



PACE

Maximize
The
Moment

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MAXIMIZE
THE
MOMENT
LET'S GET IT!



**“Your PACE
will determine
your victory
in crossing the
finish line”**

- Sydney Sullivan

Process

There is a process to everything that occurs in this planet. You must identify professionally, athletically, socially, and spiritually the processes you are currently operating in and what processes that will add to your growth and efficacy moving forward in all endeavors.

Action

We must take action in the process. Your dreams will not just happen but you can enable your dreams by taking the action that is fundamental to filling the process which is the Scaffolding of your goals

Commitment

Commitment is vital to the lifeblood of your progression. Commitment is the wind that fills our sails allowing us to continue the journey. Your goals must be bigger than your situation as should your commitment.

Execution

All these principles mean nothing if we are not able to execute on our mission. Our goals consist of milestones, way-markers, and targets that we should complete, finish, or conclude to harness our end destination. If we cannot capture an ability to finish; we will always cycle short of success.