



## **CREATE YOUR BEST LIFE**

## **VISION-BOARD WORKSHOP**



Most of us have fleeting ideas of what we want to be, do or have in our lives. But they remain just that: fleeting. After all, who has the time to intentionally get clear about **what** we want to create?

Well, everyone from Katy Perry to Ellen Degeneres to Oprah Winfrey swears that they intentionally created outcomes by using a simple tool: Vision Boards. A **Vision Board** is a way to sell your own ideas to yourself, to anchor to your dreams and to allow the magic of manifestation to work in your life. Finally!

As someone who has made my own Vision Boards (and manifested some amazing results!), I've learned it's more than just slapping a picture onto a poster board. It's about first getting clear on your authentic life, letting go of what's in the way – and then clearly connecting with your dreams while designing a vision that calls to you.

That's why I lead this **CREATE YOUR BEST LIFE VISION-BOARD WORKSHOP**... to give you the space you need to intentionally define your dreams and create a Vision Board that will effortlessly attract your ideal outcomes to you & help you be excited about life!

## HERE'S WHAT YOU'LL RECEIVE:

- Clarity on what you really want (No more settling for someone else's dreams)
- Space and time to map out your ideal outcomes in each area of your life
- Connection with like-minded, positive thinking.
- A method to clear out the natural "gunk" that arises (Time to let go of limitations!)
- Guidance on the materials you need to create your own powerful Vision Board and how to display and use it.
- Your very own Vision Board to take home and connect daily to your intention and ability to live a life you love!
- Breathing room and dream-time. (The very thing you keep telling yourself you'll give yourself but never do!)
- Coaching on thinking from the end. (It isn't your job to figure out HOW things unfold, it's your job to ask for & envision what feels soothing, joyous and exciting to the one & only you!)

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