



Body Parts Calendar



experience
toddler

Circle Time

Story Time

Creative Corner

Discovery Time

Music & Movement

LESSON 1

★Who Do You See?

SED 4a PROBLEM-SOLVING
SS 1a CULTURE & COMMUNITY

Explore familiar and unfamiliar photos and point to body parts.

Healthy Body Book

LLD 5 CONCEPTS OF PRINT

Turn a book right-side up and help turn pages.

Letter F

CA 3a VISUAL ARTS
LLD 4 ALPHABETIC KNOWLEDGE

Color and explore the letter F with crayons.

Dig Out Links

PD 2 FINE MOTOR
M 3 SHAPES

Dig in playdough to find and match shapes.

Be, Be Kind

CA 2a DANCE & MOVEMENT

Dance and tap "kind hands" during a song.

LESSON 2

The Letter F

LLD 4 ALPHABETIC KNOWLEDGE

Say the letter F sound and move like a fox.

Healthy Body Signs

PD 4a PERSONAL CARE

Sign "drink" and "bathroom," then practice each routine.

★Family Puppet

SS 1b CULTURE & COMMUNITY
SED 1a SELF-AWARENESS

Create a family puppet and talk about loved ones.

Puff Paint Writing

LLD 7a WRITING

Explore and make marks in puff paint with hands and fingers.

Dance to Blue

CA 2b DANCE & MOVEMENT
SED 3c SOCIAL RELATIONSHIPS

Move to the colors in a song with a partner.



LESSON 3

★F Is for Fox

LLD 3a PHONOLOGICAL AWARENESS
PD 1 GROSS MOTOR

Read a poem and jump around a tape box.

Hold Up Your Piece

LLD 6a READING COMPREHENSION

Listen to a story and hold up story pieces as they appear in the story.

Bubble Painting

CA 3b VISUAL ARTS
ATL 1a ATTENTION & PERSISTENCE

Paint with sponges to make bubble marks.

Block Skeleton

PD 4b PERSONAL CARE

Point to and name body parts together.

Circle in the Air

CA 1a MUSIC

Dance with scarves and move in circles.

LESSON 4

★Hello, Are You Ready?

LLD 1a LISTENING
CA 1a MUSIC

Wave and play instruments during a song.

From Head to Toe

LLD 2d COMMUNICATION

Move like animals and copy actions from the book.

Mixing Blue

CA 3b VISUAL ARTS
SCI 3b PHYSICAL SCIENCE

Mix paint colors and notice changes.

Counting Circles

M 1c NUMBER SENSE

Match and count circles one at a time.

Head & Shoulders

CA 2b DANCE & MOVEMENT

Listen to a song, move and identify body parts.

LESSON 5

Legs, Knees & Toes!

PD 4b PERSONAL CARE
SED 3a SOCIAL RELATIONSHIPS

Point to and name parts of the leg.

Clap Your Hands

LLD 1b LISTENING

Follow one and two-step directions.

Healthy Sticker Match

CA 3a VISUAL ARTS
PD 2 FINE MOTOR

Place stickers and draw to create a picture.

★Body Parts Lotto

M 6 CLASSIFICATION

Match and sort body parts.

Letter F Song

CA 2a DANCE & MOVEMENT
LLD 3c PHONOLOGICAL AWARENESS

Dance and repeat the letter F sound.



Five Senses Calendar



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Circle Time

LESSON 6

★I Like Bananas

SED 3b SOCIAL RELATIONSHIPS
PD 5 NUTRITION

Show and name one, two or three foods and pretend to eat.

Story Time

Happy Shake

LLD 1a LISTENING

Shake instruments and repeat words during a story.

Creative Corner

Wax Resist Art

SCI 1b INVESTIGATION & INQUIRY
CA 3a VISUAL ARTS

Reveal crayon drawings by painting over them.

Discovery Time

Sensory Mat Faces

PD 2 FINE MOTOR
M 2b SPATIAL AWARENESS

Add playdough to faces and follow positional directions.

Music & Movement

Hello, Are You Ready?

CA 2b DANCE & MOVEMENT

Stretch and move bodies to a song.

LESSON 7

The Letter P

LLD 4 ALPHABETIC KNOWLEDGE

Say the letter P sound and drop pompoms on the letter.

Body Part Point

LLD 5 CONCEPTS OF PRINT
LLD 6a READING COMPREHENSION

Point to body parts in a book and on bodies.

Happy-Sad Mask

SED 1d SELF-AWARENESS
CA 3a VISUAL ARTS

Create happy and sad faces on a mask.

Safety Gear Puzzle

M 2a SPATIAL AWARENESS

Fit puzzle pieces together to make a whole picture.

★Hello Leader

SED 2b SELF-REGULATION
CA 1b MUSIC

Follow a leader, move and toss objects.



LESSON 8

★Hello, My Friend

SS 1a CULTURE & COMMUNITY
PD 2 FINE MOTOR

Find and greet friends by name.

Happy Roll

LLD 1b LISTENING

Follow directions while rolling or bouncing a ball.

Circle Collage

CA 3a VISUAL ARTS
M 1c NUMBER SENSE

Glue and draw circles to make a collage.

Long Jump

M 4a MEASUREMENT

Jump and compare how far you move.

Draw a Circle

CA 2b DANCE & MOVEMENT

Follow movements prompts and draw circles in the air.

LESSON 9

★Roll Along

M 1d NUMBER SENSE

Roll and share balls with friends.

Brown Bear, Brown Bear

LLD 2d COMMUNICATION

Name animals and repeat words while reading.

Happy Portrait

LLD 7a WRITING
CA 3a VISUAL ARTS

Draw a self-portrait and make marks.

Teeth Cleaning

M 1c NUMBER SENSE

Brush "teeth" one at a time.

Happy & Sad

CA 2a DANCE & MOVEMENT
LLD 1a LISTENING

Move and sign "happy" and "sad."

LESSON 10

Who Is Hiding?

ATL 1a ATTENTION & PERSISTENCE
SED 3a SOCIAL RELATIONSHIPS

Find and reveal hidden story pieces.

My Five Senses

CA 4a DRAMA

Act out the five senses while reading.

Happy Stickers

LLD 7a & LLD 7b WRITING

Trace hands, add stickers and draw to show feelings.

★Nature Patterns

M 5 PATTERNS
SCI 2a NATURAL & EARTH SCIENCE

Complete simple repeating patterns.

Stretch & Pose

CA 2b DANCE & MOVEMENT
M 1a NUMBER SENSE

Stretch and count while moving your body.

Clothing Calendar



Circle Time

Story Time

Creative Corner

Discovery Time

Music & Movement

LESSON 11

★Look! A Circle

ATL 1b ATTENTION & PERSISTENCE
M 3 SHAPES

Find and place matching circles.

Tap Head for Hat

LLD 1a LISTENING

Listen to a story and tap head for the word "hat."

Shirt Design

PD 2 FINE MOTOR
CA 3b VISUAL ARTS

Tear and glue tissue paper to decorate a shirt.

Head-to-Toe Bingo

LLD 1a LISTENING

Identify and point to different articles of clothing.

Circle Path

PD 1 GROSS MOTOR
SS 3b GEOGRAPHY

Walk along a circle path while carrying a ball.

LESSON 12

The Letter T

LLD 4 ALPHABETIC KNOWLEDGE

Tap and say the letter T sound while pretending to be tigers.

Beatriz on the Page

LLD 2a COMMUNICATION
LLD 5 CONCEPTS OF PRINT

Listen to a story, explore a book and practice signing words.

Dot & Stripe Designs

CA 3a VISUAL ARTS

Dot paint and mix colors, then reveal the letters underneath.

Banana Dough

M 1c NUMBER SENSE

Match sticks to playdough bananas and count.

★Hold Up Blue & Brown

SED 1d SELF-AWARENESS

Listen to a song, identify colors and explore feelings.

LESSON 13

★Community Hat

SED 3a SOCIAL RELATIONSHIPS
LLD 2a COMMUNICATION

Make a community hat with paper strips.

Stack a Beatriz Story

LLD 1b LISTENING
SED 3c SOCIAL RELATIONSHIPS

Listen to a story, then play a listening game.

Yellow Hat

CA 4a DRAMA

Decorate and wear a hat to pretend to be Beatriz.

Banana Bags

M 1d NUMBER SENSE

Match banana amounts to number bags.

Tall Yellow Hat

LLD 1a LISTENING
CA 2b DANCE & MOVEMENT

Listen to a song and follow movement prompts.

LESSON 14

Hello, Beatriz

LLD 2a COMMUNICATION
SED 1b SELF-AWARENESS

Greet story characters and choose favorites.

Henry Helps with Laundry

LLD 6b READING COMPREHENSION

Point to characters and answer "where" questions in a story.

Letter T

PD 2 FINE MOTOR
LLD 7b WRITING

Make fingerprints and draw on the letter page.

★Animal Coats

M 6 CLASSIFICATION

Match and sort Animal Coat cards.

Box Beats

CA 1b MUSIC
SED 3c SOCIAL RELATIONSHIPS

Tap rhythms together on a box.

LESSON 15

★H-h-hat!

LLD 3c PHONOLOGICAL AWARENESS

Practice letter sounds with clothing words.

Maisy's Clothes

LLD 2d COMMUNICATION

Listen to a story and repeat clothing words.

Beatriz Story Stickers

PD 2 FINE MOTOR
LLD 2c COMMUNICATION

Place stickers to create a story scene.

Explore with Scoops

ATL 1a ATTENTION & PERSISTENCE
SCI 4 TECHNOLOGY

Scoop, pour and explore water with tools.

Letter T Song

CA 2a DANCE & MOVEMENT

Dance and tiptoe around the letter T.





Staying Healthy Calendar



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LESSON 16

Circle Time

Pass the Letter

LLD 4 ALPHABETIC KNOWLEDGE

Pass letter cards and say letter names and sounds.

Story Time

Write a Letter

LLD 6a READING COMPREHENSION
LL 7a WRITING

Listen to a story and draw, then show and tell about the drawings.

Creative Corner

★Mondrian Art

CA 3b VISUAL ARTS
LLD 7a WRITING

Create art with paper strips and water.

Discovery Time

Package Delivery?

M 4a MEASUREMENT

Lift and compare heavy and light objects.

Music & Movement

Draw a Circle

PD 1 GROSS MOTOR
SED 3c SOCIAL RELATIONSHIPS

Move a ball in circles and toss or share it.

LESSON 17

Where is T for Tiger?

LLD 4 ALPHABETIC KNOWLEDGE

Find hidden letters, dance and practice letter names and sounds.

Read to Bunny

LLD 2a COMMUNICATION

Listen to a story and practice signing words.

Name Pockets

CA 3a VISUAL ARTS
LLD 7a WRITING

Decorate a name pocket with marks and stickers.

★Five Senses

PD 4b PERSONAL CARE
SED 3c SOCIAL RELATIONSHIPS

Point to body parts and talk about the five senses.

Clean Up

SED 2b SELF-REGULATION

Pass toys around the circle and clean up together.

LESSON 18

★Fruit & Veggie Count

M 1c NUMBER SENSE
SED 3c SOCIAL RELATIONSHIPS

Add and count toy food in baskets.

Where Is Bunny?

LLD 6a & LLD 6b
READING COMPREHENSION

Find story characters and point to pictures.

Bunny Puppet

CA 4a DRAMA
LLD 2a COMMUNICATION

Color and play with a bunny puppet.

See & Copy Shapes

M 3 SHAPES

Press shapes into playdough and find matches.

Word Taps

CA 1a MUSIC
SED 3c SOCIAL RELATIONSHIPS

Tap sticks to the beat of music, pause and freeze.

LESSON 19

★Clean Hands

PD 4a PERSONAL CARE
M 4a MEASUREMENT

Pretend to wash hands and compare towel sizes.

Eat the Colors

PD 5 NUTRITION
LLD 2d COMMUNICATION

Name colorful food and talk about preferences.

Circle Stamps

CA 3a VISUAL ARTS
M 3 SHAPES

Stamp paint circles and find or create matches.

Mailing Number Cards

M 1b NUMBER SENSE

Find and match number cards to mailboxes.

Be, Be Kind to Each Other

CA 2a DANCE & MOVEMENT

Move kindly to music using gestures and a mirror.

LESSON 20

One More, One Less

M 1e NUMBER SENSE
SED 2b SELF-REGULATION

Add and take away objects while counting together.

★Germs Are Not for Sharing

LLD 3b PHONOLOGICAL AWARENESS

Repeat or clap key words or phrases from a book about germs.

Kindness for Bird

CA 3a VISUAL ARTS
LLD 2b COMMUNICATION

Make a kind picture for Bird with stickers and drawings.

Box of Circles

M 6 CLASSIFICATION
M 3 SHAPES

Sort shapes by color and name them.

See the Sunshine

CA 2a DANCE & MOVEMENT

Move your body to show different types of weather.