

# Nicole Sleeth Atelier

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## All About Colour Workshop Supply List

### Supply List (oil paint is listed below):

- A selection of oil paint brushes. No need to purchase any if you already have several; just use what you have. If you don't have any and need to purchase some, I recommend HJ series 10 natural hog hair brushes. They have shiny blue handles and off-white hog bristles. Get filbert, flat, or bright brushes at least in sizes 1, 2, 4, 6, 8, and 12, plus any other sizes you want. Sizes are not consistent from brand to brand so just get a good range.

- 16"x20" canvas paper pad (or similar size)

- roll of ¼" wide masking tape (usually available at Opus)

- 4-6 canvas panels approximately 11"x14"

- two metal palette knives in the shapes pictured below (one each - note left and right handed knives are different), or whatever shapes you prefer. To be used for mixing paint.

- apron or painting clothes

- roll of paper towel

- plastic or glass jar with lid (about 500ml - tall, not shallow). Fill halfway to three-quarters with dried beans or dry rice. [optional - for holding brushes when not in use]

- glass palette or palette paper



left handed or right handed + one like this

## **Oil paints:**

If you already have a collection of oil paints, please bring all of them to the workshop. It is not essential that you have all the ones listed here if you already have a good range of colours. While helpful to have the paints listed, we will try to have a practical approach to using and getting to know the palette you already have. If you do not have any oil paints, please at least get the “must haves”.

### **Recommended brands:**

Winsor & Newton Artist's Oil Colours, Gamblin, Holbein, M. Graham, Williamsburg, Old Holland

### **Must haves (my “flesh” palette):**

- Titanium white oil paint. Make sure that you get Titanium White specifically. Some companies will mix titanium (PW 6) and zinc white (PW 4) - zinc is to be avoided as it is unstable. Check the back of the label and look for pigment code **PW 6**. It should be the **only** pigment listed. Ask staff if unsure.
- Cadmium yellow light, lemon yellow, or cadmium lemon.
- Ultramarine (just plain ultramarine - not green, hue, french etc)
- Yellow ochre (Gamblin is fine) or raw sienna
- Permanent Crimson by Williamsburg or Alizarin Permanent by Gamblin
- Cadmium red light by Gamblin
- Quinacridone red
- Phthalo green or Viridian green.
- Transparent red iron oxide – goes by different names. Old Holland's is called transparent oxide red lake. Gamblin's is called transparent earth red.

### **Good to have:**

- Indanthrene/indanthrone blue (no hue, get the real thing if you can). Also known as Anthraquinone blue.
- Cadmium orange
- Cadmium yellow (or cadmium yellow medium). Hue is ok.
- Cadmium red (just plain cadmium red, not light or deep, no hue).
- Raw sienna or yellow ochre (whichever one you don't have already)
- Indian yellow
- Phthalo blue or Prussian blue
- Sap green