

# True Nano H<sub>2</sub> may Help You to Overcome the Flu and Cold

*Live Healthier and Longer Life*



**We offer a revolutionary product for delivering of hydrogen to the human body True Nano H<sub>2</sub>.**

True Nano H<sub>2</sub>, a molecular hydrogen-generating capsules boost a person's immune response to a viral infection, in so doing defeats the virus.

**We suggest to start taking one or two True Nano H<sub>2</sub> capsules every 2 hours within the first 24 to 48 hours from the onset of symptoms of a viral infection; 8 to 10 capsules a day for one to three days.**

For comparison, in order to obtain the same amount of hydrogen from hydrogen-rich saturated water, a person would need to drink at least 4 - 5 liters of hydrogen-rich water in one day.



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**Hydrogen therapy** is an emerging field in which molecular hydrogen is used for the treatment of various human diseases. The majority of viral-induced symptoms in a person are not caused by virus itself, but by the overproduction of immune cells or an inflammatory cytokine storm, and by oxidative stress which promotes mis-functioning of an organ, or so-called Multiple Organ Dysfunction Syndrome (MODS). Cytokine storm and MODS are a common phenomenon in a flu (influenza) infection. Therefore, suppression of the cytokine storm and reduction of oxidative stress can significantly alleviate the symptoms of influenza and the common cold. Molecular hydrogen (H<sub>2</sub>) is a well-known antioxidant that could provide anti-inflammation effect and suppress the cytokine storm. The successful use of H<sub>2</sub> treatment of oxidative stress and related inflammatory diseases including flu and cold is well scientifically documented.

The existing methods of administering hydrogen such as drinking hydrogen-rich water and inhalation of hydrogen-rich gas, are not safe and have efficacy issues; they are only administered in special facilities and do not provide adequate control over stable concentrations of hydrogen.

**True Nano H<sub>2</sub>** is a dietary supplement that instantaneously delivers billions of hydrogen molecules via nanobubbles into our body. The capsule format of our product makes True Nano H<sub>2</sub> the most comfortable product which instantaneously and safely supplies hydrogen to our body in the comfort of your home, during travel and physical activity. **Our product is safe and does not have side effects.**

In True Nano H<sub>2</sub>, active hydrogen-creating complexes are trapped in a specially designed food-grade biopolymeric matrix. This proprietary technology allows the production of a high concentration of stable hydrogen in a water solution in the form of hydrogen nanobubbles. Hydrogen nanobubbles are slowly and gradually released upon contact with stomach fluids and easily penetrate through the walls of the stomach. Upon reaching the bloodstream, hydrogen acts as an antioxidant and anti-inflammatory agent, assisting our body to fight viral infections. The slow release of hydrogen is very beneficial as it allows the complete use of this unique molecule.

## **HERE IS WHAT OUR EXISTING CUSTOMERS SAY ABOUT RESULTS OF TAKING TRUE NANO H<sub>2</sub> TO HELP WITH FLUE & COLD**

*A 57-year old female started experiencing flu symptoms such as a severe headache, high fever, muscle cramps and running nose. She took eight H<sub>2</sub> capsules, two capsules every two hours. After about 12 hours from the start of taking the capsules, the flu symptoms subsided, and she was able to sleep well without taking any cold or flu medicine. In the morning the next day, she surprisingly did not experience any of her symptoms.*

*A 44-year old female, employed as a professional singer, started experiencing symptoms associated with common cold, such as scratchy throat and congested nose. She also started losing her voice. She immediately started taking two H<sub>2</sub> capsules – two capsules every two hours, eight capsules total. The next day she took additional two capsules. Her common cold symptoms were reduced significantly after the first 24 hours and she was able to sing at a concert only two days after the onset of the common cold symptoms.*

*An 18-year old male started experiencing common cold-like symptoms in the afternoon: he had scratchy throat, running nose, and light fever. In the evening of that day he took two H<sub>2</sub> capsules and then two more capsules two hours later. In the morning of the next day he took two more capsules, or total of 6 capsules and his common cold symptoms were gone at the end of the second day after he start taking the capsules.*

*A 52-year old female, while visiting her family, started experiencing flu symptoms such as headache, chills and muscle cramps. She started taking H<sub>2</sub> capsules after about an hour after the onset of the first flu symptoms. She was taking two capsules every two hours and thus consumed total of eight capsules. Her flu symptoms subsided dramatically after the first day, and she was completely flu-symptoms-free at the end of the second day.*

**NOTE that none of the subjects participated in the study exhibited any side effects from using True Nano H<sub>2</sub> Capsules or Hydrogen-generating capsules.**