

# D.O.P.E. DIVINE | ORDER | PERFECTLY | EXECUTED

A D.O.P.E. (Divine Order Perfectly Executed) moment, is what I would like to define as those moments when something you could not have planned for occurs. Those moments “if I had not been coming this way moments,” or “I could not have executed such a thing on my own” moments. Those moments, if you able to recognize these moments, (in the moment or even after the moment) it allows you “peace in a traffic jam,” “allows you to “NOT get frustrated” when you are detoured, and as an artist, it allows you to create things that blow your mind. Please visit the “Our Time” Exhibit to see exactly what I mean.

#Divine | Order | Perfectly | Executed



# M.I.D.S.T.

Just as food nourishes our bodies...Words nourish our spirits...

Be mindful of what you are putting in your body and spirit....

Is the food healthy? Are the words encouraging or do they tear you down like that unhealthy meal ...

Over time, just like a diet filled with grease will lead to a host of health issues (diabetes, heart attacks, etc.) ...

Words that tear you down will cause issues in your spirit (lack of self-esteem, self-worth, and awareness of who the Creator made you to be) ....

So, as we are in the MIDST of our days, situations and personal journeys ...

Seek to MIDST the people you encounter, be mindful of those who are NOT MIDSTing you, and remember to MIDST yourself ...

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#SpeakLife #MIDST

MOTIVATE | INSPIRE | DEVELOP | STRENGTHEN/SERVE | TEACH

