|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **YOUNG ADULTS** | | | | |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **10:00** Learning Lab/ Cooking Club  **11:00** Walking Club  **12:00** Lunch  **1:15** BINGO  **2:30** Snack  **3:00** Open Studio  **4-6** Intergenerational   Activities | **9:00** Aerobics  **10:00** Music  **11:00** Lunch  **11:45** Sugar Shack  **1:15** Sports  **12:00** Lunch  **2:30** Snack  **3:00** Open Studio  **4-6** Intergenerational   Activities | **10:00** Brain Fitness  **11:00** Dave  **12:15** Lunch  **1:15** Book Club/Trivia  **2:30** Snack  **3:00** Open Studio  **4-6** Intergenerational   Activities | **9:00** Aerobics  **10:00** Creative Exp.  **12:00** Lunch  **1:15** Karaoke  **2:30** Snack  **3:00** Open Studio  **4-6** Intergenerational   Activities | **9:00** At the Movies  **10:00** Walking Club  **12:00** Lunch  **1:15** At the Movies  **2:30** Snack  **3:00** Open Studio  **4-6** Intergenerational   Activities |
| **SENIORS** | | | | |
| **9:00** Leisure Stations  **11:30** Walking  Club  **12:00** Lunch & Rest  **1:00** Small Talk or  Trivia  **3:30** Leisure Stations  **5:00** Intergenerational Activities | **9:00** Leisure Stations  **9:00** Aerobics  **10:00** Music  **11:00** Lunch  **11:45** Sugar Shack  **12:00** Lunch & Rest  **1:00** Creative Exp.  **3:30** Leisure Stations  **5:00** Intergenerational Activities | **9:00** Leisure Stations  **10:00** Bingo  **11:00** Dave  **12:00** Lunch & Rest  **1:00** Sports  **3:30** Leisure Stations  **5:00** Intergenerational Activities | **9:00** Leisure Stations  **9:00** Aerobics  **12:00** Lunch & Rest  **1:00** Small Talk or  Trivia  **3:30** Leisure Stations  **5:00** Intergenerational Activities | **9:00** At the Movies  **10:00** Walking Club  **11:30** Clean Up  **12:00** Lunch & Rest  **1:00** At the Movies  **3:30** Leisure Stations  **5:00** Intergenerational Activities |



**Calendar of Daily Events/Activities**