



# Organic Catering of Houston Full Menu

**LET US CATER YOUR NEXT EVENT. WE SPECIALIZE IN TV/FILM, SPORTING EVENTS, CORPORATE EVENTS, PARTIES, AND MORE.**

Organic Catering of Houston has led Texas in catering companies and event planning with our innovative designs and wide arrange of available styles, we can help you plan the event of your dreams and offer you a memorable experience.

We specialize in creative, custom catering menus and offer wait and bar service as an added option. Whatever your event, we can make it the most special - small or large, casual or elegant - whatever your dreams, we will make your occasion unforgettable.

We provide the highest level of catering services, freshly made organic cuisine, delicious cakes and mini desserts in Texas. You tell us what you want, we'll make it happen for you and your guests. No menu is too small or too big. Whatever your tastes, our chef staff will design the menu you're looking for.

Call or Email us today about your next event

[Jason@organiccateringofhouston.com](mailto:Jason@organiccateringofhouston.com)

(866) 228-3789





# Hot and Cold Breakfast

## COLD BREAKFAST 10 Person Minimum

### GREAT START COMBO

Assorted breakfast pastries served with berry crunch parfaits and our organic fruit salad

### POWER START COMBO

Assorted bagels (including cream cheese, butter and jam) and our organic fruit salad

### BERRY GRANOLA PARFAIT

Honey flavored non-fat yogurt, granola and berries

### ORGANIC FRUIT SALAD

The freshest fruit of the season

## HOT BREAKFAST 5 Person Minimum

### THE CORPORATE

Choice of breakfast sandwiches or breakfast burritos (Choose up to 2) served with organic fruit salad

### COMPLETE BREAKFAST

Scrambled eggs, Bacon, Sausage, Fried Potatoes, Coissant and our organic fruit salad.

### BELGIUM WAFFLE

2 Waffles with syrup and seasonal fruit

## SANDWICHES 5 Person Minimum

### HOUSTONIAN CROISSANT

with eggs, bacon, cheese, avocado & tomato

### BACON EGG AND CHEESE BAGEL

### BURRITOS

5 Person minimum

### VEGETABLE BURRITO

Wheat tortilla with scrambled eggs, sweet onion, peppers, spinach and cheddar-jack cheese.

### SAUSAGE LOVERS

Wheat tortilla with breakfast sausage, scrambled eggs and cheddar-jack cheese.

### EGG AND CHEESE

Wheat tortilla with scrambled eggs and cheddar-jack cheese.

### HEALTHY BREAKFAST BURRITO

Wheat tortilla, egg whites, feta cheese and sauteed spinach.

### FRITTATAS

10 Person minimum

### VEGETABLE FRITTATA

Fresh Spinach, Onions, Peppers and Mushrooms Served with Seasonal Fruit

### 3 MEAT FRITTATA

Sausage, Bacon, Ham, Cheese, Peppers and Onions Served with Seasonal Fruit

## SIDES 5 Person Minimum

### SCRAMBLED EGGS

### BACON

### SAUSAGE

### TURKEY SAUSAGE

### FRIED POTATOES

## VEGAN BREAKFAST 5 Person minimum

### VEGAN GLUTEN FREE FRITTATA

A delicious frittata made from silken tofu, assorted vegetables, fresh dill and parsley

### VEGAN WAFFLES

3 Vegan Waffles with syrup and seasonal fruit

### VEGAN BURRITO

Scrambled Tofu, Fresh Spinach, Onion and Peppers

### VEGAN BREAKFAST SANDWICH

Tofu, Grilled Seasonal Vegetables

### TOFU SCRAMBLE

### VEGAN SAUSAGE OR BACON

# Hot and Cold Appetizers

25 PIECE MINIMUM PER ITEM

## BEEF APPETIZERS

ASIAN SHORT RIB POT PIE  
BEEF BARBACOA TAQUITO  
BEEF BOURGUIGNONNE PUFF  
BEEF EMPANADAS  
BEEF KABOBS  
TERIYAKI BEEF SATAY  
MINI BEEF WELLINGTON  
BRAISED SHORT RIB PIEROGI  
SHORT RIB & POTATO CROQUETTE  
FRANKS IN A BLANKET  
BACON WRAPPED GORGONZOLA MEATBALLS  
MINI PHILLY CHEESE STEAK  
PHILLY CHEESE STEAK SPRING ROLL  
REUBEN PUFFS  
MINI SHEPARD'S PIE  
SHORT RIB EMPANADAS  
ASIAN MEATLOAF SLIDER  
MINI LASAGNA CUPCAKES  
MINI BBQ BACON CHEESEBURGERS  
TERIYAKI MEATBALLS

## PORK APPETIZERS

SMOKED PULLED PORK SLIDER  
BLT CANAPÉS  
BACON WRAPPED STUFFED SHRIMP  
BACON WRAPPED SHORT RIB SKEWER  
CHORIZO EMPANADAS  
BACON WRAPPED STUFFED DATES  
PORK POTSTICKERS  
SAUSAGE ARANCINI  
PORK CARNITAS TAQUITOS  
CANDIED BACON WRAPPED PINEAPPLE

## CHICKEN APPETIZERS

BUFFALO CHICKEN MAC & CHEESE POPPER  
BUFFALO CHICKEN SLIDER  
BUFFALO CHICKEN SPRING ROLL  
CHICKEN & VEGETABLE KABOB  
CHICKEN AND WAFFLE SLIDER  
CHICKEN CORDON BLEU PUFF  
CHICKEN EMPANADAS  
CHICKEN MARSALA POT PIE  
CHICKEN POTSTICKERS  
TERIYAKI CHICKEN SATAY  
CHICKEN TIKI MASALA SATAY  
CHICKEN WELLINGTON  
COCONUT CHICKEN TENDER  
FONTINA CHICKEN BITES  
JERK CHICKEN WINGS  
FIRECRACKER CHICKEN MEATBALLS  
BBQ PULLED CHICKEN SLIDERS  
MINI BBQ CHICKEN TACO BITES

## VEGAN APPETIZERS

CAPONATA PHYLLO STAR  
KALE AND VEGETABLE DUMPLING  
ROOT VEGETABLE KABOB  
VEGETABLE SAMOSA  
BAKED SPRING ROLL  
KING MUSHROOM SATAY  
KING MUSHROOM SCALLOP  
MINI MUSHROOM STACK  
BBQ JACKFRUIT SLIDER  
EDAMAME HUMMUS CUCUMBER CANAPE  
ROASTED TOFU POPS WITH PESTO

## VEGETARIAN APPETIZERS

VEGETARIAN ARANCINI  
SPINACH STUFFED MUSHROOMS  
BREADED PARMESAN ARTICHOKE HEARTS  
FETA AND SUNDRIED TOMATO TART  
FIG AND GOAT CHEESE TART  
KALE AND VEGETABLE DUMPLING  
MAC & CHEESE BITES  
CAPRESE SKEWERS  
BELGIAN ENDIVE CANAPES  
WATERMELON CUBES  
With Goat Cheese, Pistachios and Balsamic Glaze  
BROCCOLI CHESSE BITES  
GREEK SALAD CAPRESE  
SPINACH DIP BITES  
EGGPLANT PARM BITES  
MOZZARELLA BITES  
QUICHE FLORENTINE  
QUINOA & ZUCCHINI FRITTER  
SPANAKOPITAS  
VEGETABLE POTSTICKERS

## SEAFOOD APPETIZERS

BLOODY MARY POACHED SHRIMP SHOOTERS  
MINI FISH TACOS ON LIME WEDGES  
MINI JUMBO LUMP CRAB CAKES  
COCONUT SHRIMP  
SHRIMP TACO BITES  
TERIYAKI SALMON SATAY  
ISLAND SHRIMP CANAPE  
LOBSTER MAC & CHEESE POPPER  
SMOKED SALMON ROSES  
BACON WRAPPED SCALLOP  
SHRIMP SPRING ROLL

# Assorted Platters

25 PERSON MINIMUM PER ITEM



## MEDITERRANEAN PLATTER

Creamy Hummus Drizzled with Extra Virgin Olive Oil, Feta, Olives and Fresh Herbs - Served with Pita Chips

## INTERNATIONAL 3-CHEESE PLATTER

An Assortment of 3 Cheeses with Fruit, Nuts and Fine Crackers

## DELUXE 5-CHEESE PLATTER

An Assortment of 5 Cheeses From Around the World with Fruit, Nuts, Cheese Preserves and Fine Crackers

## ANTIPASTO PLATTER

An assortment of 3 cheeses with cured meats, olives, pickled accompaniments, marinated artichoke hearts, pepperoncini, nuts served with Crostini and crackers

## SPINACH DIP

With Tortilla Chips

## BUILD YOUR OWN BRUSCHETTA CROSTINI

Bruschetta Topping – with Garlic, Tomato and Basil –

## BUILD YOUR OWN EDAMAME HUMMUS CROSTINI

Edamame hummus with pomegranate jewels and cucumber

## FRESH ORGANIC SALSA

With Tortilla Chips

## ORGANIC FRUIT PLATTER

Assorted Seasonal Fruits

## ORGANIC VEGETABLE PLATTER

Assorted Seasonal Vegetables

## BUILD YOUR OWN TAPENADE CROSTINI

Olive Tapenade with Herbs and Crumbled Feta –

# COMPLETE MEALS

ALL MEALS INCLUDE STARTER, MAIN COURSE AND 1 SIDE  
(MINIMUM OF 10 PER ITEM)

## MAIN COURSE CHOICES

### CHICKEN DISHES

CHICKEN FLORENTINE

LEMON GARLIC CHICKEN SKEWERS

BBQ CHICKEN WINGS

TERIYAKI CHICKEN

MOROCCAN CHICKEN TAGINE

THAI BASIL CHICKEN

HONEY MUSTARD GLAZED CHICKEN

CHICKEN TIKI MASALA

MEDITERRANEAN GRILLED CHICKEN

BALSAMIC GLAZED CHICKEN THIGHS

ORANGE GINGER CHICKEN

JERK CHICKEN WITH PINEAPPLE  
SALSA

SPINACH AND FETA STUFFED  
CHICKEN

CHICKEN CARBONARA

CAJUN CHICKEN AND SAUSAGE  
JAMBALAYA

CAPRESE STUFFED BALSAMIC  
CHICKEN

CHICKEN CACCIATORE

BBQ CHICKEN

BRUSCHETTA CHICKEN

CHICKEN PENNE ALFREDO

CHICKEN AND CHEESE RAVIOLI

CILANTRO LIME CHICKEN

CHICKEN MARSALA

3 CHEESE ITALIAN CHICKEN

CHICKEN FAJITAS

COCONUT CURRY CHICKEN

CHICKEN ENCHILADA CASSEROLE

PESTO CHICKEN

CREAMY TUSCAN GARLIC CHICKEN

LEMON CHICKEN PICCATA

PARMESAN CRUSTED CHICKEN

BROCCOLI AND CHEESE STUFFED  
CHICKEN

### BEEF DISHES

BBQ BRISKET

BEEF STROGANOFF

BEEF KABOBS

BRAISED BEEF SHORT RIBS

SHEPHERD'S PIE

BEEF STIRFRY

STUFFED BELL PEPPERS

TERIYAKI BEEF

BEEF FAJITAS

PENNE PASTA AND MEATBALLS

ASIAN STYLE MEATLOAF

BEEF TENDERLOIN

GRASS FED CHESSEBURGER

BEEF ENCHILADA CASSEROLE

MEAT LASAGNA

CHICKEN FRIED STEAK

STEAK SANDWICH

TERYAKI BONELESS BEEF RIBS

### PORK DISHES

CENTER CUT PORK TENDERLOIN

BBQ SAUSAGE

SPICY ITALIAN SAUSAGE PASTA

PULLED PORK SANDWICH

BABY BACK RIBS

### SEAFOOD DISHES

COCONUT CURRY SHRIMP

SEABASS W/ LEMON CAPER SAUCE

FISH TACOS WITH MANGO SALSA

ASIAN SOY GLAZED SALMON

PARMESAN CRUSTED TILAPIA

MAHI MAHI W/MANGO SALSA

SHRIMP AND GARLIC RAVIOLI

LOUISIANA CAJUN SHRIMP PASTA

SHRIMP SCAMPI

COCONUT SHRIMP

SALMON BURGER

### VEGAN DISHES (MINIMUM 5 PER ITEM)

COCONUT CURRY WITH TOFU

BBQ VEGAN BRISKET

SLICED VEGAN STEAK

KING MUSHROOM SCALLOPS

BBQ JACKFRUIT SANDWICH

LEMONGRASS TOFU BANH MI

PLANT BASEED BLT

BUDDHA BOWL

ROASTED CAULIFLOWER FAGIOLI

VEGAN STUFFED BELL PEPPERS

VEGAN TIKKA MASALA

VEGAN BBQ SKEWERS W/ PINEAPPLE

VEGAN CHICKPEA TACOS

SPICY ROASTED RATATOUILLE

TERYAKI TOFU CASSEROLE

SESAME BRUSSEL SPROUTS AND TOFU  
BOWL

### VEGETARIAN DISHES

5 CHEESE TORTELLINI

QUINOA STUFFED BELL PEPPERS

VEGGIE STIR-FRY

MUSHROOM TOWER

VEGETARIAN ENCHILADA CASSEROLE

VEGETARIAN LASAGNA

PORTOBELLO BURGER

EGGPLANT PARMESAN

# ORGANIC CATERING COMPLETE MEALS

## STARTER COURSE (CHOOSE 1 OF THE FOLLOWING)

ORGANIC SPRING MIX SALAD	SPINACH SALAD	POTATO SALAD (ADD \$2.00 PER PERSON)
MEDITERRANEAN ORZO SALAD (ADD \$2.00 PER PERSON)	CAPRESE PASTA SALAD (ADD \$2.00 PER PERSON)	COLESLAW
CHOPPED ASIAN SALAD (ADD \$2.00 PER PERSON)	WATERMELON SALAD (SEASONAL) (ADD \$3.00 PER PERSON)	CUCUMBER TOMATO SALAD (ADD \$2.00 PER PERSON)

## SIDE COURSE (CHOOSE 1 OF THE FOLLOWING) ADD ADDITIONAL SIDES @ \$5.00 PER PERSON MINIMUM OF 10 PER SIDE

MASHED POTATOES	ORGANIC BROWN RICE	SAUTEED GREEN BEANS
WASABI MASHED POTATOES	BLACK BEANS	SEASONAL CORN
PENNE PASTA	CORN ON THE COB	MIXED VEGETABLES
WHITE RICE	BALSAMIC GLAZED CARROTS	GRILLED ZUCCHINI AND SQUASH
SPANISH RICE	SCALLOPED POTATOES (ADD 3.00 PP)	ROASTED NEW POTATOES
CAULIFLOWER RICE	LEMON GARLIC BRUSSELS SPROUTS	MACARONI & CHEESE (ADD \$3.00 PP)
GRILLED ASPARAGUS (ADD \$2.00 PP)		

## DESSERT COURSE (MINIMUM OF 12 PER ITEM) ADD \$7.50 PER PERSON

ASSORTED COOKIES	CHOCOLATE VEGAN CAKES	ASSORTED FRESH FRUIT
MINI CHEESECAKE ASSORTMENT	CHOCOLATE TURTLE BROWNIE	ASSORTED MINI DESSERTS

## BEVERAGES

STARBUCKS COFFEE	VITA COCONUT WATER
ICED TEA	LEMONADE
PANNA WATER	ASSORTED SODA
SAN PELLEGRINO SPARKLING WATER	FRESH SQUEEZED ORANGE JUICE
STARBUCKS BOTTLED FRAPPUCCINO	RED BULL CANS

**SIDE SALADS (SERVED FAMILY-STYLE)  
5 PERSON MINIMUM**

**MIXED GREENS SALAD**

Field Greens with tomatoes cucumbers with balsamic vinaigrette

**POTATO SALAD**

Old-fashioned potato salad

**CREAMY COLESLAW**

**WATERMELON SALAD**

Feta Cheese, Baby Spinach, Mint, Lemon Zest, Olive Oil and Balsamic Glaze

**ENTRÉE SALAD (INDIVIDUALLY PACKED)  
5 PERSON MINIMUM**

The freshest ingredients, our healthful entrée salads are filling enough to stand up to a main course with the convenience and elegance of individual packaging and presentation.

**BBQ CHOPPED SALAD**

blend of crisp lettuce, kale, sweet carrots, broccoli, and green onions. Topped with a unique combination of ranch dressing, BBQ sauce, crispy fried onions and smoky bacon bits for added crunch and flavor.

Add Chicken  
Add Tofu  
Add Salmon

**SWEET ASIAN SALAD**

This fresh salad combines a blend of delicious kale, spinach and sweet carrots, along with green cabbage, celery, green onion, zesty cilantro, crispy wonton noodles, sliced almonds and tangy sesame ginger dressing.

Add Chicken  
Add Tofu  
Add Salmon

**CHICKEN TACO SALAD**

Cilantro-Lime grilled chicken, avocado, tortilla strips, romaine, tomatoes, black beans, cheddar-jack cheese and chipotle crema Dressing -

**SALMON AND MIXED GREENS POWER SALAD**

A Mix of baby and Mediterranean greens, walnuts, grilled salmon and a walnut/balsamic dressing. Only 250 calories and full of Omega 3's.

**LIGHTER COBB SALAD**

Romaine lettuce, avocado, egg whites, plum tomatoes, chicken and our homemade low fat blue cheese dressing

# SANDWICHES, WRAPS AND LUNCH BOXES

Our gourmet sandwiches are served on a fresh baked roll, and our wraps are served in a variety of flavored wraps to match their fillings.

## SANDWICH/WRAP COMBINATIONS

### 5-person minimum per sandwich choice

The best option is for conferences/ seminars where larger groups of people need to make their selection and move to the table or seat further away.

**ADD \$1.00 FOR GLUTEN FREE BREAD OPTION**

**ADD \$2.00 FOR STEAK WRAP OPTION**

**ADD \$1.00 FOR VEGAN OPTION**

## BOXED LUNCH

Choice of Sandwich, chips, cookie and a pickle

## LUNCH COMBO WITH SALAD

Choice of sandwich served with pickles, chips, Cookie and choice of salad

## VEGGIE LOVERS SANDWICH

Squash, zucchini, lettuce, feta cheese, micro greens, grilled red peppers and tomatoes

## BELLO SANDWICH (Vegan)

Grilled Portobello mushroom, red and vine-ripened tomatoes and field greens with roasted red pepper sauce

## SOUTHWEST CHICKEN SANDWICH

Lime-grilled chicken breast, cheddar cheese, Pico de Gallo, lettuce and chipotle ranch sauce.

## PULLED CHICKEN SANDWICH

House-smoked BBQ pulled chicken, vine-ripened tomatoes and green Apple coleslaw

## PESTO TURKEY SANDWICH

Smoked breast of turkey, Provolone cheese, greens, sliced tomatoes and herb pesto

## CHICKEN SALAD SANDWICH

Our signature Chicken Salad.

## VEGAN THAI TOFU (Vegan)

Marinated tofu, greens, tomatoes, carrots, bell pepper with a cashew butter spread,

## TUNA NICOISE

White albacore tuna salad sandwich with greens, cucumber, sprouts and vine-ripened tomatoes

## STEAK AND MIXED GREENS SANDWICH

Sliced London port steak with pepper jack cheese, greens, tomato, chimichurri, grilled onion relish drizzle and sriracha aioli.

## BLT SANDWICH

Applewood thick cut bacon, vine ripe tomatoes, romaine lettuce and mayo.

## Choose your salad(s):

- Fruit Salad
- Garden Salad – Mixed Greens, Shredded Carrot, Cucumber, Tomatoes and House Vinaigrette
- Picnic Potato Salad
- Cole Slaw



# CRAFT SERVICES

Each of the following packages are available with either drop & go or full-service craft services.

(Add \$350 for full service up to 12 hours

1 Attendant for every 40 people)

## **BASIC CRAFTY \$9.00 PER PERSON**

This package is ideal for those who need basic craft service on a budget.

The Basic package includes:

Bottled Water

Assortment of granola bars, pretzels, chips, trail mix, popcorn and cookies.

## **SILVER CRAFTY \$15.00 PER PERSON**

Coffee and Tea Service

Bottled Water, Gatorade, Assorted Sparkling Water

Silver Craft Service Snack Assortment

Items may include an assortment of pastries, granola or nutrition bars, yogurt, pretzels, chips, nuts, assorted cookies and candies, trail mix, dried fruit, fresh fruit.

## **DELUXE CRAFTY \$18.00 PER PERSON**

This package offers a more comprehensive assortment with a wider variety of snacks that are appropriate for various times of the day.

Package includes:

Coffee and Tea service

Assorted Soft Drinks, Bottled Water, Gatorade, Assorted Sparkling Water

Deluxe Craft Service Snack Assortment

The early morning table may include an assortment of pastries, bagels, muffins, fresh fruit, granola bars and cereals. Mid-morning snacks may include cheese and crackers, trail mix, fresh fruit, hummus tray, cottage cheese, yogurt pretzels, dried snack fruits, chips and salsa/dips. After-lunch choices include a variety of cookies, rice crispy treats, brownies, candies, pudding, fresh seasonal fruit and veggies, applesauce, and sports and nutrition bars. Exact assortment will vary daily.

## **PREMIUM CRAFTY \$23.00 PER PERSON**

This premium package offers all the necessities plus a variety of more substantial snack items, organic selections and healthier options, as well as some special treats.

The Package includes:

Coffee and Tea Service

Assorted Soft Drinks, Bottled Water, Sports Drinks and Cold Teas

Liquid IV, Power Bars, Energy Drinks

Premium Craft Service Snack Assortment

The early morning table includes a selection of Danish, pastries, doughnuts, muffins, bagels, cream cheeses, an assortment of cereal, dried fruit, fresh fruit platters, and a yogurt buffet with fresh fruit, nuts and toppings. Mid-morning snacks include meat and cheese platters, trail mix, fresh fruit, hard boiled eggs, beef and turkey jerky, a large assortment of dried snack items, chips and dips, and fresh vegetable platters. Afternoon snacks may include an assortment of cookies and candies, pudding, granola and nutrition bars, trail mix, nuts, and more.