

ELECTROLYSIS INFORMED CONSENT

The Procedure & You The concept of using electric current for hair removal has been available since the late 1800's, and has been improving ever since. Electrolysis treatments are a form of electrical epilation where a single-use, disposable wire filament is inserted into the hair follicle (a natural opening in the skin) and a minimal amount of current is delivered to the root of follicle to destroy it through a variety of modalities. All modalities will affect only the active hair follicle, making this a direct route to target unwanted hair. It is imperative that we treat hairs in the correct cycle. The desired stage is when hairs are first growing.

Galvanic Electrolysis - Galvanic electrolysis is the oldest type for of this hair removal. The direct current used is extremely effective but very slow. It creates a chemical change in the follicle to disable the root.

Thermolysis – Thermolysis uses shortwave radio frequency or AC current. Thermolysis causes the water molecules by your hair to rapidly vibrate, which produces heat. When enough heat is created, thermolysis damages the cells that cause hair growth.

Blend Electrolysis – This method combines both galvanic and thermolysis into one process. The heat from thermolysis heats up the chemical created in galvanic and speeds up the process. This is a wonderful modality that is used only by highly trained electrologists.

Before Your Treatment If you are going to be treating sun-exposed areas, apply sunblock (at least SPF 50) each morning for one month before treatment. Refrain from bleaching, plucking, threading, electrolysis or waxing of hairs in desired treatment area for six weeks when at all possible. It's fine to cut, shave or trim the area. If you have a history of herpes or cold sores, you may need antiviral medication. This medication should be started one day before laser treatment and continued for one week after treatment. The area for treatment needs to have the hair showing to a short stubble or longer. Arrive with the treatment area clean and free of makeup (if treating the face) if possible.

(Initial) _____

Post-Treatment Care Treat the area gently by keeping the skin moist with Aquaphor Healing Ointment for a few days. Your skin heals from the bottom up so this assists with healing. Cleanse the area with a mild antiseptic such as 70% isopropyl alcohol or witch hazel and avoid using soaps or abrasive material when you are 24 hours post-treatment. Do not pick, rub or scratch the area. Do not use any irritating substances on the treated area until any redness goes away. If the treated area will be exposed to sun, apply SPF 50 or greater after the skin returns to normal. If your face was treated, you may resume using clean makeup when the skin looks and feels back to normal. As part of your electrolysis appointment we do aftercare with Aloe vera. This helps the skin heal and stay hydrated. It is common for the skin to be red and irritated after treatment. This usually will go away by the next day. Small scabs are possible but not common. Please do not pick or scratch simply treat them as you would any other irritation.

(Initial) _____