

Indian Cultural Association of Minnesota (ICAM) HEALTH SEMINAR

Please join us to learn and interact with a panel of health experts

SUNDAY
FEB. 06
2022
3:00 PM

Virtual only

<https://us06web.zoom.us/j/9766602626>

(Meeting ID: 976 660 2626; Passcode: ICAM2022)

3:00 - 3:15 pm

Opening Remarks

Seema Kumar, M.D. (ICAM Health committee chair)

Moderator: Sandhya Pruthi, M.D.

3:15 - 3:45 pm

COVID-19 Vaccination and Your Child? Balancing the Risks against the 24 Letters of the Greek Alphabet! followed by Q&A

Rana Chakraborty, M.D., D.Phil.

3:45 - 4:15 pm

Menopause-Facts and Myths, followed by Q&A

Richa Sood, M.D., M.S.

4:15 - 4:45 pm

Depression- A Common and Treatable Illness: A South Asian Perspective, followed by Q&A

Bhanuprakash Kolla, M.D.

4:45 - 5:00 pm

Q&A and Open Discussions

Organizers

ICAM Health committee members: Seema Kumar, M.D., Kavita Prasad, M.D., Anjali Bhagra, M.D., Sandhya Pruthi, M.D., and Nisha Kurup, L.S.W.

Technical and communication support: Ankit Sabharwal, Ph.D. and Ram Kadirvel, Ph.D.

[Register at www.icamn.org](http://www.icamn.org) for navigation assistance to receive free COVID vaccine