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| **YOUNG ADULTS** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **10:00** Learning Lab/ Cooking Club**11:00** Walking Club**12:00** Lunch**1:15** BINGO**2:30** Snack**3:00** Open Studio**4-6** Intergenerational  Activities | **9:00** Aerobics**10:00** Music**11:00** Lunch**11:45** Sugar Shack**1:15** Sports**12:00** Lunch**2:30** Snack**3:00** Open Studio**4-6** Intergenerational  Activities | **10:00** Brain Fitness**11:00** Dave**12:15** Lunch**1:15** Book Club/Trivia **2:30** Snack**3:00** Open Studio**4-6** Intergenerational  Activities | **9:00** Aerobics**10:00** Creative Exp.**12:00** Lunch**1:15** Karaoke**2:30** Snack**3:00** Open Studio**4-6** Intergenerational  Activities | **9:00** At the Movies**10:00** Walking Club**12:00** Lunch**1:15** At the Movies**2:30** Snack**3:00** Open Studio**4-6** Intergenerational  Activities |
| **SENIORS** |
| **9:00** Leisure Stations**11:30** Walking Club**12:00** Lunch & Rest**1:00** Small Talk or  Trivia**3:30** Leisure Stations**5:00** Intergenerational Activities | **9:00** Leisure Stations**9:00** Aerobics**10:00** Music**11:00** Lunch**11:45** Sugar Shack**12:00** Lunch & Rest**1:00** Creative Exp.**3:30** Leisure Stations**5:00** Intergenerational Activities | **9:00** Leisure Stations**10:00** Bingo**11:00** Dave**12:00** Lunch & Rest**1:00** Sports**3:30** Leisure Stations**5:00** Intergenerational Activities | **9:00** Leisure Stations**9:00** Aerobics**12:00** Lunch & Rest**1:00** Small Talk or  Trivia**3:30** Leisure Stations**5:00** Intergenerational Activities | **9:00** At the Movies**10:00** Walking Club**11:30** Clean Up**12:00** Lunch & Rest**1:00** At the Movies**3:30** Leisure Stations**5:00** Intergenerational Activities |



**Calendar of Daily Events/Activities**