

DAYTONA 100 Ultramarathon

2025 100-MILE COURSE DETAILS & MEET-UP LOCATIONS

Match to 100-Mile Map in 2025 Race Guide

Locations where runners must make a turn or cross the road, aid and timing stations,
allowable runner, crew & team meet-up locations and various points of interest

SIGNS OR MONITORS WILL MEET RUNNERS AT MOST TURNS

Quiet early and at night, please!

2025 VITAL UPDATES AND REMINDERS FOR CREWED RUNNERS AND TEAMS:

**YOU MAY MEET-UP ONLY IN DESIGNATED LOCATIONS; LIKE THIS NOTE, THESE ARE HIGHLIGHTED.
NO RACE VEHICLES ARE ALLOWED IN THE FIRST SEVEN MILES, WHICH IS A 3.5 MILE OUT-AND-BACK SEGMENT
FROM THE START LINE. CREWS AND TEAMS WAIT FOR RUNNERS TO RETURN.
NEXT MEET-UP LOCATION IS AT MILE 8.2, THEN AT MICKLER'S BEACH AT MILE 16.
NO RACE VEHICLES ARE ALLOWED ON PONTE VEDRA BLVD.**

Mileage indicators are best estimates. Course distances are NOT certified.

Mile	MILES TO NEXT SUPPORT	Running towards Ponce Inlet, Atlantic "OCEAN" is on the left, and "Intracoastal" is on the right.
		LOCATION
0.0	2.5	100 MILE RACES START at the circle on Beach Blvd. at First Street, in front of the Lifeguard HQ building, JAX Beach. Park free across street in Joe's Crab Shack lot or 1/2 block north in municipal lot. Bathrooms open pre-race at 6th Avenue South parking lot, six short blocks south of the race start
1.1		Runners go north, continue STRAIGHT at 16th Ave. N. through road block
1.3		Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT
2.3		Road blocked for vehicles at Orange Street; runners continue STRAIGHT
2.5		Traffic light at Atlantic Blvd; continue north one block
2.6 WATER STOP	1.9	WATER STOP at corner of Ahern Street; turn RIGHT on Ahern for one block. Signs and monitors will direct you in this section of the course
2.7		LEFT on Beach Avenue
3.1		LEFT on 7th Street for one block
3.2		RIGHT on Ocean Blvd.
3.5		LEFT on 13th Street for one block
3.6		LEFT on East Coast Drive; begin running south
4.0		LEFT on 7th Street for one block
4.1		RIGHT on Ocean Blvd.
4.5 WATER STOP	2.5	Pass Ahern Street WATER STOP at corner
4.6		Traffic light at Atlantic Blvd.; continue STRAIGHT
4.7		Road blocked for vehicles at Orange Street; runners continue STRAIGHT
5.8		Road blocked for vehicles at 20th Ave. N at Neptune Beach sign; runners continue STRAIGHT
6.0		Road blocked for vehicles at 16th Ave. N; runners continue STRAIGHT
7.0 A.S. #1 and TIMING	9.1	Aid station #1 and timing at Beach Blvd. Open 5:30am-8:30am. Crews & teams may meet runners here
7.4		6th Avenue South parking and bathrooms; open for the race at 4:45am
8.2		16th Ave.S. lot at tennis courts. Last place to meet runners before Mickler's Beach at Mile 16.1. Parking here is tight. After meet-up here, leave promptly. ALL VEHICLES turn right (west) on 16th Ave. S, then right or left on 3rd Street (S.R. A1A). YOU WILL NOT SEE YOUR RUNNER FOR 8 MILES. DO NOT GO TO MICKLER'S BEACH UNTIL THE TIME YOU EXPECT YOUR RUNNER TO ARRIVE. Get breakfast! Then, to Mickler's Beach: drive south on A1A, turn LEFT at the Ponte Vedra Blvd. traffic light. Mickler's parking is 1/10 mile on right
8.6		Runners continue south on 1st Street S, then turn LEFT on 25th Street S. for one block
8.7		RIGHT on Ocean Drive



Mile	MILES TO NEXT SUPPORT	100 MILE COURSE DETAILS, Page 2 of 4	
9.1		At 37th Street S., slight jog RIGHT, then LEFT; continue south on Duval Drive	
9.6		Duval Drive ends, merging into Ponte Vedra Blvd. Bear left and continue south on LEFT side road shoulder for 1/2 mile, then onto left side sidewalk for 1/2 mile	
10.5		Cross to right side after "The Tennis Club". Run on right sidewalk only for next 5.6 miles	
16.1 A.S. #2 and TIMING	5.7	Pass timing equipment on sidewalk before crossing road at crosswalk to Mickler's Beach Park. Aid Station/Timing Station #2 is located there outside park fence. Open 6:30am-10:30am. Crew and runners meet here. Bathrooms	
16.1		Continue on sidewalk, Mickler's Beach side, to traffic light.	
16.3		Stay LEFT. Continue on left side road shoulder next 17.3 miles until Velano Beach	
19.5		GTM North Beach lot. Portable toilets. Meet runners	
21.8		GTM Middle Beach lot. Portable toilets. Meet runners	
21.8 WATER STOP	4.5	GTM Middle Beach. Water located along beach side shoulder at wooden stairs. Runners may cross there to access parking lot and toilet	
22.6		GTM South Beach lot. Portable toilets. Meet runners	
26.2		Vehicles park in dirt lot on right just BEFORE EXXON station. BEWARE OF SOFT SAND.	
26.3 A.S. #3 ONLY	5.0	Aid Station, beach side across from EXXON; no timing equipment. Open 8am-1:30pm. Meet runners. DROP BAG LOCATION. Race portable toilet in EXXON parking area	
28.5		Small parking lot on beach side. Meet runners here. Toilets	
31.3		EUCLID STREET LOT across road from "The Reef" Restaurant. RECOMMENDED MEET-UP LOCATION. Do NOT park in the REEF lot. Crew/team cross road to meet runner.	
31.3 WATER STOP	4.1	Water stop for uncrewed runners ONLY at the public lot just before "The Reef" parking begins (same paved area). NOT a meet-up location. DO NOT PARK HERE. PENALTIES APPLY	
32.0		St. John County parking lot on right after pedestrian overpass. Optional meet location. Bathrooms in wooden building	
32.6		Public parking lot on right. Optional meet location	
33.0		Nease Beachside Park lot. Optional meet location	
33.6		RIGHT turn in Velano Beach onto Intracoastal bridge. Runners stay on right side sidewalk	
35.4 A.S. #4 and TIMING	4.1	Aid Station/Timing Station #3 at Church of the Nazarene, staffed by Runners 4 Recovery. Open 9:30am-4:00pm. Meet runners here. Race portable toilet. Vehicle directions: drive past Church (on right) to traffic circle. Stay in right lane. Take first right on San Marco Ave., then next right on Nelmar and next right on Douglas. Church parking lot is on left	
35.5		From the Church, runners cross street and stay left at traffic circle. STAY ON LEFT SIDE sidewalk to continue south on A1A (St. Marco Avenue). REMAIN ON LEFT SIDE SIDEWALK. Pass "Ripley's Believe It or Not", then pass historic San Marco Fort and GO LEFT ACROSS "BRIDGE OF LIONS". Crew or team will meet you on the far side of the "BRIDGE". STAY ON LEFT SIDEWALK. You will continue through St. Augustine Beach next 7.5 miles	
36.9		Vehicles go directly across "Bridge of Lions". Do not stop. STAY LEFT TO CROSS BRIDGE	
37.2		On south side of "BRIDGE", vehicles park anywhere allowed along A1A for next half mile and cross road to meet runners	
38.6		Ampitheater entrance on left. After making turn, park in gravel on left to meet runner at sidewalk	
39.6 WATER STOP	3.4	Water at base of billboard on left at start of large parking lot at dark grey (formerly striped) building. RUNNERS CONTINUE BY BEARING/TURNING LEFT ON SIDEWALK ONTO A1A BEACH BLVD. Do NOT continue straight on A1A. Teams and crews may meet runners here: Vehicles turn left PAST the striped building, make a u-turn and drive back to meet runner. Be especially courteous in this private business parking lot	
40.0		Sidewalk ends. Continue on left side shoulder facing traffic	
40.1		Sidewalk begins again on left side at Embassy Suites, just past light at Pope Road. Many beach-type restaurants, coffee shops, etc., for next 3 miles	
41.3		Parking lot on left at 10th Street. Option to meet runners. Bathrooms	
41.8		Public parking and bathrooms on left. Option to meet runners	



MILE	MILES TO NEXT SUPPORT	100 MILE COURSE DETAILS, Page 3 of 4	
43.0 A.S. #5 and TIMING	7.8	Aid Station/Timing Station #4 at Anastasia Plaza/Publix shopping center. Timing equipment is on left (south) side sidewalk. Cross road to meet runners or access aid station. Open 10:30am-7:00pm. Bathrooms at Publix. RUNNERS CROSS BACK TO LEFT SIDE OF ROAD TO CONTINUE SOUTH	
43.1		LEFT at light onto S.R. A1A. Continue on left side sidewalk next 4.3 miles	
45.4		Windswept Park on right. Bathrooms. Option to meet runners	
47.2		Traffic light at Route 206. RUNNERS STAY ON LEFT SHOULDER for 1/10 mile	
47.3		Crescent Beach Park large lot on left. Bathrooms. Meet runners. RUNNERS MUST THEN CROSS TO RIGHT SIDE AND CONTINUE ON SIDEWALK THERE	
50.8 A.S. #6 ONLY	4.0	S.E. Intracoastal Waterway Park. Noon-9:30pm. Vehicles park inside park--not on road shoulder. Meet runners. Portable toilet. No timing equipment. 100m drop bag location	
51.3		At pedestrian crossing after Ft. Matanzas Park entrance, CROSS TO LEFT SIDE. Remain on left SHOULDER next 3.1 miles, including crossing Matanzas Inlet bridges into Marineland	
53.0		Vehicle pull-off on left. Small dirt lot. Meet runners	
54.5		Enter Marineland/Flagler County. BEGIN SIDEWALK ON LEFT SIDE; remain this side next 9.5 miles. Vehicles--watch speed in this area	
54.8 WATER STOP	5.2	Marineland large beach parking lot. Toilets in building at far end of lot during day. Water located past the building immediately next to sidewalk (behind wall), down hill from food vendor	
58.5		Bings Landing Park on right	
59.5		Circle K on right. Open 24 hours	
60.0 A.S. #7 and TIMING	4.0	Aid Station/Timing Station #5 at Publix Hammock Beach on left. Open 11:30am-midnight. Meet runners here. Bathrooms in Publix	
		Restaurants along right side of road in this area	
61.6		Past intersection at Camino del Mar is bridge overpass; park on left near or under overpass to meet runner	
64.0 WATER STOP	8.4	Varn Park on left. Meet runners. Bathrooms open all night. Sidewalk ends here but begins on right side. RUNNERS CROSS ROAD and continue on sidewalk on Intracoastal side through Flagler Beach into Ormond Beach	
		Caution: Obey "No Parking" signs. SOFT SAND!	
66.0		Camptown RV Park	
66.3		Begin right shoulder parking where allowed	
67.0		Enter City of Flagler Beach. Park on right shoulder where safe and allowed next 2 miles to meet runners. Restaurants and stores next 3 miles	
69.3		Traffic light at Route 100. Continue straight on Intracoastal side sidewalk	
69.5		7-Eleven store	
72.4 A.S. #8 and TIMING	6.3	Gamble Rogers S.R.A. park. Aid station #6 on RIGHT. Timing equipment before park entrance. Aid Station, bathrooms and crew parking inside park. Hot food at night. Open 11:30am-3:30am. 100m & 50m drop bag location	
73.4		Enter Volusia County	
74.6		Parking/overlook area on left. Caution crossing road to meet runners.	
Next few miles		Park on right shoulder where safe and legal. Watch for soft sand. Meet runners	
78.7 WATER STOP	4.5	Circle K on right. Open 24 hours. Please fill-up or buy something here.	
79.9		Beach parking lot on right. Option to meet runners	
80.1		Chevron	
80.4		Meet-up option: Tom Renick park on left. Bathrooms during day. Race portable toilet at night	
81.0		Commercial area--Publix, Dunkin', 7-Eleven, gas station, etc. Nothing open all night	

MILE	MILES TO NEXT SUPPORT	100 MILE COURSE DETAILS, Page 4 of 4
83.2 A.S. #9 and TIMING	5.4	Aid Station on right in Ormond Beach shopping center lot just before Route 40 traffic light. Open 1:00pm-8:00am. Race portable toilet at entrance. Public bathrooms across A1A beneath park. ALL RUNNERS CROSS TO OCEAN SIDE SIDEWALK TO CONTINUE SOUTH. 50k drop-bag location
84.7		Andy Romano Park, beach side. Bathrooms
Next 8 miles		Continue through Ormond Beach and Daytona Beach. Many small parks and other public parking lots, plus commercial properties. Most should accommodate meeting runners. Request bathrooms anywhere; ideally, buy something. Be discreet and courteous
88.6 WATER STOP	4.7	Water for uncrewed runners only at entrance to Crabby's Oceanside on left before SunSplash Park. NOT A MEET-UP LOCATION; do not park here
88.7		Sun Splash Park. Park here. Recommended meet-up location. Race portable toilet
93.3 A.S. #10 and TIMING	2.2	Aid Station/Timing Location #8 on left at Edwin W. Peck, Sr. Park. Open 2:30pm-10:30am. Bathrooms open all night. From 11:00pm-5:00am, cars park across road in Oceans Luxury Realty lot. Continue on ocean side sidewalk next 2 miles. 100m & 50m drop bag location
93.5		Holiday Inn Express: "official" race hotel
93.9		Traffic light at Dunlawton Blvd. Last bridge to mainland across Intracoastal Waterway
94.1		Dahlia Avenue Park, ocean side. Bathrooms
95.0		Enter Wilbur-by-the-Sea. Sidewalk ends on ocean side. Cross road and begin running on sidewalk on right side next 4.4 miles
95.4		Street parking on right. Option to meet runners
95.7 WATER STOP	4.2	Toronita Avenue parking lot. Meet runners. Bathrooms open during day. Race portable toilet at night just inside parking lot entrance. Access water supply from sidewalk past driveway entrance opposite far end of parking lot.
96.1		Street parking on right. Option to meet runners
96.6		Ponce Preserve parking on left. Small lot. Option to meet runners
97.2		North Turn restaurant on left
97.6		7-Eleven on right
99.4		RIGHT turn on Lighthouse Drive before beach park entrance
99.6		RIGHT turn on South Peninsula Drive. Run on right side sidewalk. Cross parking lot onto far sidewalk
99.8		Runners turn RIGHT into Davies Park immediately after bathroom building to finish line. Vehicle parking options: Critter Fleet lot just before Hidden Treasure restaurant. Hidden Treasure front lot (across street from park) from 11:00pm-7:00am. Lighthouse parking back lot anytime. Lighthouse front lot from 6:30pm until 8:00am.
99.9	Done!	FINISH LINE, at foot of historic Ponce Inlet Lighthouse

Welcome to your celebration--runners, registered crew and volunteers in Davies Park. Take a seat in the pavilion or an outside table and enjoy some R&R with food and beverages, and don't forget to share your race story with old and new friends!

Every Runner and Support Crew Member Is Equally Responsible for Knowing and Complying with ALL Rules and Requirements

Update 11.16.2025