



MEDICATION SAFETY TIPS

Simple reminders to help support safe medication use at home and in the community.

Medication Organization

- Medications are stored safely and securely
- Medication labels are easy to read
- Pill organizers or reminders are used if needed
- Expired medications are removed properly

Daily Medication Safety

- Medications are taken as prescribed
- Medication schedules are reviewed regularly
- Changes in medications are documented or communicated
- Missed doses or concerns are reported to providers when needed

Monitoring for Side Effects

- Dizziness or balance changes are monitored
- Increased confusion or fatigue is reported
- Unusual reactions or symptoms are discussed with providers
- Falls or near-falls after medication changes are monitored closely

Medical & Pharmacy Support

- Medication lists are kept up to date
- Medical providers are informed of all medications being taken
- Questions about medications are discussed with a doctor or pharmacist
- Refills are requested before medications run out

Notes
