

DAYTONA 100 Ultramarathon
2023 50-MILE RACE COURSE DETAILS

Note: Course is approximately 50.9 miles long

Match to 50-Mile Map in 2023 Race Guide

Locations where runners must make a turn or cross the road, aid and timing station locations, recommended options where runner & crew may meet, and various points of interest

QUIET AT NIGHT, PLEASE

Mileage indicators are best estimates. Course distances are NOT certified.

Mile	MILES TO NEXT SUPPORT	Heading towards Ponce Inlet, Atlantic "OCEAN" is on the left, and "Intracoastal" is on the right.
		LOCATION/DESCRIPTION
0.0	6.3	50 MILE RACE STARTS at Wadsworth Park on Route 100 in Flagler Beach. Plenty of parking; bathrooms on site. For 50-milers not already checked-in, packet pick-up is at the park pavilion
		Leave the park and turn left on sidewalk BEFORE roadway
1.0		At far side of Intracoastal bridge, LEFT on Flagler Avenue at traffic light to end of road
1.4		RIGHT on N. 10th Street
1.5		Church overflow lot entrance on right before N. Daytona Ave. Optional meet-up location
1.7		LEFT on A1A sidewalk
1.7-2.4		Park on right where allowed to meet runner. Caution crossing road
3.0		Begin parking on left where allowed to meet runner
3.3		Enter Beverly Beach. Park on left where allowed to meet runner
4.2		Camptown RV Park on right. Park on shoulder to meet runner
5.2		"The Hammock" sign. Park on left where allowed
6.3 WATER STOP	4.4	VARN Park, ocean side. Bathrooms. Parking. Runners cross road to begin running on OCEAN side sidewalk
9.0		Park on right shoulder near or under bridge overpass to meet runner
10.5		CITGO on left
10.7 A.S. and TIMING	4.3	Aid station on right at driveway entrance to Publix, Hammock Beach. Bathrooms in store. 50-mile runners reverse course here; begin heading south
10.7		Bronx House Pizza on Intracoastal side of road
11.1		JT's seafood on Intracoastal side
12.3		Park on left shoulder near or under bridge overpass to meet runner
13.6		Road divides. For next 1.5 miles, carefully park on right only where legal. Beware soft sand
15.0 WATER STOP	8.3	VARN Park, ocean side. Bathrooms. Parking. Runners cross road to begin running on Intracoastal (right) side sidewalk
		Caution: Obey "No Parking" signs
17.0		Camptown RV Park on right
17.3		Begin right shoulder parking where allowed
18.1		Enter Flagler Beach. Restaurants and convenience stores next 3 miles
20.2		Traffic light at Route 100. Continue on Intracoastal side sidewalk
20.4		7-Eleven store
23.3 A.S. and TIMING	6.4	Gamble Rogers S.R.A. Timing equipment along sidewalk, Intracoastal side. Aid Station and bathrooms and crew parking across road on left. CAUTION crossing road. 50m drop bag location.
24.4		Enter Volusia County
25.6		Parking/ocean overlook area on left. Caution crossing road to meet runners
Next few miles		Park on right shoulder where safe and legal to meet runners. Watch for soft sand
29.7 WATER STOP	4.5	Circle K on right. Open 24 hours. Please buy something
30.9		Beach parking lot on right
31.1		Chevron
31.3		Meet-up options: Carol Road--beach parking lot on right. Tom Renick park on left. Bathrooms.
32.0		Commercial area--Publix, Dunkin', 7-Eleven, gas station, etc.



Mile	MILES TO NEXT SUPPORT	50 MILE COURSE DETAILS, Page 2 of 2
34.2 A.S. and TIMING	5.4	Aid Station/Timing Station on right in Ormond Beach shopping center parking lot just before traffic light at at Route 40. Public toilets across road, ocean side, beneath park, during daylight hours. Continue south on sidewalk, either side of A1A. Caution: construction on beach side.
35.6		Large parking lot on right
Next 8 miles		Continue through Ormond Beach and Daytona Beach. Many commercial properties throughout. Most should accommodate meeting runners. Request bathrooms anywhere; ideally, buy something. Be discreet and courteous
39.6 WATER STOP	3.1	Crabby's Oceanside, 451 S. Atlantic Ave., just before Sun Splash Park. Water stop for uncrewed runners only. NOT A MEET-UP LOCATION
39.7		Sun Splash Park. <i>Recommended meet-up location.</i> Bathrooms open during daylight hours
42.7 A.S. and TIMING	4.0	If not already running on ocean side, runners cross to ocean side and remain there next 3.3 miles. Aid station/Timing Station at Frank Rendon Park in D.B. Shores. Bathrooms open at night. 50m drop bag location.
43.9		Van Avenue Park. Bathrooms during daylight hours
44.2		Edward Peck Park. Bathrooms during daylight hours
44.9		Traffic light at Dunlawton Blvd.. Last bridge to mainland across Intracoastal Waterway
46.0		Enter Wilbur-by-the-Sea. Runners cross road and begin running on sidewalk on right side next 4.4 miles
46.4		Street parking on right
46.7 WATER STOP	4.2	Toronita Avenue parking lot. Meet runners. Bathrooms open during daylight hours. Water located at far end of lot just off sidewalk.
47.1		Street parking on right
47.6		Ponce Preserve parking on left. Small lot
48.2		North Turn restaurant on left
48.6		7-Eleven on right
50.4		Right turn on Lighthouse Drive before beach park entrance.
50.6		Right turn on South Peninsula Drive. Run on right side sidewalk. Cross parking lot onto far sidewalk
50.8		Turn right into Davies Park immediately after bathroom building to finish line just ahead
50.9	Done!	FINISH LINE, at foot of historic Ponce Inlet Lighthouse

Welcome to the celebration for runners, registered crew and volunteers in Davies Park. Take a seat in the pavilion or an outside table and enjoy some R&R, with food and beverages, and don't forget to share your race story with old and new friends!

Every Runner and Support Crew Member Is Equally Responsible for Knowing and Complying with all Rules and Requirements