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MAGAZINE

JULY 2023, VOL. 21 ISSUE 7

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On the Cover: Jeff Wiley for State Representative..... Page 24

View a Complete Slide Show of the Jambalaya Festival from Opening Morning till the Last Band Played.

You can view over 700 photos that we took throughout the entire weekend!

Take a look at the 'Off the Grid Photography' slideshow for more exciting photos.

View even more on 'Social Snaps 225' photos of the Mini Pot Champ of Champs event slideshow.



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Baton Rouge Chapter Daughters of the American Revolution Honor Vietnam Veterans in Ascension Parish

On Tuesday, June 27, 2023, members of the Baton Rouge Chapter Daughters of the American Revolution held a ceremony to commemorate the 50th anniversary of the Vietnam War and thereby

recognize the service and sacrifice of Vietnam Veterans in Ascension Parish including those members of Chapter 725 Vietnam Veterans of America. The event was held at VFW Post 3693.



Front Row: Baton Rouge Chapter DAR members Susan Smith and Rezzie Meyer, Vietnam Veterans Woody Lambert, Ely Brooks, Bob Beachler, Col. Stafford Landry, Lloyd Brown, Tinker McCrory, Daniel Kling, Aaron Duplessis, Jim Heintz, Baton Rouge Chapter DAR members Lea Evans and Ina Navarre, Regent.
2nd Row: Archie Molliere, Antoine Temple, Major Shelby Ballard, Col. Samuel Decoteau, Todd Lemmiksoo, Jeff Thompson, and Dwight Sprague.
3rd Row: Harold Weber, Gerald Blair, Perry Schexnaydre, Vincent Cambre, Jr., Mack Aldridge, and Donald Bonin.
Other Vietnam veterans not in the photo were William Allen, Louis Babin, Clifton Bell, Jerry Boudreaux, Newell Boudreaux, Jr., Daniel Brignac, Shelby Brignac, James Cambre, Glenn Holder, William S. Person, George Schmidt, Ronald Simoneaux, Brent Singletary and Barry Tullier.

Approximately 30 veterans and their families attended. Each veteran in attendance received the Vietnam War Commemorative Pin and Certificate as well as the DAR Commemoration



Certificate. Bob Beachler, President of Chapter 725 VVA, received a Commemorative Flag and Certificate for the chapter.
The Baton Rouge Chapter



Specialist 4 Donald Bonin while a member of the 20th Engineering Brigade (Earth Moving) while serving in VN.



Tinker McCrory



Specialist 4 Dwight Sprague while a member of the Signal Corps during 1971.

of the DAR has been a Commemorative Partner since 2013. For the past 10 years, the National Society Daughters of the American Revolution (DAR) has collaborated to bestow this Honorary Partner distinction on all Vietnam Veterans of America (VVA) organizations. This Commemoration is focused on specifically thanking and honoring our 7.2 million living Vietnam veterans and the nine million families of those who served during the Vietnam War period (from November 1, 1955, to May 15, 1975).



Brent Singletary with his mom.



Specialist 5 Shelby Ballard taking a break at a Fire Support Base north of Saigon in 1968.



Mack Aldridge at the 8th Radio Research Field Station in Phu Bai in 1969 while my buddy Mitch and I were enjoying a beer at a company function, possibly talking about how 'short' we were.



Harold H Weber, Jr, 3rd class



Brent Singletary

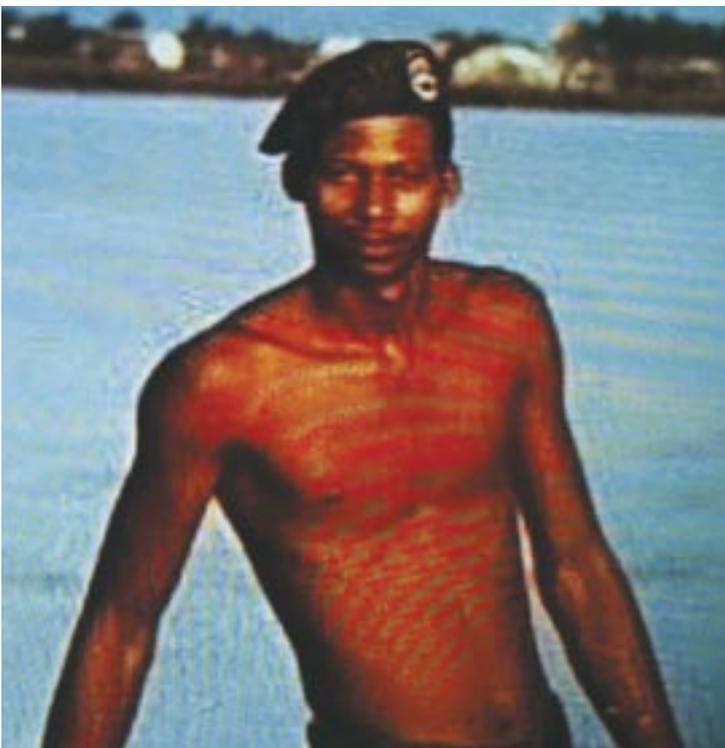




Tinker McCrory cap unit. He is the last man to the right on the bottom row.



Mack Aldridge receiving an ARCOM while stationed at the 1st Radio Research Co. (Aviation) at the Naval Air Facility in Cam Rand Bay in 1970.



Harold H Weber, Jr, 3rd class boatswains, mate, served in Vietnam, 68/69 brown water navy mobile riverine Force TF 117 RIVERRON 13.

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Even though Jambalaya Festival weekend celebrations were continuing we still took time on Monday to gather, celebrate and honor our Veterans and Heros on Memorial Day and count our blessings for their sacrifices, so that we may live freely on this land today.

We at TAGS & TITLES honor all men and women who served this country and thank them for their dedication and service to our country. On June 12, 2023, I was honored to be a sponsor of the VFW Post #3693 Benefit concert to raise money for an organization that I have grown up in with my Grandmother, Uncles who were Veterans, Aunts and my Mother, who still dedicates her days to this Post, and my family and friends who are members. I have fond memories, as I'm sure many do, of the old white wood building that stood on that spot for many decades. We played inside and out, ate many meals and attended years of functions, from Bingo, Christmas Parties, Easter Egg Hunts, weddings and showers, and the many beauty pageants to take a local "queen" to the State Convention. The list of what the VFW has done for this community is endless. And I am proud to be a small part of that history and will continue to dedicate what I can for the future of it. I can't thank you both old and young for your sacrifices and your families.

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JAMES "FEET" FREDERIC
MY DAD

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Gary Braud, **Nelson Morgan, Sr. – U.S. ARMY** (My Special Friend) and my Mother, **Lillie Frederic**. My dear mother who has served and dedicated many years to the VFW Post #3693 Ladies Auxillary. She makes me so proud.

In honor of all those who lost their lives serving our country. This memorial at the VFW Benefit was a fitting tribute to my cousin, Dana's dad, Gary Braud
RIP POP



TO ALL THOSE AND MANY MORE



Scott Innes, Producer of VFW Benefit

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Best Plant Sale Yet!

Ways and Means Chairman Janis Poche heads up the Gonzales Garden Club's plant/bake sale every year, but this year she has outdone herself. Back in March, she orchestrated a container plant workshop and kept those 50+ plants alive at her home through a freeze and a rainstorm. With the help of other members and some husbands, she was ready for business by 9:00am at Gonzales City Hall on May 12.



Because of the soggy lawn from recent rain, the mayor graciously allowed the garden club to set up the plant sale in the City Hall parking lot.

Member Jade Thibodeaux and her husband went to Janis' house the evening before the sale and loaded a dozen tables into their truck and trailer. Bright and early the next day, the Thibodeauxs arrived at City Hall, unloaded the tables and got them in place for the sale. A grateful Janis pointed out, "This was a great help because Harlan and I had to bring all of my plants plus the hanging baskets that the

garden club members had planted to the sale in his truck plus my van." Harlan even had to make a second trip to get them all from Dutchtown to downtown.

While Marilyn Rice was positioning plants for display, Curt Rice helped Harlan set up the tent for Razzie's cashier station and erect the plant sale

sign at Irma and Cornerview. Harlan and Curt continued to help each member unload plants and garden items as members arrived. Everyone stayed busy sorting and arranging plants prior to sale. Groupings included annuals, irises, succulents, cacti, begonias, herbs, hanging baskets, ferns, gingers, coleus and day lilies. Other tables



GGC Plant Sale Chairman Janis Poche sent Sheriff Bobby Webre home with a tray of plants for Mother's Day.

displayed vases, clay pots, used tools, fabric flower pins and sweet treats like Curt's lemon squares and Dale's white chocolate bread pudding.

Two donated raffle prizes generated funds also. Sheriff Webre was on hand to pull two names out of the raffle basket. Jenny Petite won a hand-painted china plate. Lydia Gutierrez won a squirrel-proof bird feeder. The sheriff donated \$100 to the club so Janis sent him off with an assortment of plants to share with his family.



GGC Member Katherine Stagg priced hanging baskets before supporters arrived.

Throughout the sale, members mingled with the customers to help them make their choices. At 1p.m. the husbands packed up the tables, the tent and the sign. Members scooped up the remaining plants. A relieved Janis said, "Clean up went fast because not many plants were left to sell."

The club sends an especially big Thank You to the Poches, the Thibodeauxs and the Rices for their tireless prep work and the take-down. Janis remarked, "Personally it's my favorite activity the garden club does. It is so much work, but we get to visit and give help and advice to fellow gardeners as well as learn from them. Gardeners were out looking for



Pictured here is County Agent Mariah Simoneaux with GCC Members who are also Master Gardeners: Barbara McCormick, Patti Mouton, Conchita Richey, Mariah and Dale Bowman.

bargains and replacements because of the hard freeze early in the year, and they certainly found them at the Gonzales Garden Club Plant Sale."

Because of the coordinated

group effort and steadfast public support, this year's sale was nearly twice as profitable as last year's. Proceeds collected on this day will afford these 2023-24 club projects: Arbor Day oak tree to be planted at City Hall, ongoing

plant replacement and garden maintenance at Jambalaya Park and Kidz Kove, four library books to be donated during the flower show, garden therapy supplies for assisted living residents scheduled at two facilities, honorariums to three guest speakers committed to educational programming, and a new contribution to the Blue Star Marker Program at Louisiana Veterans Cemeteries. Grateful appreciation goes out to all the loyal supporters who showed up to make this production so worthwhile. THANK YOU from the Gonzales Garden Club!



Besides these plants, GGC Supporter Lydia Gutierrez happened to buy the winning raffle ticket for a squirrel-proof bird feeder!



Member and Club Seamstress Ellen Posey sold flower pins that she made from fabric swatches and extra buttons.

The Gonzales Garden Club is federated by National Garden Clubs, Inc.



Manning the plant sale were Mary Jo Pohlig, Razzie Cagnolatti, Katherine Stagg, Janis Poche, and Marilyn Rice in the front row. Conchita Richey, Barbara McCormick, Dale Bowman, Gwen Heck, Janis D'Benedetto and Dana Teepell are in the back row. Hidden behind the plant display are Curt Rice, Harlan Poche and Patti Mouton. Jamie Trisler is not pictured.



What is Ocean Water?

Recently my gym had a/c challenges in one of the workout rooms. With outside temps in the upper 90's, then working out for an hour or two... I sweat! I didn't sweat a little, I sweat a LOT, then left the gym looking like I just got out of the shower.

All that said, I started getting major muscle cramps. As much water as I try to drink, water just doesn't help truly replenish our salt levels and electrolytes.

I have a friend that shared a glass of "Ocean Water" when I complained about getting foot and leg cramps. "It's way better than Power Ade", she said.

Although it took a few sips to get used to, this drink has completely stopped all my cramps and has given me more endurance during and after my workouts, even though the a/c is NOT fixed. Yikes!

This electrolyte tea contains vitamins A, C, E, D, K, B1, B2, niacin (B3), B5 and B complex. It also contains the following essential minerals: calcium, manganese, iron, selenium, potassium, magnesium, phosphorus, and zinc. But it doesn't stop there! It contains even more additional health promoting compounds like carotene, fatty acids, chlorophyll, flavanols, polyphenols, inositol, trace minerals, antioxidants, tannins and at least 15 amino acids.

If you do research on Yerba Mate alone, you'll find out the health benefits of this powerful tea are superior. Three components that make Yerba Mate superior to other

tea varieties are: 1) polyphenols – natural antioxidant and pain reliever, 2) xanthines – natural stimulant that give you energy, focus, and increased cognition, 3) saponins – anti-inflammatory, anti-parasite, anti-cancer, and cholesterol reducing benefits.

Ocean Water (aka Yerba Mate Electrolyte Drink)

Ingredients:

- 12 scoops (24g) of Yerba Mate Loose Tea
- 4 scoops (8g) of Swanson Sodium Ascorbate (Sodium & Vitamin C)
- 4 scoops (8g) of Iodized Sea salt
- 1.5 teaspoons of magnesium citrate
- 24 drops Vitamin D/K2 Liquid
- Peppermint Oil to taste

Directions:

1. 2 – 4 Tablespoons of Yerba Mate tea. You can use tea bags or a loose tea infuser

2. Steep the tea leaves in 2 Quarts of 176-200°F water (minimum of 20 minutes)
3. Allow tea to cool below 130 degrees. (You can also add some water to achieve a lower temp quickly)
4. 2 teaspoons of Swanson Sodium Ascorbate (Sodium & Vitamin C)
5. 2 teaspoons of IODIZED sea salt
6. 1.5 teaspoons of magnesium citrate
7. 24 drops (600 mcg Vitamin D, as D3 & 4800 mcg Vitamin K) Vitamin D/K2 Liquid
8. 4-6 drops of (peppermint) essential oil – Some don't like the taste, but I really enjoy it!
9. Add 2 quarts of water
10. Mix vigorously every time you pour as it does tend to separate.

I typically bring a smaller yeti with around 16 oz of tea to have while working out, but you can drink this natural electrolyte anytime you need to rehydrate. Of course, always consult with your physician!

Here's to a happy and healthy summer. All the best to my peeps in the AP!

XOXO,

Sweet Eyes

Sources: recipe courtesy Marcia Robbins Co-founder of FitYourWay30a.,

<https://www.wisepetea.com/blogs/knowledge/yerba-mate-health-benefits>





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As Seen On



Get Growing, Ascension!

Common Cucurbit Pests

Plants belonging to the cucurbit family are a favorite of Louisiana vegetable gardeners. During the summer months you can find cucumbers, melons, and an array of different types of squash thriving in the garden. If you are a fan of these vegetables, you'll want to read on to learn how to identify some of their most common pests.

The pickleworm is a lepidopteran pest of cucurbits. Damage occurs when the larva (caterpillar) tunnels into the growing flowers, buds, stems, and fruit. Pickleworm larvae



Mariah Simoneaux

will feed on both young and old fruit, although they prefer young fruit before the rind has hardened. Damaged fruit are more susceptible to rot and decay. Young pickleworm larva are light yellow to white with dark spots. As the larva matures the spots disappear

and the insect darkens, turning a more yellow green in color. Mature larvae reach about ¾ inch long.

The adult leaf miner is a very small black and yellow fly. Female adult flies lay their eggs under the leaf surface. Damage occurs as the eggs hatch and the larvae (maggots) begin to feed, creating irregular shaped tunnels throughout the leaves of the plant. Tunnel size

The two-spotted spider mite is a tiny pest, difficult to see without the use of hand lens or microscope. Its presence is usually detected when damage to the leaves, in the form of stippling, or webbing becomes noticeable. Thoughtful consideration should be given to insecticide use, as spider mite populations are known to flare when the pest's natural enemies are reduced.



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increases as the larva grows. Heavily damaged leaves may yellow and curl. Damage to crops like cucurbits where the foliage is not harvested can typically be tolerated. However, in some severe cases control measures may be needed.

Cucumber beetles are small beetles that feed on all parts of cucurbit plants during all stages of growth. Adult cucumber beetles are light green to yellow in color and may be striped, banded or spotted. Feeding damage from cucumber beetles can be especially harmful to young seedlings. Cucumber beetles may also transmit bacterial wilt of cucurbits and squash mosaic virus.

The melon aphid is a small, soft-bodied insect with piercing, sucking mouthparts found in colonies on the underside of cantaloup leaves. Feeding can cause leaves to curl, wilt and brown. Heavy feeding can lead to the buildup of honeydew and sooty mold.

The squash vine borer causes damage to cucurbit plants as a larva (caterpillar) when it tunnels into the plant's stem. Using chewing mouthparts it feeds near the base of the stem, often going unnoticed as it enters the vine. Plants may appear drought stressed, suddenly wilting. Damage is most often seen in squash and gourds, although it can occur in cucumbers and melons as well.

Mariah Simoneaux is the Horticulture Agent serving Ascension and Assumption Parishes. For more information visit www.LSUAgCenter.com or contact Mariah at MSimoneaux@agcenter.LSU.edu.



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YOUR ESTATE MATTERS



By Linda Melancon

When Should I Include a Pour Over Will in My Estate Plan?

In creating an estate plan, you are proactively taking steps to ensure that your assets will be distributed according to your wishes in the event of your death or incapacity.

One tool available to you in estate

planning is known as a trust, which we talk about often in this column. There are numerous kinds of trusts. If you wish to maintain control over the assets you place in a trust while you're alive, you may choose to establish a revocable, or "living" trust – most likely, along with a pour over will.

First, What Is a Living Trust?

A living trust is another estate planning strategy. When you create a living trust, you re-title assets in the trust's name instead of in your individual name. This might include things like your home, a vacation home, a bank account, or an art collection.

With a living trust, you have the flexibility to modify or dissolve it at any point in your life, unlike some other types of trusts.

How Do Living Trusts Work?

When you place assets into this type of trust, you continue to have

access to those assets. You can select a designated individual, called a trustee, who would serve as the manager of your living trust should you pass away or ever become unable to manage your affairs.

For example, you may become incapable of handling your property, finances, and other aspects of your life if you fall ill, suffer from dementia, or endure an injury or accident that renders you unable to communicate. Should you die or become incapacitated, the trustee you have chosen manages the living trust on your behalf, following any terms you have outlined in the trust document.

Assets in your living trust are distributed to your beneficiaries, according to your wishes – typically without having to go through probate. This is often seen as one of the main advantages of a living trust.

For some, depending on your state and the size of your estate, the probate process can last several months to a year or more.

Avoiding probate also means that information about the distribution of your assets to your loved ones is kept private. This could be helpful if you have people in your life from whom you would prefer to shield the details of your estate, such as children from a previous marriage or estranged or combative family members.

However, perhaps you acquired new assets, such as an investment property, a bank account, a car, or valuable furniture or jewelry, after setting up your living trust. You may not have titled those assets in the name of your trust or transferred them to your trust. This is where a pour over will comes in.

What Is a Pour Over Will?

Despite the name that may remind you of a certain slow-drip coffee method, a pour over will is simply a will that instructs your executor to transfer any assets that are not already titled in the name of your trust to your trust when you pass away. In such a scenario, this

document ensures that any assets you had not transferred to your existing living trust are directed (or "poured over") to it.

A pour over will ensures that your assets are ultimately passed on to your chosen beneficiaries as you intended. In addition, information about the distribution of any of your remaining assets, once moved to your living trust, will be kept confidential as part of the trust.

Do Pour Over Wills Mean You Avoid Probate?

While the property controlled by a pour over will eventually goes to your living trust after your death, that does not necessarily mean your family avoids probate. Before your assets are owned by the trust, they may first need to pass through the probate process. The regulations can also vary according to the state; in some states, for example, if your probate property is valued below a specific threshold, it is possible it could pass through probate more quickly.

If you want to avoid the probate process, you must ensure that your living trust has in it all of the assets that you wish to pass on to your beneficiaries. Essentially, a pour over will acts as a kind of backup.

Is It Right for Me?

Living trusts and pour over wills are also not suitable for everyone's situation. If you are considering this strategy for yourself or have questions about using a pour-over will, it is important to consult with a qualified estate planner in your area.

Ms. Melancon is an attorney with Legacy Estate & Elder Law of Louisiana, LLC with offices in Baton Rouge, New Orleans and Lake Charles, LA. The primary focus of her practice is estate planning, probate, special needs planning, and elder law. For more information or to attend an upcoming estate planning seminar, call her office at (225) 744-0027.



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Help get your teen started with a Roth IRA

To be successful in most endeavors, it's important to develop good habits — and that's certainly the case for investors. And the earlier one develops these habits, the better. So, if you have teenagers who may be starting to work at part-time jobs, now may be a great time to introduce them to investing — and one place to begin might be a Roth IRA.

As you may know, a Roth IRA is a popular retirement savings vehicle — its earnings can grow federally tax-free, provided withdrawals aren't taken until the investor is at least 59½ and has had the account five or more years. But because a Roth IRA is funded with after-tax dollars, contributions can be withdrawn at any time, penalty-free, to pay for any expenses — including college. Roth IRA earnings can also be used to help pay for college, although these withdrawals will be taxable. However, if a child is the account owner, a lower tax bracket will likely apply.

In 2023, up to \$6,500 per year can go into your teenager's Roth IRA, as long as the amount contributed doesn't exceed the amount of their taxable compensation for the year. And your child doesn't have to put all the money in — you and the child's grandparents can also contribute. In fact, you might want to “match” your child's contributions up to the limit to provide an incentive for them to

continue investing in the Roth IRA. Not only will your matching contribution help build the Roth IRA's assets but it can also instill in your child's mind the benefit of earning a match — which can prove valuable later on, when your child is in the workforce full time and has a chance to receive an employer's matching contributions in a 401(k) or similar plan.

Your child may well find a job at a local restaurant or shop, as these businesses have experienced a shortage of workers the past couple of years. But if you have a family business, you can employ your teen to provide income that can go into a Roth IRA. Furthermore, if the business is one parent's sole proprietorship, or it's a partnership in which each partner is the parent, the payments for a child younger than 18 are not subject to Social Security and Medicare taxes. As an employee, your child must perform reasonable tasks necessary for the business and be paid reasonable wages — that is, wages comparable to what you'd pay a regular employee for the same work.

But wherever your child's wages come from, using some of them to help fund a Roth IRA can be a good move. For one thing, it gives you a chance to explain the value of putting time on your side when you invest — simply put, the more years you invest, the greater your chances of accumulating the resources you need to meet your goals. And by helping your teen open a Roth IRA, which holds stocks, mutual funds or virtually any other type of security, you can discuss the different risk/reward characteristics of various types of investments — the kind of basic knowledge that all investors should have.

Once your teen's first paychecks start coming in, consider bringing up the idea of opening a Roth IRA — you may well be opening the door to a lifetime of consistent and informed investing.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member SIPC.

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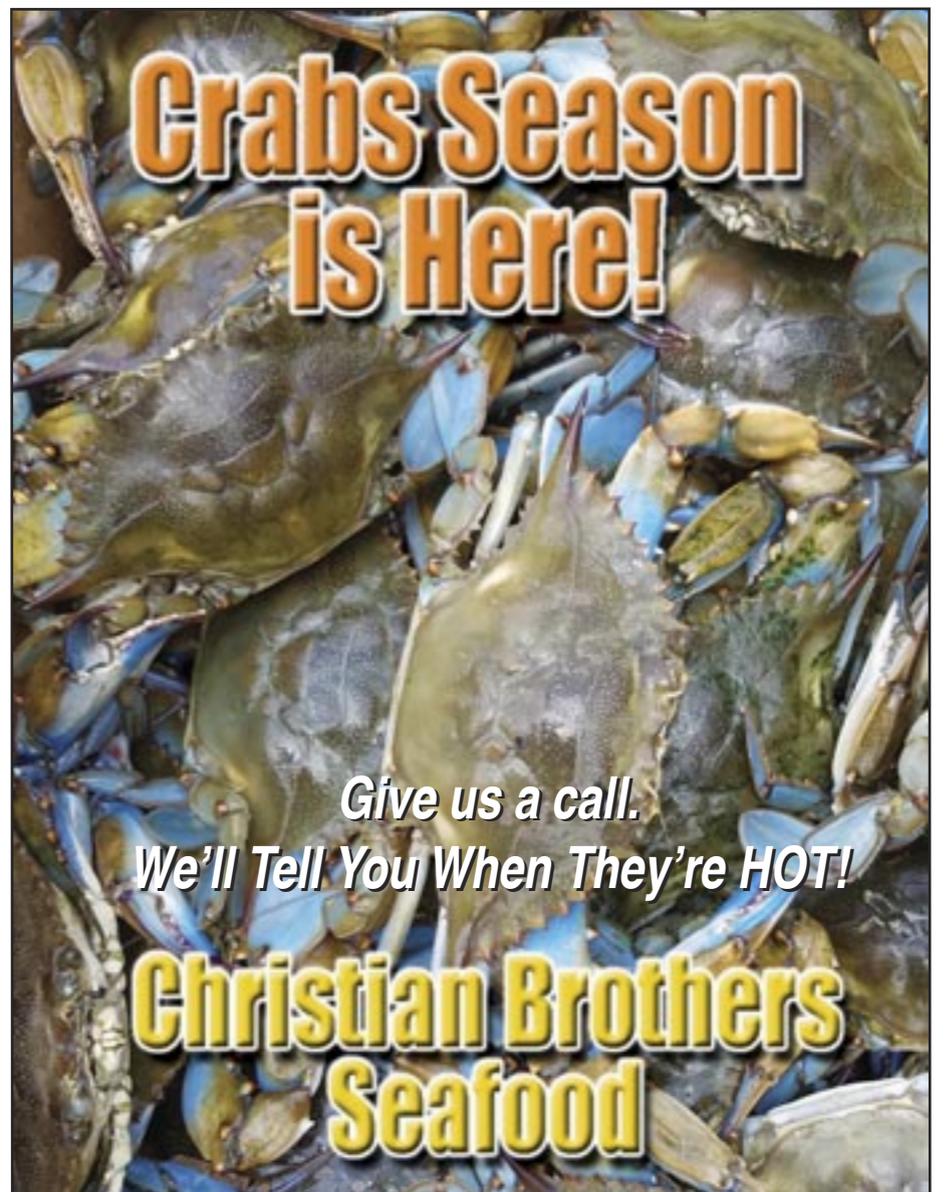
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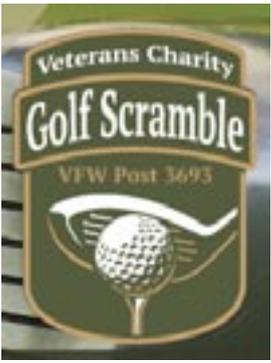


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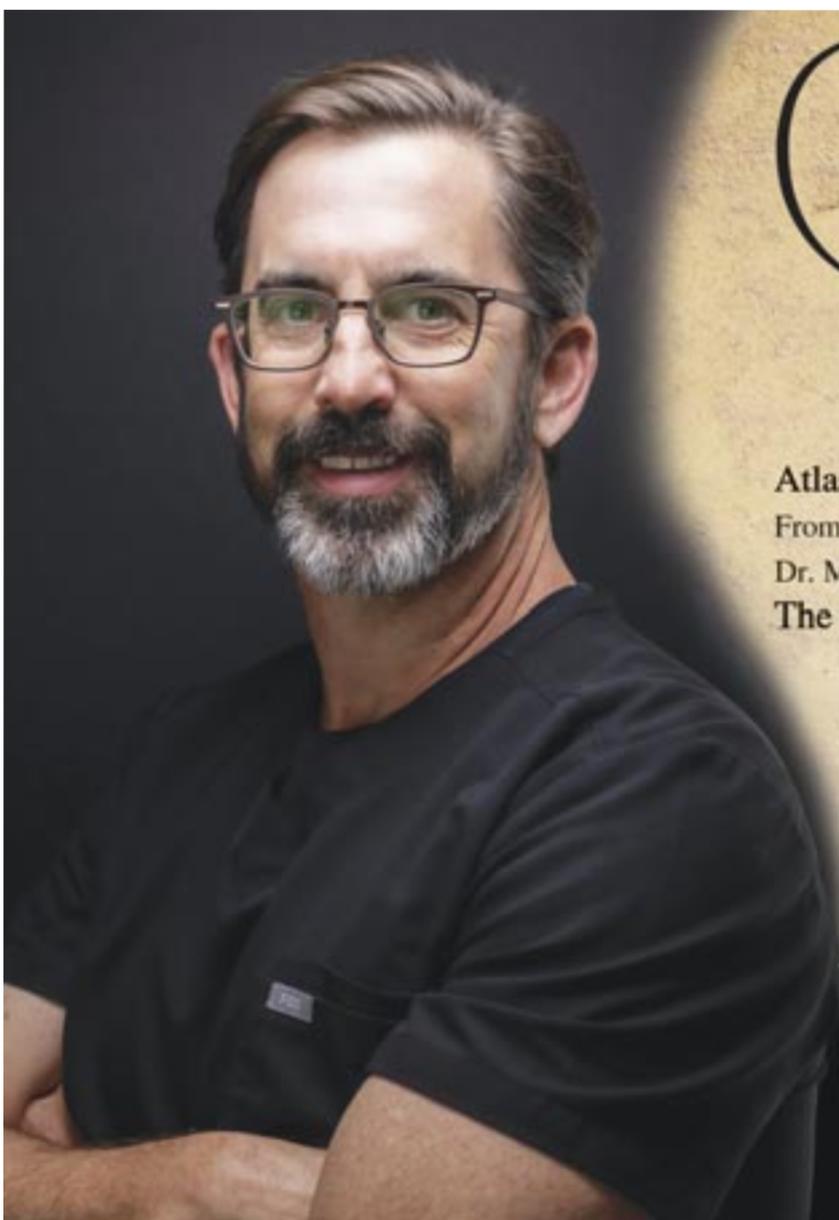
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MEDICAID UNWINDING ANNOUNCEMENT

LICENSED AGENTS READY TO ASSIST WITH QUESTIONS AND CONCERNS

In light of the recent developments regarding Medicaid unwinding, Trish Freeman, The Insurance Lady, a trusted insurance agent for the past 30 years, wants to ensure that individuals and families have access to accurate information and guidance during this transition. As part of our commitment to supporting the community, we encourage those with questions or concerns to reach out to our team of licensed insurance agents who are well-versed in Medicaid and can provide the necessary assistance.

The unwinding of Medicaid can be a complex process, and we understand that individuals may have various queries related to their healthcare coverage. Our licensed insurance agents are equipped with the expertise and knowledge to help navigate the intricacies of insurance options available in the wake of Medicaid changes. They can provide personalized guidance, answer questions, and offer clarity on topics such as eligibility requirements, coverage options, enrollment procedures, and any potential impacts on existing healthcare arrangements.

At Trish Freeman Insurance Services, we firmly believe that access to accurate information is vital for making informed decisions about healthcare coverage. Our team of agents stay updated on the latest developments in the insurance industry, including changes to Medicaid and other public health programs. They undergo rigorous training and possess a deep understanding of the

intricacies of insurance policies to ensure they can provide reliable advice tailored to each individual's unique circumstances.

By contacting our office, individuals and families can gain peace of mind knowing they have a dedicated resource to turn to during this period of transition. Whether they are seeking alternatives to Medicaid or require guidance on finding the most suitable insurance plan for their specific needs, our agents will be available to provide comprehensive support every step of the way.

For more information or to schedule a consultation with one of our licensed insurance agents, please call (225) 622-6554 or visit www.insurancelady.com. Our team is ready to assist and address any concerns related to Medicaid unwinding and its implications.

ABOUT THE INSURANCE LADY:

Trish Freeman Insurance Services is a leading provider of insurance services, committed to helping individuals and families secure reliable healthcare coverage. With a team of licensed insurance agents dedicated to serving the community, we strive to deliver personalized assistance and expert advice. Our mission is to empower individuals to make informed decisions about their insurance needs, ensuring their peace of mind and protection.

The Insurance Lady
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Francois Parc Grand Opening

Francois Parc Senior Living celebrated its Grand Opening June 14, 2023! Presiding over the festivities were Robert Burgess, Ascension Chamber of Commerce President/CEO, and Mayor Barney Arcenaux. Sprinkled amongst the large crowd attending were many Parish Officials, as well as allied health professionals and

local chamber members. The Francois Parc staff were thrilled to have so many guests come to support its new community. The full staff and management team of both Francois Parc were introduced.

Francois Parc is managed by the same team that manages Francois Bend, named Best Assisted living facility in



Ascension Parish 4 years in row!

The event started off with a ribbon cutting lead by Executive Director Nichole Chauvin. Fun was had by all! Francois Parc is welcoming tours. You may call today 225-647-8400 or visit at www.FrancoisParc.com or 1604 S. Burnside Ave. Gonzales, LA 70737.



Call your senior care experts today to find out which community fits you best!
225-450-9053

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Nichole Chauvin, LPN, Executive Director 12 Yrs. Experience

Amanda Williams, Director of Marketing 13 Yrs. Experience

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East Ascension Sportsmans League

Letter from president -
Mike Lambert

We are halfway through this year already. A lot is happening this month for EASL. Our annual Kid's

Fishing Rodeo in this month, July 29th. It is the 62nd annual rodeo. We are expecting our usual great turn out of kids. For all the information, please go to <https://etwdigitalmedia.wixsite.com/kidsfishingrodeo>.

Make sure to have plenty for the kids to drink so they can stay hydrated. After the fishing is completed at 9:00 AM we will have limited food and drink while the fish are being weighed and the scores are tallied. We are looking forward to seeing y'all there.

Another thing for all members to be thinking

about is nominating new officers and board members for next year. Be thinking about this. We will be taking nominations at the net meeting on September 18th. So think about how you can help the club out. We need your help. We are running petty slim right now. We only have five board members right now and five officers. We should have 12 board

members and all the officer spots aren't filled. Some of us are having to fill more than one position.

That's it for now. Make sure you check out the link to the Kid's Fishing Rodeo, and we will see you there.

Thanks for your time,

Mike Lambert

EASL Bass Club News

The EASL Bass Club fished their June tournament on the 17th. It was a "trailer tournament" where members could launch anywhere between Amelia to Bayou Pigeon, with the weigh in at the Belle River Public Landing at 2:00 PM. There were 16 boats entered to fish this one. I think most of the boats were in the Atchafalaya Basin on this day. The fishing wasn't great but six of the teams managed to catch their limit.

First place winners were George Valentine and Camron Koenig with 5 fish weighing 11.2 lbs.

Second place went to BoJack and Body Anderson with 5 fish

weighing 10.60 lbs.

Third Place was the team of Donald Braud and Terry Molea with 5 fish weighing 10.48 lbs. Fourth place went to Brett Babin and Mark Petite with 5 fish weighing 9.66 lbs.

Big Bass winner was George Valentine with his lunker that weighed in at 3.78 lbs.

Congratulations to the winners of the June Tournament. Our next event will be held on July 29th.

The meeting to sign up and plan the tournament will be held on July 20th at Dirk Anderson's home on Babin Road at ~5:30 PM.



Left to right, Mark Petite & Patrick Babin, Tery Molea & Donald Braud, BoJack & Brody Anderson, Cameron Koenig & George Valentine



East Ascension Sportsman's League
Kid's 62nd Annual Fishing Rodeo

July 29th, 2023

Registration 6:30am
Fishing 7-9am

Twin Lakes
37313 Hwy 74, Geismar, LA 70734

FREE Event for children ages 2-14yrs old
Registration begins at 6:30am.
Fishing is from 7:00am to 9:00am.
Children compete by age groups.
Trophies and prizes given out after tally of results.

-RULES-
Parents must never leave child unattended!
Participants need to bring their own rod/reel or cane pole to use.
Crickets will be available (first come, first serve).
Bring your own live bait. **No artificial baits allowed!**
Keep every fish caught for weigh in.
Bring your own buckets to hold fish and seating (folding/lawn chairs).
Parents can help bait the hook, **but child MUST land the fish.**
Parents DO NOT need to be members of the EASL for child to fish.

For Additional Information, Donations, and/or Sponsorship please contact:
Fishing Rodeo Chairman- **Bettye Lambert 225-571-4588**
bmworks2011@hotmail.com

To renew your 2023 EASL dues please send a check for \$20 (made out to EASL) to: EASL, 36156 Sycamore Circle. Geismar 70734 .

Jammin' with Goosie



This Is What We Came Here To Do Y'all

The date for my family's annual summer vacation get together had been agreed upon and set back in February. Because of ongoing hurricane recovery efforts taking place at Grand Isle last summer our annual event took place at Lake Bruin in north Louisiana. Although that trip was a success, the group this year had decided to go south to Grand Isle again as we normally do for the occasion. There's been a lot of work and money put forth by those resilient people to rebuild and any cash flow into their economy is very much needed and appreciated.

If the main purpose of a so-called vacation is to rest and relax then I must say that me and most of my gang have surely missed that interpretation for sure. I must warn that unless you rent a motorhome or a camper for your stay there at the Island you will have to climb steps to enter your rented campsite. After arriving for the four o'clock check in I began to quickly haul my better halves belongings along with my own up the twenty feet of stairway leading to our rooms. I was soaking wet and about to catch my breath when another two vehicles of our group arrived and before you know it I was back in action again. When that chore was completed the decision was made to launch our boat and set out a few crab traps that were available for our use at the site. Combining the use of those devices along with our other methods of crab catching would surely help in the aid of catching enough crabs for our annual crab boil later during our stay.

The next morning's alarm went off at 4 AM. I was joined by one other of our group for some off the bank fishing in the hot sun at that time. Fishing was tough. The wind had been blowing fiercely for a few days before and this day would not be an exception for sure. Although the wind helped with the heat to some degree it sure made the prospect of catching enough fish for the annual fish fry that evening a challenging endeavor. Around 10 that morning we were

joined by several other family members and because of that effort by tide change around 2 that evening it was determined that enough fish had been caught for the annual frying. Believe me, none of our gang, men or women, wanted to ever have to say that we had to buy fish at Grand Isle for a fish fry. That would have hurt our family fishing pride to have done so.

So off to clean the fish we go. After the fish cleaning was complete it was then time to run the crab traps and bait them with the fish carcasses from the day's catch. Beat up, burnt, and already worn out I entered the boat with my daughter, her boyfriend and his two sons. One is eight years old and his brother is eleven. While entering Caminada Bay it is evident that the wind velocity had not slacked up at all. My job will be to remove the crabs from the trap and be the bait man. As we approached the first trap buoy the two brothers were arguing over who



Pictured is Karson Troxclair. Guardian of the crabs.

will gaff the float and who will pull the trap in. Their dad, while trying to operate the boat in the wind and waves is now trying to referee the siblings as the boat beats and bangs in the rough water. Meanwhile, salt spray is drenching us all. Finally we retrieve a trap and harvest a few crabs. Shortly after getting the cage back out the youngest of the boys slices his barefoot on a hermit crab shell that was laying on the bottom of the boat. After complaining about the pain his dad then scolded him for not wearing shoes like he was told to do. As we were gaffing the next

float the oldest boy accidentally hits his brother in the head with the blunt end of the gaffing pole. The younger one immediately tears up and complains of his brother hitting him in the head. After settling him down and convincing him that he will be alright he kinda looked at us with a smile and jokingly said. "That hit was pretty hard". "I don't know my name". I replied with. "If it helps you at all I'm not sure that I know my name at this point either". While trying to empty the

"Maybe we need to head back to the camp". "We're all wet". "I'm Hungry". "I'm tired" and the wind and waves are rough". At that point I told them that this type of excitement is exactly the one hundred percent reason why we come to places like this and do the things that we do while we are there. I then told them. "This is what we came here to do y'all". It's exciting, challenging, and takes some effort. Our soul craves for this adrenalin rush. These are the things that memories are made of.

With the crab cages freshly baited we return to the campsite with a nice mess of Grand Isle blue crabs. But this day ain't over yet. Now we have to go to another one of our gangs' campsites for the family fish fry. That's another stretch of work to do and we have two and a half more days to go.

The hard southwest wind finally quit blowing on the morning of our departure. Nearly every part of my body was aching as I toted stuff down that stairway to my truck bed that morning. When it was all said and done everyone of the family members agreed that the adventure was a great success. There were even a few fish and crabs to bring home. We had fished and crabbed together each day as a family and had overcome the odds of letting the heat, wind and rain prevent us from succeeding with our mission. Every evening we were awarded a supper of which we all had contributed to in one way or another. We are already planning for next year's event and we are going to stay a day longer than this year's stay. The extra day will be to get some rest. Let's see how that goes.

next trap I stuck a piece of rusty crab trap wire in my forearm. I think about infections etc. for a moment or two and then just kinda suck it up and move on. That puncture will fit in perfectly with other cuts, punctures, and scrapes that I've accumulated during this wonderful day on earth. One cut that was constantly stinging lightly was from a hardhead catfish fin scrape and the other puncture in one of my swollen knuckles was caused by something else of the same nature.

About half way through the trap run one of the kids says

Till next time
I can't wait
James "Goosie" Guice



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DCT Receives an Official Ceremonial flag for DCT Events!

It was such an honor to be invited to the home of Major Shelby Ballard and his wife Elizabeth. I met them at the Crawfish festival, and they were upset that DCT did not have an official Ceremonial flag during the pledge. They decided to donate the flag and stand to be used in any of DCT events. Major Ballard had lost his fur baby Bella and the flag was in her memory. We were also happy to have Claire Taranto sing the national anthem this morning. Claire is the daughter of Micheal and Shirley Taranto.

In attendance today was Col. John Landry and we were very honored that he could join us. With upcoming Independence Day today was a reminder of our military men and women who have served and continue to service.

DCT members in attendance were, Randy Bourgeois, Paula Bourgeois, and Freddy Smith.





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Yankee Doodle Dandy Golfers Vs. the Home of the Beatles

by Bill Delaune

A one-act play dramatizing the thrill of victory and the agony of defeat for American golfers in the British Open.

Characters-

Paw Paw Bill-

a disillusioned dreamer in his 70's who has been obsessed with golf-"a game that can't be won" according to Bagger Vance-since, well, the 70's.

Reece- his precocious grandson.

Setting- A July morning in a Prairieville living room.

Act 1

Reece- Hey, Paw Paw, why aren't you at church this Sunday morning?

Bill- Because I went to mass yesterday afternoon.

Reece- No you didn't because I heard Nani say you stayed too long at that Mexican place.

Bill- Well, you see, sometimes we go there instead of church to help out some poor immigrants from the Agave district of Mexico. They are so sad we call them the "Agave Blue".

Reece- So why aren't we watching the NASCAR preview like we do every Sunday morning?

Bill- Because the British Open's final round is on and I want to pull for the Americans. The 4th of July was not that long ago, you know.



Reece- Why is the golf tournament on now instead of this afternoon?

Bill- Because the British Isles are six hours ahead of us time-wise so it's already two o'clock in the afternoon over there. Remember when Aunt Angie and Uncle Patrick sent us pictures of Wimbledon, we were just getting up.

Reece- But the tennis is over. So what did they do next?

Bill- They joined a band of Merry Men in Sherwood Forest and took to robbing from the

rich and giving to the poor-just like any good Democrats.

Reece- Why are those men playing golf in a hay patch? Boy, I bet Uncle Mike and his cowboy buddies would like to bale that stuff for the cows.

Bill- That's what the courses look like in the British Isles. This one's called Royal Liverpool-like the Beatles' home town-and our millionaire Americans who grew up on manicured country club courses could use a little "Help" from the Fab 4 trying to figure it out.

Reece- Do Americans ever win the British Open?

Bill- Well, Colin Morikawa won a couple of years ago.

Reece- He sounds Asian.

Bill- Yeah, but he's from California. Jon Rahm is one of the favorites and he lives in Arizona but he's really from Spain. Our U.S. Open champ Wyndham Clark sounds British but he's from Colorado. And Brooks Koepka, who we all thought was a foreign player because he started on the

European Tour, is from Florida.

Reece- No wonder I had trouble in geography.

Bill- Not as much as we had in the 60's when the New Orleans Pop Festival was held at the Baton Rouge Speedway which was located in Prairieville.

Reece- Well, that Santa-looking dude must be from America because his pants are made from an American flag. But he's smoking a cigarette. That can't be good for him.

Bill- That's John Daly-the answer to the trivia question-"Who's the only golfer to win two majors and never be picked for the Ryder Cup?" He did win the Open in 1995 before drinking, smoking and gambling effectively ended his promising career.

Reece- But Paw Paw, don't you drink and gamble?

Bill- Yeah, but I don't smoke-except some peyote for religious purposes. And as my old friend Meat Loaf used to say, "Two Outta Three Ain't Bad".

Reece (not impressed)- Hey, look at that guy! He's left-handed-just like a kid on my baseball team.

Bill- That's Bubba Watson-and he used to hit it a mile with that baseball swing of his. I'm surprised he still goes back to Europe after the ruckus he caused at the French Open a few years ago.

Reece- What did he do?

Bill- Well, he accused the French of everything short of having de Gaulle to intentionally disrupt American players. And then he hinted that there were no toy soldiers in their Euro-Disneyland because the French army

would probably surrender when they saw them.

Reece- That player looks too young and small to play golf.

Bill- That's Rory McIlroy who won this tournament the last time it was held here. He's in his 30's now but he's been playing golf since he was two. And when he takes his shirt off, he's built like Mighty Mouse.

Reece- Is he kin to the man in that "Tin Cup" movie you made me watch? You know, the one who hit all his balls in the water.

Bill- Not quite-his name was Roy McAvoy and he finally did make a 12 on the last hole of the U.S. Open.

Reece- Did you ever make a 12 on a hole, Paw Paw?

Bill- No, Reece, but only because we usually pick up after seven or eight bad shots and just take an "X" on the hole.

Reece- So sometimes you have letters on your scorecard instead of numbers?

Bill- I'm afraid that's correct. In fact, after a particularly bad round at Santa Maria, my card had so many "X's" on it my partner said it looked like a cover for a pornographic movie.

Reece- Hey-I like that dude's mullet. My mother won't let me get a haircut like that.

Bill- Oh yeah, Cam Smith-the defending champion from Australia-one of the biggest names to jump to the LIV tour.

Reece- Does LIV stand for Liverpool-that would give him an advantage.

Bill- No, it's a Roman numeral for 54-the number of holes they play instead of 72 like a traditional tournament.

Reece- So now there's different math in golf too? I'm so confused.

Bill- Don't be. Just use the Patrick Reed method of math in your scoring. Yell "Fore", make a "6" and write down "5".

Reece- Wow! Does that guy wear pink pants all the time?

Bill- Ah, the dapper Ian Poulter whose wardrobe has more colors than the rainbow. When he stumbled and fell down a hill after hitting a difficult shot once, he got up and said, "I think my clothes were more hurt that I was."

Reece- Is that fat guy with a beard a good athlete? He doesn't look like one.

Bill- He's not an athlete, Reece, he's a golfer. That's Shane Lowry-the 2019 champion-and he spills more beer than I drink. But he has an excuse-he's Irish.

Reece- Is that why you drink beer?

Bill- Well, me grandmother was a Callahan-straight from the Old Sod.

Reece- Hey-I just thought of something. Where's Tiger?

Bill- Tiger's got a hurt paw right now so he can't play. But he hasn't really been the same since he got caught prowling around at night as big cats are prone to do. Not to worry though-the networks will probably cut away from the tournament at some crucial point so we can watch him apply ice to his knees.

Reece- With all these foreigners winning tournaments these days, do Americans dominate any sport anymore?

Bill- We could probably win football-if it wasn't what we call soccer-and if Ted Lasso wasn't coaching the English team. And let's see those foreigners take on our good ole boys in your favorite sport-NASCAR.

Reece (excitedly) - Yeah-we'll put 'em in the wall on the first turn! Hey, Paw Paw, do any NASCAR drivers play golf?

Bill- Your old favorite Jimmie Johnson does but he has about a 20-handicap. In fact, he sums up his game this way-"I turn left for a living but my golf ball goes right all the time."

Reece- Will you come pitch some to me after this golf is over?

Bill- Sure-one thing about the British Open, it'll be over at one o'clock so we'll have all afternoon to play America's Pastime. I might even give you some tips from when I used to coach high school baseball.

Reece- What did you tell your hitters, Coach?

Bill- It's a round ball and a round bat-now get out there and hit it square.

Reece- Paw Paw-did you remember to take your meds this morning?

The End.



Entertainment Schedule

July 21..... *Todd O'Neal*

July 29 *Party at Joes*

August 5 *Jovin Webb*

August 11 *True Spin*

August 18 *T Boy and Just Us*



Todd O'Neal
July 21



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Useless Random Facts with Kellie

¥

Only 10% of the American Population is left handed.

¥

In the average lifetime, a person will walk the equivalent of 5 times around the equator.

¥

The newspaper serving Frostbite Falls, Minnesota, the home of Rocky and Bullwinkle, is the Picayune Intellegence.

¥

It would take 11 Empire State Buildings, stacked one on top of the other, to measure the Gulf of Mexico at its deepest point.

¥

Each of the suits on a deck of cards represents four major pillars of the economy in the middle ages: heart represented the Church, spades represented the military, clubs represented agriculture, and diamonds represented the merchant class.

¥

The sound of E.T. walking was made by someone squishing her hands in jelly.

¥

The word "lethologica" describes the state of being able to remember the word you want.

¥

Mario, of Super Mario Bros. fame, appeared in the 1981 arcade game, Donkey Kong. His original name was Jumpman, but was changed to Mario to honor the Nintendo of America's landlord, Mario Segale.

¥

The three best-known western names in China: Jesus Christ, Richard Nixon, and Elvis Presley.

¥

Women are 37% more likely to go to a psychiatrist than men are.

¥

The average person makes about 1,140 telephone calls each year.

Thoughts from Bully

“Hands Down. The Worst Name for a Sport, Ever!” “Cornholeing!”



I was watching the finals for the Crawfish Festival earlier this year. The announcements sounded like, First place Jambalaya Cook, First Place Cracklin Cook, First Place Crawfish Boiling Team and then they announced First Place and first time Cornhole Champion.

Have you ever heard of the game Cornholeing? Back in the day when I was a kid we called it bean bag toss. I don't know about you but I'd rather be a bean bag toss champion than a corn hole champion.

It may be petty of me but I have trouble forgetting my country boy upbringing. But when I was a kid, cornholeing

was something you didn't do. Especially you didn't want your Dad to know if you did. “What have you been doing today son?” he'd may ask? The last thing you'd ever tell him is, “Me and my buddy have been behind the barn cornholeing all afternoon.” I can assure you a trip to the woodshed would soon be in your future reminding you to not make that mistake again.

Imagine being a parent with a game named like that as a father saying, “Hey son lets go outside and cornhole.”

That just sounds wrong. Even better, “Hey son, take your sister out back and cornhole with her.” I know that is not

right!

The rules of the game are suggestive also. Two person teams face each other from 29 ft. and they keep trying to put their sacks in

the hole way out in front of them. They strategically grab their sack and toss it to either put it in the cornhole or leave their sack in front blocking the other team from putting their sack in the cornhole. It's confusing to me also. Call it bean bag toss and it becomes a 'G' rated game immediately and any scenario. For example, “hey son take your grandmother outside and bean toss with her.” See that works just fine for me.

I did some research on the internet to help write this outrageous named game. Turns out it has a long history and there is a dispute of

where it originated.

Cincinnati, Ohio claims to be the father of cornhole but Kentuckians lay claim all the way back to pioneer days and even give a name of Jedediah McGillicuddy played a version of the game at the foothills. Then there are the native americans and also German farmers and cabinet maker by the name Matthias Kuepermann that had young boys tossing rocks in holes and for safety sake they put corn in burlap bags.

For being the stupidest named game ever it now can be seen on ESPN and they have a National Championship. Won't be long it will be an Olympic sport.

No matter to me. I never cornholed in my life but I believe a good game of cornhole is in my future.

Especially if chicks dig it!



Jambalaya Festival

Mini Pot Champ of Champs Contest

Congratulations Matt Gautreau





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Malachi 3:16-18

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Visit our website for dates, times, and locations of support groups in Baton Rouge, Zachary, and Gonzales.

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Groups are facilitated by
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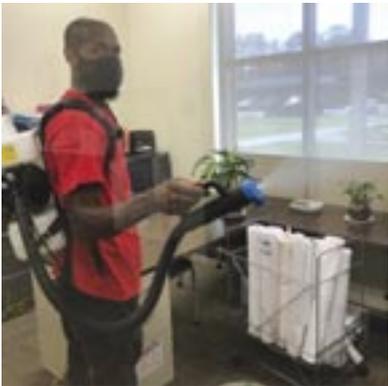




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CHC Closet and Pantry

“Seeking to Glorify God by Helping People”

The closet and pantry helps needy people with free food and clothing.
We have a limited supply of school uniforms so come see us

Tues.-Wed.- Thurs. from 9-12.
On August 1st from 11 AM-9 PM Rotolo's Pizzeria in Prairieville is hosting a fundraiser for us.

Mention CHC and SAVE!!!

If you mention CHC when you order they will donate 20% of your total order to us so please come out, have some great food and help a good cause.

Some of our needs for August are:
School supplies, protein items, canned vegetables and frozen items.

Follow us on FB @ CHC Closet and Pantry.
Thank you and God bless.

Our address is 209 E. Railroad St. Gonzales, LA

We are open for shopping Tuesday, Wednesday and Thursday from 9 – 12 and for donations Monday through Friday from 9-12 and 1-3.



LET'S RAISE SOME DOUGH FOR: Christ Healing Community Pantry & Closet

WHEN: August 1st @ 11AM - 9PM

WHERE: 17530 Airline Hwy. Ste. C Prairieville, LA 70769

20% of all associated sales will be donated!
Be sure to mention Christ Healing Community at checkout!

At Rotolo's, serving the community goes way beyond great Italian food. We're dedicated to staying involved, and giving back to each community that's given so much to us.



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Cooking Gourmet at Home with SNO'S SEAFOOD & STEAKS



Étouffée



Prep: 25 minutes

Cook: 20 minutes

Servings: 4

Executive Chef, John Donaldson

Ingredients:

130g Celery (about 1 stalk)	2 c. Flour
75g Green Bell Pepper (1 medium pepper)	10 c. Stock (I use half chicken and half shrimp, but you can you just 1 if preferred)
75g Red Bell Pepper (1 medium pepper)	1 lb Crawfish tails
250g Yellow onion (1 large onion)	2 Tbsp Liquid Crab Boil
1 Tbsp Minced Garlic	Salt and Pepper to taste
½ lb Butter (1 cup)	2 Bay leaf
1/2 c. Oil	

Directions:

In large pot, add your butter and oil, turn on medium high heat. After butter melts, add your flour. Whisk in very well. Lower burner to medium-low heat, whisk occasionally until your roux is a little darker than peanut butter.

After proper color is achieved, add bell pepper, celery, onion. Let simmer for 30 minutes, with lid on, stirring every 5 minutes. Add garlic and bay leaves. Stir well. Add stock, whisk vigorously. Turn to high heat. Whisk on high heat until thick consistency is reached. Lower back to medium heat. Add liquid boil, green onion, salt, and pepper. Add 1 lb crawfish tails. Let simmer for 10 minutes. Serve over rice, garnish with green onion.

Eat, Drink, & Enjoy!

We're open Tuesday to Sunday for dine in and curb-side service or take out.

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