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MARCH 2022, VOL. 20 ISSUE 3

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See Page 24



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On the Cover: City of Gonzales 100 Year Celebration

**Happy 100th Birthday
City of Gonzales**

Tags & Titles proudly supports and celebrates the wonderful City of Gonzales and the surrounding areas. As spring, longer days and beautiful weather rapidly approach, we are all looking forward to the upcoming Jambalaya Festival, baseball season, crawfish boils with friends and family, planning vacations and getting our yards back in shape for summer. But don't forget the "other business" you need to take care of. Renewing the license plate sticker, your driver's license or selling or buying that new vehicle or boat for summer. My staff & I are here at Tags & Titles to serve you for all your DMV/DL, Wildlife and Fisheries and Notary needs.

We **RECOMMEND CALLING AHEAD**, Monday-Friday, in order for us to be prepared to assist you quickly and efficiently with your notary DMV or Wildlife & Fisheries work. Driver's License **MUST HAVE AN APPOINTMENT DUE TO LIMITED SPACE**. However, we are always available for walk-in service, should something unexpected come up. We will do our best to get you in and out as fast as possible!

As always, we greatly appreciate your business and loyalty over the years and look forward to many more! From the staff at Tags & Titles, we thank you and **CHEERS TO THE CITY OF GONZALES 100TH YEAR!**

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Jamie Frederic-Braud



Let the Good Times Roll-tary

Each year the East Ascension Rotary club gives back to the community in a major way by hosting a Mardi Gras Ball fundraiser. This year was no exception. In fact, preliminary figures place it as one of the best ever.

The Mardi Gras Ball is a catered event with an outstanding band. The band of choice is The Phunky Monkeys, an extremely talented and versatile show

band, who continues to deliver an amazing performance of top hits throughout the ages for Rotarians and guests to dance to and enjoy.

The beneficiary of the ball each year is chosen by the immediate past president of the club, who also represents the club as King or Queen of the ball. This year's beneficiary was CAS, Child Advocacy Services, chosen by Queen Lisa Bacala. Proceeds from the fundraiser will go directly to



servicing children in Ascension Parish.

Lisa is retired from Ascension Parish Public Schools, where she served 31.5 years. Her last position held there was Director of Secondary Education. She remains a very active public servant and community volunteer, currently sitting on several local boards and their executive committees, including Ascension Parish Library Board, RPCC Foundation





Board, Council on Aging Board, and East Ascension Rotary Board.

Her King, Tony Bacala, is a member of the Louisiana House of Representatives for District 59 in Ascension.

Her Royal Court included members who supported her above and beyond the call of duty throughout her role as president of the club, along with their escorts.

- Lady Caprice and Lord Ronnie Cline (New Rotarian of the Year)
- Lord Tre Nelson and Lady Tia Jillo (New Rotarian of the Year)
- Lady Donna and Lord Barry Whittington II (Rotarian of the Year)
- Lady Melissa and Lord Christian Bourgeois (Vocational Service)
- Lady Lillie Murphy and Lord Michael Buturla (International Service)



services, and prevention education to children and families in ten Southeast Louisiana parishes through the Court Appointed Special Advocates (CASA) and Children's Advocacy Center (CAC) Programs.

- Lady Liz and Lord Dave Laurent (Club Service)
- Lady Alyson and Lord Eric Boudreaux (Youth Service)
- Lady Bridget and Lord Kevin Hanna (Community Service)

This year's beneficiary is CAS, an organization that gives a voice, a sense of security, and help with healing to children in desperate need of services. Child Advocacy Services is a private, non-profit organization that provides advocacy, clinical

The CASA Program recruits, trains, and supervises volunteers to serve as powerful voices for children. A CASA volunteer stands beside their child with the primary goal of helping them reach a safe and

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- CACs improve conviction rates by 94%.
- A child who visits a CAC is four times more likely to receive additional services.



In addition to this year's contribution, East Ascension Rotary Club also has an ongoing partnership with CAS. Each year members purchase Christmas gifts for Ascension children in need of services. Some members also support them in various other ways, such as becoming CASA volunteers, providing legal aid, etc.

Parish and works in conjunction with the Gonzales Rotary Club, the Donaldsonville Rotary Club, and the Rotary Club of North Ascension on various projects and endeavors throughout each year.

permanent home.

offered.

The CAC program conducts forensic interview in a safe, child-friendly environment for children who have disclosed sexual or physical abuse. Additional advocacy, resources, and prevention education services are also

Proven Results:

- A child with a CASA is 50% less likely to re-enter the child welfare system.
- A child with a CASA is more likely to be adopted.

In its 25th year of existence, the East Ascension Rotary Club, also known as the "Greatest Rotary Club in the Known Universe," is part of Rotary International, which was founded in 1905 by Paul Harris. This club is one of four Rotary clubs in Ascension

As a regular practice, Rotarians adopt and apply the "Four-Way Test," which asks



the following four questions:
*"Of the things we think,
say or do: Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL
and BETTER FRIEND-
SHIPS?"*

*The current president
of the club is Brett
Arceneaux, Administrator
at Ascension Oaks Nursing
and Rehabilitation center,
who will be followed by
David Hebert, VP of Human
Resources for Atmos
Energy.*



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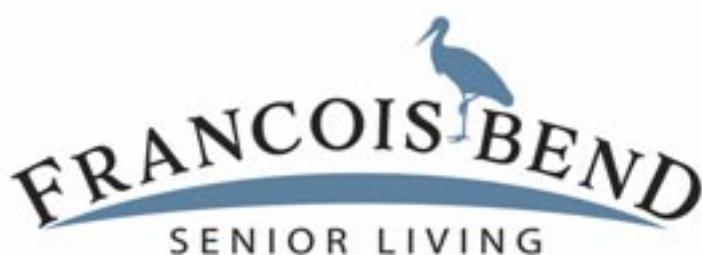


Let The Good Times Roll at Francois Bend!

Residents Celebrated their Annual Krewe of Francois Parade and Mardi Gras Bash!



To schedule a tour
contact Amanda Williams
amanda@francoisbend.com



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From the Gonzales Garden Club

Dale's Daylilies

The Gonzales Garden Club was happy to finally return to the custom of conducting meetings at members' homes; this month it was at Dale Bowman's house in St. Amant. With pandemic safety precautions eased, the ladies left the masks at home, exchanged hugs, sat beside each other during the meeting and ate together like old times.



The club's recitation of the Pledge of Allegiance on this day embraced a deeper meaning in reflection of Ukraine's struggle. The roll call topic was how members came to have daylilies in their gardens. Most said they

received the plants from their grandmothers and friends. A few said they purchased common varieties cheaply at local plant sales; one paid for a pricey hybrid from a specialty catalog.

The educational portion of the meeting was lead by Dale who is also a Master Gardener. During her presentation "Daylilies Galore", she demonstrated how to divide the plants by digging them up in clumps then teasing the individual fans apart. Tougher roots had be cut with a knife. Dale noted, "The individual sprouts should be replanted preferably in loamy dirt but will grow in most any kind of soil." Clumps should be separated every three or four years in the early spring or in the fall at least six weeks before the first frost. The plants need full sun and good drainage. Dale says to "trim back when replanting so they can concentrate on making the roots better," and fertilize with a basic 8-8-8 ratio.

Member Mary Jo Pohlig observed, "No matter what type of plant you're interested in, there is so much variety!" Daylilies are no exception.



Dale Bowman demonstrated how to separate crowded clumps into individual daylily sprigs for replanting.

Dale gave everyone a catalog from *Oakes Daylilies* and pointed out the different kinds

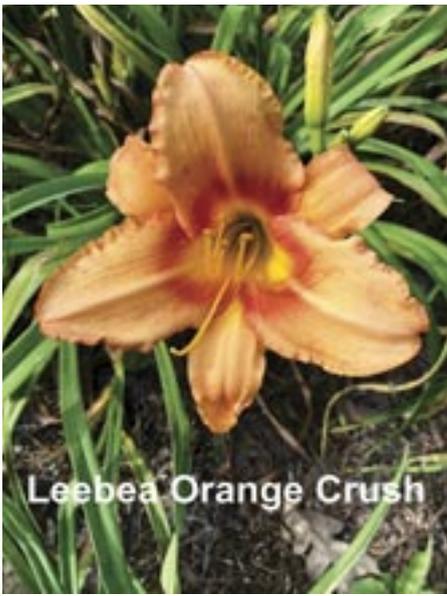
of flowers designated as early bloomers, mid bloomers and rebloomers. There were double petals, ruffled petals and spider (slender) petals. Hardiness was described as evergreen, semi-evergreen and dormant. (Dale does not recommend growing dormant because they die back every winter and will not grow back if they haven't had a certain number of chilling hours.) Different plant heights range from 19 to 45 inches. Bloom sizes span from 1 1/2 to 10 inches in width. Different cultivars have different fragrance strengths ... and the colors of these flowers are endless! If buying from a nursery, Dale thinks you should buy the plant in bloom



Hosting the daylily meeting were (from left) Barbara McCormick, Dale Bowman, Conchita Richey and Mary Jo Pohlig.



A spoonful from each salad bowl made a light delicious lunch.



Leebea Orange Crush

so you know exactly what the flower will look like.

Dale meets all the daylily sun requirements, soil type and drainage considerations. Her plot of daylilies provides an impressive exhibit. She has



Ginger Swallowtail



Stitch Witcher

presentation by gifting an "old time" Orange Crush double bloomer to each member commenting that the old varieties don't get rust. One cannot leave Dale's house without a gift from her garden.

The March horticulture hint is about readying the gardens for the warm temperatures of spring. "Weed, weed, weed and mulch," says Horticulture Chairman Janis D'Benedetto. President Jamie Trisler handed out "Hints for Cooking with Herbs." Of the ten tips on the handout, one was to add herbs the last 20-30 minutes of cooking because they lose their flavor if cooked any longer. Bay leaf is the exception; it can be cooked for several hours.

When lunchtime approached, Member Kaye Couvillion gave the meal's blessing with another reference to gratitude for our free, safe American lifestyles. Hostesses Dale Bowman, Barbara McCormick, Mary Ho Pohlig and Conchita Richey offered a salad bar along with members contributing additional ingredients to embellish the greens. Vegetarian salad



Dale's daylily garden in March



Janis D'Benedetto brought divisions of her home garden daylilies to share.



Pavo Bell

12 rows of the plants; each row is 3 1/2 feet wide and 20 feet long. She grows more than 100 varieties. Although each bloom is pretty for only a day, Dale's huge bed is full of flowers from April through June with May being its peak. She has hundreds of photos on her iphone and knows the names of every flower. She ended her

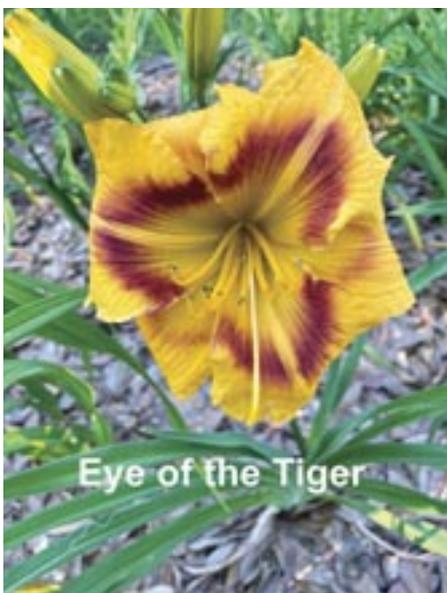


Dale's daylily garden in May

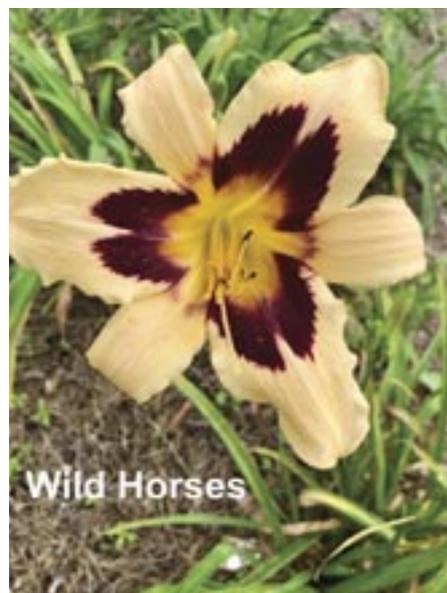
themes were Greek, Caesar, spinach, lentil, pasta, broccoli and fruit. Conchita Richey

made sure the beverage choices included her Crystal Light fruit-infused tea and Community coffee. Barbara McCormick, baker extraordinaire, brought a super-moist German Chocolate three-layer cake, and Dale made the club's favorite cinnamony -sweet bread pudding.

The club's flower show held at the Gonzales library is postponed until April of 2023. The plant sale, however, is set to take place on Friday, May 6 at City Hall on Irma Blvd. The passersby are encouraged to pull in and make donations for passalong plants and homebaked goods. The club is always grateful for public support.



Eye of the Tiger



Wild Horses



Spring and Sunscreen

Spring is approaching, so as days heat up and outdoor activities ensue, we must protect our skin! Here are my top five sunscreen products and some basic reminders and tips on using sunscreen.

Sunscreen 101

Everyone needs sunscreen! All tones and all ages.

Always apply sunscreens inside and at 30 minutes prior to going outdoors.

Always shake your sunscreens before applying to ensure mixing of sun protective ingredients.

When using spray sunscreens don't forget to make several passes AND rub it into the skin.

With all sunscreens you must reapply often, as often as every two hours, even those with a higher sunscreen level.

Mineral sunscreens are a good for those who have sensitive skin or react when applying chemical sunscreens but sometimes create a 'cast' to the skin.

Chemical sunscreens can sometimes provide a heavier protection and are also available in sensitive formulas.

Sunscreens should be taken off with an oil or cleansing balm to ensure complete removal.

My Top FIVE Sunscreens

Australian Gold's Botanical Tinted Face

- Mineral Based. Lotion Formula
- Broad Spectrum, SPF 50
- Lightweight, Matte finish
- Daily use for face under makeup or alone
- Comes in light to medium and deep tone formulas
- Water Resistant
- Australian Gold is known for its beach and surf roots

Neutrogena Beach Defense

- Chemical Based, Spray Formula
- Broad Spectrum, SPF 100
- Shinier, tackier finish
- Good for outdoor or water-based activities
- Good for all over body coverage
- Water Resistant
- Neutrogena formula good for all skin types

- Supergoop PLAY Body Mousse**
- Clean Chemical Based, Easy to apply Mousse Formula
 - Broad Spectrum, SPF 50
 - Offers antioxidants and moisturizing ingredients
 - Feels like a nourishing body moisturizer
 - Good for daily body coverage on neck, chest, hands, and arms
 - Supergoop formulas off luxurious ingredients

- Supergoop Glowscreen**
- Clean Chemical Based, Liquid Formula
 - Broad Spectrum, SPF 40+
 - Nonirritating, hydrating, pearlescent glow
 - Great for daily use alone or under makeup (especially for an outdoor event)
 - Supergoop formulas off luxurious ingredients

Le Roche Posay Anthelios Clear Skin Sunscreen

- Chemical Based, Lotion Formula
- Broad spectrum SPF 60
- Thermal Spring Water and Senna Alata leaf offers antioxidant protection
- For sensitive and acne prone skin
- Oil Free, Dry Touch Finish
- Water Resistant
- Le Roche Posay is known for their advanced UVA/UVB protection patented ingredients
- Good for daily use alone or under makeup

Please take care of your skin Ascension Parish, then go and enjoy the great outdoors!

XOXO,
Sweet Eyes

Sources:
<https://www.medicalnewstoday.com/articles/320721>,
<https://pubmed.ncbi.nlm.nih.gov/32139352/>,
<https://www.cdc.gov/niosh/work-hour-training-for-nurses/longhours/mod2/05.html>



Get Growing, Ascension!

Select the right turfgrass



Growing a lush, green lawn begins with selecting the right turfgrass for your location and conditions. The following are warm-season turfgrass species recommended for Louisiana. Typically, warm-season turfgrasses are actively growing March through October. This information comes from the Louisiana Home Lawn Series, additional maintenance and care practices for each can be found under the turfgrass

section of the LSU AgCenter website.

Bermuda is a fine-to-medium-textured turfgrass with light green leaves that sometimes have a silvery appearance. It is commonly grown in Louisiana. It has a high tolerance for traffic, heat and drought. Bermuda is best when cut with a reel type mower. Vegetatively propagated cultivars are more desirable because of their dense, compact growth habit.



Carpetgrass and St. Augustine have a similar appearance. Photo by Dr. Ron Strahan | LSU AgCenter

They are commonly used on athletic fields and golf courses. These cultivars are also sterile and will not spread from seed.

Centipede is popular among homeowners because of its low maintenance requirements. It is also favored because of its ability to grow in warm weather and acid soils with low nitrogen fertility. Centipede grass is slow growing and spreads through stolons (above ground stems). It can be established via seed, plugs or sod. Centipede grass is a medium-textured turfgrass with sharply creased, bright green leaves.

St. Augustine is a dense, coarse-textured turfgrass with folded, medium-to-dark green leaves. It has a low tolerance for cold temperatures but is well-suited to warm, humid weather, making it a popular choice among homeowners. It also has the greatest shade tolerance among warm-season turfgrasses. St. Augustine grass aggressively spreads through stolons (above ground stems) and can only be established via plugs or sod.

Carpetgrass is best suited for areas with wet, acidic soil. In general, it's a low-maintenance turfgrass; however, because of the prolific seed head production, it may require more frequent mowing to be more aesthetically pleasing. Its

leaves closely resemble centipede and St. Augustine grass, but carpetgrass can be distinguished by its seed heads. Carpetgrass is a coarse-textured turfgrass with light-to-medium green leaves.

Zoysia has recently grown in popularity because of its durability, low mowing requirements and its lush, dark-green color. It grows well in warm, sunny areas and can tolerate partial shade. Compared to other turfgrasses, zoysia grass also has a high tolerance for cold temperatures. There are several coarse- and fine-textured species and cultivars available. Zoysia grass feels stiff to the touch. Like Bermuda, a reel type mower is preferred.

Mariah Simoneaux is the Horticulture Agent serving Ascension and Assumption Parishes. For more information visit www.LSUAgCenter.com or contact Mariah at MJSimoneaux@agcenter.LSU.edu.

ASCENSION MASTER GARDENERS

GARDENING SEMINAR & PLANT SWAP

Tuesday, April 26, 2022 at 6:00 PM
Lamar Dixon Vendor Rooms

SEMINAR: GIVE PLANTS THE SOIL THEY NEED

Quality soil mixes are ideal for establishing healthy plants. We will explore the types of soil mixes for different applications such as containers, hanging baskets, raised beds & garden beds.

Speaker: Dr. Ed Bush, LSU School of Plant, Environmental, and Soil Sciences

Following the presentation will be a traditional plant swap. You do not have to bring plants to participate, however labeled seeds, bulbs, and plants are welcome!



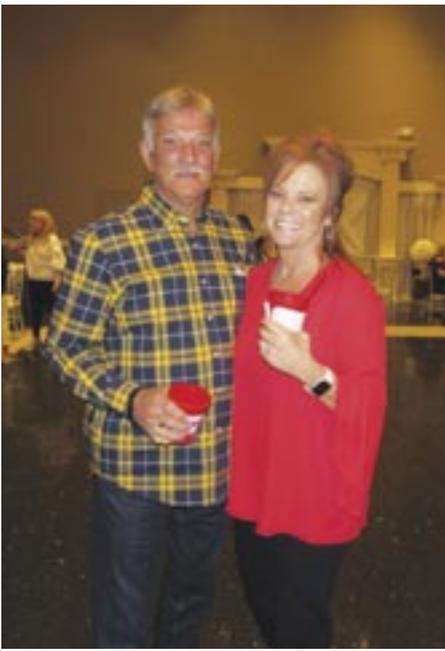
Thank you to everyone for making our annual "Louisiana's Best Catch Fish Fry" a huge success.



When I reflect on my years as a state legislator, I am reminded of how grateful I am to have been elected to serve my community and my state as the District 59 Louisiana State Representative. I am also reminded of my responsibility to the citizens as I became your voice in the LA House of Representatives.

I want to assure you that in





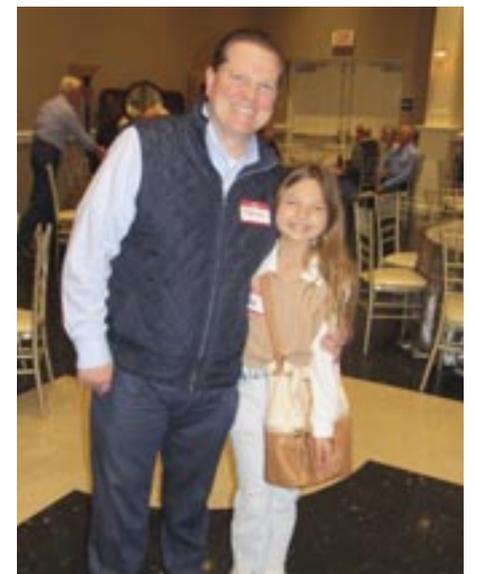
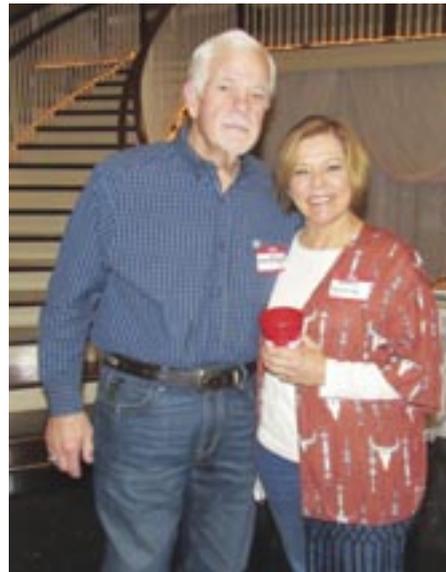
every vote I cast, in every bill I file, and in every action I take, I am reminded of my responsibility to serve each of you to the best of my ability.

This is a responsibility that I take seriously, and a responsibility that I am proud to shoulder. From my first day in the legislature, until my last, I want to be accessible and accountable to each of you, to be your servant, and to be your voice. As always, my cell phone

number is 225-921-3852. Feel free to call me directly.

I would like to take this opportunity to thank all of my supporters and sponsors. I would like to give a special shoutout to fellow elected officials, as I know the sacrifices we, as public servants, and our families, make each and every day.

Thanks also to my good





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Griffin Rec Cheer Compete at UCA National High School Championships

Our Griffin Rec Cheer team based out of Prairieville, LA attended the UCA National High School Championships at Disney World in Orlando, Florida on February 11-13. These girls have been working so hard all year in preparation for this national event. They gained knowledge and discipline, increased their athletic abilities, advanced in

their teamwork skills, learned the sportsmanship of both success and defeat, and gained friendships that will last a lifetime. From all of the coaches, parents, and supporters, "WE ARE SO PROUD OF OUR GRIFFIN REC SENIOR PURPLE AND JUNIOR BLACK TEAMS!!!!"

Quote from Head Coach Jimbo Gravois: "Our coaches are so proud of these girls and the heart and pride that they competed with. Congratulations on a successful nationals!"

Quote from cheer mom Donna Baudoin: "Being a cheer mom involves a roller coaster of emotions. In a matter of minutes the pendulum can swing and your tears can turn quickly from happy to sad. In the end, every tear shed is definitely worth it! The girls learn teamwork, empathy, how to win and lose with grace, and how to survive under pressure when all eyes are on you. The routine may

only last three minutes but the core values learned through the hours, days, weeks and months of practice last for a lifetime."

Quote from cheer mom Brandi LeBlanc: "I am so proud to have my daughter as a part of this team. Jimbo and all of the coaches teach these girls life lessons that will improve their capabilities in their adult lives. As an athletic/fitness trainer myself, I know how important these skills are and how much work goes into teaching them to others... my kudos to the coaches. Learning them at such an early age, especially when these girls are sponges, is so





important for their success in life. Being a part of this team has brought my daughter not only amazing friends, but a family. They work so hard, training day in and day out for months, for a three to four minute routine on stage. They GLOW when they are up there! Those smiles aren't just a part of their routine. They

truly are HAPPY to be a part of this team and love helping one another on the mat and off. Having my daughter be a part of this team is truly one of the best decisions we ever made, and I can't wait to see the things she accomplishes in life due to the skills she learns during these important years of her life."

♥ Spreading Cheer
♥ Every Year

♥ Griffin Rec Signing Day April 1, 2022 for grades K - 5th

♥ Junior Black Tryouts for 5th - 7th Graders are set for May 11th from 6:00 - 8:00pm

Start your cheer journey with us. You'll love it. More info --> www.laprairieville.com/cheer

Registration now open!

Spreading Cheer. Every Year.

Signing Day April 1st

Sign up at: www.laprairieville.com/cheer

K - 1st Grades	1st - 3rd Grades	3rd - 5th Grades

Junior Black

Cheer Tryouts May 11th

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YOUR ESTATE MATTERS



By Linda Melancon

Do I Still Need an Estate Plan?

In March of 2012, I wrote an article for Ascension Magazine entitled "Do I Need an Estate Plan?" Some of you reading this right now might have read that article a decade ago. (And if you did, have you done your planning yet?) This month, we are going to revisit that article with a few updates. No one wants to talk about it. In fact, most people would prefer not to even think about it. And for those brave souls who reluctantly confront its certainty, most shift planning for it to that very uncertain time known as "someday." Figured it out yet? Well, it's something that none of us will avoid, but, like taxes, none of us wants to discuss. Of course, it's Death. And while many of you reading this article may want to stop right here, you may miss valuable information which will provide many benefits for you and your loved ones.

One aspect of estate planning involves the process of deciding what will happen to your assets when you pass on. "But I thought estate planning was for people who have money like the Kardashians, or Oprah or Bill Gates." While the rich may be more concerned about paying estate taxes (and you should also plan to pay the least amount of taxes as possible), there are far more important reasons to engage in estate planning than the avoidance of taxes.

Still not convinced estate planning is important for you and your family? Keep reading.

I have seen clients that didn't think they would make it past 70. However, with the advancements in medical technology, they lived for longer than they were able to care for themselves. Thanks to early planning, they had something in place to instruct loved ones on how to care for them and their finances when they were unable to do that for themselves anymore. I've also consulted with couples where one partner was on their second or third marriage, and had children with

their current spouse, as well as children from a previous relationship or marriage. They planned ahead so that should anything happen to them, all of their children would be provided for and their current and former partners wouldn't have the burden of trying to divide assets where needed.

At least twice a week, I meet with parents or grandparents who have concerns about whether their children and grandchildren have the financial ability to manage any inheritance they might receive. We've created plans to ensure that such monies are properly managed and available for them when they may need it the most.

I have also seen the parent of a minor children who knew that due to serious illness they would not be there to raise them. We've helped them put planning in place to dictate who they wanted to take care of and raise them when, inevitably, they couldn't.

I've had many consultations with parents who have that one son or daughter-in-law they just don't trust or like and want to protect their own and their loved ones' assets against the fallout from a messy divorce at some point in time.

I've also seen countless parents with a special needs child find peace in mapping out a plan for their child's care to ensure the child is provided for in the event something happens to them.

Additionally, I've counseled lots of adult children with parents needing long-term care, distraught over having to make health and financial decisions for an aging parent, on the best ways to do that.

Years ago, I knew these would be the people I wanted to help. And each week, I am honored to meet with people to discuss how we can help them plan for the future they envision for themselves. If you can identify with any of the above examples, then you need to sit down with a qualified expert to begin to customize an estate plan that reflects the things that are important to you. Just as every person is different, the things that will be components in each persons' (or couples') estate plan will differ as well. Don't let that word in the second paragraph of this article stop you from planning ahead and taking care of your family and those for whom you care most when you aren't able to do that anymore.

The information provided is not intended to be legal advice and does not constitute any attorney/client relationship. You should consult with an attorney for individual advice regarding your own situation.

Ms. Melancon is an attorney with Legacy Estate & Elder Law of Louisiana, LLC with offices in Baton Rouge, Lake Charles, and New Orleans. The primary focus of her practice is estate planning, probate, special needs planning, and elder law.



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Being Real with Real Estate

with Ashley

Spring Cleaning & Insurance



SPRING! Ahhhh, it's so dang close I can feel it! Something about spring approaching and warmer weather makes us all want to start cleaning out closets to make room for adjustments in our wardrobe. It makes most people want to start de-cluttering, re-organizing and re-planting...a rebirth of sorts, right? This got me thinking...what a great time to also dig out my current insurance policies and re-evaluate my insurance coverage! I figured we all purchase insurance based on what our current needs are at a particular moment in time...and most of the time, we never think about it again. We feel safe being "covered" by insurance policies and we never think about it again. But is this a good mindset to have? Are we throwing money out of the window or short-changing ourselves by not re-evaluating our current needs? Hmmmm...

I contacted my good friend Sherrie Jenkins, owner of All About Insurance in Gonzales, La. I wanted her to give me and my readers some tips on what we need to review and look for in these "forgotten" policies. Sherrie states that "As the years go on, our lives change in many ways. It can be a marriage, new baby, different job or a new home renovation. Insurance policies need to be continually monitored and updated/modified to keep up with changing events in our lives. I believe that when you are buying or reviewing your insurance needs, the first and most important step is to educate yourself and earnestly consider why you are purchasing this policy in the first place and what do you expect it to do for you." I then asked her to give me and my readers an example. Sherrie shared the following: "Take for instance a Life Insurance policy. This is meant to be a replacement of financial stability in the case of a loss of a loved one. It has been reported that as a bread winner in a family passes untimely and life

insurance is not part of the "financial package", the widow would be forced to make an emotional decision that could potentially devastate the family. Without proper replacement of the income that is now lost...the widow's decision is usually having to make the tough decision to let go of the largest asset/debt...the family home. She also mentioned monitoring and re-evaluating your homeowner's policy. Sherrie went on to state "the top insurance mistake is being underinsured, which happens when you fail to update your coverage as your property, lifestyle or needs change."

I highly advise you pull out your current insurance policies, sit down and have a discussion regarding these policies and if they are still conducive to covering your current/updated needs. I also recommend calling Sherrie and talking to her about any concerns or questions that you may have pertaining to insuring you and your family. I have referred many of my clients to Sherrie and she has taken exceptional care of their insurance needs.

If I can assist you in any Realty questions that you may have, please feel free to contact me at any time to discuss what I can do for you! I can always be reached at 225-933-6869.

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We all hope for long, healthy lives. But there's a serious "side effect" of longevity – the possibility of outliving our money. How can you help prevent this?

It's useful to know the seriousness of the threat. Consider this: About 41% of all U.S. homes in which the head of the household is between 35 and 64 are projected to run short of money in retirement, according to the Employee Benefit Research Institute.

While this statistic indicates a cause for concern, it certainly doesn't mean that you are necessarily headed for trouble – because there's a lot you can do to help build and manage enough resources to last a lifetime. Here are a few suggestions:

- **Consider your estimated longevity.** On average, a 65-year-old man can expect to live another 17 years, while a 65-year-old woman can anticipate about 20 years, according to the Centers for Disease Control. Of course, you'll want to take into account your health and family history of longevity to arrive at a reasonable estimate. You can then use this figure to help determine how much money you'll eventually need. To play it safe, you might even want to try to build an income stream that can last beyond your estimated lifespan, possibly up to age 90.

- **Don't overlook health care costs.** When budgeting for retirement, allow enough for your health care expenses, which can be considerable. Even with Medicare, you can expect to spend anywhere from \$4,500 to \$6,500 per year, per person, for traditional medical costs. Also, you

may want to prepare for two to three years of long-term care expenses, which currently range from about \$50,000 per year for home health care to over \$100,000 per year for a private room in a nursing home.

- **Keep building assets for retirement.** While you're working, constantly try to put away as much money as possible for your retirement years. Each year your salary goes up, increase your contributions to your 401(k) or similar employer-sponsored retirement plan. You may also want to contribute to an IRA, depending on your goals. And within your retirement savings, make sure you devote a reasonable percentage of your investment dollars to growth-oriented vehicles that align with your goals and risk tolerance.

- **Seek out sources of guaranteed income.** As a retiree, you will receive Social Security benefits – and the longer you wait before claiming them, the bigger your monthly checks will be. But you might also consider investments that can provide a source of income you can't outlive, such as annuities.

- **Revisit your strategy before you retire.** As you near retirement, you may want to review your investment strategy, possibly adjusting your risk level so that your portfolio would be somewhat less susceptible to market volatility. This is also a good time to review your spending needs in retirement.

- **Maintain a reasonable withdrawal rate.** Once you are retired, you'll likely need to start withdrawing from your 401(k), IRA and other investment accounts. To avoid taking out too much money too early in your retirement, you'll need to set a reasonable, sustainable withdrawal rate based on your assets, age and retirement lifestyle. A financial advisor can help you determine an appropriate rate.

It will take dedication and determination to help ensure your money doesn't run out during your lifetime. But you'd probably agree that it's well worth the effort.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.

Edward Jones
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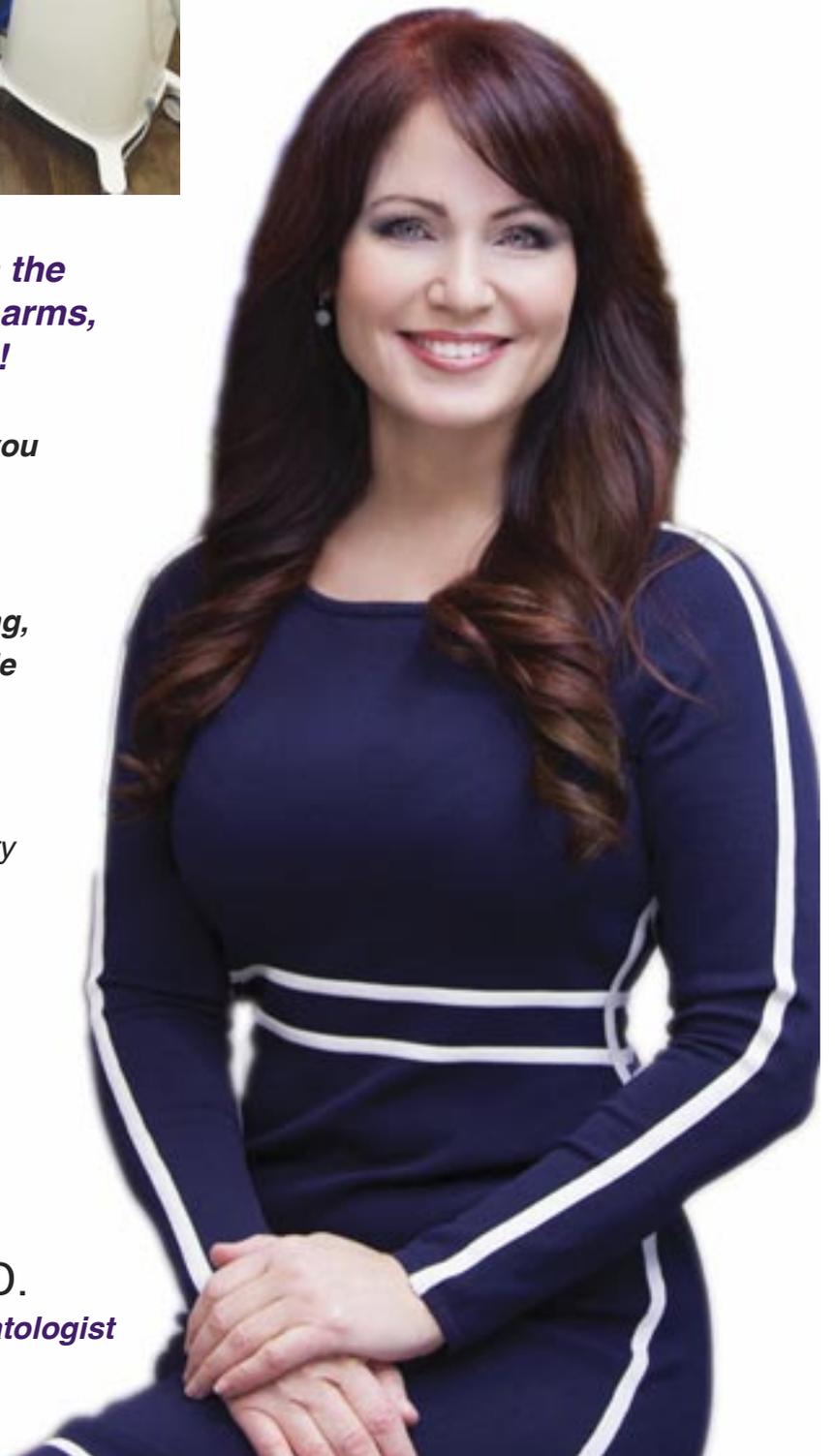


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CENTENNIAL CELEBRATION

A Message from Mayor Barney Arceneaux Celebrating 100th Years City of Gonzales:

In this message, I'd like to share my thoughts on the past, the present and



the future. First, I'd like to speak about the past. The City of Gonzales has been fortunate to have had excellent leadership since its very beginning. From the start, our leadership has negotiated important advantages for our city that we still benefit from today. Landing a stop on the rail line from New Orleans to Baton Rouge and having Airline Hwy pass through the center of town were instrumental in our growth. The initial investment in water, sewer and gas and careful planning to make sure those systems were well maintained laid the groundwork for the economic growth we continue to have today. Our interchanges on the interstate and the groundbreaking economic development projects of Cabela's and Tanger Outlet Mall continue to strongly benefit the city.

As we approach the 100th anniversary of our founding, there is so much we can be proud of in the City of Gonzales. The state of our City is strong! Our infrastructure is in very good condition, including our roads, our water system, our wastewater system (which we recently invested \$15 million to expand), our gas system and our drainage throughout the city. Our water and gas system is now upgraded to smart meters, which are more accurate and better for the environment. Our employees who lead our city are some of the very best. Our parks continue to be top notch, including a community Olympic swimming pool, a highly rated tennis facility, numerous ball fields and playground equipment. We have two recreation facilities to accommodate those who are physically challenged in our community, with Kidz Kove playground and the Ward Webb All Abilities Field. Our school system is top rated and we are proud to host the River Parishes Community College. We have one of the few Class 1 rated fire systems in the state and one of the highest paid and well equipped police forces in the state. In short, it is easy to see why our community is rated one of the highest quality of life places in Louisiana.

Looking ahead, we are working on completing aspects of our strategic economic development plan and land use plans. We expect to begin construction of our new Price LeBlanc PACE (Performance, Arts, Conference & Events) Center this summer. We appreciate the community's support for the hotel tax that will fund this project and the LeBlanc family for their generous contribution. We have already completed some of the infrastructure for the CARE (Community, Activities, Recreation & Education) Center

located on Darla Avenue and expect building construction to occur in the coming year. We are working on two brand new roads – Semper Fi and St. Francis Avenue and overlaying several existing roads. We are completing a replacement of street lights and building lighting to more energy efficient LED lighting, which was thanks to a nearly one million dollar PSC grant. We continue to work diligently to redevelop existing places in the city, like the old K-Mart and Gallery Shopping Center. We are strongly advocating to restart rail service here. We are one of the first Louisiana cities to establish a Climate Action Committee to protect our environment for generations to come. On many fronts, we are leading the way!

With your help and support, we continue to make the investments to improve infrastructure and quality of life. Our goal continues to be to make Gonzales one of the best cities in this state to live in. We continue to have great relationships with our other government partners, including our federal Congressional delegation, state legislators, parish government and our sheriff. So many good things happen because we all work well together. We couldn't do it without our great citizens and civic organizations. The strong sense of community and pride held by our native Gonzales residents is our greatest strength. The rich culture of our people, many born here and many who choose to invest here, their strong work ethic and our deep caring for one another over many decades ensures our current success and that of future generations. It is the people here who make the difference and I am proud to be able to serve you.

Barney D. Arceneaux, Mayor



L to R - Anthony Lamendola, Charles Blouin, Lawrence Chambers, Alvin Millet, JO Berthelot, Calcote Aldridge, Leo Ricca (Shovel in Hand), James (Cobby) Walker, Brooks Braud, Carley Wright, John Dewey Gonzales, Hugh (Bubbie) Ambeau

Gonzales 100 CENTENNIAL CELEBRATION

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5 PM – 7 PM VIP RECEPTION T-JOE MUSEUM & ASCENSION COMMUNITY THEATRE

5:30 PM - 6 PM 75TH TIME CAPSULE UNEARTHING & REVEAL

6:30 PM – 7 PM TIME CAPSULE 75TH VIDEO VIEWING
These events will be live streamed on the GonzalesLA100 Facebook page!

SATURDAY, APRIL 23RD

5 AM – 10 AM ROLAND DOUCET SHOW LIVE BROADCAST FROM JAMBALAYA AMPHITHEATRE

8 AM CENTENNIAL 5K FUN RUN BEGINS

10 AM ARTS & CRAFTS / FARMER'S MARKET OPENS

1 PM – 3PM KENNY FIFE
 ❖ Jambalaya Amphitheatre Stage

4 PM – 7:30 PM CENTER STAGE PERFORMING ARTS ACADEMY CENTENNIAL SALUTE
 ❖ Recreation Center Stage

SUNDAY, APRIL 24TH

7 AM CENTENNIAL JAMBALAYA COOK-OFF BEGINS

11 AM CENTENNIAL JAMBALAYA COOK-OFF FINALISTS ANNOUNCED
 ARTS & CRAFTS / FARMER'S MARKET OPENS

12:30 PM – 2:30 PM RHETT & THAD GLINDMEYER
 ❖ Jambalaya Amphitheatre Stage

1 PM CENTENNIAL JAMBALAYA COOK-OFF FINALISTS BEGIN CHAMPIONSHIP COOK

2:30 PM 'WE ARE BLESSED' NON-DENOMINATIONAL COMMUNITY PRAYER SERVICE
 ❖ Civic Center Stage

2:30 PM – 4:30PM KENNY CORNETT
 ❖ Jambalaya Amphitheatre Stage

3:30 PM 100TH TIME CAPSULE BURIAL

5 PM – 7:30 PM CLOSING CEREMONIES & RECOGNITIONS
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CENTENNIAL JAMBALAYA CHAMP ANNOUNCED 6 PM
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L-R Johnny Ramirez, Paul LeBlanc, Ralph Tureau, Johnny Berthelot, Paul Ramirez, Bubba Geismar



Bobby Amedee & Doyle Bourgeois and Jimmy Smith.

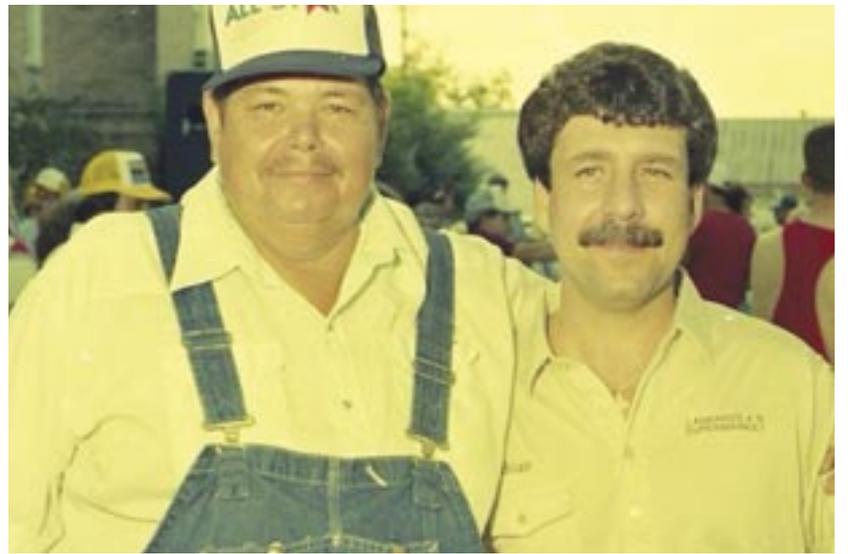


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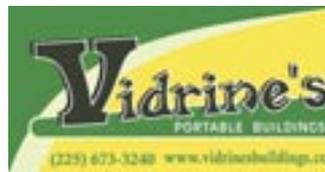


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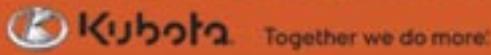
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Bye, Bye American Brackets and An Offer You Can Refuse

by Bill Delaune

"A little madness in the spring is wholesome even for the king..." Emily Dickinson.

"Lord, what fools these mortals be..." William Shakespeare.

I always thought that Will and Emily (maybe a TV sitcom to replace "Will and Grace") were way ahead of their time when it came to the term "March Madness".

The Dickinson quote is one of my favorites although some of my English cohorts frowned on my teaching of her poems when I pointed out to my students that most of her works could be put to the tune of "Yellow Rose of Texas".

And, of course, that rascal Puck in "A Midsummer Night's Dream" pretty much nailed this cosmic joke of a world that we now live in.

But it is springtime and hope springs eternal in the human breast whether it's believing that peace will finally rule the planets and love will steer the stars or that this just might be the year that the LSU Tigers win the College World Series.

Spring is also a time for man and nature alike to be on the move as evidenced by the swallows returning to the mission at San Juan Capistrano (March 19) and the buzzards regrouping at Hinckley, Ohio (March 15) probably choosing the Ides of March to search for the bones of Julius Caesar or to stick another knife in the back of much-maligned Cleveland quarterback Baker Mayfield.

Even Geoffrey Chaucer decided to send his storytellers out on a pilgrimage to St. Thomas Becket in the "Canterbury Tales" around this maddening time of the year.

So as not to be outdone by the fowl of the air or the fowl of the earth, I decided to make my own spring journey to as sacred place every bit as holy as Becket's shrine or the Capistrano mission.

I left Bluff Road and started a meandering trip down Alligator Bayou to seek out the all-seeing, all knowing Great



Sports Ninja to learn the secrets of life, to meditate on the mysteries of the universe and maybe to pick up a few winners in my NCAA Basketball Tournament pool. As expected, I located him at the Mecca of Lost Souls-the deserted Alligator Bar-or Alligator Hilton, it you will-on the Ascension-Iberville parish line. I found him out back throwing a football through a tire swing on a tree with Don McLean's classic "American

Pie" blaring from outdoor speakers.

"Hey, Wild Bill," he greeted me warmly. "It's always good to see the only writer to be fired from three newspapers in a two-newspaper town. And let's not even start on your radio and cable TV debacles."

"How about this place?" he asked nostalgically. "I remember when fishermen used to launch here en route to Spanish Lake and then return here for a beverage of their

choice and swap lies about their catch. Now there's not even an Alligator Bayou and the powers that be wonder why Mother Nature is so angry at us. But to what do I owe this honor-as if I didn't already know."

"What's up with the football?" I had to ask.

"Got to keep the old wing loose," he said. "Surely, a crackerjack reporter like you is aware of the quarterback shortage in the NFL. Just look at what's happened this month alone. Denver mortgaged the entire franchise to get Russell Wilson, Green Bay sold the Packing Plant to keep Aaron Rodgers in town and Tampa Bay lured Tom Brady from his island vacation to return to the Bucs. What was he gone-40 days? Maybe he gave up football for Lent."

"Maybe he saw the price of gas and went back to work," I tried in vain to match his jokes but there was no stopping him.

"The Saints are so desperate they're after Deshaun Watson who got into some trouble with the ladies of the evening in Houston. Oh yeah, let's bring him to New Orleans where there aren't any strippers or prostitutes-that's a good idea," he laughed.

He paused for a moment so I made another feeble attempt to hold up my end of the conversation. "Speaking of quarterbacks, "I ventured, "did you know that former Steeler signal caller Terry Bradshaw checked into a hospital about 40 years ago this month for some arm surgery. Hoping to avoid unwanted publicity, he registered under an alias keeping his initials T.B. Know what that assumed name was?"

"Tom Brady," shot back Ninja. "Did you forget who you're talking to? And the real Brady was only five years old at the time. So while an old TB 12 was trying to extend his career a few years, a young TB 12 was just developing an interest in sports."

"Aw, you're no fun," I whined.

"I should have stayed at Porch Light with Christy."

"Come on, Fishwrap," he said. "Stick around for the music if nothing else." McLean was wailing about driving his Chevy to the levee. "It's vintage 1972."

"That is a good tune," I agreed. "I used to teach that to my classes when they were assigned a long, narrative poem. Beat the hell out of Longfellow and kept them awake."

"It's hard to believe that was 50 years ago," Ninja reminisced. "A good year for the arts with 'The Godfather' leading the way."

"Tell Michael it was just business. I always like him," I replied in my best Abe Vigoda imitation. "That was one of my favorite lines although there were many memorable ones."

"Not a bad year for sports, either," added Ninja. "The '72 Dolphins went 17-0, the colorful Oakland A's won the World Series and we almost had a Triple Crown winner."

Now don't ask me where I was yesterday, but I can remember things that happened 50 years ago-

especially sporting events.

"Oh yeah, Riva Ridge won the Derby and the Belmont but was upset on a sloppy track in the Preakness. I was working for Noody at Fish-n-Pic on Derby Day when the phone rang to reveal an Irish voice on the other end.

"This is the priest at St. Theresa and I want to bet 50 dollars on Riva Ridge in the Kentucky Derby." Now at first I thought it was a joke but the good father assured me it was legit. So I checked with my boss who said, "If the priest likes the horse that much, call Taxi (another bar owner in town) and bet us 100."

"Those were some good days-hell, I even got married that year-but I really came here for help filling out my March Madness brackets," I admitted.

The Great One looked frustrated. "Why, Wild Bill, haven't I taught you anything over all these years? The answers are right in front of you if you could only use what brain cells you have left."

His questions came rapid fire now and he answered most of them himself. "Who is the first verse of 'American Pie' about?"

Buddy Holly, right? From where?"

I beat him to the punch this time. "Lubbock, Texas."

"Correct," he beamed. "And what college is in Lubbock? Why the Texas Tech Red Raiders. See how easy that was when you're in touch with your surroundings."

"Okay," I said. "That's one. But what do the '72 Dolphins have to do with basketball?"

"Dig deeper, Grasshopper," urged Ninja. "Who was the quarterback-remember we spent some time on that position-and where did he go to college?"

"Bob Griese from Purdue," I responded proudly.

"Bingo," cried Ninja. "Pencil in the Boilermakers. Here's an easy one-who won the NCAA Tournament 50 years ago."

"It had to be UCLA," I reasoned. "They were winning every year back then."

"And the Bruins return on their Golden Anniversary," predicted the Great One.

"But what about 'The Godfather'? Who would the Corleone family back in this year's tournament?" Inquiring minds wanted to know.

"That's a tough one," admitted Ninja. "I'm going with Rutgers from Tony Soprano's nearby New Jersey to win a couple of games but for the Final Four I'm picking Villanova for the Philly mob. Take those four teams-Texas Tech, Purdue, UCLA and Villanova and you can thank me later when you return for a Derby horse."

"Maybe we should check with that priest for the Derby," I laughed. "Would it help if we got a special blessing?"

"It would if the nag could run a mile and a quarter," said Ninja. "And remember-you can't go swimming in a basketball pool."

I left him singing, "Bye, bye, Miss America Pie..." with hopes that I'm not telling my bracket good-bye after the first round this year.

Good luck.

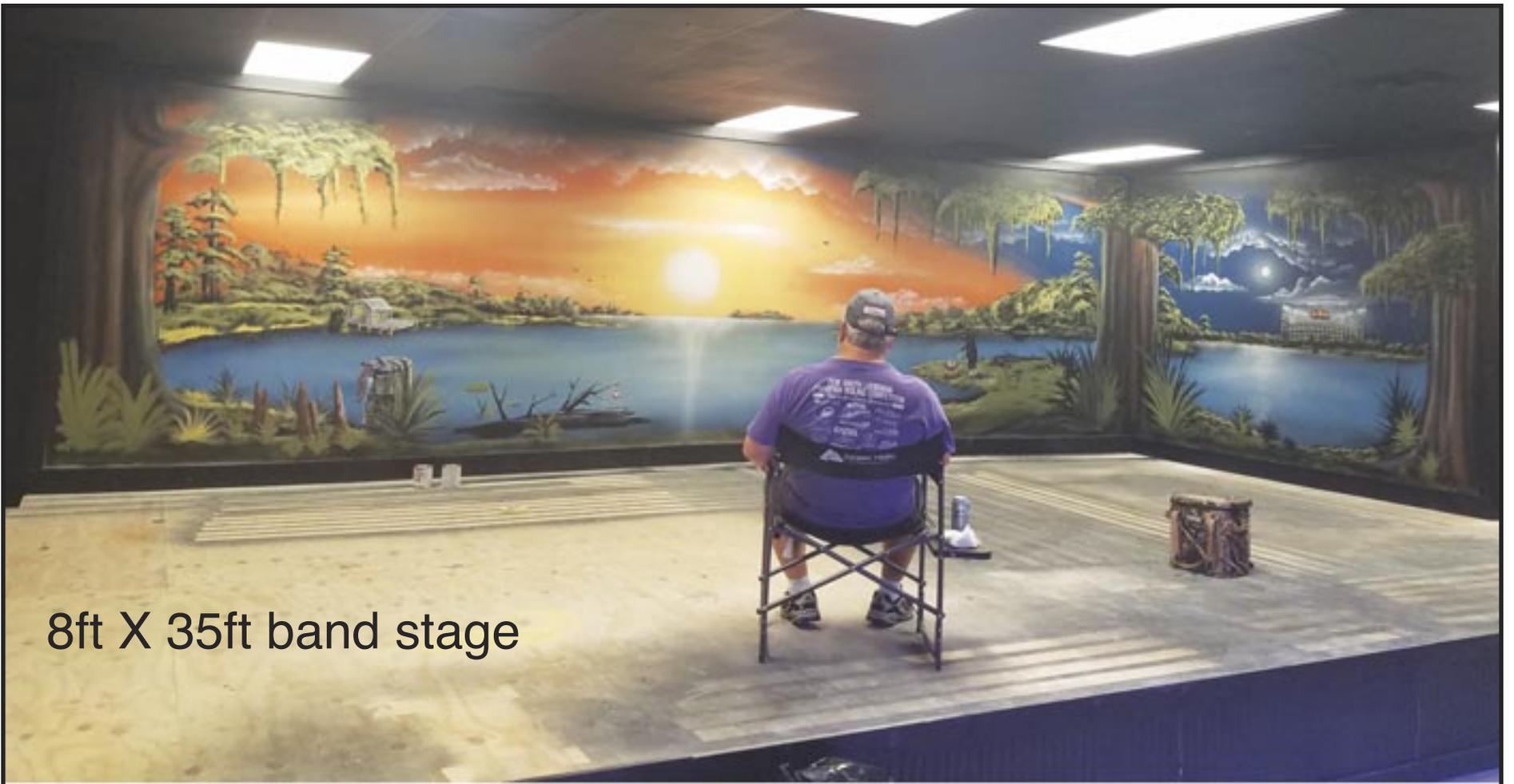
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Useless Random Facts with Kellie

The youngest Pope in history was Pope Benedict IX who was 11 years old at the time of the election. He is also the only person to have been the Pope more than once.

Costa Coffee employs Gennaro Pelliccia as a coffee taster, who has had his tongue insured for £10 million since 2009.

Medieval chastity belts are a myth. A great majority of examples now existing were made in the 18th and 19th centuries as jokes.

There is a company that sells mirrors that make people look 10 pounds thinner. Overall, the mirrors have contributed to 54% of total sales for retailers that use it.

Standing around burns calories. On average, a 150-pound person burns 114 calories per hour while standing and doing nothing.

Although GPS is free for the world to use, it costs \$2 million per day to operate. The money comes from American tax revenue.

Lettuce is a member of the sunflower family.

Researchers have found that flossing your teeth can help your memory. Flossing prevents gum disease, which prevents stiff blood vessels, which cause memory issues.

Red Solo cups are a common souvenir to bring back from the United States. The novelty comes from the cups being used in many party scenes in movies.

There is a town in Nebraska called Monowi with a population of one. The only resident is a woman who is the Mayor, Bartender, and Librarian.

Saint Lucia is the only country in the world named after a woman.



Entertainment Schedule

**March 26th -
Rivul**

**April 2nd -
Petty Berry**

**April 8th -
Jovin Webb Experience**

**April 14th -
Foret Tradition**

**April 16th -
Sofa Kings**



Foret Tradition

April 14th

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Thoughts from Bully

I have a 50 Year Secret for a 100 Year Celebration



I've never been one to follow fads but tequila can have an effect on ones mind to do stupid things. I know because 50 years ago I ran naked in the City Limits of Gonzales across Burnside. I hope the statue of limitations has expired. If not this story is fiction.

One night Scott Harris, Mike Rambin and I decided to lick the salt, shoot the tequila and chew the lemon. After too

many shots, we came up with the bright idea to STREAK the local 7-Eleven.

The first thing streakers need to do is to have a plan to get away after we ran butt naked in public.

We called our trust worthy friends David Amedee and Ronnie Marchand because they had a car.

They picked us up and dropped us off behind the Chateau Bourque apartment

complex next to the store. The Capital One Bank wasn't there in the early 70's and was an empty lot.

The plan was to run in the front door, down the bread isle and touch the beer cooler in the back of the store. Then as we exit the store David and Ronnie would meet us on the side road next to the store and we'd make our escape through Park Vista.

The time had come. We were in the back of the apartment complex, we got naked except for our shoes and a t-shirt over our head. We were standing there building up the nerve to actually go through with the nude run. I think we were about to chicken out when a lady opened her curtain and screamed at seeing 3 naked guys outside her window.

The scream was like a shot at the beginning of a 50 yard dash and off we went.

I don't remember who was in front but I do remember the laughter and screams from the customers as we STREAKED the 7-Eleven. We all made it to the beer cooler and headed out the door. We ran to the side street and heard a car horn. It was Ronnie and David heading down Burnside St., waving and laughing out loud. There we were standing in the parking lot with nothing on but a smile.

It took about 2 seconds for us to decide to get the hell out of Dodge. We ran across the street toward Oak terrace subdivision where Scott lived.

Burnside was a 2 lane road back then with drainage ditches.

We bolted across the street with cars honking and lights flashing. After jumping the ditch, we headed down a trail that led to a pasture where the baptist Church is now and

toward Scott's house.

It was dark and blackberry bush briar vines were hanging out over the trail. It was a must to run with hands cupped over Mr. Happy. We got through the trail but had forgot about the electric fence at the end of it. Mike stopped just short of it and Scott ran into him. That's when the sparks lit them boys up.

We stopped for a moment and had a big laugh at ourselves and our situation.

We crawled under the fence without incident and started walking across the pasture. We then heard a noise off in the distance that started getting closer and closer. We looked back and there were 4 Shetland ponies running straight at us. Off we go again like Forrest Gump, runnnnnnn!

We finally got out of the pasture and into a ditch until we made it to Scott's house.

Once we were in the light of the carport it was amazing to see how many scratches and cuts ones body can endure.

I can assure you there were not enough band-aids in the cabinet to render first aid.

David and Ronnie drove up thinking it was funny to leave us hanging until Scott grabbed his 9 iron out of his golf bag.

We had to hold Scott back. David and Ronnie survived and we never were arrested or questioned.

Till this day I still remember the shock of no ride picking us up so when I play golf with David I always drive.

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Protection

It had been a very pleasant day. The type of weather that many October days bring to our area. As the temperature began to slightly fall and a beautiful sunset was on the horizon, my better part and myself made the decision to turn on the outside T.V. and watch the tiger football game of the week.

I was about on my third one when I began to notice an enormous amount of sirens sounding off on our local roadways in response to what must be a very serious situation. After a very long session of that activity, you could sense that this wasn't normal protocol. When my curiosity of what was going on finally got to me, I asked my wife to take a look at her device to see if any of this event was being mentioned. Shortly afterwards she replied, "There's a manhunt in progress for an individual that stole a vehicle and shot four people killing two. One was a woman and the other appears to be a state trooper." All of a sudden that beautiful evening didn't seem so beautiful anymore. The Tigers' outlook from the start and for the remainder of the game didn't look very promising either and now there is possibly a murderer in our neighborhood. About halfway through my next cold one, after thinking the situation over, I then told my wife that we probably need to turn all that stuff off and go inside. Shortly after locking all the doors and while enjoying the comfort of my lounge chair, I was startled by noise that seemed to come from the kitchen area. I asked my partner, "What was that?" She replied, "I don't know." I didn't like that

answer. At that moment, I made the decision to fetch my personal protection revolver. When I slipped that thing into my pants pocket that evening, a very warm feeling of security was afforded to me. I now, didn't fear the situation anymore. WOW. While toting, I investigated the kitchen noise. The sound that we had heard from that area of the house had been created by the refrigerator's automatic ice maker. From that point on, I felt safe and secure and would at least have a fighting chance, should the trouble maker appear in our neighborhood. Thankfully the criminal was apprehended by the police before any other crimes occurred.

I am a hunter and very proud of it. I own several firearms. Most of my arms are for hunting. I use different types of rifles and shotguns for different types of game that I pursue. I truly love guns that look pretty, feel good, function properly and shoot straight. I do own a couple of handguns for personal protection, but by far, my favorite arms are the ones that I use for target shooting and hunting. In my case, you could make the argument that my main reason for firearm ownership is primarily for hunting. But believe me. It's a great feeling to have a personal protection weapon available if you ever so happen to need it.

There are people in our society and all political arenas that would like to take away our right to bear arms. Some even want to take away the police and let the government protect us. Those policemen and women give their heart and soul in trying to protect us. As hard as they try, they can't be everywhere all of the time and when it comes down to it, you may someday be in a



predicament of having to protect yourself and or family. You can bet for sure that those who want to do away with our second amendment rights will have the laws arranged to where they will be able to own, or by some other means, have firearm protection if so needed. No. I did not have to fire my gun that night and I sure pray to God that I never have to fire it in the manner of self

on that particular October night, I sure did enjoy its company. It made me feel safe and secure and everyone should be afforded the right to feel that way.

Till next time
Bless the victims and their families

James "Goosie" Guice

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East Ascension Sportsmans League

Letter from president -
Mike Lambert

First of all, I'd like to thank Ascension Magazine, for the opportunity to join the pages of such a great resource in the community, to reach all our friends and neighbors in Ascension Parish. On behalf of the board, officers, and members, we are very grateful.

After almost two years off, due to Covid, we have resumed our monthly meetings. We are also getting our other activities started up again. I know it will take a while to get back in the groove, but it is coming along. We are currently trying to reach out to our members to communicate what's happening. We need

everyone's email address to stay in touch now. If you haven't received a call or email from one of the board members, we have started meeting again at Cabela's the third Monday of the month at 7:00 PM. It is upstairs in the conference room. We invite anyone to join us. We always have a good meal and interesting speakers each month.

For those who are not familiar with our organization, we stand to protect the outdoors, water, air, soil, and wildlife, and our rights to use them. We are affiliated with the Louisiana Wildlife Federation. They have people who lobby at the capitol

for the things we all believe in having to do with the conservation of the outdoors and our rights to enjoy the bounty of our sportsman's paradise. We also involve youth in any way we can. We have our annual kids fishing rodeo as well as other hunting and fishing activities.

To join or renew a membership, send your name, phone number, and email address along with \$20.00, to 36156 Sycamore Circle, Geismar, LA 70734. Please join us on the third Monday night of each month for our meetings.

Thanks, Mike Lambert

East Ascension Sportsman's League Bass Club February Tournament

Tournament held February 26th. This was a "trailer anywhere" Tournament from Bayou Pigeon to Amelia Landings. Weigh in was at Doiron's Landing in Stevensville.

there were a lot of Bass caught in the Tournament including five over 4 pounds and one weighing 5.99 lbs.

1st Place winners were Patrick

and Bret Babin with 5 fish weighing 17.24 lbs.

2nd Place winners were Ronald and Rance Gautreaux with 5 fish weighing 16.69 lbs.

3rd Place winners were Bubba

Rossi and Tim Guillaume with 5 fish weighing 15.06 lbs.

4th Place Winners were Donald Braud and Terry Molea with 4 fish weighing 14.9 lbs.

5th Place winners were

17 boats participated and





Warren and Jim Hebert with 5 fish weighing 14.22 lbs.



Big Bass winner was Warren Hebert with his Bass weighing 5.99 lbs. He busted our Big Bass Jackpot with that fish to receive an additional \$300 along with the "side pot". Congratulations to the February winning Teams!

Our next Tournament will be held on Toledo Bend on March 25th and 26th.



Join Us For Our Next Meeting

East Ascension Sportsman League meeting will be at Cabelas in their upstairs meeting room on Monday March 21st. Meetings are always on the 3rd Monday of the month. Meeting starts at 7pm.

David Cresson from CCA will be this month's guest speaker. Meal sponsor will be Ascension Outdoors cable TV show with Lyle Johnson and Goosie Guice.

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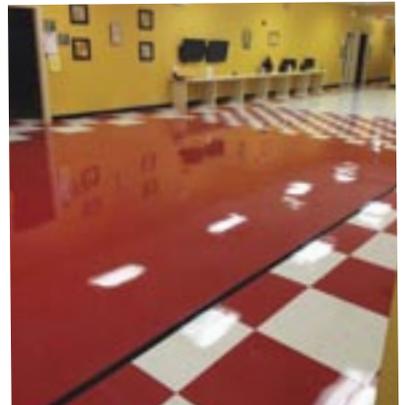
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- 6 eggs (hard boiled)
- ¼ cup mayonnaise
- ¼ to ½ lb peeled boiled crawfish tails
- ¼ cup green onions (thinly sliced)
- 2 boiled red potatoes (mashed)
- 1 tablespoon Creole mustard
- 1 teaspoon dry crab boil mix
- Salt & Pepper to taste
- 1 or 2 corn cobs (cut corn off of the cob)

Method:

Peel all of your boiled eggs. Cut them in half length ways and carefully remove the yolks. Place all the yolks in a mixing bowl and add your mayo, mustard and green onions. Be sure that before adding your corn and potatoes that you chop and mash them as much as possible to ensure proper mixture. Finally, rough chop your crawfish tails and add to mixture. Salt and pepper the mixture to taste. Using a piping bag or spoon add the mixture back into the boiled egg halves. Sprinkle with dry crab boil and serve.

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