



# 2026 The Year of Open Doors

**Pastors Eric & Tiffany Brewer**

Transform Church Global Ministries invites you to begin 2026 with a sacred 7-Day Daniel Fast and Prayer Journey. This is our season of divine opportunity, spiritual alignment, and supernatural movement as God prepares to open doors that no one can shut.

A PASTORAL INVITATION

# Positioning Your Heart for Divine Doors

Fasting isn't about restriction, it's about **positioning**. Just as Daniel set his heart to seek the Lord, we're choosing to consecrate ourselves, humble our hearts, and align our lives with God's will.

Before God opens doors around us, He desires to do a deeper work within us. This sacred time quiets our flesh so we can heighten our spiritual sensitivity to His voice.

"God hears the prayers of His people. Expect Him to speak clearly, strengthen you daily, and reveal His purpose for this next season of your life."

– Pastors Eric & Tiffany Brewer



# Understanding the Daniel Fast

The Daniel Fast is a biblical fast rooted in Daniel 1:8-16 and Daniel 10:2-3. This partial fast emphasizes spiritual discipline, prayer, humility, and consecration—removing distractions so we can hear God clearly.



## Foods to Eat

Fruits, vegetables, whole grains, beans, lentils, nuts, seeds, water, and herbal teas



## Foods to Avoid

Red Meat, dairy, eggs, sugar, sweeteners, fried foods, processed foods, leavened bread, caffeine, and alcohol.

- ❑ ***"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." — Matthew 4:4 (KJV)***

# Consecration for Open Doors

**"But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself."**

— Daniel 1:8 (KJV)

Consecration is the foundation for every door God opens. Before God elevates us publicly, He sanctifies us privately. Daniel's decision to purpose in his heart reveals that **spiritual breakthroughs begin with intentional choices**.

## Prayer Focus

Personal holiness, spiritual discipline, and alignment with God's will

## Today's Confession

"I am set apart for God. I choose obedience over convenience and holiness over habit."

## Reflect & Journal

What specific area of my life is God calling me to consecrate so I can walk fully into the doors He is opening?

# Humility That Unlocks Heaven



Humility attracts the attention of heaven. Fasting teaches us dependence and reminds us that our strength comes not from ourselves, but from God. When Daniel humbled himself before the Lord, God responded with revelation, restoration, and reassurance.

***"Humble yourselves in the sight of the Lord, and he shall lift you up."***

— James 4:10 (KJV)



## Prayer Focus

Repentance, surrender, and spiritual sensitivity



## Today's Confession

"I walk in humility before God. I trust Him to exalt me in due season."



## Personal Reflection

How can I intentionally practice humility before God and others during this fast?

# Day 3 Wisdom

3 DAY 3

## Wisdom for the Way Forward

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Wisdom is essential for navigating open doors. Not every opportunity is a God opportunity. During fasting, our spiritual ears are sharpened and our discernment is heightened.

***"If any of you lack wisdom, let him ask of God, that giveth to all men liberally..." — James 1:5 (KJV)***

**Prayer Focus:** Discernment, clarity, and divine direction

**Confession:** "I trust the Lord with my decisions. God orders my steps."

**Reflect:** What decisions am I trusting God to guide during this season?

## Strength to Walk Through Open Doors



Waiting on God renews our strength. Fasting reveals our limitations, but also reveals God's sufficiency. When we feel weak, God reminds us that His grace carries us.

***"But they that wait upon the LORD shall renew their strength..." — Isaiah 40:31 (KJV)***

**Prayer Focus:** Renewal, endurance, and spiritual strength  
**Confession:** "The joy of the Lord is my strength. God renews me daily."  
**Reflect:** Where do I need God's strength to sustain me right now?



5<sup>2</sup> DAY 5

# Heaven Hears Our Prayers

God hears every sincere prayer. Delayed answers do not mean denied prayers. Daniel's breakthrough came after persistence, faith, and fasting. This day reassures us that **God is working behind the scenes** even when we cannot see immediate results.

"Fear not, Daniel: for from the first day... thy words were heard."

– Daniel 10:12 (KJV)

## Prayer Focus

Persistence, faith, and trusting God's timing

## Today's Confession

"God hears my prayers. I trust His perfect timing."

## Personal Question

What prayer am I continuing to trust God to answer by faith?

# Obedience That Invites God's Presence

## Love Expressed Through Obedience

"If a man love me, he will keep my words..." – John 14:23

## Walking in His Voice

"If thou shalt hearken diligently unto the voice of the LORD..." – Deuteronomy 28:1

Obedience deepens intimacy with God. When we obey, God abides with us. Fasting aligns our hearts to hear God clearly and respond faithfully. **Obedience is not just about actions—it is about love and trust.**

### Prayer Focus

Faithful obedience and deeper intimacy with God

### Today's Confession

"I hear God's voice and I obey.  
My obedience invites His presence."

### Personal Challenge

What step of obedience is God asking me to take during this fast?

## Walking Through Open Doors

# The Doors Are Open

***"Behold, I have set before thee an open door, and no man can shut it."***

— ***Revelation 3:8 (KJV)***

God is opening doors of destiny, healing, purpose, and favor. This final day is a **declaration of faith** that what God has ordained cannot be stopped. The fast ends, but obedience continues.



We Have Consecrated

We Have Humbled

We Have Sought Wisdom

We Have Been Strengthened

Now We Walk Forward

# Step Forward in Faith



As we conclude this fast, we step forward with **courage and confidence**. Walk boldly through every door God opens, knowing He goes before you.

## Final Prayer Focus

Boldness, confidence, and forward movement in faith

## Declaration of Faith

"I will walk through the doors God has opened. What He ordains cannot be stopped."

## Your Commitment

What open doors am I committing to walk through in faith after this fast?

**Transform Church Global Ministries**

**The Year of Open Doors • 2026**

***Transform Your Mind, Transform Your Life, Transform Your Life and You Can Transform The World!***