served the community in this vital capacity.

At the Fourth of July celebration, SSCA was proud to be honored with Swarthmore Rotary Club's 2021 Community Service Award. We know "it takes a village..." and SSCA will continue to partner with those who make our village a fine place to live and work together for the good of all. My deep personal thanks to all of our Board of Directors and our Advisory Council for their diligence in preserving that reality.

Membership

Chair: Ann Foster

During 2021 we grew from 153 members to 328, even though many of our in-person meetings had to be cancelled. Many people joined after attending one or more of our COVID vaccination and booster clinics. Others joined because of the outreach of our daily e-newsletter. Most of these new members joined using the online forms we had initiated previously. This method remains the most popular way to obtain membership forms which are then submitted by mail with dues to our administrative coordinator.

To keep members connected and to ensure that no one is too isolated we continue to try to obtain and maintain our email address list. Members whose only contact is a phone number or a street address are also important to us, and we try to maintain that list. During a year which could have been lonely and isolated, SSCA members have reacted positively to the efforts to keep everyone informed and connected.

Communications

Chair: Louise Coffin

The goal of SSCA communications is to inform not only seniors but also the general public about the activities and influence of the Swarthmore Senior Citizens Association. SSCA strives to be a vital force: one that is recognized and appreciated for what it offers all Borough residents. The coronavirus pandemic continued to have a huge effect on not only our activities but also our usual methods of communicating.

The major communications vehicle was a weekly e-newsletter sent to about 850 addresses including seniors, Borough officials, Community Directory contacts, and others who have expressed an interest in our programs. The e-newsletter was a major source about all things Covid, including links to appropriate websites. It also provided information about a variety of other opportunities and news, such as support for food drives, Borough events, library updates, and the SSCA Lunch & Learn programs. Artwork, photographs, and contributions from readers also appeared in the newsletter. We had one all-Borough mailing of a single-sheet newsletter, going to over 2,000 addresses. In the Fall we resumed the bi-monthly printed newsletter, sent only to our membership.

The Lunch & Learn sessions pattered along. A few programs, able to be held outside, occurred over the summer. Hybrid gatherings—Zoom and in person—gradually evolved into in-person only sessions with a guest speaker presenting a program to anywhere from 15 to 25 in attendance. These programs were publicized in the e-newsletters and in The Swarthmorean weekly calendar.

We placed a series of advertisements in The Swarthmorean and the e-newsletter for the online Wellness Fair that took place on April 10 with 58 attendees. We also advertised a November 13 day of walks in the town and on the Swarthmore College campus. This event took the place of the cancelled November Wellness Fair.

We continued to promote SSCA through SwarthmoreSeniors.com. In the fall, the website underwent a few updating changes. We also have a group on nextdoor.com and a Facebook page as well as a presence on burbio.com, a community calendar. In October, we had a **table at the local Famers' Market.**

Development

Chair: Nancy Daniel

We are again grateful to the Borough of Swarthmore for support that allows us to hire a part-time administrator and technical consultant as needed. In addition, the unrestricted Borough grant helps to cover expenses of the annual Wellness Fair and allows us to provide honoraria for our Lunch and Learn Speakers. We were also fortunate to receive generous individual contributions from our membership and Board. SSCA's shepherding of charitable contributions received on behalf of and distributed to local food pantries continues to be appreciated in the community.

Senior Wellness Fair

Interim Chair: Linton Stables

SSCA rescheduled Swarthmore's fourth annual Senior Wellness Fair for November 2021, but due to COVID-19, the Wellness Fair Committee decided to cancel it entirely. In an effort to keep some momentum going the Committee developed a day for outdoor activities instead, with a number of guided walks around town and the campus. These were moderately well attended. The Committee planned an in-person Wellness Fair for March 2022.

Swarthmore Walks and Trails

Chair: Dan Snyder

The resources created in 2020 to facilitate taking self-guided walks continue to be available, as described in the 2020 annual report. Sixteen of the twenty trail maps were checked out of the library. In addition, Walks and Trails Committee members and friends continued to lead organized walks, although the COVID-19 pandemic curtailed these organized walks in 2021. There were eight walks, to various locations in Swarthmore, as well as to the John Heinz National Wildlife Refuge at Tinicum and the Stroud Reserve near West Chester. Five people in all served as leaders on these walks.

Nether-Swarthmore TimeBank

Chair: Ann Torregrossa

Administrator: Stephanie McDonough

The mission of the TimeBank is to strengthen our community through the exchange of skills and services. Even with over 229 members the TimeBank struggles to find ways for our members to stay engaged. The pandemic has not helped. The leadership group of the TimeBank has undertaken a self-study to see what kinds of changes might make the TimeBank more viable and useful to the community and to the membership. The leadership has been in discussions with community leaders and other organizations to help find a new direction.

Regardless of these challenges our TimeBank continues to sponsor the red wagon for food donations located near the door at the Swarthmore Borough Hall, delivering over 1,000 pounds of donated food in 2021. The Coordinators include Ann Torregrossa, Ann Foster, Kristy Chen, and Linton Stables.

SSCA Travels

Administrator: Stephanie McDonough

The monthly tours were not held in 2021 due to COVID-19 concerns. We hope to resume making trips in Spring of 2022.

Gathering Place Activities

The Gathering Place is our space in Swarthmore, rented from the Swarthmore United Methodist Church from 9:00 a.m. to 4:00 p.m., Monday through Friday. For much of 2021 the space was off limits to in-person activities, and SSCA was in agreement that this was the prudent approach to COVID restrictions. Activities returned to the building in the Fall with restrictions.

Lunch and Learn

Hostess: Heather Jorgensen

Administrator: Stephanie McDonough

Through April the Lunch and Learn series was online. In May programs were presented on the Lawn at SUMC. Starting in the Fall programs were at the Gathering Place. This past year's programs were:

- Jan 6 We celebrated our own Presidential Transfer, welcoming Nancy Daniel to her new role as President of SSCA.
- Jan 13 Tom Garvey, author of *The Secret Apartment*, entertained us with stories about living in a secret apartment in Philly's Vet Stadium.
- Jan 20 We hosted a live watch party of the 2021 Presidential Inauguration, reacting to a historic event together!
- Jan 27 Frances M. Sheehan, President of The Foundation for Delaware County shared what the Foundation for Delaware County does and how it goes about doing it.
- Feb 3 Judy Owen, Immunologist, Ph.D., told us all about the COVID vaccine - how they differ and what they are expected to do.
- Feb 10 Eric Townes, of the Unifying Group of Media, told us about his group which is dedicated to restoring and honoring the vibrant community in South Media.
- Feb 17 Luke DiBonaventura, a sophomore at Strath Haven High School shared his short documentary "Breaking Barriers: The Citizens Commission to Investigate the FBI."
- Feb 24 Sam Bittman, of the Third Act Project shared a video from their Five Wide Guys series of videos, about men dealing with love and loss later in life.
- Mar 3 Open Share
- Mar 10 Ann Foster, Ann Torregrossa, Linton Stables, and Stephanie McDonough updated us on the Nether-Swarthmore Timebank.
- Mar 17 Sarah Taub spoke about "WSS Big Idea" whose goal is meaningful and thoughtful change in our School District.
- Mar 24 Peter Friedrichs, minister of the Unitarian-Universalist Church of Delaware County, and author of *And The Stars Kept Watch*, explored themes of love, grief, and redemption.
- Mar 31 SSCA Annual Meeting
- Apr 7 Greg Brown demonstrated his mastery of song lyrics (displayed in the daily enewsletters) taking us on a trip around the world in song lyrics.
- Apr 14 Dan Vieyra, retired Professor of Architecture from Kent State, presented "The American Roadside," a look at architecture and design that facilitated the Motor Age (mid 1920s)

to the 1960s) including gas stations, restaurants/fast food, and lodging.

- Apr 21 Sarah M. Matthews, Swarthmore Town Center Coordinator, provided updates on Town Center, the Farmer's Market, the parklets and more!
- Apr 28 Meghan Lockman, Executive Director of the Chester Ridley Crum Watershed Association, talked about their work to improve the health of local watersheds.
- May 5 Open Conversation on the lawn, a chance to catch up and see friends.
- May 12 Anita Barret, Program Manager of the Osher Lifelong Learning Institute at Widener University, shared an update about OLLI.
- May 19 Dan Snyder shared information on SSCA's Walks and Trails program.
- May 26 Andy Turton brought us Quizzo on the Lawn!
- Jun 2 Cynthia Kruth spoke about neat little tricks for home cooking.
- Jun 9 SSCA Annual Picnic at Little Crum Creek Park.
- Sep 8 Open sharing about "What I did over the summer."
- Sep 15 Irene Levy Baker, author of *100 Things to Do in Philadelphia* and *Unique Eats and Eateries of Philadelphia* spoke about all the fun things to do and eat in our region.
- Sep 22 David and Louise Coffin with Andrea Knox spoke about the ongoing food drive for St. Katherine Drexel Food Pantry.
- Sep 29 Cathy Davis Outreach Coordinator HOSTS for HOSPITALS, spoke about providing lodging and support for patients and their families who come to Greater Philadelphia for specialized medical care.
- Oct 6 Cory Long, Executive Director of Making A Change Group, told us how the group is empowering youth, strengthening families, and serving as a community connector in Chester, PA.
- Oct 13 Book Exchange.
- Oct 20 Jim, a volunteer with Tri State Bird Rescue and Research talked about Tri State Bird Rescue and Research.
- Oct 27 Mercedes Rojo, Mental Health Counselor and Retreat Facilitator, talked to us about "Dancing with Life Living from our Abundance"
- Nov 3 We watched a short mystery video from the Swarthmore Library and then discussed the case.
- Nov 10 Kim Schmucki, End of Life Doula, explained the importance of advance care planning.
- Nov 17 Nancy Daniel on flute and Ann Kane Seidman on piano performed a wide-ranging program of music.
- Dec 1 JohnPaul Beattie helped us build our technology holiday wish list.
- Dec 8 Rosemary Fox and Linton Stables spoke on the revival of the Community Center at the Methodist Church.
- Dec 15 The Silvertones performed holiday music and part of their repertoire for their upcoming trip to Italy.

Games and Arts and Crafts

Chair: vacant

These activities were intermittent in 2021 due to changing COVID-19 restrictions. We expect them to start up again fully when restrictions are lifted.

If these areas of our work interests you, please contact Nancy Daniel.

Sunshine

Chair: Barbara Bernhardt

Thank-you notes were sent to speakers and performers for their contributions to the Lunch and Learn programs.

Get well cards were sent to members and friends who were ill.

All members are recognized each week during their birthday month in the newsletter and at the Lunch and Learn gatherings.

Home visits were suspended.

Condolence notes and flowers were sent to those who had family members and close friends who died.

Personnel

Chair: Linton Stables

The Committee makes recommendations to the full Board regarding contracted personnel. Currently there are three contracts: two contracts with our Administrator, for administration and the other for development work; and one contract with our Creative/Technical Consultant for assistance with our digital communications. Committee members are Sheila Bell and Shirley Mitrovich, in addition to the Chair.

In Memory

Vijay Duggal

Constance Hungerford

Nominating

The Board, as a committee-of-the-whole, acted as the Nominating Committee.

During 2021 no vacancies occurred on the Board. The Nominating Committee proposes the following for election to the Board of Directors:

Sheila Bell, re-election for a term ending in 2024.

Judie Neale, re-election for a term ending in 2024.

Linton Stables, re-election for a term ending in 2024.

Directors and Officers of the Association

Sheila Bell, Secretary	term ends 2021
Louise Coffin, Vice President, Communications Chair	term ends 2023
Bill Davis, Director	term ends 2023
Nancy Daniel, President, Development Chair	term ends 2022
Ann Foster, Director, Membership Chair	term ends 2022
Shirley Mitrovich, Director	term ends 2022
Judie Neale, Director, Mailing Chair	term ends 2021
Dan Snyder, Director, Walks and Trails Chair	term ends 2022
Linton Stables, Director, Finance Chair	term ends 2021
Gudrun Weinberg, Treasurer	term ends 2023

Officers are elected by the Board and serve for three-year terms, which may or may not coincide with Director terms.

Advisory Council

Doug Bender	Kay Rinko	Eck Gerner	Gudmund Iversen
Maria Mooney	Christine Polito	G. Guy Smith	Ann Torregrossa

Mission Statement

To promote the well-being of seniors, as well as others in the community, by providing a welcoming environment for social interaction, learning opportunities, and exploring resources through a variety of activities and programs.



Senior News



Senior E-News



SwarthmoreSeniors.com



Senior Wellness Fair

Benefits and Challenges



SSCA Travels