NOVEMBER SUPPORT GROUP SCHEDULE



MONDAY

- 12-1PM AA BOOK STUDY SB.OPEN
- 1-2PM WELLNESS. RECOVERY. ACTION. PLANNING TR/SB.OPEN
- **5:30–6:30 PM** H.O.P.E: (HOLD ON, PAIN ENDS) FRIENDS & FAMILY OVERDOSE SUPPORT CW.OPEN
- 6:30-7:30 PM BEYOND BARS: RESOURCE GROUP ZW.OPEN

TUESDAY

- 12-1 PM AA: HOPE AT HIGH NOON SB.OPEN
- 1-2 PM WELLNESS. RECOVERY. ACTION. PLANNING TR/SB.OPEN
- 5-6 PM MARCHING FORWARD IN RECOVERY (VETERANS GROUP) MM.OPEN

WEDNESDAY

- 12-1 PM BACK TO BASICS: 12 STEPS SB.OPEN
- 1-2 PM AA: THIRSTY NO MORE SB.OPEN
- 6:30-7:30 PM KOOTENAI COUNTY JAIL REENTRY RESOURCE TR.CLOSED

THURSDAY

- 4-5:30 PM PRIDE IN RECOVERY FIRST THURSDAY OF EACH MONTH LS.OPEN
- 11-12 PM SMART RECOVERY TR/SJ.OPEN
- **1-2PM** WOMEN OF WORTH (W.O.W.) SB.OPEN

FRIDAY

- 10-11 AM YOGA CC.OPEN
- 12-1 PM FRIDAY WELLNESS HOUR SB.OPEN

EXTENDING TO 7 DAYS A WEEK 11AM-4PM

SATURDAY - YOUTH

- 11AM-4PM YOUNG ADULTS DAY (16-20 YRS)
- **4–5 PM** YOUNG ADULT PREVENTION LEADERSHIP GROUP (16-20 YRS) MOEM.OPEN

SUNDAY

- 10-11 AM SUICIDE PREVENTION DH.OPEN
- 11-12PM— NA BOOK STUDY DH.OPEN



WWW.208RECOVERY.ORG