

## Materials list / painting kit – acrylics or oil

This list is designed to be a guide. You don't have to rush out and buy everything I have on this list. This is my system that works for me, and it may also work for you.

### Canvas/panels

More than you think - ranging in size and format from 8" to 24". They could be stretched canvas, canvas board, painted wood panels, gator board, whatever you feel comfortable with. If in doubt, bring a range.

Ideally you'd have at least two canvasses per day (there's no problem in having too many, but there's a big problem if you have too few).

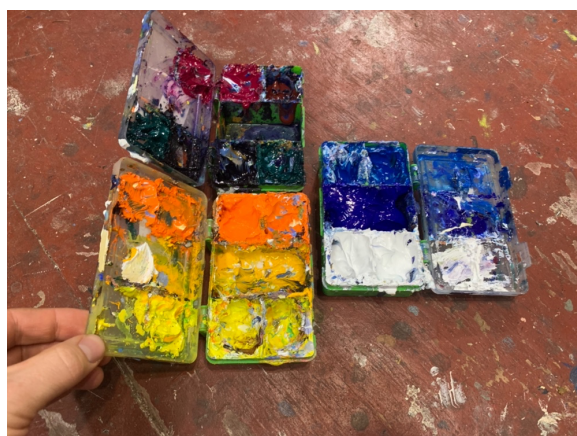
**An easel**, or something to rest your panel on while you paint, and while you step away to look at the piece from a distance.

### Paints - acrylics

I use a stay-wet system that only a few others seem to use. You are welcome to copy it, or to find your own version of it. Or ignore it and just take notes from my colour palette. Everyone is different, and one size doesn't fit all.

I use a few small fishing tackle boxes/multi-organizers that I load up with paint in the studio before I head out. The paint stays wet in the box and on location, but you need to keep direct sunlight from it, and you need a laundry spray to mist the paint regularly to avoid a skin forming.

A photo of the system is below. The major benefit is that I am quicker to get going, so I maximize my painting time. I also have plenty of paint available to me at all times so I'm not tempted to scrimp and save when I'm squeezing out the liquid bank notes from my tube of cobalt blue! The paints I use are normally Golden Heavy Body Acrylics for all colours, although this sometimes varies to another brand of artist-quality, high-pigment paint.



Here are the colours:

- Titanium White
- Hansa yellow light
- Cadmium yellow medium
- Cadmium orange
- Quinacridone magenta

- Violet oxide / Indian Red / Red Oxide
- Ultramarine blue
- Cyan blue
- Dioxazine purple
- Phthalo green (yellow shade)

I may also carry with me a couple of tubes of something fun to try – a different green, cadmium red, a mars black, a naples yellow – but the colours in the list above are my trusted friends.

### Paints - oils

I use walnut oil as a medium, and a pot of odorless mineral spirits to thin and clean brushes.

For the paint, I normally use Gamblin, Winsor & Newton or M.Graham & Co., and these are the colours I'll take with me:

- Titanium White
- Naples yellow
- Lemon yellow
- Yellow Ochre
- Cadmium yellow medium
- Cadmium orange
- Cadmium red
- Quinacridone magenta
- Burnt umber
- Ultramarine blue
- Turquoise

### Other painting equipment

- Paintbrushes of all sizes, a few at least 1", and down to something really fine. Mix of filberts and flats. My favourite brush is the Isabey Isacryl brush line, but they're expensive and hard to find, so often I'll use Opus Mezzo brushes.
- A laundry spray for the acrylics
- A water pot for the acrylics – could be anything, but I use a collapsible dog water bowl as it saves space in my pack
- Paper towel and cotton rags
- A palette – a 12"x16" piece of plastic signboard