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AUGUST 2022, VOL. 20 ISSUE 8

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On the Cover: The Hospice of Baton Rouge



Congratulations Seniors and Good Luck to all the students!

WELCOME FUTURE GRADUATES AND ALL THE FUN SENIOR ACTIVITIES THAT WILL MAKE YOUR SENIOR YEAR THE BEST EVER!!! To the remaining students, DON'T RUSH IT, you'll get your day. In the meantime you enjoy each day making those memories of a lifetime.

Tags & Titles knows the start of a new school year brings many changes with school enrollment, residency affidavits, TIP cards for the new driver's, transfers of TIP to permits and full driver's license privileges for others. We are here to help make all those changes as easy as possible. Give us a call for any questions you may have before you come in to be prepared at 225-644-1512.



Jamie Frederic-Braud

Tags & Titles remains here to serve you for all your DMV/ Driver's License/ Wildlife & Fisheries and Notary needs. We are back to normal servicing in all areas and ask for your understanding and patience as we strive to serve all our customers quickly and efficiently, whether appointment or walk-in.

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East Ascension has Class Reunion 1970 to 1980.

East Ascension classes of 1070 thru 1980 gathered at the Gonzales Recreation Center to tell stories and make memories. It's been a while since the Covid cancellation but

many class mates danced and laughed and were ready to get together. Class mates from each year were represented. Some looked young. Some looked older but all of us are glad to still be able to attend.

Attention Class Mates:
Next month I will be printing the group photos of each class from 1970 to 1980.







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Find back to school online resources by visiting our Kids & Teens pages at myAPL.org

Ascension Parish Library and Ascension Public Schools have partnered to provide all students and teachers with eCards based on their school-issued ID numbers. These Student and Teacher eCards will automatically provide 24/7, year-round access to all of the digital resources the library has to offer.

How it works:

- Your Student/Teacher eCard number combines myapl and your school ID # (Example: myapl12345)
- Your PIN is your school ID # (Example: 12345)

Benefits:

- Instant access to eBooks, eAudiobooks, and more in our digital library
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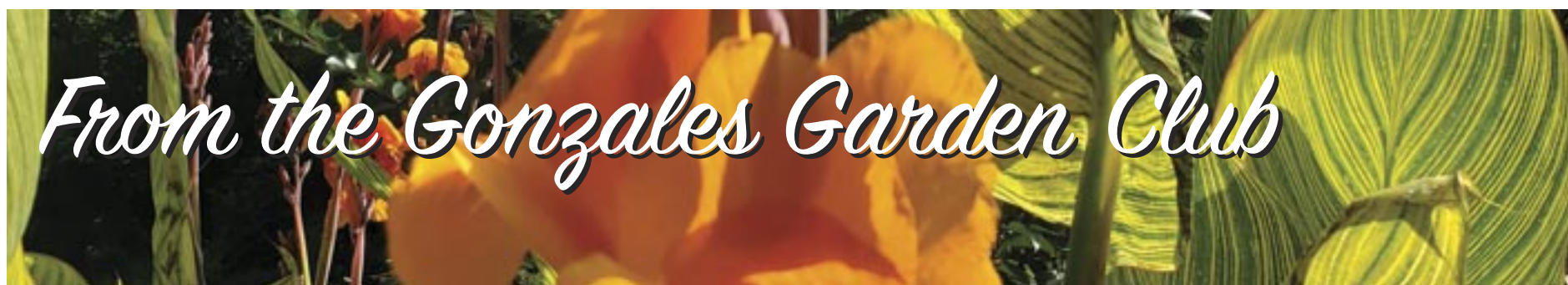
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Gonzales Garden Club Plans 2022-23 Calendar



In July, the GGC Board met to discuss changes and the overall direction of the garden club in preparation for opening the 2022-23 club year. Seated (LtoR) are Cynthia Cagnolatti, Janis D'Benedetto, Dale Bowman and Jamie Trisler. Standing are Mary Jo Pohlig, Barbara McCormick and Patti Mouton.

The Gonzales Garden Club has planned its calendar year of meetings, projects and activities for the 2022-23 cycle. Members will host nine meetings, five expert presentations and two garden tours. Plans are also underway to resume Garden Therapy Sessions and Yard of the Month Awards.

The club holds business meetings September through May. The invited speakers and their educational topics are LSU Extension Associate Tad Kivett on house plants, Senior Horticulturist Dr. Allen Owings on reliable sources of garden information, LSU Horticulture Instructor Bob Mirabello on plant identification, Floral Designer Susie Summer on

flower arrangement techniques, and Advanced Master Gardener Janis Poche on hanging basket assembly.

Club President Jamie Trisler is promoting two new club projects. One is a civic involvement project that will broaden the scope of the traditional flower show. The April display at the main library will be

a "Garden Inspiration Exhibit" with container plants joining the floral designs and horticulture specimens. The other new project will focus on educating home gardeners about native plant cultivation. Educational opportunities will include plant exhibits, conversational engagements, informational literature, and online



Floral Designer Susie Summer with Flower General by Carlstedt's in Gonzales creates bouquets, wreaths, garlands and swags for all seasons.



Advanced Master Gardener has lectured on a wide variety of garden topics. Here she is teaching the 2016 Master Gardener Class about herbs.



Besides teaching agriculture classes, LSU Professor Bob Mirabello hosts a video series called "What's Blooming on Campus?"

resource sites.

The planning committee was Dale Bowman, Janis D'Benedetto, Barbara McCormick, Patti Mouton, Mary Jo Pohlig, Conchita Richey,

Marilyn Rice and Jamie Trisler. The club presently has 21 active and associate members.

The Gonzales Garden Club is federated by National Garden Clubs, Inc.



Dr. Allen Owings is full of fun facts about gardening. Here he says, "There is a plastic container shortage in the nursery industry. We may need to go back to metal cans! This is where the name 'can yard' came from."



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It was the Summer of 85'

It was the summer of 85', and I had about two weeks left before heading to the fourth grade. My stepmom took me to the local store to find school supplies and clothes. Did anyone else ever have to ask twice, ok maybe three times, for the best supplies?

So, there I was, looking at the premier edition Trapper Keeper. I don't remember exactly what this new style binder looked like; I just remember I didn't get it. I got spiral ring notebooks and a binder with dividers. Ha! Boring!!

I did in get some fruity smelling

erasers and some quasi-mechanical pencils. Do you remember those? You know the ones with multiple tips in the case; once the lead wore down, you push a new lead tip through the bottom?

Nonetheless, I had to give my binder some pazazz, so I covered it with some scented stickers and didn't look back. Fourth grade was a success despite not having that Trapper Keeper, despite Mrs. Weeks who ended up in the Advocate a year later. Yikes!

What are some things you remember about going back to school?

A few things that come to mind when I reflect about the excitement of going back to

school are, wearing my favorite outfit, seeing old, and new potential, friends again, and getting to meet my new teachers.

What was your favorite outfit ever on the first day of school?

Getting some new sneakers to wear for the year is always exciting. And yes, even back packs were a part of your ensemble.

What old friends could you not wait to see on the first day of school?

I always used to see my besties at the time through the summer, but it was always fun to see how all the other people changed and grew from the previous school year. Who would have

braces? Who grew like a weed? Whose voice changed?

What were some of your most memorable teachers you had in school?

In middle school I had two teachers that brought me, and I'm sure others as well, joy. Ms. Nicotri and Coach London were two people that were the salt of the earth. They not only had stellar teaching techniques, but they showed kindness that personally impacted me far beyond those early years. Those are the kind of teachers that shift your life into a more positive direction.

So, as you prepare for your children's first day of school, give a little grace, and make sure to remember those anxious, yet exciting feelings, you had preparing for your first day of school. Perhaps consider taking a picture of your kiddos on their first day, because the good Lord knows I couldn't find one when preparing this article!

Praying a blessing over you and your families as we go into another school year. May safety, health, peace, and blessings be upon you. In Jesus name, amen!

Xoxo,
Sweet Eyes





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Get Growing, Ascension!

Plan Now for Fall Gardens

If the heat and rain are making it difficult to get much done in the garden, why not use this time to plan for fall gardening. Fall is one of the best times to garden here in Louisiana.

Purchase your seeds now. Unfortunately, gardeners have not been exempt from supply chain issues over the past two years. If you plan to plant seeds this fall, go ahead and purchase those now. Many local garden centers and nurseries carry seeds. These are often packaged in smaller



quantities which are perfect for the home gardener. If you are looking for an unusual variety, go ahead and get it ordered online. Seeds that can be sown directly into the garden in the fall include carrots, radish, lettuce, spinach, and turnips. If you are starting your own transplants, you may consider purchasing broccoli, cauliflower, cabbage, and Brussels sprouts as well.

plants can find themselves a little crowded. Dividing a thick planting of Louisiana irises will not only give you plants for a new location it will also invigorate the remaining plants.

Prune your roses. Some roses can and should be pruned in late August or early September. Pruning is done not only to control the size and spread of bushes, but it also

A photograph of a young girl with blonde hair smiling and hugging a large black dog. The dog is looking directly at the camera. In the background, there is a stone fireplace and a mounted deer head.

Hey Dr. Rob!
Can Addie love
on me too
much???

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Evaluate your landscape. Now is a great time to think about what you want to add or remove from your home landscape. Do you need to install or repair raised garden beds, replace irrigation lines, add new ornamental beds, or create more shade? Begin planning now for any major landscape projects. November – February is the best time to plant trees and woody shrubs. If you need to move a woody plant to a new location fall is a good time to complete that task as well, just be sure to wait until temperatures have cooled down.

Divide and conquer. Louisiana irises are in their most dormant state during the months of August and September making this the ideal time to divide them for sharing. You may notice your irises looking a little yellow or brown right now which is completely normal. Over the years as Louisiana irises grow and spread forming new rhizomes and shoots,

stimulates new growth and improves flowering. Repeat blooming roses can be pruned now in preparation for their fall blooming season. This includes grandiflora, floribunda, hybrid tea, tea, shrub, miniature, and landscape roses. The popular Knock Out and Drift roses belong to the landscape rose group. Don't forget to apply a rose or general-purpose fertilizer after your pruning is complete.



Mariah Simoneaux is the Horticulture Agent serving Ascension and Assumption Parishes. For more information visit www.LSUAgCenter.com or contact Mariah at MJSimoneaux@agcenter.LSU.edu.



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By: Brandi LeBlanc, CPT

BARBELLE BEAUTY FITNESS IS EXPANDING!!

When I first started my training business, God gave me a vision that I would one day have an empire of women who would be transformed body, mind, and spirit when they came to me for help. I made this my five year goal... that within five years of me beginning my training business, I would have this. Only THREE short years of building clientele in commercial gyms and a successful reputation as a phenomenal personal trainer gave me enough success to open my own fitness studio... only THREE YEARS IN, NOT FIVE... and I was able to open MY OWN STUDIO, Barbelle Beauty Fitness Training Studio, and it has been beyond successful. This vision has been exploding into manifestation the past few years. And now, because of my amazing, loyal clients who believe in me and my vision, another one can now come to surface. See God didn't just stop there at that one vision... He also gave me a vision of what He would do with me and my husband. He also told me that one day, Jason and I would have a gym that we would be able to run together. In fact, I told Jason that this would be a part

of OUR five year goal. And here we are, another THREE YEARS LATER, and we are seeing this vision come into manifestation. It simply amazes me how the Lord works... and I know it is because of the FAITH that I have that His words to me will always come to pass. See, when God has His hand on something, it can not and will not fail.

To avoid any further confusion, we are changing our name from Barbelle Beauty Fitness to Barbelle Beauty & Beast Fitness. We want it know that we train BOTH, men AND women. This isn't just an "all female" gym. I do have female only classes/groups, and also MALE only classes/groups as well. I train BOTH, male AND female clients one on one as well.

A NEW BEGINNING

My husband, Jason, has been a huge part of my success as a trainer. Not only was he the reason I fell in love with fitness, he has also been the backbone behind me who has believed in me and every one of my crazy ideas. He has been my biggest supporter, my biggest encourager, my biggest fan, and has done so much to help me get to where I am today. I told him that all of this hard work, these long hours, these long nights that I was up working and studying would pay off one day. I was working and busting myself in gear to give him, my husband, a new life as well. I

wanted to get my husband out of a life of hard manual labor, amongst many other things. I wanted to give him a place where his purpose could shine. Many people know my husband and his story, and if you don't, you should come talk to him one day. He has an amazing testimony, and I believe with all of my heart that the Lord has been preparing him for this perfect, divine time to be able to share it with others and help them with it.

I could go on and on, but I just wanted to announce first, before anything or anyone else, that the growth I have experienced professionally has enabled me to join forces with the man that God planned for me to cross paths with, learn from, teach, encourage, transform, and grow with. Jason is now able to come on board with me full time to help me be even more successful as a team. Many

people refer to us as a "power couple"... and I believe they aren't far off with that statement. Our power doesn't only come from the weights. It's beyond physical strength. It's also spiritual strength that makes us a force to be reckoned with.

So, as I announce my new DBA name, Barbelle Beauty & Beast Fitness, I also announce that my other half is joining my team as well, and we have some big things planned for the future of this facility and our clients!

New staff also have been added to help with my overflow, and I'll be introducing them all to you soon... very soon... Keep your eyes peeled for the next few articles, as I'll be introducing my trainers who have been mentoring under my leadership and are now joining my team as well to bring you to a whole new level of fitness and training! Each one of them has a unique story to tell that deserves recognition of their own. You'll see that we are not only PHYSICAL trainers, but also LIFE COACHES as we have EACH battled and overcome hardships and struggles in our own lives. Those have become testimonies for us to use to help YOU overcome your own, and help you change your life with a lifestyle of fitness.

What makes Barbelle Beauty & Beast Fitness different from a gym? This is NOT your average training studio or "group fitness" class. This is a whole new level for many. I've created this atmosphere especially for those who are intimidated by the gym, those who are too self conscious to try to learn what they have always been wanting to learn without people staring at them or, yes, even making fun of them. Yes, it may look a little "girly" in here, but trust me, we train hard, we sweat, we lift, we grunt, we scream... and we do it with grace. There ain't no cryin' here, the only tears that are falling are the tears of

your fat crying.

Again, Not only do I train women, I also train MEN, both one on one and in small groups just like I do for the ladies... and they learn quite a bit from me as well. Barbelle Beauty & Beast Fitness hosts the official BEAST MODE Men's Small Group Personal Training classes for the men who need a little more push, a little more confidence, and a group of men who can push them while they travel this fitness journey together.

Classes that take place here are not for the mediocre. This is not your typical "group fitness class"... that's what "group fitness" is for. This is TRAINING. These are hardcore, intense workouts that will have your muscles sore, but screaming for more. It's more than just "toning". It's SHAPING



you. It's BURNING fat. It's taking you to a new level you never thought you could ever reach.

We have been spending the past few weeks busting out walls, painting, adding new flooring, state of the art, one of a kind equipment to our new expanded gym. Going from 1200 sq. ft. training studio to a 4200 sq. ft. 24/7 access gym is a LOT of work, and we can't wait to open the doors for our grand opening celebration for all of you to come check it out and see what we can do for you! New training programs are being created, new classes, new ideas overflowing... and we can't wait to share it all with you!

We would like to officially invite you all to attend our ribbon cutting ceremony with the Ascension Chamber of Commerce on Tuesday, August 30, 2022 at 12:00pm so you can come see it for yourself! And keep your eyes peeled for the announcement of our Grand Opening Celebration we will be having within the next few weeks following our ribbon cutting!

For more info, please contact me at brandi@barbellebeautyfitness.com or call me at 225.210.7813. You can also see the services and training classes we offer on our website, www.barbellebeautyfitness.com.



FINANCIAL FOCUS

Failure to plan: Is it planning to fail?

Benjamin Franklin once said, "If you fail to plan, you are planning to fail." But as you chart your financial course, what steps should you take to help you keep moving forward to where you want to go?

Consider these suggestions:

- *Establish and quantify your goals.* Throughout your life, you'll have short-term goals, such as an overseas vacation or a home renovation, and long-term goals, the most important of which may be a comfortable retirement. You'll want to identify all your goals and put a "price tag" on them. Of course, it's not always possible to know exactly how much it will cost to achieve each goal, but you can develop reasonably good estimates, revising them as needed.

- *Create an investment strategy to achieve your goals.* Once you know how much your goals will cost, you can create the appropriate savings and investment strategies to potentially help you reach the needed amounts. For your retirement goal, you will likely need to contribute regularly to your IRA and 401(k) or other employer-sponsored retirement plan. But for shorter-term goals, you may need to explore other types of investments. For all your investment moves, though, you'll need to consider your risk tolerance. You won't want your portfolio to have

such a high-risk level that you're constantly uncomfortable with the inevitable fluctuations of the financial markets. On the other hand, you won't want to invest so conservatively that you jeopardize your chances of achieving the growth you need to reach your goals.

- *Control your debts.* We live in an expensive world, so it's not easy to live debt-free. And some debts, such as your mortgage, obviously have value. But if you can control other debts, especially those that carry high interest rates, you can possibly free up money you can use to boost your savings and investments.

- *Prepare for obstacles.* No matter how carefully you follow the strategies you've created to achieve your goals, you will, sooner or later, run into obstacles, or at least temporary challenges. What if you incur a large, unexpected expense, such as the sudden need for a new car or a major home repair? If you aren't prepared for these costs, you might be forced to dip into your long-term investments — and every time you do that, you might slow your progress toward achieving your goals. To help prevent this, you should build an emergency fund containing several months' worth of living expenses.

- *Review your strategy.* When you first created your financial strategy, you might have planned to retire at a certain age. But what if you eventually decide to retire earlier or later? Such a choice can have a big impact on what you need from your investment portfolio — and when. And your circumstances may change in other ways, too. That's why it's a good idea to review your strategy periodically to make sure it still aligns with your up-to-date objectives.

None of us can guarantee that our carefully laid plans will always yield the results we want. But by taking the right steps at the right times, you can greatly improve your chances.



Jamie Lavigne, Financial Advisor

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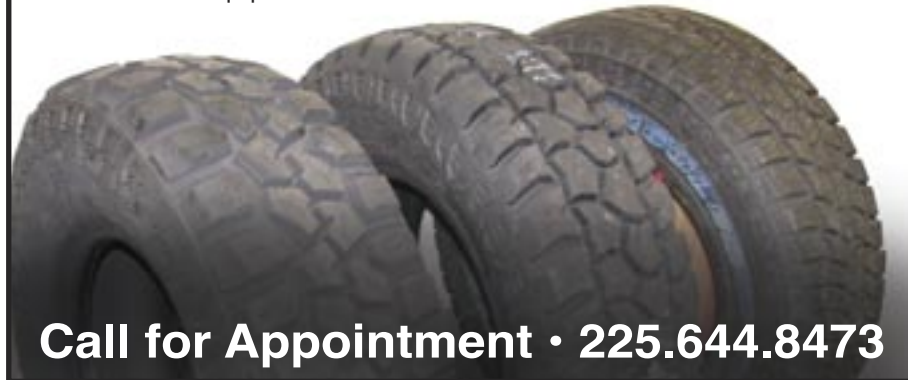


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FEATURE

Excellence and Love of Craft Builds Success

Ascension Magazine has printed many articles for the last 20 years about local businesses and entrepreneurs that celebrate our communities diversity. This story has all the makings of talent, smarts, passion and love of craft.

Selecting the right jeweler is an investment that lasts a lifetime. Layne Gautreau of Layne's Fine Jewelry and Design and his family has been designing, crafting, and repairing jewelry since 1989 right here in the heart of Ascension Parish.

Of course, they have a



beautiful showroom with all the big-name brands, but what sets Layne's apart are the people. They focus on listening and giving excellent, Louisiana style customer service. This is especially important with their full-time designers who create

stunning one-of-a-kind pieces to your specifications. They have the talent, the technology, and they make deadlines for special occasions.

Getting engaged is an exciting time and Layne's is where

Ascension goes to get the best diamonds and designs. Quality matters and we are certified diamond experts. You will learn about carat weight, the cut, color, and clarity. You will get exactly what you want in a custom setting from Layne's. They will teach you how to take care of your investment and of course they do repairs right here on-site. They truly are full-service jewelers.

Come and see us, and you will understand the service and quality that they have dedicated their lives to building. They are in Gonzales, right off Airline on Ascension Street. You deserve the best and they are going to make sure you get it at Layne's Jewelry and Design.





OPPORTUNITY

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Person Who
Loves Working
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Layne of Layne's Fine Jewelry and Design is looking to train artisans in the craft of jewelry making. We have the latest technology in our CAD design stations and we have the traditional craftsman tools that make the final product. This is

a rewarding career for those who like to use both sides of the brain. If you have the desire, we have the training. *Email me at layne@laynesjewelry.com and let's schedule a time to meet in person.*


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OPPORTUNITY

**Are You a Positive
Person Who Loves
Working with People?**

Layne of Layne's Fine Jewelry and Design and we are looking to train salespeople who love jewelry. We are a full design business, so you will be helping customers with one-of-a-kind masterpieces. This is a financially rewarding career in a positive atmosphere. If you have the desire, we have the training. *Email me at layne@laynesjewelry.com and let's schedule a time to meet in person.*



The Price LeBlanc PACE Center is scheduled to host its first event in 2023.



The City of Gonzales' Price LeBlanc PACE (Performing Arts, Conference, and Events) center is slated to begin construction in late September. Mayor Arceneaux welcomed members of the Price LeBlanc, Sr. family and elected officials to the groundbreaking celebration. "It's been a longtime passion project of mine. The 2016 historic flood put it on pause, as we turned to helping our community

recover. But I'm so glad we are here today", said Mayor Arceneaux. The two-story 25K square-foot center is located in the Heritage Crossing Development at the intersection of Highway 44 and Highway 30, this modern facility is specifically designed to host expos, cultural and performing arts events, and indoor concerts, banquets, and balls, and will be the anchor of this development. The PACE

center will support tourism and economic development while creating jobs by supporting local hotels, restaurants, and small businesses. It will also add significantly to our quality of life in the City of Gonzales. Mayor Arceneaux believes "our residents' quality of life is certainly improved when they can attend and enjoy wonderful events, locally! This is certainly due to the generous partnership of the

Price LeBlanc family and we are very grateful for their investment in our community." The Price LeBlanc PACE Center is scheduled to host its first event in 2023.

The PACE center was made possible through the generous gift of the Price LeBlanc, Sr. family and through revenue generated from the hotel/motel tax, beginning in 2019.



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YOUR ESTATE MATTERS



By Linda Melancon

Estate Property Valuation and Tax Consequences

The Role of Taxes and Appraisals in Making Gifts

Last month, we discussed the role of an executor: the court-appointed person responsible for managing the administration of a deceased individual's estate. One common duty of an executor is to secure an appraisal of property and assets in an estate. An accurate valuation of estate property, performed by a qualified appraiser, is important because that value can have substantial tax consequences for your estate and your loved ones.

One thing to consider when executing your planning is the capital gains tax. If you purchased a piece of property for \$50,000 and it is now worth \$200,000, there is a "built-in gain" of \$150,000. If you donate the property during your lifetime, the donee (the person you give the property to) will receive a "carry-over" basis (still at \$50,000).

If the donee sells the property, the capital gains tax applies to the \$150,000 built-in gain. But, if the property transfer happened after your death, the person getting the property would take it at its current value of \$200,000. This is the "step-up" in basis available at death, but not available to lifetime gifts. For this reason, many clients choose to hold on to appreciated property, passing it to their loved ones after their death.

There is also Estate and Gift Tax to consider, even though in 2022 it only applies to those dying with assets of more than \$12 million (\$24 million for a married couple). This lifetime exemption amount can be used for lifetime gifts; the

remaining exemption amount is applied to the value of the estate at death. A person dying with an estate of \$100 million, who made no lifetime gifts, would pay federal estate tax on the remaining \$88 million.

An accurate valuation is necessary to determine how much capital gains tax will be due, and how much will be deducted from the estate tax exemption. When your estate assets are divided equally among various beneficiaries, everyone wants to be sure the values are accurate and current. A qualified appraiser makes the executor's job easier.

Who is Valuation Important To?

An accurate valuation is essential to executors and heirs, as they both have a lot at stake. It is of the utmost importance that the executor uses reputable sources and approved practices to establish fair market value. If they fail to do so, the duty of care they owe the estate may be violated. In such a case, heirs may take legal action against them, and penalties may be incurred with the IRS.

Failure to file the mandated returns or statements reflecting the basis of a decedent's property, or inconsistent reporting, can also result in penalties. For example, if the basis of an inherited property is overstated and the property is later sold, the heir of that property can be subjected to a 20% penalty on the amount of understated gain.

In sum, valuing estate property is more than just an accounting exercise. The value of the estate property has significant implications. As an estate executor or administrator, you have a responsibility to make sure that estate property is valued fairly, and as an heir, you have the right to an accurate valuation.

The information provided is not intended to be legal or tax advice and does not constitute any attorney/client relationship. You should consult with an attorney for individual advice regarding your own situation.

Ms. Melancon is an attorney with Legacy Estate & Elder Law of Louisiana, LLC with offices in Baton Rouge, New Orleans and Lake Charles, LA. The primary focus of her practice is estate planning, probate, special needs planning, and elder law. For more information or to attend an upcoming estate planning seminar, call her office at (225) 744-0027.

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HEALTHCARE NAVIGATOR

Palliative Care of Baton Rouge

The Healthcare Navigator, presented by Palliative Care of Baton Rouge, is an online resource guide which educates patients, providers, and caregivers of those with serious or long-term illness.

There are many misconceptions about what Palliative Care is, who qualifies, and when it is the appropriate time to implement these services. Palliative Care of Baton Rouge has launched an online resource guide aimed at educating patients, providers, and caregivers of those with serious or long-term illness.

Is Palliative Care right for you?

Palliative Care is an extra layer of support, provided by a team of trained doctors, nurses, social workers, and chaplains for patients facing a serious illness. These services aim to provide relief from both the symptoms and the stress that patients are currently experiencing and can be applied alongside curative treatments and home health.

Anyone who is diagnosed with a serious illness such as cancer, CHF, Parkinson's Disease, ALS, Dementia/Alzheimer's, CVA, COPD, liver disease, renal disease, or HIV qualifies to receive the added support of Palliative Care services.

Palliative care is beneficial to both the patient and their caregiver(s) and can begin at any time during a patient's illness, in a variety of settings, including the patient's home, hospitals, long-term care and nursing facilities, or Palliative Care clinics.

Understanding Palliative Care as a Caregiver

As a caregiver to a patient, loved one, or friend with a serious illness, the day-to-day tasks may be manageable, but some activities require the assistance of trained healthcare professionals.

Palliative Care is a service-based treatment that focuses on providing relief for the patient and their caregiver(s) in response to the symptoms and stress of a serious illness.

A qualified team of medical professionals collaborate with the patient's physicians and caregiver(s) to maintain treatment, assess the patient's status, provide information about resources related to physical and emotional symptoms, and more. Palliative Care is appropriate at any age and stage of a condition. Some patients receive Palliative Care for months or years at a time.

Resources for Providers

Medical providers are sometimes unsure of what specific criteria or guidelines exist to support a referral to Palliative Care for a patient under their care.

If a patient is experiencing any of the following, this treatment may be the right decision for them:

- Frequent hospitalizations
- Difficulty controlling physical/emotional symptoms related to a serious illness
- Poor or declining functional status, and more.

Physicians are able to work alongside the Palliative Care care team to assist families and patients with goals for care and navigating difficult decisions.

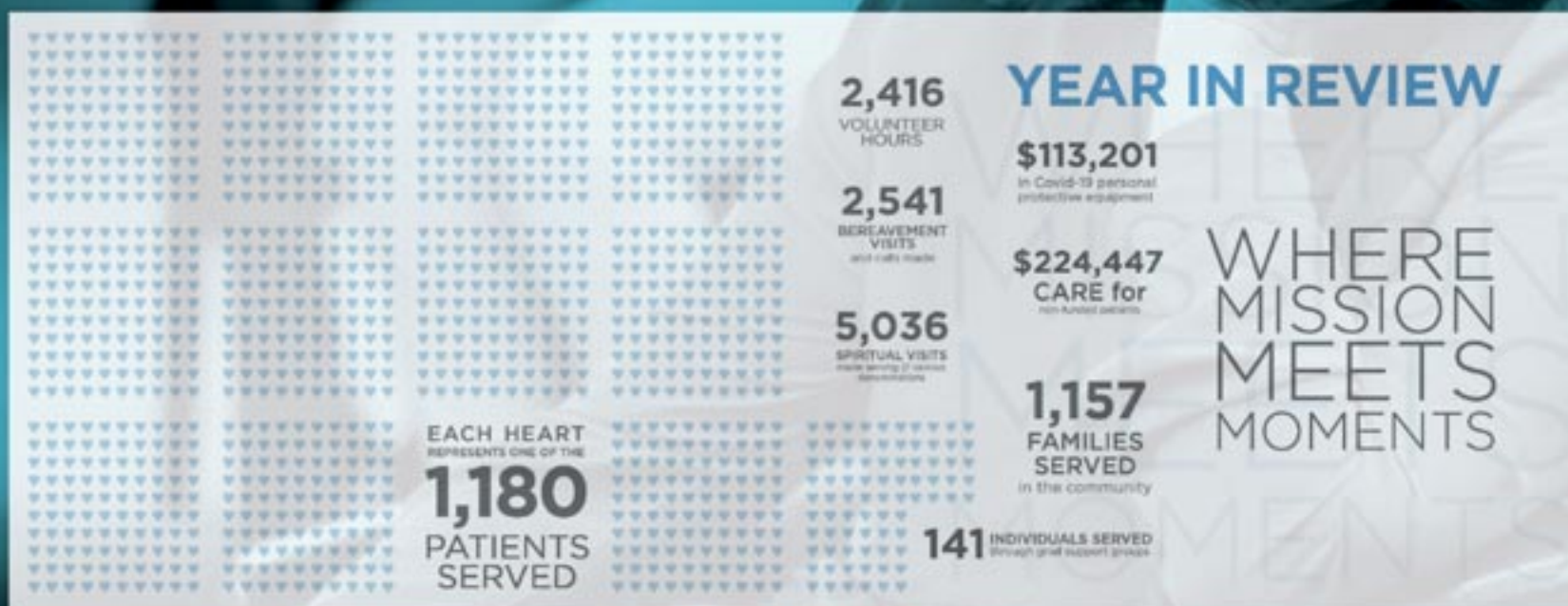
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Ascension Firefighters from eight Ascension Parish Fire Departments gathered on July 27 for the 47th Annual Firefighters and the 24th Annual Juniors Appreciation Banquet hosted by the area Knights of Columbus councils.

St. Amant Fire Chief & Constable served as master of ceremonies and the events guest speaker.

‘This is always an important time for the Chief Officers of Ascension Parish. It’s the time when the Knights of Columbus of Ascension Parish recognize the men and women of our fire service, stated Chief James E. LeBlanc, adding his gratitude to all the departments and their families for their hard work and

dedication to Ascension Parish”.

Before presenting awards, Chief LeBlanc gave a complete re-cap of the fire service in Ascension Parish over the past 12 months. Leblanc, thanked both the Prairieville and Gonzales Fire Departments on the recent donation of fire apparatus to Ascension Parish Fire Dist. #1, made up of all volunteer departments. Not only will these donated apparatus help us on our rating, but it saved the tax payers a lot of money, stated LeBlanc.

Ascension Parish Sheriff Bobby Weber was also on hand, to re-cap the wonderful working relationship between

the Ascension Parish Sheriff’s Office and the Ascension Parish Fire Departments in all three Fire Districts of Ascension. “We enjoy a

Morgen Christ, Prairieville Fire Department; Nicolas Garon, Sorrento Volunteer Fire Department; Rich Chifichi, Geismar Volunteer Fire Department;



relationship here in Ascension Parish that is unheard of across this State and this nation, stated Weber.

Awards were presented to junior firefighters Joselyn Rebollar, Galvez-Lake Volunteer Fire Department; Riley Miller, St. Amant Volunteer Fire Department; Cameron Everett, 5th. Ward Volunteer Fire Department, Justin Campo, 7th. Dist., Volunteer Fire Department and Kia Howard, of the Geismar Volunteer Fire Department.

Firefighters of the year awards went to Charles DiGiovanna, Gonzales Fire Department;

Blake Stone, 7th. Dist., Volunteer Fire Department; Scott Francis, Galvez-Lake Volunteer Fire Department; Tarrell Milan, 5th. Ward Volunteer Fire Department; and Mike Breaux, of the St. Amant Volunteer Fire Department.

Overall winners of the 2022 Firefighters Banquet was Junior Firefighter Kia Howard of the Geismar Volunteer Fire Department and the “2022 Gene Witek Memorial Award” went to Mike Breaux of the St. Amant Volunteer Fire Department.

James E. “Chief” LeBlanc



Volunteer Firefighters recognized for their dedication to Ascension Parish

So proud of these volunteers from St. Amant Volunteer Fire Department and 5th Ward Vol. Fire Dept. - Ascension, La. Ryan Moran, receives his 10 year award in the St. Amant VFD. Eric Hughes, receives the St. Amant VFD Training Award, Christian Feters, receives a Life Saving award for an event that took place in Clinton Louisiana and Junior Firefighter Cameron Everett receives the 2022 Knights Of Columbus Award for the 5th. Ward VFD. We appreciate all their dedication to both the St. Amant and Darrow communities here in Ascension Parish.



L to R: Volunteers Shane Pourciau, Jeremy Pourciau, Drake LeBlanc, Ryan Moran, Eric Hughes, Christian Feters, Cameron Everett, Chief James E. LeBlanc, Corey Hergruder, Viki Landry and Dina Holubar.

East Feliciana Family thanks Ascension Parish Community Volunteer Firefighter

It's a normal day in East Feliciana Parish, and Ascension Parish Volunteer Firefighter Christian Feters is visiting a friend. During the visit they are feeding horses and livestock.

During the outing they here what appears to be a crash involving a possible ATV vehicle. Ascension Volunteer Firefighter Feters and his close friend grab a medical bag and rush to the scene.

The Welch Family from East Feliciana Parish tells Chief James E. LeBlanc, it was like an angel appearing from the woods, when Feters and his friend arrived at the accident.

Feters, a volunteer Firefighter and Officer in the St. Amant & 5th. Ward Volunteer Fire Departments in Ascension Parish has being a certified medical First Responder for several years now, stated

Chief LeBlanc.

Feters was able to stabilize one of the Welch family members, and notices a severe bleed on one of her arms. With his training, Feters was able to apply a tourniquet, which stopped and control the main artery bleed in the woods of East Feliciana.

Because of Feters quick thinking and training, the outcome for the Welch Family member was a success, and she is recovering well today, stated LeBlanc.

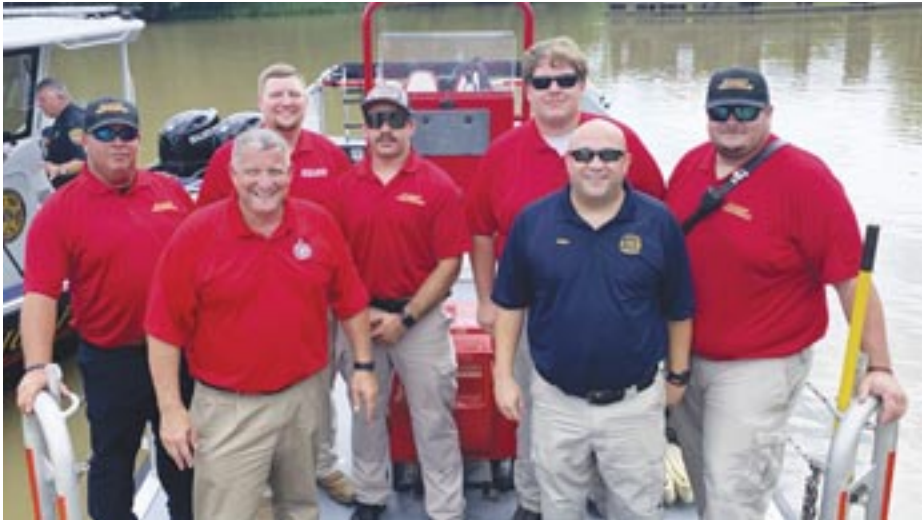
I truly believe God places us where he needs us, this was clearly being in the right place and the right time, stated LeBlanc.

Ascension Parish is very proud of you Christian Feters, and the Welch family of East Feliciana Parish cannot thank you enough, for being that angel that appeared in the woods.

James E. "Chief" LeBlanc



St. Amant & 5th. Ward Volunteer Fire Departments patrolling the waters for Safety



Ascension Parish - Volunteer Firefighters from the St. Amant & 5th. Ward Volunteer Fire Departments here in Ascension Parish have teamed up with the Ascension Parish Sheriff's Office and the Louisiana Wildlife and Fisheries to continue to patrol the waterways of Ascension Parish on the weekends, stated Chief Officer James E. LeBlanc.

We are only halfway through the year, and we have 20 deaths state-wide stated LeBlanc. Five deaths occurred just in the last month.

We want all our Ascension Parish residents to enjoy our beautiful waterways of Ascension, but we want all of them to go home safe, stated LeBlanc.



We encourage all our residents when they are on the water-ways to please wear life jackets while on the water. A life jacket alone will prevent over 80% of these accidents, stated Chief LeBlanc.

"It takes a village whenever we have an emergency on the water, and we have to get out there and try

to locate somebody that might be missing on the water," explained James LeBlanc, the fire chief of St. Amant.







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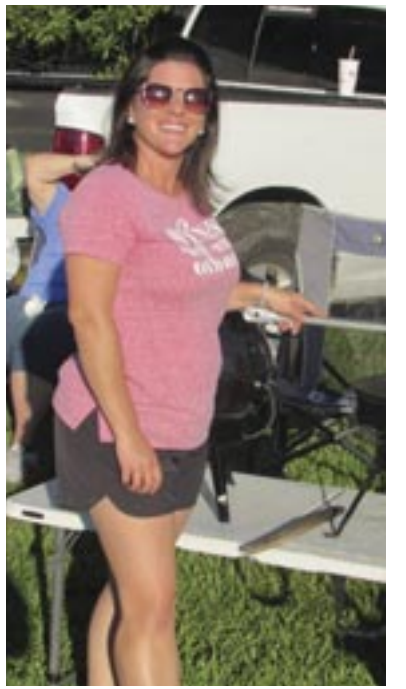
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Jambalaya Festival

2022 Mini Pot Contest Photos





2022-Year of the Tiger or Did My Fortune Cookie Lie

by Bill Delaune

My answer to the cliché seasonal greeting of this time of year-“Are you ready for some football?”-has always been, “More than ever before.”

But this year-after a brief hesitation-my response has been a bit different. “Well, I could have used a little more baseball to be honest with you.”

That abrupt change was brought about by the Ascension-based Gautier-Amedee American Legion baseball team-a talented group of young men who provided their supporters with an extremely entertaining summer. The squad-composed of players from Dutchtown, East Ascension and St. Amant, along with a couple of two key additions from ACHS-won a state championship beating old nemesis Jesuit-based Retif Oil in the finals and advanced to the Mid-South Regional Tournament in Pelham, Alabama.

G&A made it all the way to the finals defeating defending champion Tupelo, Mississippi and hometown favorite Troy, Alabama along the way. But our gallant lads came up just short in the final game for a chance to play in the Legion World Series. By the way, at press time Troy had just won their first Series game 13-1 and established itself as a favorite to win it all.

Anyway, it was a great ride and a fun run for all involved but you can see why I yearned for another week or so.

But now it's time for our annual peerless prognostications about the upcoming LSU football season. In this



Chinese Year of the Tiger, shouldn't our hopes be higher than our gas and electric bills? Just because we have a new coach from Massachusetts by way of Notre Dame and our starting quarterback has not been announced yet and if the meek shall inherit the earth, our offensive line will be land barons, is that any cause for worry?

Fear not, faithful readers. With an ample supply of fortune cookies from Hong Kong Phooey's Chinese Restaurant and some help from a few old buddies, I will guide you through this season-complete with some trash-talking and tailgating tips along the way. Just don't bet the ranch until I use the word

“cinch”.

So without Freddy Adu, let's get to the opener down in New Orleans...

1. Florida State-

I can't compete with the Old Ball Coach Steve Spurrier when it comes to put-downs on the Seminoles. Back in 1993 when a booster got busted for buying \$6,000 worth of shoes for the football team, Spurrier labeled FSU-“Free Shoes University”. Then when his own All-American Jadeveson Clowney was caught speeding at over 100 miles per hour in South Carolina, the Gamecock coach took another shot, “I didn't know his car could go that fast. He doesn't have a

pretty sports car like those FSU guys used to drive.”

SEC press days are not the same without him. LSU's new coach Brian Kelly opened with the Noles last year at Notre Dame and won by three in

overtime. That sounds about right-Tigers 24-FSU 21.

2. Southern-

Forget football for a moment-this could be the tailgating event of the year. Bring all those great cooks from the Bluff-and a few hundred wings from the Blue House, if you don't mind-and mix and mingle with the Cajun chefs from LSU and you have a cookout extravaganza that would be

the envy of the nation.

I went to an LSU-Southern basketball game once and the Jaguar students were allowed in free to sit with the Tigers. When the Southern section started their traditional SSSS-U, S-S-S-S-U cheer, the LSU kids simply held up the “L” sign with thumb and fore finger as if to form L-S-U. It was all a lot of fun, there was no trouble and LSU won. That’s what should happen on a night of fun and fellowship in Baton Rouge.

3. Miss State-

My son Jeff was stuck with the unenviable job of being my designated driver and caretaker for the Pelham trip-no easy task, I can assure you. In Meridian I dug up the old bar bet to pass the time-Which two SEC schools were the closest geographically? After several unsuccessful guesses, I pointed out that Starkville and Tuscaloosa were closer than any-though light years apart in the football sense.

State’s coach Mike Leach said that Tiger Stadium looked like the Twilight Zone during his 2020 visit with the pandemic-induced cut out fans in the end zone. This time the Tiger crazies will be out in full force making Leach think that it’s he who’s is in another dimension. Mississippi native Myles Brennan shines as LSU wins 31-28.

4. New Mexico-

The Lobos’ best hope is that Kelly remembers that former UNM coach Bob Davie once coached at Notre Dame just as he did and show some Irish mercy. When the game gets out of hand, show some old “Laverne and Shirley” clips with the late Penny Marshall-a Lobo alumnus-to lighten the mood.

5. Auburn-

Once again I yield to the acid-tongued Coach Spurrier. When a fire destroyed 20 books in the Auburn library, the Old Ball Coach sympathized, “The real tragedy was that 15 hadn’t been colored in them yet.”

What else can happen in this game-fires, earthquakes, cigars, last second touch-downs when field goals would do, losing coach fired and so on. LSU wins a wild one 28-27.

6. Tennessee-

Don’t leave the stage just yet, Coach Spurrier. When the great Peyton Manning decided to forego the NFL draft until after his fourth year, guess who had a comment-“I know why Peyton came back for his senior year. He wanted to be a 3-year star of the Citrus Bowl.” And of course, after beating the Vols at Florida for the umpteenth time in a row, the now famous “You can’t spell Citrus without U-T.”

But these Volunteers are a year ahead of LSU in the rebuilding mode and Tennessee historically gives the Tigers fits (See 14-13, 1959). The Bayou Bengals suffer their first loss in a heartbreaker.

7. Florida-

Coaches’ Bowl number one-Former UL coach Billy Napier-rumored to be in the running for the LSU job vs. Brian Kelly-the surprise heir apparent to Cajun Ed Orgeron. The ex-Ragin’ Cajun coach has the Gators on a roll but that tricky leprechaun Kelly has a Cajon of his own-namely transfer quarterback Jayden Daniels from Cajon High School in California.

With the Gators primed to stop Brennan’s drop back passing attack, Daniels runs the run-pass-option offense to

perfection and the Tigers control the clock and the Gators without a single shoe thrown.

8. Ole Miss-

Well, at least this year’s October 22 date is getting closer to the old traditional Halloween kickoff. Tiger fans will refrain from making any “pump kin” about the habits of our Mississippi neighbors and what they do in the fields in the fall. But Rebel coach Lane Kiffin is full of tricks and LSU has no treats as the Rebs down the Tigers. At least Kiffin does not have to dodge water bottles and golf balls like he did in the friendly state of Tennessee.

9. Alabama-

“I may not look happy but I am.”-Nick Saban after any one of his many victories. “No, moody people are happy some of the time.”-a member of Nick’s family when asked if he was moody.

Well, Merry Old Nick should have plenty to be happy about this year with the best offensive player and the best defensive player in the country. That alone should be enough to get him back in the BCS Playoffs. It’s also enough for Bama to pull out a victory over an inspired Tiger crew. Then-at the post-game press conference-he’ll begin, “I may not look happy...”

10. Arkansas-

Facing their first losing streak of the season, the Tigers come out as fired up as the November couchon-de-lait fires back home and roast the Hogs as Kayshon Boutte runs touchdown routes unchecked through a depleted Arkansas secondary.

“Our best defensive backs were wearing Purple and Gold,” laments Razorback

coach Sam Pittman pointing to the two transfers Greg Brooks and Joe Foucha now starting for LSU.

11. UAB-

Are you ready for this stat? This series is tied at one apiece. Who can forget that September night in 2000 when Tiger quarterback Josh Booty decided to make up a play that resulted in an interception and a 13-10 Blazer victory. The LSU coach then? Nick Saban who began his post-game conference, “I may not look happy-because I’m not...”

The Tigers stick to Coach Kelly’s game plan and grind out a lackluster win in a sandwich game between SEC foes.

12. Texas A&M-

Last year Max Johnson threw the winning touchdown pass in this game-for LSU. This year he’s an Aggie-probably because they wanted his brother, a highly recruited tight end.

But Kelly has a gun slinging Texan of his own in surprise starter Garrett Nussmeier from Flower Mound, Texas, who outshoots Johnson in a 42-41 track meet. The Tigers come home with the gold over “the best team money can buy”.

With a gaudy 9-3 record and a national ranking, LSU accepts a bid to the Fiesta Bowl to play none other than Kelly’s old team Notre Dame. But that’s a story best saved for 2023.

And if you are compelled to risk a few bucks on the outcome of some of these games, please heed the words of my final fortune cookie-“Eat with your gambling money, don’t gamble with your eating money.”

Thoughts from Bully

**Finally a Sport
Everyone can
Participate in!
You may even get a
participation trophy?**



I used to watch ESPN because finally there was a station dedicated to all the sports and it was entertaining. Of course it is but a shell of itself as it is 95% NBA these days and the NBA has turned into the street ball game of 'Make it, Take it!' Not to mention the political bias.

Basketball used to be a great sport because players needed talent, skill but was balanced by smarts and defense. The days of Bird and Magic, Jordan and Kareem are dead and over and millions of former basketball fans don't watch anymore and no one cares. So I don't care. I have a new sport to follow that is about as interesting to me as the new NBA. 'Tag, You're It!'

I am a very creative person. I can paint and I can tell a story in a funny way however you can't even imagine the effect and how shocked I was at the sporting event I saw on television. The World Chase Phenomenon. What? A simple game of tag now has national television coverage with sponsors and fans sitting in the arena.

I watched about 2 minutes of it and my creative imagination took over. I thought Howard Cosell could have made a come back and shouted, "Look at that little monkey run", as much as he wanted with this sport. I can hear him now announcing the athletes, "Johnny Long Arms with 6 inch fingers is the 'Tagger with the Dagger' to watch today as long as he doesn't pick his nose and cause a nose bleed!"

The world must be losing it's mind to support a sport like this.

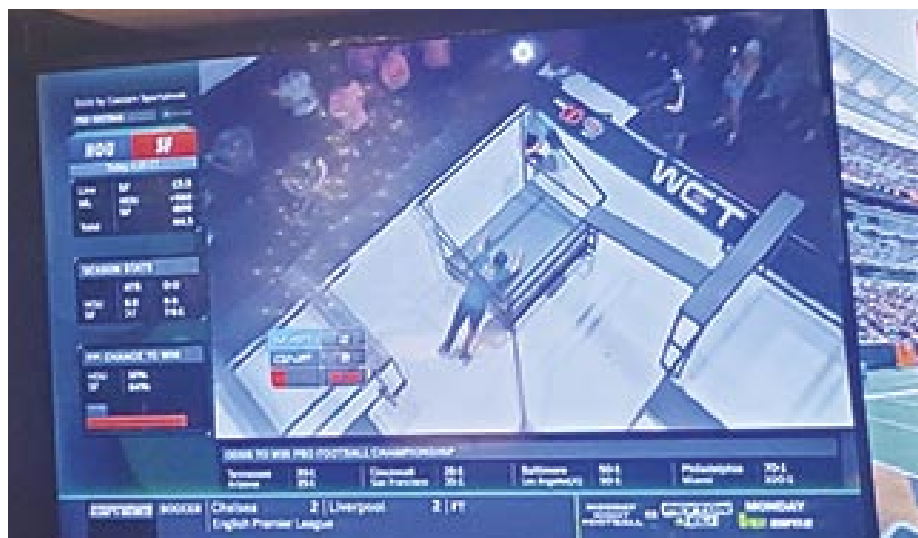
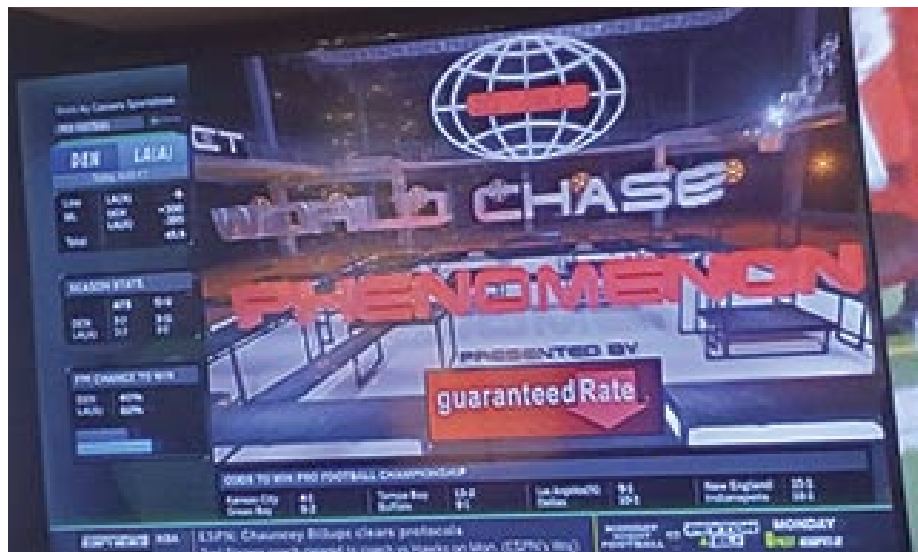
When it was time to start I expected the two contestants to stick their tongues out and shout 'Ninny Ninny Boo Boo' or stick their thumbs in their ears and make the Bullwinkle horns and shout, 'Nana-nana-nana or shout "Mama he won't stop touching me!"

When the runners finished their first 3 minute run, one of them needed a band-aid for skinning their knee and the other bumped their head on a railing and put ice on it. After the second round a contestant had broken a nail and pulled out of the event and the opponent claimed victory and went flipping across the stage like Ozzie Smith of the St. Louis Cardinals.

I couldn't take it any more. I changed the channel only to find ESPN had ESPN2 and ESPNU with NBA on all of them. I think I'll change to watching 'The Hallmark Channel'. A channel that shows a hundred different episodes with the same happy ending. It's about as mindless as watching 'World Chase Phenomenon'.

One day I will search my television guide and will tune back in when I see them World Class 'Rip Over the River!' series or Marco Polo summer sports!

**EA/STA Ryder Cup
will be on
Wednesday, Oct 5th.**



Congratulations Jeff Magee

Jeff Magee a marshall at Pelican Point hits a Hole-in-One earlier this summer. He plays with the noon group with trust worthy witnesses. I think?





Useless Random Facts with Kellie

•
Movie trailers got their name because they were originally shown after the movie.

•
The real name of Monopoly mascot Uncle Pennybags is Milburn Pennybags.

•
Dr Seuss invented the word 'nerd'

•
Women see more colors than men.

•
Oreo has made enough cookies to span five back and forth trips to the moon.

•
Barbie and Ken broke up in 2004.
(They got back together in 2011.)

•
Cap'n Crunch's full name is Captain Horatio Magellan Crunch.

•
Pope John Paul II was an honorary Harlem Globetrotter.

•
The average American looks at eight houses before buying one.

•
One man set a world record by putting on 260 T-shirts at once.

•
A British teen changed his name to "Captain Fantastic Faster Than Superman Spiderman Batman Wolverine Hulk and The Flash Combined."

•
The first Nerf ball package claimed the toy "can't hurt babies or old people."

•
Those metal studs on your jeans have a purpose. They are placed on certain spots to add extra support where the denim is more likely to wear out and rip.

•
Mosquitoes are attracted to people who just ate bananas.



Entertainment Schedule

August 20

Regeneration

August 26

Letters in Red

Sept 2

Foret Tradition

Sept 3

Boozehound

Sept 9

Sugar Shaker

Sept 17

Yeah You Right



Letters in Red

August 26th

www.parkplaceofgonzales.com

Jammin' with Goosie

The Sportsman League

My first memories of the East Ascension Sportsman League stems back to a kid fishing rodeo at Murphy King's pond on the Swamp Road located in Prairieville, La. some sixty something years ago. I won an award that day and until the day that I was too old to fish in the event anymore, I have never been beaten in the most fish division. Since those days I have become a two term president of the group, a board member a time or two on several different occasions, a committee chairman for many projects, and now have the position of Treasurer. My mom and dad were also very active within the organization back in the day, with dad serving on the board of directors and holding the seat of president of the league for several years.

The organization was formed in 1951 as an affiliate of the Louisiana Wildlife Federation and was incorporated in 1973. Membership in 1973 stood at 756 members. The EASL is a conservation organization that stands behind the LWF's conservation pledge that quotes "I give my pledge as an American to save and defend from waste, the natural resources of my country. Its air, soil and minerals. Its forest, waters and wildlife.

It would take several pages of this publication to

list the many accomplishments of this great organization through the years gone by. The Belle River boat launch, Lake Pontchartrain Reef Program, the campaign to re-open Elmer's Island, The Gill Net Ban, etc. were all accomplishments that this group had a hand in making come true. Once again, I must say that those few things don't even scratch the surface of achievements produced by the group. This has been one fantastic organization to be a part of. The EASL received the "Governor's Conservation Achievement Award" in 1992 and has been named "Louisiana Conservation Organization of the Year" on five different occasions. The EASL's monthly newspaper, "The East Ascension Sportsman" was named "Outstanding Conservation Publication" for three different years of its life span from 1973 until 2020.

At some point along the way other large outdoor conservation organizations began to form. Most of these entities have a specific purpose in mind, but they are well funded and share very similar goals in regards to groups such as the EASL. As the years slowly passed, so did many members of the organization that had made it so functionable. Our youth were always a big part of the group's mission and as they grew up it seems that they did accept the role of being responsible conservationists. But it does appear that we did not do a very good job of preparing them to take our place as leaders of the club. I don't know exactly where the blame lies. It could be for



some part that the way the older officers of the group wanted to continue doing things just didn't fit into the new way of doing business such as email, Facebook, Digital, social media, etc. What I do know is that the problem of recruiting young leaders into our organization and many other organizations at this day and time is for real. It's been said, "If you're not growing, you're dying". All forms of business and life in general needs new young ideas and energy to successfully continue on.

Along with everything else in the world, the pandemic has taken its toll on the Sportsmans League also. Trying to get back on track has been challenging, to say the least. The club now has 173 members and is back to conducting monthly meetings once again. The meetings are held on the third Monday of each month at Cabelas in Gonzales, La. Meeting begins at 7 P.M. and offers guest speakers and a meal for those that are part of the gathering. You do not need to be a member to attend.

The EASL is a non-profit organization that does have a little left in the tank. The board of directors has agreed to sponsor outdoor youth events, along with several other projects into the future. Chairpersons are needed to administer these events. If you or anyone you know would be interested in joining

the league or chairing an event, please contact the EASL membership chairman, Warren Hebert at warrenh3@eatel.net or call (225)571-8101. You don't have to live in Ascension parish to become an active member of this group. The league has members from different parts of our state and it also has several members from other states of our great country.

Through time spent as an EASL member, I have been acquainted with some of the best conservation minds of our time. Most of those great people are now gone, but the many messages that they sent will never be forgotten by me and many others. This organization has been a blessing to me. It has guided me to be a better person in many ways. It has also taught me not only to be a taker, but to give back to and wisely use our natural resources that God has put on this earth for us to share. It has taught me one more valuable thing and that is everything has a shelf life and if we continue on the present path ours is about to expire.

Till next time
The future of conservation
Needs your help

James "Goosie" Guice



Ascension Magazine will print many more photos again next month! *Photos by Robin Stevens*



East Ascension Sportsman's League

Letter from president -
Mike Lambert

Summer break is over for all the school kids. For many kids in our area, the annual kids fishing rodeo is their last big day out before school starts. This year 128 kids came out for the event. After two hours of fishing, all the kids gathered around to weigh their fish and count them. Then, while the scores were added up, they enjoyed free hot dogs, jambalaya, and ice cream. After all the trophies were awarded and the drawing for bicycles was over, every child



got a gift. There were smiles everywhere you looked!

Thanks to all the sponsors, especially Twin Lakes for letting us use the property, Ascension Credit Union, Cabela's, Red River Bank, Fluker Farms, Rico Contractors for the port a potties, and many others that helped us achieve this wonderful day. I want to thank all of the volunteers from the sportsman's league, because everything ran smoothly like clockwork. Thanks to Jeff Bourque and crew for cooking the jambalaya and hotdogs. A big thanks to everyone involved! I had a problem with adding up scores,



but I finally got it. I'm glad everyone else knew what they were doing. My wife Bettye, who is the chairperson of the event, straightened me out and it was fine after that.

The next event coming up in October is the squirrel rodeo. I think it's the only one in the world. It takes place on the first day of squirrel season. Look for the rules in next month's magazine. I should have had them ready this month, but I'm running late. The rules for the Big Buck Contest are below. I hope y'all can participate and win yourselves a free deer mount.



We are having the Big Turkey Contest this year too. So we are coming back slowly after Covid. Please become a member so you can take part in these events. The big bass and big spec contest are in effect also. \$20 is awarded every month for the biggest fish for bass and trout. At the end of the year, biggest fish for the year are given out.

Please join us on the 3rd Monday of the month at 7:00 PM at Cabela's upstairs in the meeting room. See y'all there!

Thanks, **Mike Lambert**

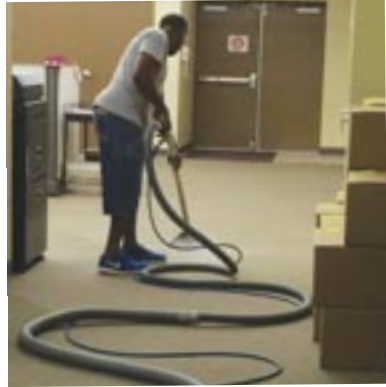




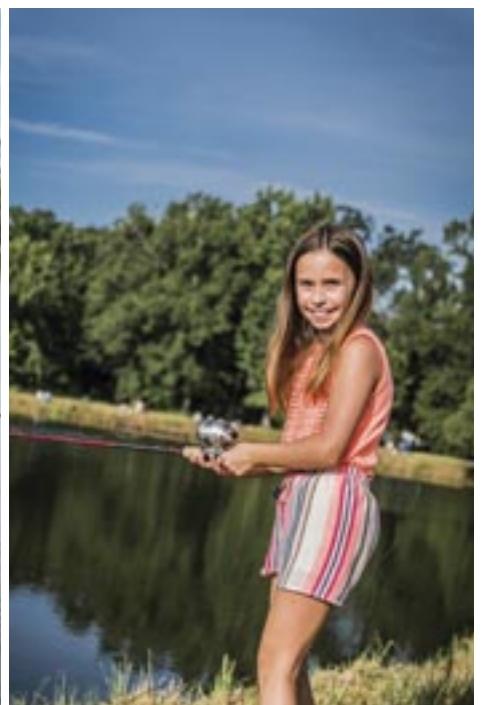
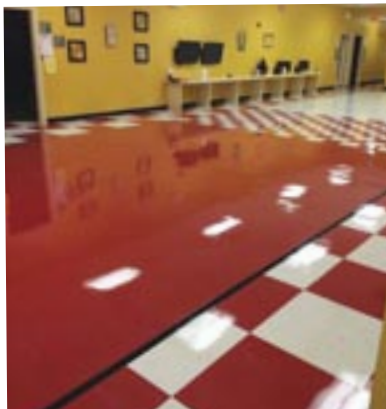
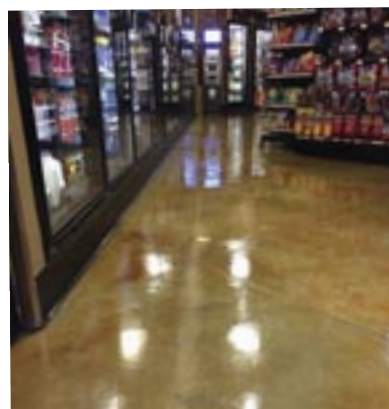
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Gonzales High School Class of 1955 Reunion

Members of the Gonzales High School class of 1955 gathered at the home of classmates Beverly St. Amant (deceased) and Gayne Marchand for a 67th year reunion on Thursday, July 14.

After so many years the class went back to visit the old school. Upon entering the building, they were touched to see a large American flag on display that had been donated by students, teachers and staff in memory of the 9-11 attack on this country.

The class was then led in the Pledge of Allegiance by Army veteran Ronnie Gaudin and in

a prayer for deceased classmates and the country by Jo Ann Marchand.

When the group reached the trophy case, it was interesting to see the many trophies won by Gonzales High especially knowing that they had contributed. One in particular that attracted the most attention was the state runner-up trophy from the class's senior year losing to Ferriday in the finals.

Old memories came back as the class continued the tour through the classrooms recalling teachers and subjects that were taught there. Even



Seated at the table are Bessie Nickens Smith, Jo Ann Hodgeson Marchand, Mary Braud Robbins, Gloria Ballard Stevens and Class Vice President Linda Gautreau Lambert.

Standing are Roy Robbins, Class Treasurer and Valedictorian Ann Hebert LeBlanc, Class President Ronnie Gaudin, Gayne Marchand, Billy Barden and Cellia Landry Soileau.



more drifted back in the gym as the group remembered basketball games (and the old rules for girls not crossing the center court line with three on the offensive side and three on the defense), the dances with Sugar Boy and the Cane Cutters band and, of course, the prom.

Some of the male members

laughed as they recalled visits to Principal Henry Glaze's office for a little one-on-one "counseling".

The class wanted to thank their guide Kennie Ridgdell and the school administration for allowing them to revisit their past-an inspiring visit to say the least.



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THE TOWER



Executive Chef, John Donaldson

Prep: 45 minutes

Servings: 2

Ingredients:


Eggplant	1 - cut into six medallions	Butter	1 cup
Heavy cream	4 cups	Basil chopped	2 tbsp.
Small shrimp	1/2 cup	Cornmeal	4 cups
Jumbo lump crabmeat	1 oz	Eggs	6
Whole garlic cloves	10	Salt	1 tbsp.
Parmesan cheese	1 cup	Pepper	1 tbsp.
Flour	1 cup	Creole seasoning	2 tbsp.

Instructions:

Start by making the sauce. In a small heavy bottom saucepot over medium heat start by melting the butter then add the flour and whisk together. While making the sauce roast the garlic in aluminum foil in a preheated 350 degree oven with a small amount of olive oil two tablespoons should be sufficient. Roast the garlic for 15 minutes and remove. Add the heavy cream to the roux mixture and whisk until smooth. Add the roasted garlic and parmesan cheese then puree in a blender. Strain sauce through a fine mesh strainer. Return sauce to the pot and bring to a boil over medium heat and add shrimp cook until shrimp are pink and firm. Add the crabmeat to warm. Now for the eggplant take eggs and whisk in a metal mixing bowl. Take the trimmed eggplant and add to the bowl of whisked eggs. In another mixing bowl combine cornmeal and creole seasoning. Add the egg covered eggplant to the cornmeal batter. Transfer the battered eggplant to a frying pan over medium high heat and cook until golden brown. Strain off grease and plate. Cover with sauce and garnish with basil. Bon Appetit!

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VFW POST 3693

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Monday, September 26th

\$250.00 per team

7:30 a.m. Registration

9:00 a.m. Shotgun Start



PELICAN POINT



Mail form & Payment to:

VFW Post 3693

Attn: Golf Committee

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Gonzales, La 70737

Email: 3693vfw@gmail.com

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GONZALES MEMORIAL

VFW POST 3693

PELICAN POINT GOLF COURSE

Monday, September 26, 2022

7:30 a.m. Registration

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