

HOME SAFETY CHECKLIST

Simple steps to support safer living at home and in the community.

Walkways & Lighting

- Walkways are clear of clutter
- Rugs and cords are secured
- Hallways and rooms are well lit
- Nightlights are available if needed

Bathroom Safety

- Non-slip mats are used
- Grab bars are installed if needed
- Bathroom floors are kept dry

Mobility & Fall Prevention

- Mobility devices are used safely
- Supportive footwear is worn
- Frequently used items are easy to reach
- Individuals take breaks when fatigued

Medication & Health

- Medications are organized safely
- Vision appointments are up to date
- Dizziness or confusion is monitored

Memory & Emergency Safety

- Emergency contacts are easy to access
- Important phone numbers are visible
- Smoke detectors are working
- Hazardous items are secured if needed

Notes
