



Brian's

BIG 5

REMINDERS



WATCH THE VIDEO BELOW



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#1



BE KIND ALWAYS

BE KIND ALWAYS.

**AVOID FITTING THINGS YOU HEAR AND SEE INTO THE
NARRATIVE YOU HAVE ALREADY CREATED UNTIL YOU
FACT FIND AND FACT CHECK. THE BEST EVIDENCE IS
NOT ALWAYS YOUR OPINION AT FIRST GLANCE.**

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#2



BE NEUTRAL

AVOID BECOMING A BUTTON IN AN ELEVATOR. PUSH ONE BUTTON, AND YOU ARE UP, PUSH ANOTHER BUTTON, AND YOU'RE DOWN. STAYING NEUTRAL ENSURES YOU ARE ON FIRM GROUND AND NOT PING-PONGING ALL OVER THE PLACE. WHEN YOU ARE NEUTRAL AND LESS FOCUSED ON BEING MECHANICAL, LIKE A BUTTON, YOU CAN MANEUVER YOURSELF INTO A POSITION TO BEHAVE LIKE A WINNER.

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#3




BE SUPPORTIVE

**NOT EVERYONE ACTS AND FEELS LIKE YOU. BE
A SUPPORTIVE TEAMMATE WHO PROVIDES
THE TEAM AND ITS MEMBERS WITH ENERGY
NOT DISTRACTIBILITY AND DRAMA.**

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#4



BE AUTHENTIC

LEARN THAT IT IS OK NOT TO SIT IN THE MAJORITY. DEVELOP YOUR OWN STYLE, YOUR OWN THOUGHTS AND YOUR OWN BELIEFS AND VALUES BASED ON YOUR TRUE, GENUINE AUTHENTIC SELF. SITTING IN THE MAJORITY IN EVERYTHING OFTEN MEANS YOU MIGHT NEED TO START REFLECTING MORE.

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#5

BE AMAZING



CREATE YOUR OWN STORY AND YOU BE THE
HERO IN IT. DREAM BIG AND CHASE THOSE
DREAMS. BE AMAZING AND AWESOME. DEVELOP
YOUR PASSIONS, PREFERENCES AND INTERESTS.

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