

FOOD SERVED 12.00-3.00pm

SANDWICHES – White or Granary (GFO)

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| Cornish Pork Sausage & Caramelised Onion | £7.50 |
| Cornish Cheddar & Tomato (Vegetarian) | £7.50 |
| Roast Gammon Ham & House Chutney | £7.50 |
| Cajun Chicken and Garlic Mayonnaise | £7.50 |
| Cornish Smoked Bacon and Wild Garlic Yarg | £7.50 |

LIGHT APPETITES

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| Homemade Sausage Roll | £4.00 |
| Cornish Steak Pasty | £4.50 |
| Cornish Vegetable Pasty (V) | £4.50 |
| Halloumi Fries, Sweet Chilli Dip and Pea Shoots | £6.00 |
| Olive Bowl, Dukkah, Warm Bread and Oil (V, GFO) | £6.00 |
| Dirty Fries with Cornish Cheddar, Red Onions, Jalapenos, Red Chilli, Crispy Bacon and Peppercorn Sauce | £5.00 |
| Pulled Brisket (Boscarnon Farm 100% Grass Fed) (GF) Supplement: | £2.50 |
| Side Salad (V,GF) | £3.50 |
| Chips (V, GF) | £3.50 |
| Cheesy Chips (GF) | £4.00 |
| Garlic Bread (GFO, VO) | £4.00 |
| Cheesy Garlic Bread(GFO) | £4.50 |

HEARTY DISHES:

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| Beer Battered Cod, Chips, Homemade Tartare Sauce, Choice of Homemade Mushy or Garden Peas | £12.50 |
| Beefburger (Boscarnon Farm 100% Grass Fed), Cornish Cheddar, Caramelised Onion, Chips and Homemade Slaw (GFO) | £13.00 |
| Homemade Beanburger, Sweet Chilli Mayonnaise, Chips, Homemade Slaw (GFO) (V) | £12.00 |
| Cajun Chicken Breast Burger, Garlic Mayonnaise, Chips, Homemade Slaw (GFO) | £12.00 |
| Red Kidney Bean & Puy Lentil Chilli with Rice, Tortilla Chips, Fresh Coriander & Red Chilli (V, GFO) | £10.00 |
| Beef Chilli with Rice, Tortilla Chips, Fresh Coriander and Red Chilli (GFO) | £10.00 |
| Nachos with Beef (Boscarnon Farm 100% Grass Fed), Homemade Salsa, Guacamole & Sour Cream (GF) | £10.00 |
| Nachos with Puy Lentil and Bean Chilli, Homemade Salsa, Guacamole and Sour Cream (GF) | £10.00 |
| 5Ps Salad –Heritage Tomatoes, Toasted Walnut, Orange, Mixed Leaves and Seasoned Grains, Toasted Seeds, Sprouted Chickpeas & Lentils, Spring Onion and Orange dressing (V, GFO) | £10.00 |
| With supplement options: | |
| Cajun Chicken, Gammon Ham, Pan Fried Halloumi: | £4.00 |

KIDS/LIGHT APPETITES

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| Cornish Sausage (2) | £6.00 |
| Battered Mini Fish | £6.00 |
| Halloumi Fries (Vegetarian) (GF) | £6.00 |
| Cornish Gammon Ham (GF) | £6.00 |
| ALL SERVED WITH CHIPS OR LOCAL NEW POTATOES AND A CHOICE OF: PEAS, BEANS OR SALAD | |
| Beef or Bean Chilli with Rice (VO, GFO) | £6.00 |

V – Vegan

VO – Vegan Option

GF – Gluten Free

GFO – Gluten Free Option