



New Pizza Restaurant Coming to Old Lyme, Bringing Fresh Flavor and New Concepts to the Connecticut Shoreline

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A new pizza destination is coming soon to the Connecticut shoreline. EPIC Pizza CT, a locally owned pizza restaurant, is preparing to open in Old Lyme in 2026, highlighting handcrafted pizzas and a premium alcohol-free mocktail experience, all made with high-quality ingredients in a relaxed, community-centered setting.

Located in the heart of Old Lyme, EPIC Pizza CT aims to become a go-to destination for locals, seasonal visitors, and shoreline families. The restaurant is founded by Jack Pragosa, an entrepreneur known for elevating properties with intention and vision. Detail-oriented and community-driven, he is committed to quality, thoughtful execution, and long-term growth, and was inspired to create a neighborhood pizza place rooted in classic comfort food. In addition, Pragosa is preparing to launch a premium alcohol-free mocktail concept in Old Lyme, bringing a modern, inclusive social experience to the local community.

“Old Lyme has such a strong sense of community, and we wanted to create a place that fits naturally into that,” said Jack, owner of EPIC Pizza CT. “Whether you’re grabbing dinner after the beach, meeting friends, or bringing the family out, this is meant to feel welcoming and familiar—while still delivering really great pizza.”

The menu will feature a mix of classic and signature pizzas, with a focus on fresh dough, house-made sauces, and carefully selected toppings. Guests can expect thin crust, brick oven pizza, along with thoughtfully crafted mocktails, protein & nitrogen infused drinks, exceptional coffee, and fresh baked desserts. The restaurant will offer dine-in, takeout, and delivery.

In keeping with its local roots, EPIC Pizza CT plans to engage with the shoreline community through local partnerships, community events, and seasonal offerings.

An official opening date and grand opening details will be announced soon. For updates, sneak peeks, and announcements, follow @epicpizzact on Instagram/ Facebook or visit www.EPICPizzaCT.com.