

FRENCH INSPIRED EATERY



FRESH HOMEMADE BREAD

Everything on our menu is made in-house from raw and fresh ingredients. We're careful about the quantities we cook to avoid wasting food, which is why we're sometimes "sold out" of certain products.
We aim to offer the most natural, clean, and preservative-free food possible. We serve only what we'd love to eat ourselves, ensuring you always get the best sandwich.

BREAKFAST TOASTS

Avocado mash, seeds topping 	7
Bacon & Goat cheese, avocado mash, scallions	8

BREAKFAST SANDWICHES

#1 Egg frittata & sharp cheddar, spinach, house spicy sauce 	7
#2 Egg frittata & goat cheese, spinach, scallions, tomato, evoo 	8
#3 Bacon & egg frittata, sharp cheddar, spinach, dill parsley mayo	8.5
#4 Avocado mash & Bacon, egg frittata, spinach, lemon garlic tahini	10

CLASSIC SANDWICHES

#5 Turkey, avocado mash, romaine, tomato, red onion, dill parsley mayo 	12.95
#6 Prosciutto, parmigiano, romaine, tomato, red onion, french sub dressing	11.95
#7 Pastrami, sharp cheddar, romaine, tomato, red onion, mustard, french sub dressing	10.95

SIGNATURE SANDWICHES

#8 BROCHARD: Roasted chicken, charred broccoli, goat cheese, scallions, spinach, spicy sauce	13.95
#9 BELLEVILLE: Beef kofta, creamy zucchini & eggplant, shredded cabbage, cucumber, red onion, lemon garlic tahini 	13.95
#10 BRIGITTE: Zucchini & eggplant dip, charred broccoli , shredded cabbage, cucumber, spinach, lemon garlic tahini 	11.95

EXTRAS & OPTIONS

 House gluten free bread (\$2) / Protein (\$3.5) / Veg (\$1.5) / Avocado (\$2) / Sauce (\$0.5)

MAKE IT A COMBO

Add a cold brew coffee	+2
Add a house drink and a chips/or a patisserie	+5
Add a cold pressed juice	+5

COLD PRESSED JUICES

SUPER GREENS	7
Kale, Spinach, Cucumber, Celery Granny Smith	
RADIANT GLOW	7
Carrot, Orange, Lemon, Ginger, Turmeric	
BEETS 2.0	7
Apple, Beets, Lemon, Ginger	
FRESH GURU	7
Carrot, Beets, Orange, Apple, Lemon, Ginger	
CLEANSE	7
Apple, Lemon, Ginger, Water	

COLDBREW COFFEE

Cold brew coffee	3.5
Cold brew latte	4
Cold brew foamy	4.5
Oat milk	+0.5

HOUSE DRINKS

Lemonade	2.5
Iced Tea	2
Half-half (Arnold Palmer).	2.5

DESSERTS

Energy bites    	3
-Peanut butter, oat, dates, dark chocolate chips	
-Coco, cranberry, oat, dates, white chocolate chips	
-Orange blossom, apricot, honey, sesame	
French chocolate brownie 	4
CHIPS    	
Olive oil, Sea Salt, Pepper, BBQ	2.5