

*DAYTONA 100 Ultramarathon*  
**2026 100-MILE COURSE DETAILS & MEET-UP LOCATIONS**

Match to 100-Mile Map in 2026 Race Guide

Included are locations where runners must make a turn or cross the road, aid and timing stations, allowable runner & crew and team meet-up locations, important notices and various points of interest

SIGNS OR MONITORS WILL MEET RUNNERS AT MOST TURNS AND ROAD CROSSINGS

QUIET EARLY AND AT NIGHT, PLEASE!

**VOLUSIA COUNTY PARKING RULES & FEES--NOTICE TO ALL  
CREWED RUNNERS & TEAMS, FAMILY & FRIENDS:**

\*Beginning at MILE 73.4 to the finish line, Volusia County now charges \$20.00 per partial calendar day (5:00am until 11:00pm) to park in any County-owned lot.

\*Nearly all beach-area parking lots are County lots. Signs at these lots identify them.

\*You MUST pay to park. Payment is made by scanning the QR code posted on these signs.

\*Your \$20 payment allows in-and-out access to all County lots from 5:00am-11:00pm for that day only. Note: If you park in Volusia County on both Saturday and Sunday (any time between 5:00 AM – 11:00 PM), you must purchase parking for each of those days. Failure to pay will result in an expensive citation.

\*You can NOT park in any County lot between 11:00 PM and 5:00 AM. Vehicles parked in County lots between 11:00 PM and 5:00 AM are subject to citation. Alternative, non-County parking options during these hours are primarily businesses that are closed at night; adequate suggestions are shown below. These locations should be used only during the 11:00 PM – 5:00 AM window.

**NEW: ADDITIONAL MEET-UP LOCATION IN PONTE VEDRA!**

NO RACE VEHICLES ARE ALLOWED ON THE COURSE FROM MILE 8.2 THROUGH MILE 16. HOWEVER, CREWS MAY MEET THEIR RUNNERS, AND TEAMS MAY EXCHANGE RUNNERS, WHERE CORONA ROAD MEETS THE PONTE VEDRA BLVD. SIDEWALK AT MILE 12 ON THE COURSE. STRICT DIRECTIONS ON HOW TO ACCESS THIS LOCATION ARE SHOWN BELOW.

**THE 100-MILE RACE START:**

NO RACE VEHICLES ARE ALLOWED IN THE FIRST SEVEN MILES, WHICH IS A 3.5 MILE OUT-AND-BACK SEGMENT TO-AND-FROM ATLANTIC BEACH FROM THE START LINE. CREWS AND TEAMS MUST WAIT AT BEACH BOULEVARD FOR RUNNERS TO RETURN.

USE THIS GUIDE WISELY AND REMEMBER THAT RUNNER/CREW AND RELAY EXCHANGE MEET-UPS MAY TAKE PLACE ONLY IN DESIGNATED LOCATIONS LISTED IN THESE "COURSE DETAILS & MEET-UP LOCATIONS" PAGES.

# 100-MILE COURSE DETAILS

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Mileage indicators below are best estimates. Course distances are NOT certified.

BLUE BACKGROUND IN NOTES BELOW INDICATES ALLOWABLE MEET-UP LOCATION

Mile	MILES TO NEXT A.S. or W.S.	<i>Running towards Ponce Inlet, Atlantic "OCEAN" is on the left, and "Intracoastal" is on the right.</i>
		LOCATION
0.0	2.6	<b>100 MILE RACES START</b> at the circle on Beach Blvd. at First Street, in front of the Lifeguard HQ building, JAX Beach. Park free across street in Joe's Crab Shack lot or 1/2 block north in municipal lot. Bathrooms open pre-race at 6th Avenue South parking lot, six short blocks south of the race start
1.1		Runners go north, continue STRAIGHT at 16th Ave. N. through vehicle road block
1.3		Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT
2.3		Road blocked for vehicles at Orange Street; runners continue STRAIGHT
2.5		Traffic light at Atlantic Blvd; continue north one block
<b>2.6 WATER STOP</b>	1.9	<b>WATER STOP at corner of Ahern Street; turn RIGHT on Ahern for one block. Signs and monitors will direct you in this section of the course</b>
2.7		LEFT on Beach Avenue
3.1		LEFT on 7th Street for one block
3.2		RIGHT on Ocean Blvd.
3.5		LEFT on 13th Street for one block
3.6		LEFT on East Coast Drive; begin running south
4.0		LEFT on 7th Street for one block
4.1		RIGHT on Ocean Blvd.
<b>4.5 WATER STOP</b>	2.5	<b>Pass Ahern Street WATER STOP at corner</b>
4.6		Traffic light at Atlantic Blvd.; continue STRAIGHT
4.7		Road blocked for vehicles at Orange Street; runners continue STRAIGHT
5.8		Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT
6.0		Road blocked for vehicles at 16th Ave. N; runners continue STRAIGHT
<b>7.0 A.S. #1 and TIMING</b>	9.1	<b>Aid station #1 and timing at Beach Blvd. Open 5:30am-8:30am. Crews &amp; teams may meet runners here</b>
7.4		6th Avenue South parking and bathrooms; open for the race at 4:45am
8.2		16th Ave.S. lot at tennis courts. Parking here is tight. After meet-up here, leave promptly. <b>ALL VEHICLES MUST</b> go west on 16th Ave. S., then right or left on 3rd Street (S.R. A1A). <b>WHETHER YOU MEET YOUR RUNNER AT MILE 12 OR NOT, DO NOT GO TO MICKLER'S BEACH UNTIL THE TIME YOU EXPECT YOUR RUNNER TO ARRIVE THERE.</b>
8.6		Runners continue south on 1st Street S, then turn LEFT on 25th Street S. for one block
8.7		RIGHT on Ocean Drive
9.1		At 37th Street S., slight jog RIGHT, then LEFT; continue south on Duval Drive
9.6		Duval Drive ends, merging into Ponte Vedra Blvd. Bear left and continue south on LEFT side road shoulder for 1/2 mile, then onto left side sidewalk for 1/2 mile
10.5		Cross to right side after "The Tennis Club". Run on right sidewalk only for next 5.6 miles
12.0		<b>NEW in 2026:</b> Crews and teams may meet runners along the sidewalk where Corona Rd. meets Ponte Vedra Blvd. The <b>ONLY</b> option to get there is this: Driving south on A1A, vehicles turn left at the light at Corona Rd., then first right into Compass Real Estate parking lot. Ponte Vedra Blvd. is 1/2 mile east. WALK there on the sidewalk. Meet your runner, then promptly return to your vehicle. <b>DIRECTIONS TO MICKLER'S BEACH:</b> Vehicles return to A1A and drive south on A1A for 4.5 miles, then left at the light onto Ponte Vedra Blvd. Mickler's is on the right 1/10 mile.



Mile	MILES TO NEXT A.S. or W.S.	100 MILE COURSE DETAILS, Page 3 of 5
		LOCATION
<b>16.1 A.S. #2 and TIMING</b>	<b>5.7</b>	Runners pass timing equipment on sidewalk before crossing road at crosswalk to Mickler's Beach Park. Aid Station/Timing Station #2 is located there outside park fence. Open 6:30am-10:30am. Crew and runners meet here. Bathrooms
16.1		Continue on sidewalk, Mickler's Beach side, to traffic light.
16.3		Stay LEFT. Continue on left side road shoulder next 17.3 miles until Velano Beach
19.5		GTM North Beach lot. Portable toilets. Meet runners
21.8		GTM Middle Beach lot. Portable toilets. Meet runners
<b>21.8 WATER STOP</b>	<b>4.5</b>	<b>GTM Middle Beach. Water located along beach side shoulder at wooden stairs. Runners may cross there to access parking lot and toilet</b>
22.6		GTM South Beach lot. Portable toilets. Meet runners
26.2		Vehicles park in dirt lot on right just BEFORE EXXON station. BEWARE OF SOFT SAND.
<b>26.3 A.S. #3 ONLY</b>	<b>4.9</b>	<b>Aid Station, beach side across from EXXON; no timing equipment. Open 8am-1:30pm. Meet runners. DROP BAG LOCATION. Race portable toilet in EXXON parking area</b>
28.5		Small parking lot on ocean side. Meet runners here. Toilets
<b>31.2 WATER STOP</b>	<b>4.2</b>	<b>UNCREWED RUNNERS ONLY. Water supply located just before entrance to public parking lot at pedestrian crossing light pole. Access water promptly, then continue south. Do not enter adjacent "Reef Restaurant" parking lot under any circumstances.</b>
<b>31.3</b>		<b>"The Reef" Restaurant and parking lots--ocean side AND overflow lot on intracoastal side across from restaurant. VEHICLES DO NOT STOP HERE. EVER. AUTOMATIC ONE HOUR PENALTY APPLIES</b>
<b>32.0 MEET-UP HERE</b>		<b>"North Beach beachfront park" (St. John County) parking lot on right after pedestrian overpass. Bathrooms in wooden building. Very tight space on ocean side to meet or exchange runner. Wait on parking lot side until runner approaches, then cross road carefully, work quickly and return to parking lot. Remain aware of traffic here.</b>
32.6		Public parking lot on right. Optional meet location
33.0		Nease Beachside Park lot. Optional meet location
33.6		RIGHT turn in Velano Beach onto Intracoastal bridge. <b>Runners stay on right side sidewalk</b>
<b>35.4 A.S. #4 and TIMING</b>	<b>4.2</b>	<b>Aid Station/Timing Station #3 at Church of the Nazarene, staffed by Runners 4 Recovery. Open 9:30am-4:00pm. Meet runners here. Race portable toilet. Vehicle directions: drive past Church (on right) to traffic circle. Stay in right lane. Take first right on San Marco Ave., then next right on Nelmar and next right on Douglas. Church parking lot is on left</b>
35.5		From the Church, runners cross street and stay left at traffic circle. <b>STAY ON LEFT SIDE</b> sidewalk to continue south on A1A (St. Marco Avenue). <b>REMAIN ON LEFT SIDE SIDEWALK.</b> Pass "Ripley's Believe It or Not", then pass historic San Marco Fort and <b>GO LEFT ACROSS "BRIDGE OF LIONS"</b> . Crew or team may meet you on the far side of the "BRIDGE". <b>STAY ON LEFT SIDEWALK.</b> You will continue through St. Augustine Beach next 7.5 miles
36.9		Vehicles go directly across "Bridge of Lions". Draw bridge. <b>STAY LEFT TO CROSS BRIDGE.</b> Note: expect very slow moving traffic through St. Augustine. Plan accordingly
37.2		On south side of "BRIDGE", vehicles park anywhere allowed along A1A for next half mile and cross road to meet runners
38.6		Ampitheater entrance on left. After making turn, park in gravel on left to meet runner at sidewalk
<b>39.6 WATER STOP</b>	<b>3.4</b>	Water at base of billboard on left at start of large parking lot at dark grey (formerly striped) building. <b>RUNNERS CONTINUE BY BEARING/TURNING LEFT ON SIDEWALK ONTO A1A BEACH BLVD. Do NOT continue straight on A1A.</b> Teams and crews may meet runners here: Vehicles turn left PAST the striped building, make a u-turn and drive back to meet runner. Be especially courteous in this private business parking lot
40.0		Sidewalk ends. Continue on left side shoulder facing traffic
40.1		Sidewalk begins again on left side at Embassy Suites, just past light at Pope Road. Many beach-type restaurants, coffee shops, etc., for next 3 miles
41.3		Parking lot on left at 10th Street. Option to meet runners. Bathrooms
41.8		Public parking and bathrooms on left. Option to meet runners

MILE	MILES TO NEXT A.S. or W.S.	100 MILE COURSE DETAILS, Page 4 of 5	
		LOCATION	
<b>43.0 A.S. #5 and TIMING</b>	7.8	<b>Aid Station/Timing Station #4 at Anastasia Plaza/Publix shopping center. Timing equipment is on left (south) side sidewalk. Cross road to meet runners or access aid station. Open 10:30am-7:00pm. Bathrooms at Publix. RUNNERS CROSS BACK TO LEFT SIDE OF ROAD TO CONTINUE SOUTH</b>	
43.1		LEFT at light onto S.R. A1A. Continue on left side sidewalk next 4.3 miles	
45.4		Windswept Park on right. Bathrooms. Option to meet runners	
47.2		Traffic light at Route 206. RUNNERS STAY ON LEFT SHOULDER for 1/10 mile	
47.3		Crescent Beach Park large lot on left. Bathrooms. Meet runners. <b>RUNNERS MUST THEN CROSS TO RIGHT SIDE AND CONTINUE ON SIDEWALK THERE</b>	
<b>50.8 A.S. #6 ONLY</b>	4.0	<b>S.E. Intracoastal Waterway Park. Noon-9:30pm. Vehicles park inside park--not on road shoulder. Meet runners. Portable toilet. No timing equipment. 100m drop bag location</b>	
51.3		At pedestrian crossing after Ft. Matanzas Park entrance, CROSS TO LEFT SIDE. Remain on left SHOULDER next 3.1 miles, including crossing Matanzas Inlet bridges into Marineland	
53.0		Vehicle pull-off on left. Small dirt lot. Meet runners	
54.5		Enter Marineland/Flagler County. BEGIN SIDEWALK ON LEFT SIDE; remain this side next 9.5 miles. Vehicles--watch speed in this area	
<b>54.8 WATER STOP</b>	5.2	Marineland large beach parking lot. Toilets in building at far end of lot during day. Water located past the building immediately next to sidewalk (behind wall), down hill from food vendor	
58.5		Bings Landing Park on right	
59.5		Circle K on right. Open 24 hours	
<b>60.0 A.S. #7 and TIMING</b>	4.0	<b>Aid Station/Timing Station #5 at Publix Hammock Beach on left. Open 11:30am-midnight. Meet runners here. Bathrooms in Publix</b>	
		Restaurants along right side of road in this area	
61.6		Past intersection at Camino del Mar is bridge overpass; park on left near or under overpass to meet runner	
<b>64.0 WATER STOP</b>	3.0	<b>Varn Park on left. Meet runners. Bathrooms open all night. Sidewalk ends here but begins on right side. RUNNERS CROSS ROAD and continue on sidewalk on Intracoastal side through Flagler Beach into Ormond Beach</b>	
		Caution: Obey "No Parking" signs. SOFT SAND!	
66.0		Camptown RV Park	
66.3		Begin right shoulder parking where allowed	
<b>67.0 WATER STOP</b>	5.4	<b>Cinderblock open carwash building, Intracoastal side at N. 23rd St. Water supply (only) against side of building.</b>	
67.1		Enter City of Flagler Beach. Park on right shoulder where safe and allowed next 2 miles to meet runners. Restaurants and stores next 3 miles	
69.3		Traffic light at Route 100. Continue straight on Intracoastal side sidewalk	
69.5		7-Eleven store	
<b>72.4 A.S. #8 and TIMING</b>	6.3	<b>Gamble Rogers S.R.A. park. Aid station #6 on RIGHT. Timing equipment before park entrance. Aid Station, bathrooms and crew parking inside park. Hot food at night. Open 11:30am-3:30am. 100m &amp; 50m drop bag location</b>	
<b>73.4</b>		<b>Enter Volusia County. REMINDER TO READ CAUTIONARY INFORMATION ABOUT VOLUSIA COUNTY PARKING FEES AND RULES ON THE 1ST PAGE OF THESE NOTES.</b>	
74.6		Parking/overlook area on left. Caution crossing road to meet runners.	
Next few miles		Park on right shoulder where safe and legal. Watch for soft sand. Meet runners	
<b>78.7 WATER STOP</b>	4.5	<b>Circle K on right. Open 24 hours. Please fill-up or buy something here.</b>	
79.9		Michael Crotty Volusia County beach parking lot on right. Option to meet runners. Scan to pay	
80.1		Chevron	
80.4		Meet-up option: Tom Renick Volusia Co. park on left. Bathrooms during day. <b>Race portable toilet on grass</b>	
81.0		Commercial area--Publix, Dunkin', 7-Eleven, gas station, etc. None open all night. If there are no signs prohibiting entry, use these locations as alternatives to Volusia Co. parking lots	



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MILE	MILES TO NEXT A.S. or W.S.	LOCATION
83.2 A.S. #9 and TIMING	5.4	Aid Station on right in Ormond Beach shopping center lot just before Route 40 traffic light. Open 1:00pm-8:00am. Race portable toilet at entrance. Public bathrooms across A1A beneath park. <b>ALL RUNNERS CROSS TO OCEAN SIDE SIDEWALK TO CONTINUE SOUTH. 50k drop-bag location</b>
84.7		Andy Romano Ormond Beach City Park, beach side. Daytime bathrooms
Next 10 miles		Continue through Ormond Beach and Daytona Beach. Many Volusia County lots and private businesses, especially on inland side. Between 11:00pm and 5:00am if businesses are closed, use them. Do NOT park in motel or condominium parking lots--commercial properties only. CAREFULLY cross A1A to meet runner. In all cases if meeting business employees, be discreet and courteous. If told to move, do so immediately.
88.6 WATER STOP	4.7	Water for uncrewed runners only at entrance to <b>Crabby's Oceanside</b> on left before SunSplash Park. <b>NOT A MEET-UP LOCATION DURING OPEN HOURS; do not park here. HOWEVER, BETWEEN 11:00PM and 5:00AM, YOU MAY PARK HERE AND MEET YOUR RUNNER</b>
88.7		Sun Splash Volusia County Park. Park here. Recommended meet-up location <b>before</b> 11:00pm and after 5:00am. <b>Race portable toilet</b>
93.3 A.S. #10 and TIMING	2.2	Aid Station/Timing Location #8 on left at Edwin W. Peck, Sr. Volusia County Park. Open 2:30pm-10:30am. Bathrooms open all night. From 11:00pm-5:00am, cars park across road in Oceans Luxury Realty lot. Cross road carefully. Runners continue on ocean side sidewalk next 2 miles. <b>100m &amp; 50m drop bag location</b>
93.5		Holiday Inn Express: "official" race hotel
93.9		Traffic light at Dunlawton Blvd. Last bridge to mainland across Intracoastal Waterway
94.1		Dahlia Avenue Volusia County Park, ocean side. Bathrooms
95.0		<b>Enter Wilbur-by-the-Sea. Sidewalk ends on ocean side. Cross road and begin running on sidewalk on right side next 4.4 miles</b>
95.4		Street parking (Volusia County) on right. Option to meet runners. Park at own risk
95.7 WATER STOP	4.2	<b>Toronita Avenue Volusia County parking lot. Meet runners. Bathrooms open during day. Race portable toilet at night just inside parking lot entrance. Access water supply next to sidewalk past driveway entrance opposite far end of parking lot.</b>
96.1		Street parking (Volusia County) on right. Option to meet runners. Park at own risk at night
96.6		Ponce Preserve parking on left. Small TOWN lot. Option to meet runners
97.2		North Turn restaurant on left
97.6		7-Eleven on right open 24/7
99.4		RIGHT turn on Lighthouse Drive before beach park entrance
99.6		RIGHT turn on South Peninsula Drive. Run on right side sidewalk. Cross parking lot onto far sidewalk
99.8		<b>Runners turn RIGHT into Davies Park</b> immediately after bathroom building to finish line. <b>Vehicle parking options:</b> Critter Fleet lot just before Hidden Treasure restaurant. Hidden Treasure front lot (across street from park) from 11:00pm-7:00am. Lighthouse parking back lot anytime. Lighthouse front lot from 6:30pm until 8:00am.
99.9	Done!	<b>FINISH LINE, at foot of historic Ponce Inlet Lighthouse</b>

Welcome to your celebration--runners, registered crew and volunteers in Davies Park. Take a seat in the pavilion or an outside table and enjoy some R&R with food and beverages, and don't forget to share your race story with old and new friends!

Every Runner and Support Crew Member Is Equally Responsible for Knowing and Complying with ALL Rules and Requirements