

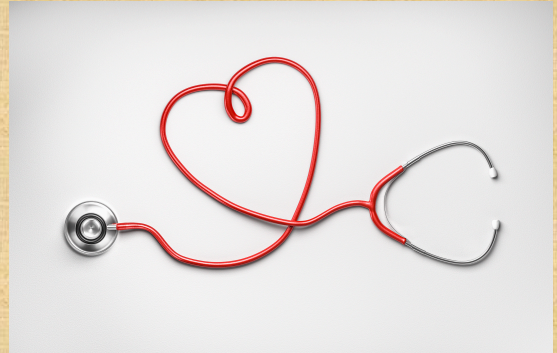


**FREE EVENT "Virtual Health Seminar" FREE EVENT**

**Sunday, April 11, 2021 at 3-5 pm**

*Learn about health issues that are important for all of us*

**Diabetes, High Blood  
Pressure, Heart disease,  
Stress management,  
Building resilience, Timely  
health screening, etc.**



**Interact with a panel of talented and recognized physicians:**

- Sandhya Pruthi, M.D. - Moderator
- Shounak Majumder, M.D. - Moderator
- Anjali Bhagra, M.D.
- Mandeep Singh, M.D.
- Pankaj Shah, M.D.
- Kavita Prasad, M.D.

- Suresh Kotagal, M.D. (Chair - ICAM Health Committee)
- Nisha Unni (Member - ICAM Health Committee)

**Event will be held via Zoom and will be also  
broadcasted live on ICAM Facebook page**

<https://zoom.us/j/98761951366?pwd=RittK2hBcWZwbVFOUDgzYWdpQUVLQT09>

Meeting ID: 98761951366  
Passcode: 1234



*RSVP by clicking on this link or by  
scanning the QR code:*

<https://tinyurl.com/yuemhazc>

Questions:  
[contact@icamn.org](mailto:contact@icamn.org)