



**Bee Counseling
and Consulting**

Building a community of mental resiliency.



Circle of Security for Parents and Caregivers Group

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Group:

- Understand your child's emotional world by learning to read the emotional needs
 - Support your child's ability to successfully manage emotions
 - Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

IN-PERSON GROUP

Location: Bee Counseling Office

Dates: Wednesdays, February 18-April 8

Time: 5:30 PM - 7:00 PM

VIRTUAL GROUP

Location: Telehealth (Google Meets)

Dates: Fridays, February 20-April 10

Time: 11:30 PM - 1:00 PM

Presented by: Lisa Gaylord, LSW and Jackie Chill, MA Candidate

Cost: Billed through Insurance or \$40 per session

Who should attend: Caregivers, Parents, Guardians, and adults looking after children

How to register: Call our main line at (720) 281-9230

