

MENU FROM 4TH JULY 2020

EVENING EAT IN MENU

LIGHT BITES

-Soup of the day	£6.00
-Battered cod goujons with lemon mayo	£6.00
-Panko Halloumi Fries with sweet chilli dip	£6.00
-Marinated olives and crusty bread	£5.00
-Smoked mackerel pate, chutney, and toasted bread	£6.00
-Bowl of chips	£3.50
-Garlic bread	£4.00
-Side salad	£3.50

MAINS COURSES

-Local sourced steak of the day, roasted cherry tomatoes, salad, and chips	£20.00
-Beer Battered Cod, Chips, homemade tartare sauce with homemade mushy or garden peas	£12.50
-Burger of the day (Boscarnon Farm 100% Grass Fed Beef) with Cornish cheese and chips	£13.00
-Crunchy falafel with houmous and sweet chilli in toasted pitta and mixed salad	£11.00
-Superfood Salad Bowl (Vegan) Seasonal fresh local produce with seasoned grains	£11.00
SUPPLEMENT Halloumi or Piri Piri chicken ADD £4.00	
-Westcountry Mussels Mariniere with fresh bread or chips	£13.00
-Local Hake baked with white wine and fresh herb butter, Cornish Roast New Potatoes and local seasonal veg	£14.00
-Boscarnon Farm 100% Grass Fed Beef Curry, Rice, and poppadum	£13.00

KIDS MENU

-Cornish Sausage	
-Cod Goujons	
-Gammon Ham	
-Halloumi Fries	
ALL SERVED WITH EITHER CHIPS OR NEW POTATOES AND PEAS, BEANS OR SALA	£6.00
-Pasta with a rich tomato sauce and cheese	£5.00
-Mini Superfood Salad Bowl	£5.00

LUNCH (EAT IN AND TAKEAWAY)

-Beer Battered Cod, Chips, homemade tartare sauce with homemade mushy or garden peas	£12.50
-Superfood Salad Bowl (Vegan) Seasonal fresh local produce with seasoned grains	£11.00
SUPPLEMENT Halloumi or Piri Piri Chicken ADD	£4.00
-Soup of the day with Baker Tom's Crusty	£6.00
-Gear Farm Cornish Pasty	£5.00
-Freshly made Sandwiches – Baker Tom's bread with salad and crisps: -	£7.50
• Piri Piri Chicken	
• Cornish Pork sausage and Caramelised Onion	
• Cornish Cheddar and Tomato	
• Roast Gammon Ham and Chutney	
• Bacon, Brie & Cranberry Sauce	

KIDS MENU

Cornish Sausage

Cod Goujons

Gammon Ham

Halloumi Fries

ALL SERVED WITH EITHER CHIPS OR NEW POTATOES AND PEAS, BEANS OR SALAD

£6.00

-Pasta with a rich tomato sauce and cheese

£5.00

-Mini Superfood Salad Bowl

£5.00

EVENING TAKEAWAY/GARDEN MENU

LIGHT BITES

-Battered cod goujons with lemon mayo

£6.00

-Panko Halloumi Fries with sweet chilli dip

£6.00

-Marinated olives and crusty bread

£5.00

-Smoked mackerel pate, chutney, and toasted bread

£6.00

-Bowl of chips

£3.50

-Garlic bread

£4.00

-Side salad

£3.50

MAINS

-Beer Battered Cod, Chips, homemade tartare sauce with homemade mushy or garden peas

£12.50

-Burger of the day (Boscarnon Farm 100% Grass Fed Beef) with Cornish cheese and chips

£13.00

-Crunchy falafel with houmous and sweet chilli in toasted pitta and mixed salad

£11.00

-Superfood Salad Bowl (Vegan) Seasonal fresh local produce with seasoned grains

£12.00

Supplements Halloumi or Piri Piri Chicken

£4.00

Five Pilchards Inn Pizza

-Cornish cheddar and cherry tomatoes

£8.00

-Smoky BBQ chicken and red onion

£8.50

-Pepperoni

£8.50

-Goats cheese, garlic, and caramelised red onion

£9.00