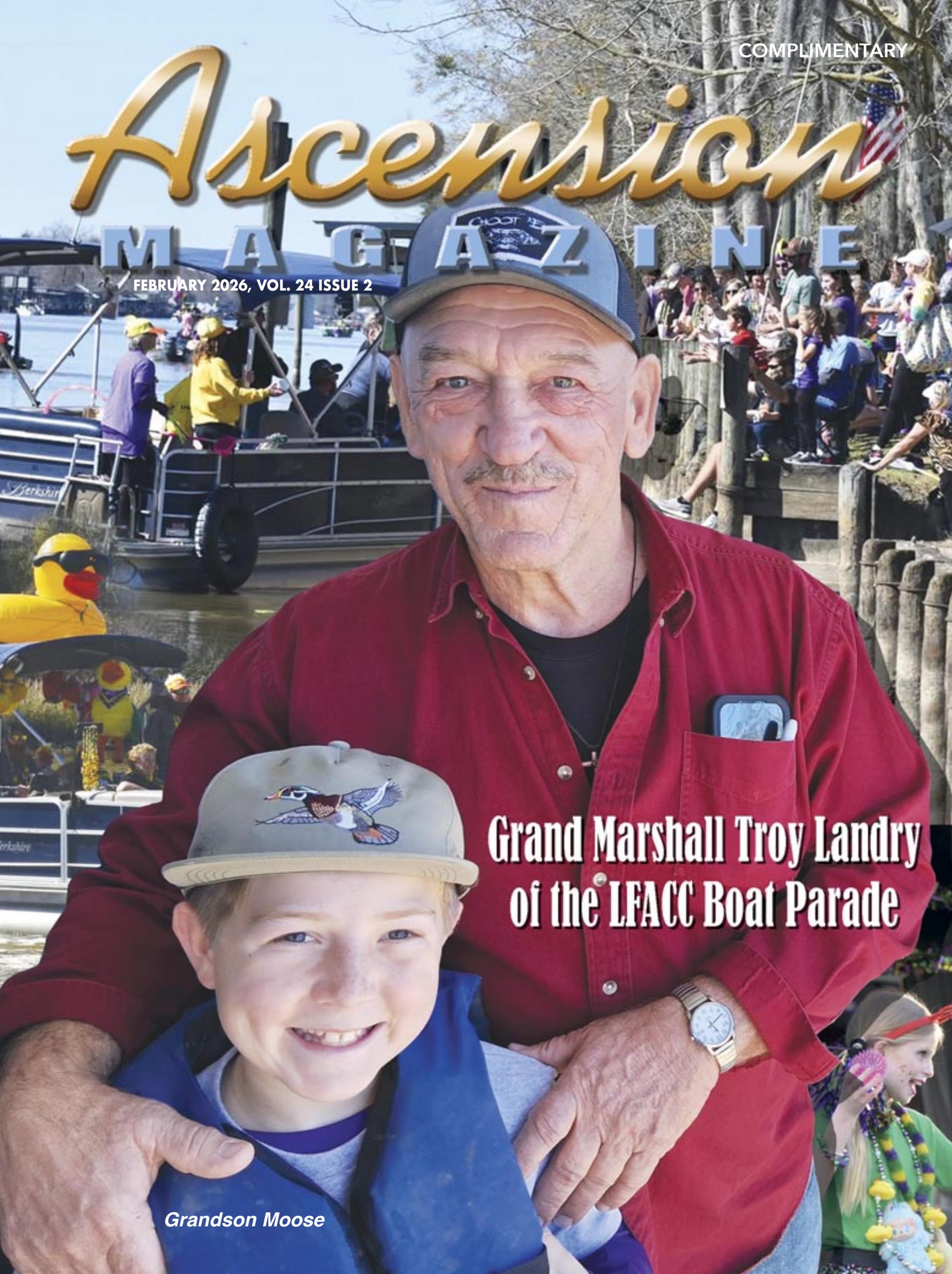


COMPLIMENTARY

# Ascension

M A G A Z I N E

FEBRUARY 2026, VOL. 24 ISSUE 2



**Grand Marshall Troy Landry  
of the LFACC Boat Parade**

*Grandson Moose*

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18386 Little Prairie Rd.  
Prairieville, LA 70769

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## ON THE COVER ... Troy Landry Grand Marshall LFACC Boat Parade

**Celebrating Our Holidays While Taking Care of Your Needs!**

Tags & Titles hopes that the holidays are treating our family, friends and customers well.

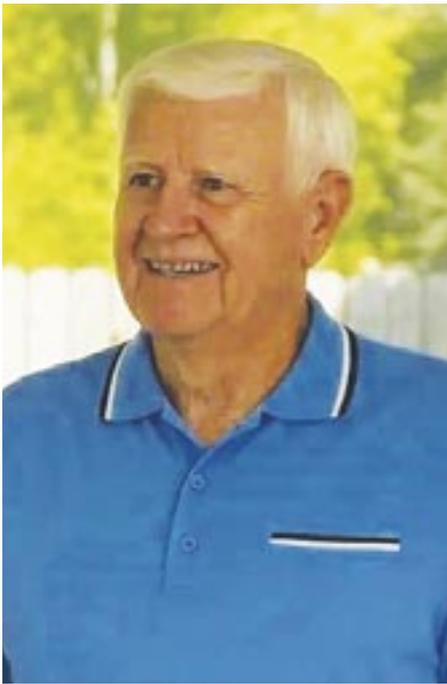
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# Once Upon a Time

Once upon a time, around the very early 1900's, this community was called Gonzales by the people that received mail at the Gonzales Family Store post office and then the people who relied on their needs to be delivered by rail to the Louisiana Navigation Railroad Edenborn Depot it was called Edenborn.

The people living at this time had few choices of how to make a living. There were no chemical plants then. Most were totally dependent as truck farmers with another large portion working on the sugar plantations and mills that were here. The rest, a very small percentage, were the business people of the day. The St. Amant's, Picard and Geismar and then you had the Marchands.

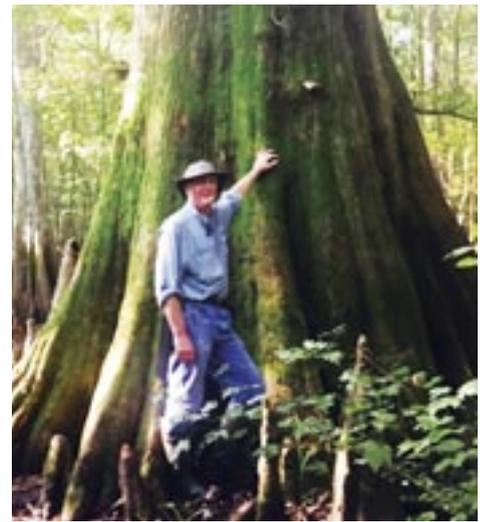
This story begins with

Alphonse Pierre Marchand, born in the Duplessis area in the 1870's. Just an aside tidbit, The Marchands have traced their roots back to Vic Catalonia, Spain which is located right on the Northeastern border of Spain and France. So, even though Vic is in Spain, there is a tremendous amount of French heritage there. Another aside is Marchand in French means merchant or trader. So that would certainly explain why most of the Marchand's in Gonzales area were merchants of one sort or another.

Sometime before 1900, Armand or A.M. Marchand opened a General Merchandise Store in Acy. Then around 1909, another brother Alex Marchand after graduating from LSU, opened

a store on the lot next to the Ascension Community Theatre (ACT) and New River Canal. This land was owned by the Edward Landry family who just happened to have two daughters, Louise Landry and Lydie Landry. Armand married Louise and Lydie married his brother Alphonse. This is ACT's parking lot now.

Alex then sold and transferred the store to his brother Alphonse Pierre Marchand around 1909. For the next 30 or more years A P ran this store through good times and very hard times during the depression. He added a warehouse for storage along the way. Besides operating the store there, AP also ran a freight hauling business for his brother Armand (AM) which basically went from Acy to Geismar,



*By Murphy J Painter*

which was the shipping point, once a week to pick up freight and goods and then bring them to Acy to his brothers store and post office.

News articles of the day explained that he would drive a four-horse team wagon from Acy, load up what mail and freight to be brought to Geismar then travel to Calbasse (Duplessis) where he would spend the night at his parents' home. Then the next day go to Geismar, unload and load again then drive back to Calbasse and stay the night again with his parents. Then go to Acy the next day with his load. His loads were between 1000 and 1500 lbs. (Must have love his mom's cooking eh) Again, advertisements and news articles that were printed in the AP Marchand Store Newspaper, show a pretty good business going for many years. However, he was competing with the Picard & Geismar Store which was only a block away at the corner of Marchand Street and New





Left to right: Lisa, Theresa, Roy Jr, Rodney, Ms. Joan, Ronny, Scott, and Todd. Missing is the oldest son, Bobby.

River. By the 1940's New River was no longer the main road and Burnside had become the main thorough fair through Gonzales. So, in the 1940's, A.P. jacked up the store and put it on timbers and rolled it to the corner of Burnside and East Roosevelt Street across from the Gonzales High School.

Clerk of Court records show that in 1949 A P's son Roy Lenard Marchand Sr bought the store and stock from his father. Then records show in 1950, Roy Sr selling 1/10th interest of the store to his son, Roy Jr.

Roy Leonard Marchand Jr, the main star of this expose, was born on November 10, 1930 in Gonzales. Roy Sr lived a stone's throw from the school and store so Jr did not have to go far to school or help at grandpa A P's store when he was growing up learning the business. Roy Jr loved Gonzales and the only time he ever spent away from it for very long was after graduating from Gonzales High School in 1947 he joined the United States Air Force.

Most of the time he served he was stationed in San Antonio Texas. His obit mentions a Marchand family secret, that was not really a secret, that his family and friends all can attest to. Roy Jr met the love of his life while in

San Antonio, Joan Marie Wolfe Marchand. His rank was a corporal and she was a sergeant in the Air Corp. The family says that after they married for 59 years that rank arrangement always stayed the same.

So, in the early 1950's, upon returning home with his new bride, as told to me by him, he really did not want to follow his father into the store business which is why he went into the Air Force. But options were very limited here again and his father was struggling to keep the business afloat and asked him to please come help. So,

the DNA merchant in Marchand rose up and he went to work for the Roy Marchand Store that soon changed its sign to Roy Marchand and Son.

Roy admitted that the next few years was a real struggle. The store had a lot of debt and competition was finding its way to our little metropolis with the opening of plants on the river and all these immigrants from all over the United States coming here to take our jobs. Suddenly the Leboeuf family opened a five and dime store on the next block. Once more they were competing with

another Geismar with Progressive Store's across the street. Roy Jr, held firm only by his love of family and faith in the divine that something would happen to ease his burdens.

Roy Jr, LSU, and The Store: It is a solid fact that Roy Jr was a diehard LSU fan. I would love to hear Roy Jr's side of the Lane Kiffin deal but I am certain he would be defending that decision. I wish I would have asked him about how he got hooked up with LSU but did not. While "The Store" was struggling in the later 1950's, LSU wins it first National Football Championship, partly on the back of our local home town hero Hart Bourque in 1958. The detective in me leads me to believe this is the catalyst that started the link. Regardless, using the popularity of Hart Bourque and others of his LSU Chinese Bandit friends to the likes of Heisman Trophy winner, Billy Cannon, All Americans like Jimmy Taylor and All South Eastern Johnny Robinson, Roy Jr began to transform the Dry Goods store by adding a kitchen in the rear beginning with very humble ten cent hot dogs and fifteen cents BBQ Hamburgers. I was present at this grand opening in 1960 and had a football helmet with all the autographs on it once upon a time.

## LEE RIDER'S DAY

Sale Days Tuesday March 29 thru Saturday, April 2

**Billy Cannon, Johnny Robinson**  
Will be on hand on  
**Saturday, April 2**  
from 10:00 a. m. to 12:00 noon  
They will sign Autographs  
Lee Rider and Hart Bourque  
will be at the store all day



**BILLY CANNON**  
All American



**MIL LEE RIDER**  
To brand your Lee Rider Jeans

**FREE 12 FREE**  
**Baskets of Groceries**  
**Saturday, April 2**  
at 4:00 P. M.  
Register each time you visit our store.  
You need not buy anything in regular  
**Winner must be present**  
Baskets will be awarded by Mr. Lee  
Rider and Hart Bourque



**HART BOURQUE**  
Member of the Chinese Bandits

**Bring your Camera and take pictures of this event!**

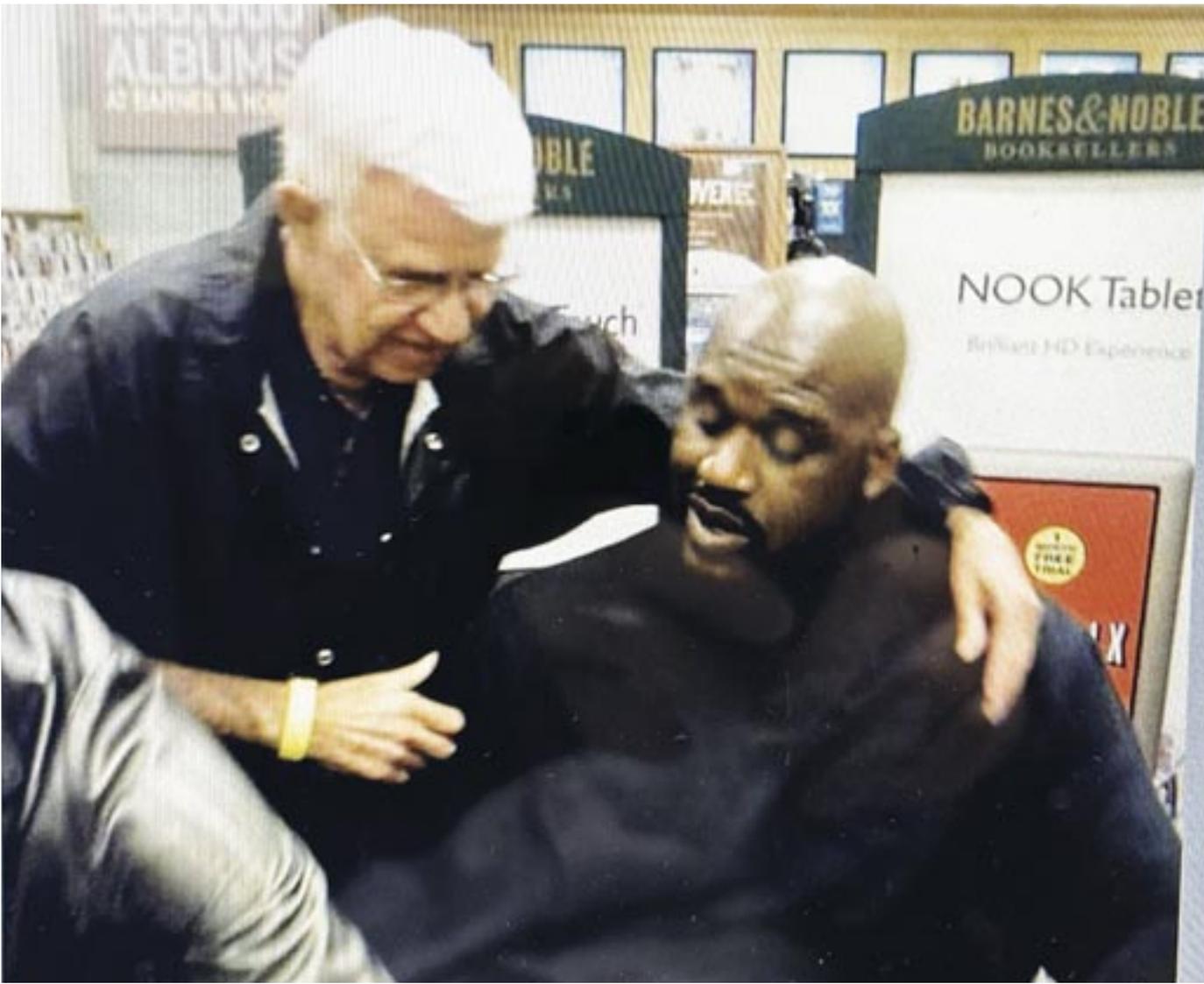
Lee Chetopa Lable **PANTS** Reg. \$5.49 Now \$4.88 or 3 for \$13.50  
 Lee Chetopa Lable **SHIRTS** Reg. \$3.98 Now \$3.45 or 3 for \$10.00  
 Regular \$2.98 (size 2 - 12) **BOY'S JEANS** \$2.79 or 3 for \$8.00  
 Regular \$3.49 (size 13 - 18) **BOY'S JEANS** \$2.99 or 3 for \$8.75  
 Regular \$4.49 (size 27 - 42) **MEN'S JEANS** \$3.88 or 3 for \$11.25

**ROY MARCHAND & SON**

Phone HO 3-2344 Entrance and Packing in rear of store Gonzales



**JOHNNY ROBINSON**  
All South Eastern



This business move turned out to be the divine intervention Roy Jr had been praying for. Those BBQ Hamburgers sold better than hotcakes. Realizing that he may have just found a knitch, Roy Jr, after making connections with the shrimpers and fishermen in the Dulac area, expanded the back store operation to include a fresh seafood market that was brought in daily. People would be lined up outside the store waiting for his return with the fresh catch of shrimp and oysters and other seafood.

Now here is the real divine intervention and fortifies the adage of "one man's trash is another man's treasure." Roy Jr would be there when the boats came in and they would start unloading the shrimp on a conveyer belt of sorts that dumped them into a wired screening bin with layers of different sizes gaps in the wire that would sort the shrimp with different count shrimp at different levels.

The smallest shrimp would fall on the floor and someone would scrap them off the floor with a big shovel and put them all together in a side bin. Roy

Jr being the businessman he was, asked what they were going to do with those shrimps. His supplier told him they throw them away because they are too small for anything. Roy quickly asked if he could have them and the supplier said sure and they made a deal for them to save the shrimp for Roy Jr.

Those tiny shrimp was the next hit of Marchand's Deli. Also, ironically though not in the record books, Roy Jr likely invented popcorn shrimp with the World-Famous Marchand's Shrimp Po'boy made with a businessman's dream using free shrimp. I would venture to bet that every person in the City of Gonzales at one point ate at "The Store." Roy Jr's world could not get any better at this point.

#### *A Family Operation:*

Speaking of Roy Jr's world, he was happily married to the love of his life and from 1960 to 2002 everyone of his 7 children and Seargent Joan worked at that Store. The children were Robert "Bobby," Ronny, Rodney, Scott, Todd, Lisa, and Theresa. Rodney recalls that his first job at

"The Store" was picking up trash when he was 5. The he graduated to stocking grocery shelves at 10, and cooking at 12. Another couple famous employees was Roy's nephew Lyle Johnson and friend Bryan "Boogie" Hymel. It was truly a family affair.

A special note needs to be given to Gabe Lambert who started working for Roy Jr. when he was 16 years old and dedicated over 30 years of his life to "The Store running the kitchen. Many of Gabe's siblings also got their working career starts there.

But, speaking of family, the most famous adopted son of Roy Jr's was named none other than Shaquille Oneal. Yes, I did not stutter. Back before what is known today as the Tiger Athletic Foundation or TAF, LSU coaches assigned a player to a certain LSU Booster, like a step father of sorts. Roy loved LSU basketball and always had a player assigned to him. Shaq will tell you how lucky he was to get Roy JR.

When Shaq first signed with LSU, he was already 7' 1" but Coach Brown was worried that his frame was a little thin for all

that height. This was the main reason he gave Shaq to Roy Jr. Shaq was fed shrimp po'boy after shrimp po'boy for four years and soon he was now dominating the court with his new found weight. Roy Jr even put some of the bigger shrimp on his po'boys and no po'boy was less than 12 inches, no 6 inches for Shaq. Seriously, Shaq became a mainstay at "The Store" and the Marchand home for the four years he played at LSU. His love for those po'boys and for Roy Jr can be easily proven by the fact of when he was drafted by the NBA Orlando Magic in 1992 at the Seattle Washington's draft, he sent Roy Jr a paid airline ticket so that he would be there with him when he signed. That speaks volumes for their relationship. Shaq played 19 seasons in the NBA for 6 different teams and it can be argued that he is one of the greatest centers to play pro basketball.

#### *Legacy:*

During Roy Jr's lifetime of service, he was a Gonzales City Councilman, a Director for the Bank of Gonzales, and one of the founding members of the Ascension Parish Library Board. He was a fixture at St Theresa Catholic Church where he went to mass every day until his health, in the very last years, made it too much of a chore to do so. However, he had an altar of sorts in his home and prayed the rosary and other prayers every day, not for himself but for all others in need. I talked to him a few days before he passed and he told me it was his time and he was ready with no regrets.

Roy passed away on May 13, 2025. He was 94 years young.

So not just to Roy Lenard Marchand Jr but to his whole family and the others that worked at "The Store" over the years, this tribute is for you from everyone still around that had the pleasure to share a meal and a story of the one and only Roy Marchand & Son's Store, thank you for what you do.



GRILL & BAR

*Based on  
Availability*

## **Boiled Crawfish Friday & Saturday Night**

*Serving begins at 4pm. Happy Hour Specials 2 for 1 on tap!*

### *Boiled Seafood Bucket*

**4# crawfish, 1# shrimp - 2 corns - 4 potatoes.**

4 lbs boiled crawfish  
1 lb jumbo shrimp  
1 cluster Dungeness crab  
4 potatoes  
2 corn cobs

### *Boiled Crawfish Special*

**3# 4# & 5# Specials 2 potatoes and 1 corn**

### *Boiled Seafood Pot*



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# From the Gonzales Garden Club

## Buddy Lee's Encore Azaleas

Gonzales Garden Club held a brief business meeting on February 4 so they would have plenty of time for a special lunch and an interesting presentation. Two members brought plants for a garden inspiration discussion. Phyllis Charrier brought a tall pedestal fiberglass planter of cascading asparagus fern, purple heart and ivy. She likes container gardening with lightweight pots and noted that containers are good for invasive plants so they don't spread. Angelle Croman brought a plant that multiples. Her white ground orchid is hardy and easy to grow in partial shade.



From left, Dale Bowman, Kathy Guidry, Barbara McCormick, Gwen Heck, Zanna Brewer and Marilyn Rice (not pictured) hosted the meeting.

Three members gave garden tips. Gwen Heck recommended watching J Schwanke's 'Life in Bloom' on PBS. Jaime Trisler presses a muffin tin into loose garden soil as a guide for spacing seeds. Dana Teepell puts seeds in a damp paper towel and into a

plastic ziplock bag. She tapes it to a sunny window so she can see which seeds sprout.

Hostess Marilyn Rice provided festive Mardi Gras decorations of purple, green and gold along with Dale Bowman,

Zanna Brewer, Gwen Heck, Barbara McCormick and Kathy Guidry. They served crawfish etouffee over rice, a Greek salad, a chickpea salad, French bread, bread pudding and a sweet saltine recipe of Mardi Gras Crack.

Ascension Master Gardeners Richard Babin, Dennis Duszynski and Diane Roark joined the garden club for the education session of the meeting. Renowned plant breeder Buddy Lee spoke



Phyllis Charrier brought a container plant of asparagus fern, purple heart and Algerian ivy.



Angelle Croman brought a white Chinese ground orchid.



Plant Breeder Buddy Lee smiles with his hardy Encore azaleas.



Buddy Lee brought plants to give away as door prizes plus enough tote bags, resource books and pens for everyone in the audience.

about his creation and ongoing propagation of reblooming Encore Azaleas. He produces plants according to his desire for hardiness, bloom color, leaf color, fragrance, and repeat blooming. He does this by “emasculating” the flower. He removes the pollen-producing stamens and hand pollinates the flower to control the traits. Buddy recommended thoroughly watering an azalea in its pot

before planting. Plant in well-drained soil in a mound two to three inches higher than the area. Fertilize in the spring. The best time to transplant azaleas is now while they are dormant. He ended his talk by giving away plants as door prizes. Winners were Janis Poche, Janis D’Benedetto, Zanna Brewer, Conchita Richey, Dale Bowman, Phyllis Charrier and Cynthia Stafford.

Mark your calendars for the club’s flower show presentation about native plants on April 8 at the Gonzales library and the plant/bake sale on April 24 at City Hall. Please see ads on this page for details.

*The Gonzales Garden Club is federated by National Garden Clubs, Inc.*

**GONZALES GARDEN CLUB**  
invites you to  
**FLORAL AND FOLIAGE**  
Annual Garden Inspiration Exhibit

April 8 to April 10  
Gonzales Branch Library  
708 S. Irma Blvd.  
Gonzales

Enjoy creative floral arrangements, unusual container plants & horticulture specimens

Vote for your favorite entry in each category for **People’s Choice Award**

Wednesday, April 8, 2026 @ 10 AM  
Guest speakers from the West Baton Rouge Garden & Civic Club will discuss native plants and the Louisiana Certified Habitat program. Ascension Parish Library staff will explain the details of Seed Library.

**GONZALES GARDEN CLUB**  
**ANNUAL PLANT & BAKE SALE**

FRIDAY, APRIL 24, 2026 | 9 AM -12 PM

**GONZALES CITY HALL LAWN**  
120 S. IRMA BLVD, GONZALES

This annual fundraiser helps maintain the Butterfly Garden at Jambalaya Park, supports local community projects, and provides charitable donations to worthy causes.

Hanging baskets  
Native plants  
Pollinator plants  
Garden Items

# Get Growing, Ascension!

By **Schyler Thibodeaux**  
LSU AgCenter  
Horticulture Agent,

## Planning and planting your landscape trees

February is the ideal time to finish planting or transplanting trees in our Zone 9 climate. This month bridges mild winter conditions and the warm temperatures of spring, giving trees the best chance to establish.

Before you start digging, take a minute to plan. Think about how big your tree will be when it's fully grown, both in height and canopy width. Give it plenty of space for airflow so it stays healthy and disease-free. And don't forget to look around: check for overhead power lines, underground



*Schyler Thibodeaux*

utilities, and nearby driveways. A little planning now saves a lot of headaches later.

When you're ready to plant, dig a hole twice as wide as the rootball, but no deeper. The top of the rootball should sit level with or just above the surrounding soil. Gently loosen and unwrap the roots so they can grow outward, then backfill with the same soil you removed (pulverized and without additives). After planting, give your tree a good drink! Let a slow trickle soak the area within six inches of the trunk for 30 to 45 minutes.

Young trees (those under 10 years old) will appreciate a little fertilizer now to encourage

**Gardening Workshops**

Hosted by the Ascension Parish Library, these workshops are part of an educational series on gardening and landscaping for novice and advanced gardeners, in partnership with the Ascension Master Gardeners Association and directed by the LSU AgCenter.

<p><b>WHAT'S THE BUZZ? EXPLORING POLLINATOR HEALTH with Dr. Morgan Christman</b> March 10 6:30 PM Gonzales</p> <p>The next time you stop to smell the roses, take a closer look. You might spot a bee, butterfly, or beetle helping that bloom along. The populations of pollinators are under threat, and by making small changes in our gardens we can make a big difference. Dr. Morgan Christman, assistant professor of Pollinator Ecology at LSU, will lead the conversation about what we can do to help them thrive.</p> <p>To register call (225) 647-3955.</p>	<p><b>AQUAPONIC GARDENING FOR BEGINNERS with Mr. Kenneth Rust</b> March 24 6:30 PM Galvez</p> <p>Mr. Kenneth Rust, CEO of Enterprise Aquatics, is passionate about innovative and sustainable agriculture. Join us to learn more about aquaponics, hydroponics, and recirculating aquaculture. Learning to grow food smartly, efficiently, and locally has tremendous benefits and doesn't require a lot of space.</p> <p>To register call (225) 647-3339.</p>
<p><b>LOUISIANA LANDSCAPE PLANTS with Dr. Allen Owings</b> April 14 6:30 PM Dutchtown</p> <p>Looking to brighten up your spring garden? Horticulturist Dr. Allen Owings will share his recommendations for the best ornamental plants for our Louisiana landscapes. See plants in person and hear from the expert to learn exactly what each plant needs to thrive in our climate.</p> <p>To register call (225) 673-8699.</p>	<p><b>GARDENING Q &amp; A and PLANT SWAP</b> April 28 6:00 PM Gonzales</p> <p>Have a gardening question? Ask the experts! We'll have a panel of Ascension Master Gardeners ready to answer all your gardening questions. After the panel, you'll also have time to participate in our annual plant swap. Bring your labeled plants, cuttings, bulbs, or seeds to exchange with other local gardeners. Leave with lots of information and something new to plant in your garden.</p> <p>To register call (225) 647-3955.</p>

**Ascension Parish Library**  
GONZALES: 708 South Irma Blvd. Gonzales, LA 70737 (225) 647-3955  
DUTCHTOWN: 13278 Highway 73, Celsmar, LA 70734 (225) 673-8699  
GALVEZ: 40300 Highway 42, Prairieville, LA 70769 (225) 622-3339

growth in February and March. As with all plants, trees thrive when kept under low stress, as this helps them resist pests and disease. That means regular checkups: look at the bark, leaf undersides, and flower buds. Learn what pests might target your tree species so you can catch problems early.

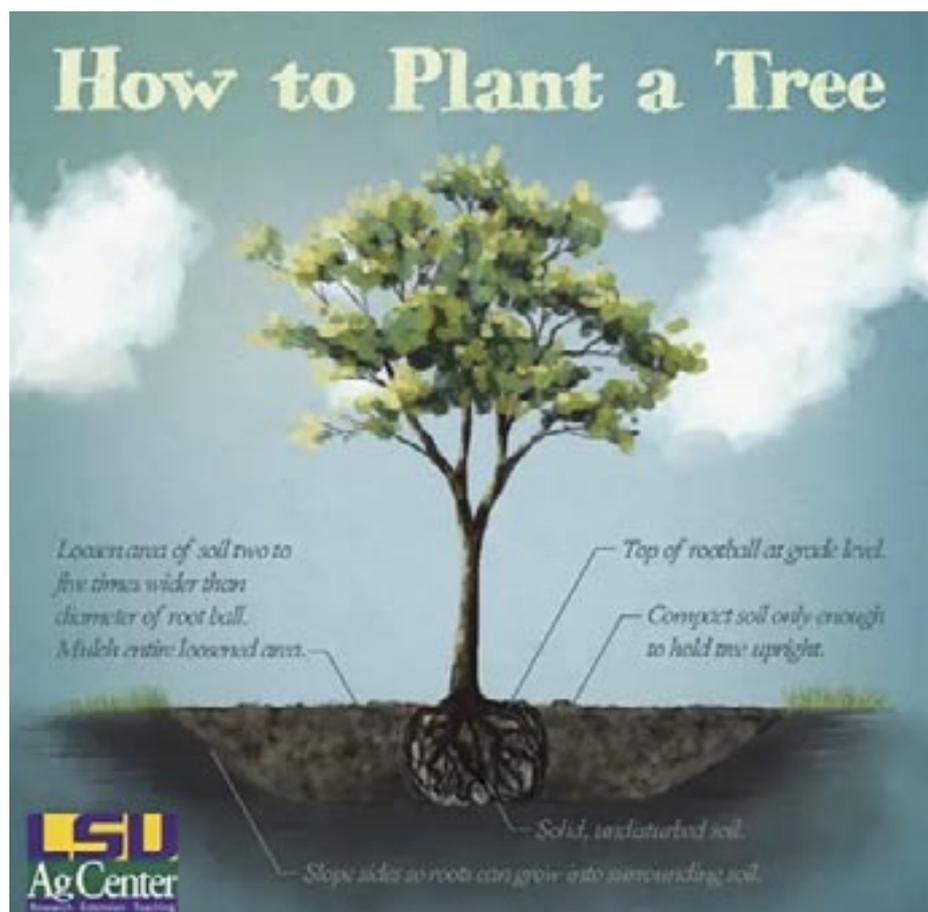
Plant smart now, and you'll enjoy strong, healthy trees for years to come!

*Schyler Thibodeaux is the Horticulture Extension Agent serving Ascension Parish. For more information visit [www.LSUAgCenter.com](http://www.LSUAgCenter.com) or contact Schyler at [SThibodeaux@agcenter.lsu.edu](mailto:SThibodeaux@agcenter.lsu.edu).*



## Upcoming AgCenter Events in the Southeast Region

- February 4 – February 7:** Southeast District Livestock Show
- February 7:** LSU AgCenter Home Grounds Series, LaHouse Research & Education Center
- February 10:** Assumption Parish Pesticide Recertification Meeting
- February 21:** LSU AgCenter Home Grounds Series, LaHouse Research & Education Center
- March 12:** E. Baton Rouge Parish Pesticide Recertification Meeting
- March 14:** LSU AgCenter Home Grounds Series, LaHouse Research & Education Center
- March 4:** Ascension Parish Pesticide Recertification Meeting



# YOUR ESTATE MATTERS



By Linda Melancon

## You Were Named an Executor - Now What?

On a cool January morning in New Orleans, Claire was stringing Mardi Gras beads on her fence posts, getting into the spirit early. Fat Tuesday was early this year and she was excited. She looked forward to a slice of king cake for breakfast. Life felt busy and bright.

Then her phone rang. Her uncle had passed away. A few days later, Claire learned something else: he had named her as the executor of his will. She felt honored! But she also felt scared.

If you have been named an executor, you may feel the same way. It sounds like a big title. The good news is that you do not have to figure it out alone. Here is what happens next. Being an executor means you are the person in charge of carrying out what the will says. Your job is to gather the person's property, pay debts, and make sure what is left goes to the right people.

Claire's first step was simple. She found her uncle's original will and kept it in a safe place. If you do not know where the will is, check a safe, a file cabinet, or with the person's attorney.

Next, you will likely need to open a succession

(known as probate in all other states) in court. In Louisiana, most successions are handled in the district court in the parish where the person lived. This process gives you the legal power to act on behalf of the estate. You cannot sell property or close accounts until the court gives you that authority.

Claire met with a local estate planning attorney to guide her. That meeting helped her understand the timeline, the court papers, and her duties. As executor you will be required to handle an attorney as you cannot represent yourself in a succession. Make sure you hire an attorney well-versed in estate law as the rules can be complex.

After the court appoints you, the real work begins. You will need to make a list of everything the person owned. This may include a home, cars, bank accounts, retirement accounts, and personal items. It is important to be thorough. Claire found an old savings account her uncle had not used in years. It still had money in it.

You also need to list debts. These may include credit cards, medical bills, taxes, or a mortgage. In Louisiana, there are rules about how and when creditors must be paid. Paying debts in the wrong order may cause problems.

Another key step is opening an estate bank account. This is where you deposit money that belongs to the estate. You should never mix estate money with your own. Claire kept careful records of every deposit and payment. Good records protect you and help avoid family disputes.

Communication is also important. Beneficiaries, other people who may be inheriting something from Claire's uncle, may feel anxious or confused. They are grieving too. Claire sent simple updates to her

cousins so they knew what was happening. Clear and kind communication can prevent hurt feelings later. If there is a house to sell, you may need to get it appraised. If there are valuables, you may need help from a professional. If there are taxes owed, an accountant may be helpful. Another key duty is handling taxes. The executor must file final federal and state income tax returns for the decedent. In some cases, tax returns for the estate are also required. You do not have to be an expert in everything. You just need to know when to ask for help.

At the end of the process, once debts are paid and the court approves, you will distribute what is left according to the will. This is often the moment families have been waiting for. It can also bring a sense of closure.

By the time Mardi Gras rolled through town, Claire felt better. She still missed her uncle but she was proud. She had stepped up

when her family needed her most. The beads still sparkled. The bands still played. Life moved forward.

If you have been named an executor in Louisiana, remember this; it is a serious job, but it is also a gift of trust. Take it one step at a time. Get good advice. Keep clear records. Lead with honesty and care. With the right support, you can carry out your loved one's wishes and bring peace to your family during a hard time.

*The information provided is not intended to be legal or tax advice and does not constitute any attorney/client relationship. You should consult with an attorney for individual advice regarding your own situation.*

*Ms. Melancon is an attorney with Legacy Estate & Elder Law of Louisiana, LLC with offices in Baton Rouge, New Orleans and Lake Charles, LA. The primary focus of her practice is estate planning, probate, special needs planning, and elder law. For more information or to attend an upcoming estate planning seminar, call her office at (225) 744-0027.*

# Joie de Vie

## SALON

COURTNEY MOCK

Courtney is the bright face you see when you walk through the doors, she is the one you talk to when you call the salon and she makes a great asset to our team at Joie De Vie. She keeps our home going by taking care of everyone's needs.

When Courtney is not scheduling appointments, running to get lunch or fixing things around the salon you can find her running her daughter to all of her activities and spending time with family and friends!



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### Busy and blessed pretty much describes 2025 at CHC Closet and Pantry.



As we go into 2026 we at CHC Closet and Pantry are as busy and as blessed as ever.

January was a busy month but not very exciting so this article will be short with a few pictures from last year.

We are in need of hygiene items, so if anyone is able to sponsor a drive for us, it would be much appreciated. You can see a list of needs and contact us on our FB page @ CHC Closet and Pantry.

As always, we welcome help from the community. God bless you all!

*Janell Brent*  
Manager,  
CHC Closet and Pantry  
**God bless you.**

Christ Healing Community  
\$CHCCloset





AESTHETIC  
DERMATOLOGY

# The New Face of Weight Loss: GLP-1s and Aesthetic Planning for Summer

As summer approaches, many patients begin thinking about feeling confident in their bodies again. **GLP-1** medications, originally developed for diabetes and now widely used for medical weight management, have transformed the wellness space. When started early in the year, they allow for gradual, intentional weight loss just in time for summer.

But significant weight loss can also impact the face and skin.

As facial fat decreases, some patients notice hollowing in the cheeks or under-eye area, sometimes referred to as “**GLP-1** face.” Skin laxity can also appear in areas such as the neck,



arms, and abdomen as collagen struggles to keep pace with rapid changes.

At Z Dermatology, Dr. Ann Zedlitz and her team take an integrated approach to weight loss and aesthetics. By combining medically

supervised **GLP-1** therapy with collagen-stimulating treatments such as Morpheus8, Ultherapy, laser resurfacing, and biostimulatory fillers. Patients can maintain firmness, structure,

and a refreshed appearance while slimming down.

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Jennifer Holley,  
FNP-C



Jerrica Kitto, PA-C

**Ann Zedlitz, M.D.**

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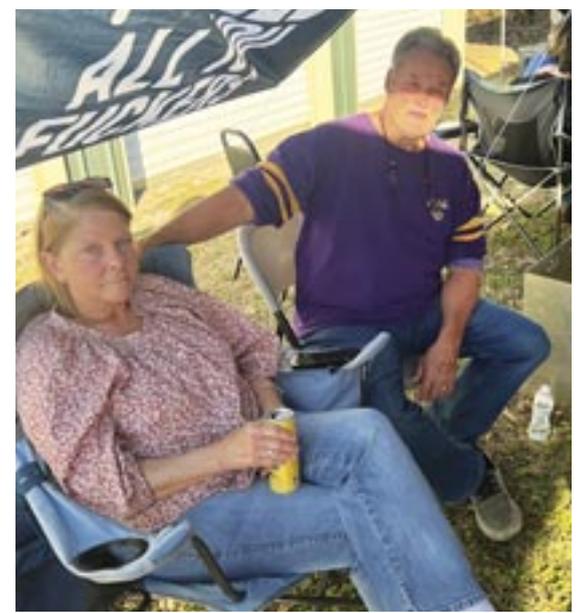




# Coops 1st Annual Gumbo Cook-Off

Congratulations Winner Shawn Madere





**Thank You to  
All the Cooks!**



# OH, WHAT A NIGHT... and indeed it was!

## *Inaugural Alzheimer's Ball held on January 24, 2026.*

Storms and frigid temperatures could not keep Greater Baton Rouge supporters away from the Inaugural Alzheimer's Ball held on January 24, 2026.

What unfolded was a perfect evening for the season — and a resounding success made possible by overwhelming community support. As the bad weather cleared, guests arrived at the City Club of Baton Rouge, welcomed by the soft, lilting sounds of piano music guiding them past an impressive array of silent auction treasures. Soon, they gathered at candlelit tables draped in crisp white linens and adorned with floral arrangements worthy of a magazine spread. Every thoughtful detail created a stunning atmosphere for a night of fine dining, dancing, and heartfelt entertainment.

As the evening progressed, Johnny Ahsen, the Master of

Ceremonies, introduced Astrid Clements, Chairperson of the ALZ Dance Advocates. She shared how her dream of uniting the dance community to benefit the Alzheimer's Association of the Capital Area had finally become a reality. She proudly introduced her co-chairs — Sharon Odom, Kathy Hanley, Linda Crum, and Janice Barrios — whose dedication and hard work



helped bring her vision to life. As Astrid often says, “Waltz for joy, tango for hope, and cha cha for a cause!”

Although keynote speaker Dr. Jeffrey Keller was unable to attend due to a family illness, he shared a heartfelt video message highlighting his research at the Institute for Dementia Research & Prevention at Pennington Biomedical. His work explores the powerful connection between dance and improved cognitive brain function. By engaging both body and mind, dance serves as a meaningful tool in promoting wellness and vitality — especially for those living with dementia or Alzheimer’s disease.

James Heath of Baton Rouge Ballroom also spoke passionately about the transformative power of dance. He shared how many students walk into his studio after long, exhausting workdays, only to feel renewed within minutes of stepping onto the dance floor. “I’ve been teaching for over 35 years,” he said. “I’ve seen students in their 90s who move, function, and dance with the energy of someone decades younger. Dance builds camaraderie, joy, and resilience.”

The evening’s entertainment showcased extraordinary talent from across Louisiana and Mississippi. Performances featured Stephan Howard of Starlight Ballroom in Kenner; Carie DeLorge of Studio 371 in Houma; James Heath of Baton Rouge Ballroom; and Trish



Drake of DLM Studio in D’Iberville, Mississippi. Guests were also treated to a beautiful foxtrot by amateur couple Bernadette and Joey Tanksley of Baton Rouge, whose performance drew warm applause from the crowd.

Following dinner, Barbara Autin of the Alzheimer’s Association of the Capital Area expressed heartfelt gratitude to the ALZ Dance Advocates board and volunteers for their dedication to this important cause. She also thanked the Baton Rouge community for its generous and inspiring support.

The Inaugural Alzheimer’s Ball was more than an elegant evening — it was a celebration of awareness, connection, and hope.

Look for us again next year as we continue to dance for a cause.

See you on the dance floor. 💜



# Calling all former EA Spartan Baseball players and coaches. March 10th, Johnny Ambeau Park

*60 Years of E. A. Baseball*



E.A. Baseball is hosting a reunion for all former Spartan players, head coaches, and assistant coaches.

Join us Tuesday, March 10  
starting at 4:00pm at Johnny Ambeau Park  
First Pitch vs. Plaquemine - 6:00pm

**Please RSVP using the QR code below.**



# FINANCIAL FOCUS

## **Ease the squeeze on your retirement income plan** **March 30, 2026**

Rising prices may not dominate headlines the way they did a year or two ago, but if you're retired, you're probably still feeling them. Even when overall inflation cools, the costliest expenses — like health care, utilities, insurance and property taxes — tend to rise faster than broad inflation numbers suggest. That creates a squeeze that can make you question whether your income plan is built to last.

Fortunately, you often can

adjust without drastic cuts that affect your lifestyle. Start by understanding where the pressure comes from and how to build more flexibility into your plan.

**Inflation hits retirees differently.** You've likely noticed your grocery bill, prescription drug costs and heating expenses haven't returned to "normal." Even small increases compound over time and can chip away at your buying power.

If your income plan was created years ago, it may assume lower inflation or relatively stable price increases over time. Recent years have shown that's not always the case.

**Why some income plans feel strained.** Any plan relying on fixed withdrawals or rigid budgets can feel tight when living costs rise. If you're drawing from investments, you may hesitate to increase your withdrawals because of market volatility. And if you depend on fixed income sources like Social Security or a pension, yearly cost-of-living increases may not keep pace with your expenses. You might live 25 to 35 years in retirement, giving small annual cost increases decades to add up.

**What you can do without sacrificing stability.** A few adjustments can help you stay ahead of rising costs and maintain your financial confidence.

First, review your withdrawal strategy. Ask your financial advisor about flexible approaches that increase income when markets and portfolios perform well and pull back during tougher times. This protects your long-term plan with room to respond to rising prices.

Next, rebalance your portfolio. You may uncover opportunities to shift toward investments with more consistent income or better tax efficiency. Sometimes a small tweak can generate extra cash

flow without increasing overall risk.

Finally, look at your income sources. You may be less affected by rising costs if you delay taking Social Security, work a part-time job, add inflation-protected bonds or create predictable lifetime income with annuities, if they're appropriate for your situation.

**Don't overlook health care:** Health care costs often grow faster than general inflation. Medicare premiums and out-of-pocket expenses can rise annually, and the need for long-term care remains a big financial uncertainty for retirees. Building health care-specific inflation into your plan now can help prevent surprises later. Any savings you have in a health savings account can help you cover health care costs. And many pharmaceutical companies offer financial assistance programs to help pay for costlier medications.

**Stay flexible and informed:** Today's retirements look different from those of even a decade ago. The key is staying flexible, reviewing your plan regularly and making small adjustments before pressure builds. A financial advisor can help you find the right approach to navigating rising costs without disrupting the life you've worked hard to build.

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# MEET OUR MEDICAL AESTHETICIANS



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**LEAH KYSER**  
LICENSED AESTHETICIAN

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## East Ascension Sportsmans League

Letter from president -  
**Greg Cedotal**

The next EASL meeting will be held March 16th at the VFW Hall on Churchpoint Rd. starting at 7:00 pm.

The guest speaker will be Tyler M. Bosworth, Secretary of the Louisiana Department of Wildlife and Fisheries. Tyler is a Louisiana native with strong ties to the coast. He is a veteran of the Louisiana Army National Guard where he served as an Engineer in the 1021st Engineer Company. Tyler is a graduate of Southeastern Louisiana University and the Southern University Law Center. While at Southeastern, he served in the Student Government Senate. Tyler is the former

Advocacy Director for the Coalition to Restore Coastal Louisiana (CRCL). In that position, Tyler implemented the organization's state and federal policy efforts and managed its community outreach department. Prior to his role with CRCL, Tyler was a legislative staffer with the Louisiana House of Representatives where he served the House Committee on Retirement and the House Committee on Natural Resources and Environment. He specializes in Louisiana's natural resources law with a focus on coastal issues and wildlife resources management and has extensive knowledge of the state's legislative process. Come to the meeting and enjoy time with friends.

On January 21st, EASL 1st Vice-President, Herb Finnerty presents a plaque of appreciation to Bass Pro / Cabella's Manager Kristian Roane for allowing EASL to use meeting room for our 2025 meetings.

Now for a little bit about EASL events. You must be a member to participate in these events. The EASL Bass Club will fish their first tournament of the year on February 21st.. If you are interested in fishing with the bass club in 2026 contact Jim Hebert at 225-717-6037. The 22 Rifle Silhouette Match will be held on the fourth



EASL 1st Vice-President, Herb Finnerty presents a plaque of appreciation to Bass Pro / Cabella's Manager Kristian Roane.

Saturday of the month, February 27th, at the Sheriff Shooting Range starting at 8:30 AM. Don't forget to weigh your bass for the Monthly Big Bass contest and weigh your specs for the Monthly Big Speckled Trout contest.

If you decide you would like to serve on the board of directors and help move the organization forward, let us know. You do not have to wait until December to become a board member.

Time to go outdoors with family and or friends and enjoy

nature. Remember to be safe and conserve our resources for future use. Questions or comments you can email me at [gdcad1@gmail.com](mailto:gdcad1@gmail.com).

**EASL's next regular meeting is March 16th at the VFW Hall on Churchpoint Road, starting at 7:00 PM.**

# EASL Bass Club News

The EASL Bass Club met on January 8th to start up its Tournament Schedule for 2026. The first tournament will be January 17th. The tournament will be out of Doiron's on the Lake Verrett side.

Bubba Rossi won the Angler of the Year title last year. He was not present for the meeting, but he will receive his jacket at the next meeting. Congratulations to Bubba on a great job for the year.

The tournament schedule is:

**January 17th**  
**February 21st**  
**March 13 & 14th at Toledo Bend (San Miguel State Park)**  
**April 4th**  
**May 23rd**  
**June 27th**  
**July 18th**  
**August 22nd**  
**September 26th**  
**October 17th**  
**November 14th (Classic Tournament)**



L-R Bubba Rossi with Tim Guillaume.

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# Troy Landry is Grand Marshall for LFACC Boat Parade.

*Louisiana Friends Against Childhood Cancer raised \$66,389 for St. Jude.*

LFACC host a number of events throughout the year to benefit St. Jude. The boat parade is one of their favorite events of the year.

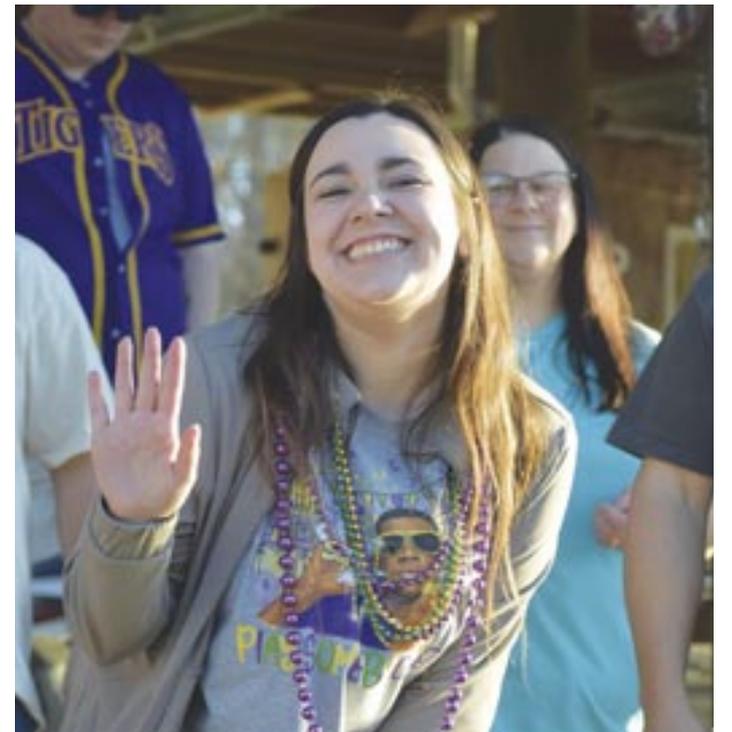
Locals gather and donate their time for this great cause. All of the items for the event are donated by vendors. Funds are raised by t-shirt sales, cracklin

sales and a auction that all of the items are donated. All the workers are volunteers.

Many thanks go out to Troy Landry of Swamp People fame and on a personal note, it was great meeting his grandson Moose.

Thank you to all and we'll see ya next year.

*Thanks Rhett Bourgeois for sending photos from Manny's*



**Thank You for the photos**

*Jodi Vicknair*  
PHOTOGRAPHY

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WE KNOCK IT OUT OF THE PARK!

# "OH SAY CAN YOU SEE..." ANY CRAZIER SUPER BOWL BETS THAN THESE

by Bill Delaune

*"The next best thing to gambling and winning is gambling and losing..."*

*"-Nick Dandolo,  
professional gambler.*

Some people ask me why I don't hang out with folks my own age. The answer is pretty simple-most of them are dead or in jail.

But I do have some old gambling buddies (We don't use the word "geezer".) that serve as something of a support group-especially when one of us goes into a lengthy losing streak.

Now before we go any farther, you must understand that these guys don't just bet on who's going to win the Super Bowl-they need a lot more action than that. These prognosticators (We don't use the word "degenerates".) scan the endless number of crazy prop bets on the game searching for any angle that gives them what every gambler dreams of-an edge to help them win.

These bets can range from the length of the National Anthem to the color of Gatorade thrown on the winning coach. There are even a number of cross-sports wagers where you can bet on the results of a NBA game or a PGA golf tournament or a NASCAR race against a Super Bowl stat.

For example, last year you could choose which would be greater-Patrick Mahomes's passing yardage or the winning score of the PGA's Phoenix Open. When Thomas Detry won the golf tournament with a sparkling 24-under par score of 260, the Mahomes backers were counting their money. But alas, the Philadelphia defense clamped down on the Chiefs and the All-Pro quarterback had a forgettable day. But he still finished with 257 yards to show you how close those



Vegas line setters are. And we're trying to beat those guys?

Anyway, one of my oldest Vegas connections-let's call him Lefty-checks in with me every year to share old war stories and lick our wounds. Now Lefty was around back in the days of Jimmy the Greek and Nick the Greek and a bunch of other geeks so he tends to ramble and mix games of the past with the present like folks our age are prone to do.

Of course, the earliest opportunity to make any money just before the game is wagering on the length of the singing of the national anthem. Now before soccer games in England, the average time that it takes a bunch of drunken hooligans to sing "God Save the Queen" is about 30 something seconds. But our song is a completely different animal.

So when I spoke to Lefty the night after this year's game, he related not only a sad tale about the song but on a variety of other prop bets. I warned you about our rambling so here is the abridged version...

"Man, I'm hitting in hard luck right now, Wild Bill," he began," so you'd best have some tissue ready. The word got out on the strip last week that the anthem is going over the posted time of one minute 59 seconds-the number at most casinos. Our informant, who was supposedly at a rehearsal, said that George Puth was going to do a jazzy version- not unlike Jose Feliciano's rocking anthem at the '68 World Series-holding out the end note of every line. It looked good when George did just that after "Oh say can you seeeeeeee..." but then he took off faster than a Bad Bunny and finished in a rapid 1:50."

He paused for a second but

an old memory suddenly hit him.

"Damn, that was the exact opposite of 2021 when our sources assured us the Anthem was going under two minutes.

The reasoning was two-fold-first, Eric Church was a country singer and wouldn't hold the last notes out like many of his predecessors. The other was his unfamiliarity with his partner-R&B artist Jazmine Sullivan-and that would result in a basic version well under two minutes.

Well, that looked good on paper until Jazmine decided she was an opera star and their anthem ran in the two minute, 16 second area. And that only goes to show you that gamblers are probably the worst music critics."

His National Anthem nightmares didn't stop there.

"It's not even the first time I've been burned on the

anthem. I was down in New Orleans for the 2002 Super Bowl (It turned out to be Tom Brady's first win.) and Mariah Carey was scheduled to sing. She was coming off a breakdown of sorts the year before and believe me-New Orleans is not the ideal place for rehab.

So I wasn't totally shocked when one of my French Quarter informants called early Sunday morning and said that the police had to put Mariah away and that she might not be able to perform. I called Vegas and made a bet that not only would the anthem be under the two minutes, but that Carey would not even sing at all. Of course, the first person I see on the screen come game time is the beautiful Mariah who belted out the song in a lengthy 2:25.

When I confronted my unreliable source, he stuck to his original story.

"They got her to the Superdome," he admitted, "but I swear she lip-synched. So technically, she did not sing."

Needless to say, they didn't buy that in Vegas. Lefty shifted gears to an old beer ad and a strange twist in marketing.

"A more reliable source-or so I thought- was my buddy that had a real job working in marketing for Budweiser in the mid 90's when the three frogs-Bud, Weis and Er-were at the height of Super Bowl ad popularity.

But when kids started recognizing the frogs in an alcohol-related ad more than Tony the Tiger and Ronald McDonald, Budweiser decided to pull back a bit.

That's when I got a call from my marketing friend. 'Lefty, I don't know if this helps but Bud is going to kill off one of the frogs on this year's ads.'

Of course, I went straight to the crazy prop window and bet that Bud, Weis or Er would meet his untimely demise in the depths of the Super Bowl swamp.

I could barely contain myself as I watched the hit man ferret-hired by Louie the Lizard, a jealous chameleon-attempt to dismantle the neon beer sign and drop it into the water in an attempt to

electrocute the frogs. But the damn inept ferret blew the assassination and the frogs survived.

I would have to agree with Louie the Lizard's assessment of the situation-'Never hire a ferret to do a weasel's job.'"

Lefty took a break-perhaps reflecting on some other instances of what he calls "buzzard luck"-can't kill nothing and nothing won't die-so I thought I might hold up my end of the conversation.

"Man, I'm not even in your ballpark," I began, "but I remember a cross-sport prop that didn't make me a dime. But I did win a little street cred. Now some of these bets look a little crazy but look at one example from a few years back that shows how good the odds makers really are.

One cross-sporter that year was the total first half points in the Super Bowl against Milwaukee's star forward Giannis's total points in his basketball game the night before.

Final tally-the Bucks' "Greek Freak" tallied 24 points while the Bucs and Chiefs combined for 26. And we're trying to beat these guys?

Anyway, the year the Saints won the Super Bowl there was a prop that pitted (pun intended) the number of the winning car in the Saturday night NASCAR race against the total first half points in Sunday's game.

Now the over/under had hovered around 56 all week as Vegas anticipated a shootout between Drew Brees and Peyton Manning. So the first half total was set at 28.

I wasn't much of a NASCAR fan then-I've had to become one in the past few years in order to converse with my obsessed grandson Reece who had already been to Talladega (twice) and the Texas Speedway before his tenth birthday. But that Super Bowl eve I was watching the race with some of the "experts" at the Rendezvous Lounge.

As Jamie McMurray in the number one car battled for the lead with Denny Hamlin in the 11, I boldly predicted that the 29 (Kevin Harvick) would overtake them at the end

simply because that number would be closer to the projected halftime total. That brought jeers and sneers from the crowd so I paid my tab and left.

The next morning I began getting calls from some humbled racing fans wondering how I'd pick the winner at Daytona.

'Sometimes, I hear voices,' was all I told them."

Lefty had caught his breath now but he seemed a bit reluctant to mention one of the craziest prop bets he'd ever seen.

"I know you've got a family magazine down there, Wild Bill, so you might want to rate this section PG. But just when you think you've seen every kind of wager there ever was, in the Pandemic year you could make a bet on whether Kansas City coach Andy Reid would show a 'dicknose'-a pandemic inspired prop for people who don't cover their nose with a mask. I hope I never have to see that bet again.

Naturally, I passed on that one but I did win on the color

of the Gatorade (Blue-at 8-1) poured on winning Bucs coach Bruce Arians thanks to one of my boys buying off a manager. So the day wasn't a total loss.

Hey, you're a journalist-and I use that term loosely-maybe you can sneak into Super Bowl rehearsal next year and time the national anthem for me. Right now, I gotta start working on March Madness. What a cluster that's going to be!"

Lefty signed off but left me "California Dreaming" about next year's Super Bowl in Los Angeles. Since we had our first duet for the anthem in 2021, maybe we could do a group thing next year-a reunion of the remaining members of the "Mamas and the Papas".

They could even do an updated version to the tune of one of their hits-"All the stripes are red, And white stars on blue. This song won't take too long, Probably under two..."

**Happy New Year!!!**

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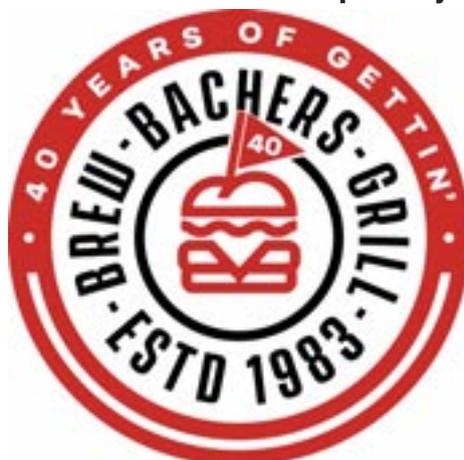
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# Jammin' with Goosie

## New Woods

As the early February sun was breaking the horizon introductions and handshakes were being shared by a small group of south Louisiana outdoorsmen. The greetings were taking place on the west side of the Mississippi River in St. James La. just south of the town of

We'd talked about the outing for months and the time to do it had finally arrived. As conversations of hunting, fishing, cooking, and eating took place another dog owner joined the group. Shortly after his arrival the group divided into a couple of pickups and headed down a muddy canefield road to a parking location where both packs of beagles were released and the hunt was on.

Along with the meeting of the newly introduced group of outstanding outdoorsmen I was truly enjoying the excitement of



feeds, or hides within its confines but on unfamiliar territory it can become a learning experience for sure. Every piece of property rather it's forest, water, swamp, fields, hills, marshland, etc. are just as we people are. All different in many ways. The term "new woods" is of course

thin out to some degree. Other sections were in their prime for rabbit hunting with plenty of briars and brush for the bunnies' needs for survival. The fields that bordered the woodlands were hay fields that had plenty of clover and soft green grasses available for the rabbits nutrition needs. Each partial had ditches paralleling each other every fifty yards or so just like all of the surrounding cane and hay fields were arranged. From my prior experiences these kinds of woodlots are perfect habitat for rabbit hunting and the reproduction of rabbits.

The outing that day was surely not a disappointment at all. The place had been hunted prior to that day a time or two but there were still plenty of bunnies to be found on the property. When the end of the hunt was called and the small canines were being loaded into their cages a total count of eleven lapins were revealed for the total harvest of the day. All in all it was a great safe successful event where new friends were made and last but not least I got to do something that I truly enjoy. I was able to explore some new woods.

Till next time  
Explore a different  
landscape

James "Goosie" Guice



Donaldsonville. The gathering consisted of a mix of White and African American hunters who for the first time were congregating for the purpose of making a rabbit hunting film for the Ascension Outdoors T.V. series. The owner of the beagle pack, Jeff Rodrigue, was a very nice individual who at some point had viewed our outdoor program and had shown some interest in the making of a nice bunny hunt film.

exploring some "new woods". Rather it's hunting or fishing territory, I've always enjoyed the adventure of venturing into a new outdoor environment. For the joy of tracking across unseen land is one reason that I have made decisions at certain times to enter some of our state's WMA's or participate as a guest on someone else's property.

On the land or waters that I hunt or fish I basically know how the game travels,

only new to the person who is entering the property for their first time. Others through the years have been exploring or using these parts of the earth since its beginning.

The land that we made the rabbit hunt on that day was a fairly new evolving forest. This family land evidently had been farm fields of some sort back in time. Most of the trees were in a very young stage of life. Some of the older sections of growth were beginning to

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## ***Useless Random Facts with Kellie***

•  
A donkey's eyes are positioned so they can always see all four of their feet.

•  
Hedgehogs' hearts beat 300 times a minute.

•  
Your belly button contains thousands of different bacteria species, some of which may be brand new to science.

•  
Finland has the most heavy metal bands per capita.

•  
If added together, humans spend about two weeks of their lifetimes kissing.

•  
Dolphins give each other names.

•  
A third of the calories in broccoli come from protein

•  
February 1865 is the only month in recorded history with no full moon.

•  
Sharks are older than trees. Sharks first appeared over 400 million years ago, while the first trees grew roughly 350 million years ago.

•  
Honey never spoils. Archaeologists have found pots of honey in ancient Egyptian tombs that are over 3,000 years old and still perfectly edible.

•  
Canadians say "sorry" so much that a law was passed in 2009 declaring that an apology can't be used as evidence of admission to guilt.

# Thoughts from Bully

## I Made It. I'm a Part of the Culture. 30 Years of Spanishtown.

Only in Louisiana one day out of the year sets us all free to be what ever we want to be. This is my 30th year riding in the Spanishtown Parade with a lifetime of memories.



1

The year we were 'Disco Ducks' I had family ride in the parade from Colorado. As a part of our dress up we wore duck feet. They shipped me their grass cutting shoes and I cut foam, hot glued it to the shoes and sprayed them orange.

The duck feet were a crowd favorite. As we went to walk around I didn't expect this to happen. The crowds parted and 12 of us walked in a duck line while we receive some claps of approval from the crowd. Creativity is a powerful force. You might say we were just 'Ducking Around'.

2

The year the theme we followed involved 'Looney Tunes'. I immediately started working on my, Wile E. Coyote costume. In the photo the nose was made with a regular stocking stuffed with plastic grocery bags and thread tied around creating the indentions and the nose at the tip. Some cardboard whiskers were added and airbrushed for color and effect.

When I tried to walk around and look at floats I bet I was stopped and posed for 50 photos. Hands down this was my favorite costume I ever created. The float was painted like the classic dessert scene with a large Road Runner



1



2



6



bending over and eating ACME bullets. The bullets were shooting out of his butt and hitting the coyote in the head. The coyote eyes were twirling from the impact of the bullets and a large 'Ka Boom' star circling his head. Classic and fun.

3

Spanishtown has a history of pushing the envelope with the theme. This year's theme was, 'A Ding Dong Ate My Twinky'. Our float converted that to, 'Ding Dong the Whicked Twink is Dead'. We dressed as the 'Wizard of Oz', with a

message like, 'Don't follow the Yellow Twink Road'. The costumes were a big hit with lots of photos taken.

4

I got to play dress up with my son and my niece for, 'Burn Baby Burn, Buy Yeaux Inferno'. Went through the parade with my hair on fire.

5

This particular year I was feeling a little frisky. I was a 3 headed flamingo. There was a



3

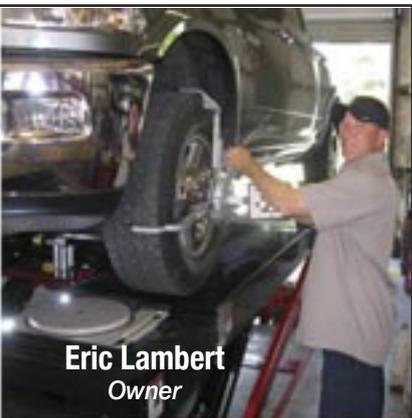
beak on each hand and my sunglasses had a beak. I also wore black tights with a pink thong. Those days are over.

6

In honor of, Grand Marshall John Schneider, we were painting the General Lee vehicle with the 01 on the side. It just so happens Joe Burrow and the Bengals were playing.

We then changed to, 'General Joe a Burrow of Hazard'. A Spanishtown judge happened to be a Joe Burrow stalker so I won the first trophy in 28 years.



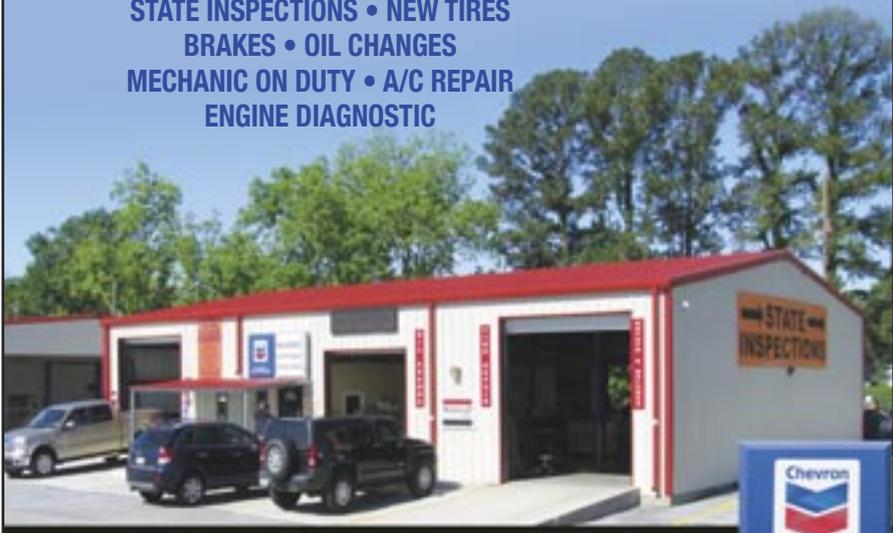


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4



5

# SILAS STRONG FUNDRAISER EVENT

Saturday, February 28th, 2026  
 VFW Post 3693  
 42430 Churchpoint road  
 Gonzales, LA 70737  
 starting 10am - 9 pm

## BAND LINE UP

10:00 AM - 11:30 AM	WORSHIP
12:00 PM - 1:30 PM	KENDAL SHAFFER
2:00 PM - 3:30 PM	SYLAS FAUST
4:00 PM - 5:30 PM	LAUREN LEE
5:30 PM - 7:30 PM	LIVE AUCTION
7:30 PM - 9:00 PM	TRENT BOURGEOIS

 **car show** 9:00 am - 1:00 pm &  winners announced at 1:30

-  **Jambalaya cookoff**
-  **Food & Desserts**
-  **Silent Auction 10 am - 4 pm**
-  **Live Auction 5:30 pm - 7:30 pm**
-  **corn-hole, golf cart raffle & 50/50 raffle**
-  **kids petting zoo, bouncy house & other games**

**HELP!! NOW NEEDING DONATIONS FOR AUCTION & VOLUNTEERS FOR EVENT. PLEASE SCAN QR CODE OR EMAIL FOR MORE INFO.**



Silas Blank, a 6-year-old from Ascension Parish, was diagnosed with Lymphoblastic Leukemia on September 10th. He is currently receiving care at St. Jude Children's Research Hospital and has begun a treatment journey expected to last over two years. His parents, Savana and Cody Blank, deeply appreciate your prayers, shares, and donations. Your support helps cover medical, travel, and household expenses as they stay out of work to be on Silas's side. Touched by the stories and strength of other St. Jude patients & families, 30% of donations will go back to St. Jude. Please follow his journey on Facebook group, "Silas Strong".

email: [silas.strong2026@gmail.com](mailto:silas.strong2026@gmail.com)

Facebook

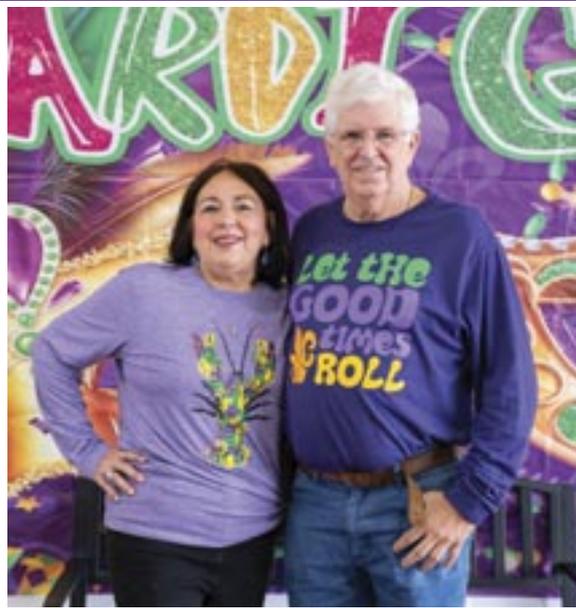
- "Silas Strong- Fundraiser"
- also on "LifeIVLouis"

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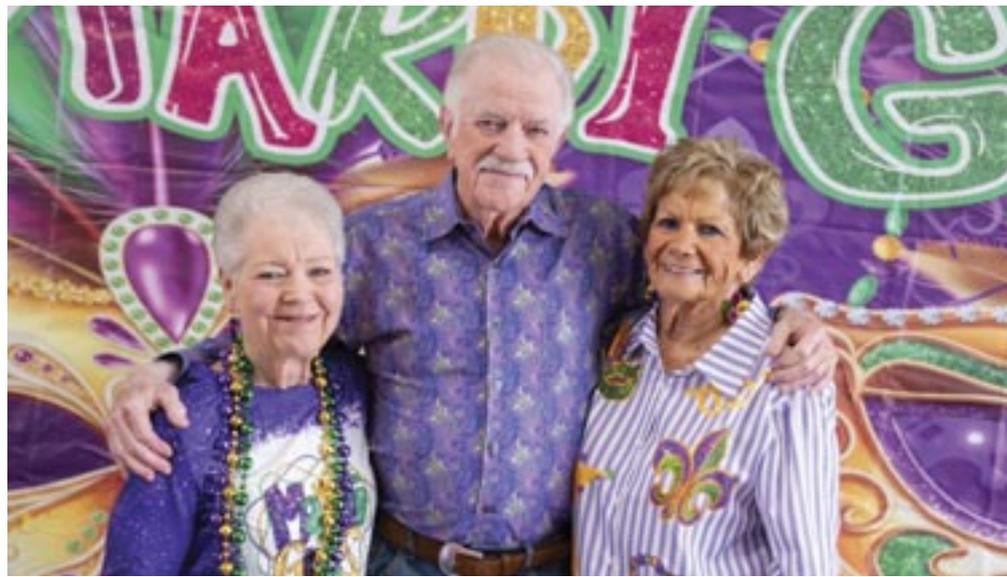
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### “After the Boil” Deviled Eggs



Executive Chef, John Donaldson

Yield: 12

Prep: 15 minutes

Cook: 20 minutes

Serving: 6

#### Ingredients:

- 6 eggs (hard boiled)
- ¼ cup mayonnaise
- ¼ to ½ lb peeled boiled crawfish tails
- ¼ cup green onions (thinly sliced)
- 2 boiled red potatoes (mashed)
- 1 tablespoon Creole mustard
- 1 teaspoon dry crab boil mix
- Salt & Pepper to taste
- 1 or 2 corn cobs (cut corn off of the cob)

#### Method:

Peel all of your boiled eggs. Cut them in half length ways and carefully remove the yolks. Place all the yolks in a mixing bowl and add your mayo, mustard and green onions. Be sure that before adding your corn and potatoes that you chop and mash them as much as possible to ensure proper mixture. Finally, rough chop your crawfish tails and add to mixture. Salt and pepper the mixture to taste. Using a piping bag or spoon add the mixture back into the boiled egg halves. Sprinkle with dry crab boil and serve.

ENJOY!!!!!!

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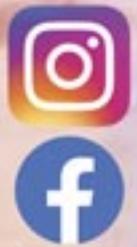
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