

“A Sister Under God’s Construction”

By Sylvia Fedrick

During the month of March while celebrating Women’s Month, I’m reflecting on what stage I’m in during this time of my life, where I’ve come from, and the direction I’m preparing to go. It’s been 16 years since I released my first solo project “*Sister Under God’s Construction*”.

The year was 2008, and I was filled with so much drive and determination that I was going to share my stories through heartfelt melodies and testimonies. My journey has had its ups and downs, but I still continue to press my way. The music industry has changed tremendously over the years and I was finding myself having to pivot, continuing to reinvent myself just to stay relevant; but maintain my integrity at the same time. I’ve learned so much about myself, what is acceptable and what is not tolerable.

I’ve met so many ambitious people along the way, especially many women that decided to take control of their lives and pursue dreams and aspirations like I did; being unapologetic to strive by any means necessary. As I’ve learned to be a better student, listener and observer, I’ve been inspired by some powerful women that have proven to society that faith, believing in yourself, loving yourself and tapping into the power within opens doors for greatness. Not only is greatness a symbol of God’s love for you, but it grants you the ability to be a blessing to others. I’ve also learned that spending time with yourself in the mirror first thing in the morning while getting your day started, speaking affirmations of positivity is the fuel needed for our psyche to face any battles, adversities and challenges that come our way.

A very important lesson I’ve learned over the years is that **we will all face storms**, but how you react and where your faith lies will help overcome the obstacles. I’ve shared all of this just to inspire women that feel alone in their journey, please understand that you’re not! You just may not know who’s going through or has endured the rugged road and all you see is the results of their success!

You may be that woman that may not have the greatest support system, plenty of finances and resources, but you know that you serve an awesome God! I’m a witness that stepping out on faith, trusting and believing in your heart’s desire will open doors that no man can close. By no means am I saying that the road will be easy, but it’s surely possible to be that phenomenal woman that you have been created to be! **Go for it, the sky’s the limit.** Don’t be afraid of change, if you desire to grow, glow and flow in life, be open to some renovation and construction. As we age and our bodies go through transitions, our lives, situations, even technology is constantly evolving, staying on top of the race.

Embrace that beautiful woman that you look at in the mirror, really get to know her. As women, we tend to put everyone else’s needs ahead of ours. Be good to yourself, be patient and be kind. I’m launching a movement for women who want to join me in the mission of inspiring other women that need a support system while striving for success. If you would like to be an ambassador for Fed Up Productions, order your “*Sistha Under God’s Construction*” T-shirt shown here by visiting



<https://www.beadzngemzbysyl.com/products/short-sleeve-womens-t-shirt>.

To check out my music, visit <https://sylviafedrick.com/streaming-sales>