

DAYTONA 100 Ultramarathon
2025 100-MILE COURSE DETAILS & MEET-UP LOCATIONS

Match to 100-Mile Map in 2025 Race Guide

Locations where runners must make a turn or cross the road, aid and timing stations,
allowable runner, crew & team meet-up locations and various points of interest

QUIET EARLY and AT NIGHT, PLEASE

Mileage indicators are best estimates. Course distances are NOT certified.

| Mile | MILES TO NEXT SUPPORT | Running towards Ponce Inlet, Atlantic "OCEAN" is on the left, and "Intracoastal" is on the right. |
|--------------------------------|--------------------------------|--|
| | | LOCATION |
| 0.0 | 2.6 | 100 MILE RACES START at the circle on Beach Blvd. at First Street, in front of the Lifeguard HQ building, JAX Beach. Park free across street in Joe's Crab Shack lot or 1/2 block north in municipal lot. Bathrooms open pre-race at 6th Avenue South parking lot, six short blocks south of the race start |
| 1.1 | | Runners go north, continue STRAIGHT at 16th Ave. N, even though road is blocked for vehicles |
| 1.3 | | Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT |
| 2.3 | | Road blocked for vehicles at Orange Street; runners continue STRAIGHT |
| 2.5 | | Traffic light at Atlantic Blvd; continue north one block |
| 2.6 WATER STOP | 1.9 | WATER STOP at corner of Ahern Street; turn RIGHT on Ahern for one block. Signs and monitors will direct you in this section of the course |
| 2.7 | | LEFT on Beach Avenue |
| 3.1 | | LEFT on 7th Street for one block |
| 3.2 | | RIGHT on Ocean Blvd. |
| 3.5 | | LEFT on 13th Street for one block |
| 3.6 | | LEFT on East Coast Drive; begin running south |
| 4.0 | | LEFT on 7th Street for one block |
| 4.1 | | RIGHT on Ocean Blvd. |
| 4.5 WATER STOP | 2.5 | Pass Ahern Street WATER STOP at corner |
| 4.6 | | Traffic light at Atlantic Blvd.; continue STRAIGHT |
| 4.7 | | Road blocked for vehicles at Orange Street; runners continue STRAIGHT |
| 5.8 | | Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT |
| 6.0 | | Road blocked for vehicles at 16th Ave. N; runners continue STRAIGHT through |
| 7.0 A.S. #1 and TIMING | 9.1 | Aid station #1 and timing at Beach Blvd. Open 5:30am-8:30am. Crews & teams may meet runners here |
| 7.4 | | 6th Avenue South parking and bathrooms; open for the race at 4:45am |
| 8.2 | | 16th Ave.S. lot at tennis courts. Last place to meet runners before Mickler's Beach at course Mile 16.1. After meet-up, leave promptly. ALL VEHICLES turn right (west) on 16th Ave. S, then right or left on 3rd Street (S.R. A1A). YOU WILL NOT SEE YOUR RUNNER FOR 8 MILES. DO NOT GO TO MICKLER'S BEACH UNTIL THE TIME YOU EXPECT YOUR RUNNER TO ARRIVE. Get coffee! Mickler's Beach is 8.5 miles from 16th Ave. S. To get there, drive south on A1A, turn LEFT at the Ponte Vedra Blvd. traffic light. Micklers' is 1/10 mile on right |
| 8.6 | | Runners continue south on 1st Street S, then turn LEFT on 25th Street S. for one block |
| 8.7 | | RIGHT on Ocean Drive |
| 9.1 | | At 37th Street S., slight jog RIGHT, then LEFT; continue south on Duval Drive |
| 9.6 | | Duval Drive ends, merging into Ponte Vedra Blvd. Bear left and continue south on LEFT side road shoulder for 1/2 mile, then onto left side sidewalk for 1/2 mile |
| 10.5 | | Cross to right side after "The Tennis Club". Run on right sidewalk only for next 5.6 miles |
| 16.1 A.S. #2 and TIMING | 5.7 | Cross timing equipment on sidewalk before crossing road at crosswalk to Mickler's Beach Park. Aid Station/Timing Station #2 is located there outside park fence. Open 6:30am-10:30am. Crew and runners meet here. Bathrooms |
| 16.1 | | Continue on sidewalk, Mickler's Beach side, to traffic light. |
| 16.3 | | Stay LEFT. Continue on left side road shoulder next 17.3 miles until Velano Beach |
| 19.5 | | GTM North Beach lot. Portable toilets. Meet runners |



| Mile | MILES TO NEXT SUPPORT | 100 MILE COURSE DETAILS, Page 2 of 4 | |
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| | | | |
| 21.8 | | GTM Middle Beach lot. Portable toilets. Meet runners | |
| 21.8 WATER STOP | 4.5 | GTM Middle Beach. Water located along beach side shoulder at wooden stairs. Runners may cross there to access parking lot and toilet | |
| 22.6 | | GTM South Beach lot. Portable toilets. Meet runners | |
| 26.2 | | Vehicles park in dirt lot on right just BEFORE EXXON station. BEWARE OF SOFT SAND. | |
| 26.3 A.S. #3 ONLY | 5.0 | Aid Station, beach side across from EXXON; no timing equipment. Open 8am-1:30pm. Meet runners. DROP BAG LOCATION. Race portable toilet in EXXON parking area | |
| 28.5 | | Small parking lot on beach side. Meet runners here. Toilets | |
| 31.3 | | EUCLID STREET LOT across road from "The Reef" Restaurant. RECOMMENDED MEET-UP LOCATION. Do NOT park in the REEF lot | |
| 31.3 WATER STOP | 4.1 | Water stop for uncrewed runners ONLY at the public lot just before "The Reef" parking begins (same paved area). NOT a meet-up location. DO NOT PARK HERE. PENALTIES APPLY | |
| 32.0 | | St. John County parking lot on right after pedestrian overpass. Optional meet location. Bathrooms in wooden building | |
| 32.6 | | Public parking lot on right. Optional meet location | |
| 33.0 | | Nease Beachside Park lot. Optional meet location | |
| 33.6 | | RIGHT turn in Velano Beach onto Intracoastal bridge. Runners stay on right side sidewalk | |
| 35.4 A.S. #4 and TIMING | 4.1 | Aid Station/Timing Station #3 at Church of the Nazarene, staffed by Runners 4 Recovery. Open 9:30am-4:00pm. Meet runners here. Race portable toilet. Vehicle directions: drive past Church (on right) to traffic circle. Stay in right lane. Take first right on San Marco Ave., then next right on Nelmar and next right on Douglas. Church parking lot is on left | |
| 35.5 | | From the Church, runners cross street and stay left at traffic circle. STAY ON LEFT SIDE sidewalk to continue south on A1A (St. Marco Avenue). REMAIN ON LEFT SIDE SIDEWALK. Pass "Ripley's Believe It or Not", then pass historic San Marco Fort and GO LEFT ACROSS "BRIDGE OF LIONS". Crew or team will meet you on the far side of the "BRIDGE". STAY ON LEFT SIDEWALK. You will continue through St. Augustine Beach next 7.5 miles | |
| 36.9 | | Vehicles go directly to cross "Bridge of Lions". Do not stop. STAY LEFT TO CROSS BRIDGE | |
| 37.2 | | On south side of "BRIDGE", vehicles park anywhere where allowed along A1A for next half mile and cross road to meet runners | |
| 38.6 | | Amphitheater entrance on left. After making turn, park in gravel on left to meet runner at sidewalk | |
| 39.6 WATER STOP | 3.4 | Water at base of billboard on left at start of large parking lot at striped building. RUNNERS CONTINUE BY BEARING/TURNING LEFT ON SIDEWALK ONTO A1A BEACH BLVD. Do NOT continue straight on A1A. Teams and crews may meet runners here: Vehicles turn left PAST the striped building, make a u-turn and drive back to meet runner. Be especially courteous in this private business parking lot | |
| 40.0 | | Sidewalk ends. Continue on left side shoulder facing traffic | |
| 40.1 | | Sidewalk begins again on left side at Embassy Suites, just past light at Pope Road. Many beach-type restaurants, coffee shops, etc. for next 3 miles | |
| 41.3 | | Parking lot on left at 10th Street. Option to meet runners. Bathrooms | |
| 41.8 | | Public parking and bathrooms on left. Option to meet runners | |
| 43.0 A.S. #5 and TIMING | 7.8 | Aid Station/Timing Station #4 at Anastasia Plaza/Publix shopping center. Timing mat on left (south) side. Cross road to meet runners or access aid station. Open 10:30am-7:00pm. Bathrooms at Publix. RUNNERS CROSS BACK TO LEFT SIDE OF ROAD TO CONTINUE SOUTH | |
| 43.1 | | LEFT at light onto S.R. A1A. Continue on left side sidewalk next 4.3 miles | |
| 45.4 | | Windswept Park on right. Bathrooms. Option to meet runners | |
| 47.2 | | Traffic light at Route 206. RUNNERS STAY ON LEFT SHOULDER for 1/10 mile | |



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| | | | |
| 47.3 | | Crescent Beach Park large lot on left. Bathrooms. Meet runners. RUNNERS MUST THEN CROSS TO RIGHT SIDE AND CONTINUE ON SIDEWALK THERE | |
| 50.8 A.S. #6 ONLY | 4.0 | S.E. Intracoastal Waterway Park. Noon-9:30pm. Vehicles park inside park--not on road shoulder. Meet runners. Portable toilet. No timing equipment. 100m drop bag location | |
| 51.4 | | At pedestrian crossing light after Ft. Matanzas, CROSS TO LEFT SIDE. Remain on left SHOULDER next 3.1 miles, including crossing Matanzas Inlet bridges and into Marineland | |
| 53.0 | | Vehicle pull-off on left. Small dirt lot. Meet runners | |
| 54.5 | | Enter Marineland/Flagler County. BEGIN SIDEWALK ON LEFT SIDE; remain this side next 9.5 miles. Vehicles--watch speed in this area | |
| 54.8 WATER STOP | 5.2 | Marineland large beach parking lot. Toilets in building at far end of lot during day. Water located past the building immediately next to sidewalk (behind wall), down hill from food vendor | |
| 58.5 | | Bings Landing Park on right | |
| 59.5 | | Circle K on right. Open 24 hours | |
| 60.0 A.S. #7 and TIMING | 4.0 | Aid Station/Timing Station #5 at Publix Hammock Beach on left. Open 11:30am-midnight. Meet runners here. Bathrooms in Publix | |
| | | Restaurants along right side of road in this area | |
| 61.6 | | Past intersection at Camino del Mar is bridge overpass; park on left near or under overpass to meet runner | |
| 64.0 WATER STOP | 8.4 | Varn Park on left. Meet runners. Bathrooms open all night. Sidewalk ends here but begins on right side. RUNNERS CROSS ROAD and continue on sidewalk on Intracoastal side through Flagler Beach into Ormond Beach | |
| | | Caution: Obey "No Parking" signs. SOFT SAND! | |
| 66.0 | | Camptown RV Park | |
| 66.3 | | Begin right shoulder parking where allowed | |
| 67.0 | | Enter City of Flagler Beach. Park on right shoulder where safe and allowed next 2 miles to meet runners. Restaurants and stores next 3 miles | |
| 69.3 | | Traffic light at Route 100. Continue straight on Intracoastal side sidewalk | |
| 69.5 | | 7-Eleven store | |
| 72.4 A.S #8 and TIMING | 6.3 | Gamble Rogers S.R.A. park. Aid station #6 on LEFT. Timing equipment on sidewalk, right side. Aid Station, bathrooms and crew parking across road on left. Hot food at night. Open 11:30am-3:30am. CAUTION crossing road. 100m & 50m drop bag location | |
| 73.4 | | Enter Volusia County | |
| 74.6 | | Parking/overlook area on left. Caution crossing road to meet runners. | |
| Next few miles | | Park on right shoulder where safe and legal. Watch for soft sand. Meet runners | |
| 78.7 WATER STOP | 4.5 | Circle K on right. Open 24 hours. Please buy something | |
| 79.9 | | Beach parking lot on right. Option to meet runners | |
| 80.1 | | Chevron | |
| 80.4 | | Meet-up option: Tom Renick park on left. Bathrooms during day. Race portable toilet at night | |
| 81.0 | | Commercial area--Publix, Dunkin', 7-Eleven, gas station, etc. Nothing open all night | |
| 83.2 A.S. #9 and TIMING | 5.4 | Aid Station on right in Ormond Beach shopping center lot just before Route 40 traffic light. Open 1:00pm-8:00am. Race portable toilet at entrance. Public bathrooms across A1A beneath park ; enter along beach access drive. ALL RUNNERS CROSS TO OCEAN SIDE SIDEWALK TO CONTINUE SOUTH. 50k drop-bag location | |



| MILE | MILES TO NEXT SUPPORT | 100 MILE COURSE DETAILS, Page 4 of 4 |
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| 84.7 | | Andy Romano Park, beach side. Bathrooms |
| Next 8 miles | | Continue through Ormond Beach and Daytona Beach. Many small parks and other public parking lots, plus commercial properties. Most should accommodate meeting runners. Request bathrooms anywhere; ideally, buy something. Be discreet and courteous |
| 88.6 WATER STOP | 3.1 | Water for uncrewed runners only at entrance to Crabby's Oceanside on left before SunSplash Park. NOT A MEET-UP LOCATION; do not park here |
| 88.7 | | Sun Splash Park. Park here. Recommended meet-up location. Race portable toilet |
| 91.7 A.S. #10 and TIMING | 4.0 | Aid Station/Timing Location #8 on left at Frank Rendon Park. Open 2:30pm-10:30am. Bathrooms in the park open all night. Continue on ocean side sidewalk next 3.3 miles. 100m & 50m drop bag location |
| 92.9 | | Van Avenue Park. Option to meet runners. Bathrooms until sundown |
| 93.2 | | Edward Peck Park. Option to meet runners. Bathrooms |
| 93.5 | | Holiday Inn Express: "official" race hotel |
| 93.9 | | Traffic light at Dunlawton Blvd. Last bridge to mainland across Intracoastal Waterway |
| 94.1 | | Dahlia Avenue Park, ocean side. Bathrooms |
| 95.0 | | Enter Wilbur-by-the-Sea. Sidewalk ends on ocean side. Cross road and begin running on sidewalk on right side next 4.4 miles |
| 95.4 | | Street parking on right. Option to meet runners |
| 95.7 WATER STOP | 4.2 | Toronita Avenue parking lot. Meet runners. Bathrooms open during day. Race portable toilet at night near water supply on grass just off sidewalk opposite far end of parking lot |
| 96.1 | | Street parking on right. Option to meet runners |
| 96.6 | | Ponce Preserve parking on left. Small lot. Option to meet runners |
| 97.2 | | North Turn restaurant on left |
| 97.6 | | 7-Eleven on right |
| 99.4 | | RIGHT turn on Lighthouse Drive before beach park entrance |
| 99.6 | | RIGHT turn on South Peninsula Drive. Run on right side sidewalk. Cross parking lot onto far sidewalk |
| 99.8 | | Turn RIGHT into Davies Park immediately after bathroom building to finish line just ahead |
| 99.9 | Done! | FINISH LINE, at foot of historic Ponce Inlet Lighthouse |

Welcome to your celebration--runners, registered crew and volunteers in Davies Park. Take a seat in the pavilion or an outside table and enjoy some R&R with food and beverages, and don't forget to share your race story with old and new friends!

Every Runner and Support Crew Member Is Equally Responsible for Knowing and Complying with ALL Rules and Requirements

Update 06.27.2025