



INDEPENDENT BEEF ASSOCIATION OF NORTH DAKOTA

Your state wide voice in the cattle industry!

PO Box 123

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www.i-band.org

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Greetings

I am sure you've all had a crazy Spring. Weather wise it's been one for the record books here too.

I read today that the US beef cow herd jumped 1% as of January 2019 to 31.7 million head. We are getting back to 32-33 million, a number that they say is 'normal'. Canada is once again the top country exporting 277,472 metric tons into the US, worth 1.47 billion dollars in exports, which is 15% growth for Canada compared to last year. We are exporting about the same amount of beef we are importing. If we did not import any live cattle from Canada and Mexico we would be better off from a supply versus demand perspective and be closer to breakeven.

While on my way back from a road trip to Oneida, South Dakota early June, I passed about 20 triple axel semis with Canadian plates heading south on Highway 83. *Those live cattle are not counted in the metric tons of beef imported into the US. Once slaughtered here the beef is treated as if US origin beef, because COOL law is no longer in effect.*

Australia and New Zealand export a lot of beef to the USA and yet we export a very small amount to them. <https://www.ers.usda.gov/data-products/livestock-and-meat-international-trade-data>

Until we fix some trade problems and get country of origin labeling back, we will be in a suppressed beef market with a distinct unfair ability to have our product compete in the market place in the US. In other countries it can be labeled as a product of the USA....but not in the USA. **Beef coming in from any other countries, once modified in any manner, including just repackaging can then be labeled as US beef.** Every time you have an



opportunity to, share that fact with others including friends and neighbors that are not in the cattle business but who want to know where the products they eat come from.

We also need everyone who cares about a long term financially sustainable livestock industry to call their congressmen and ask them to rein-

Courage is being scared to death but saddling up anyway.

.....John Wayne & I-BAND



Presidents Message: Dwight Keller

state COOL and to support fair trade deals for the US livestock industries.

Beef Checkoff provided and supported info which claims we are getting \$300 plus dollars per head more for every head of beef we are exporting....have any of you received one of those checks yet?

With alternative protein products getting a stronger foot hold, we need to be able to label our product and be able to use our checkoff dollars to promote US born and raised beef instead of just generic beef. We would like to see our checkoff funds used to promote US born and raised beef. In my opinion, this is the one main issue our industry needs to get united on.

On a brighter note, hope you are all receiving adequate rain. The grass is stirrup high in the low spots. The hay crop looks good around here and for those who haven't received rain yet, hang in there, we live in ND where climate change happens all the time.

If you raise cattle, share our concerns and want to help make a difference, please join I-BAND and learn more about what this organization does on your behalf and how you can take an active role to help shape the future of livestock industry.

Have a good rest of your summer,

Dwight Keller

President of I-BAND

Sen. Hoeven Meets With Producers Affected by Tariffs to Discuss Agriculture Assistance Plan

FARGO, N.D. — Many farmers across the country are hurting because of the trade war.

North Dakota Senator John Hoeven met with producers to discuss an agriculture assistance program.

“We’ve lost so much income because of the decline in the markets, and it’s just been really difficult and a challenge for everyone in the cattle industry,” Shelly Ziesch, a cattle rancher from Pettibone, said.

Ziesch is just one of many farmers, ranchers and agriculture groups at the roundtable at NDSU, and many are wondering if the payments will make up for lost money.

The \$16 billion Agriculture Assistance Plan is broken into three parts: \$14.5 billion in market facilitation payments, \$1.4 billion in food purchases, and \$100 million in trade promotion.

Market Facilitation payments go directly to producers.

“Good farm policy, keeping our farmers in the game, helps every single American, every single day,” Hoeven said.

Payments are based on a county rate multiplied by the amount of crops a farm produces.

“If we have counties that are more impacted because of the trade negotiations with China than some other state, that should help us in terms of the payment rate we get for our counties,” Hoeven said.

Ranchers say they want to have more recognition in the agriculture industry and are cautious if the plan will

Cont...Sen. Hoeven Meets With Producers Affected by Tariffs to Discuss Agriculture Assistance Plan

be enough, as the last buy up for beef was minimal.

“We didn’t really know for sure where the cattle was being procured from either, it’d just be nice to know if they’re doing it for one part of the industry, they do it for all parts of the industry,” Ziesch said.

The Agriculture Assistance plan will also buy surplus foods to be given to organizations like food pantries and school nutrition programs. It also helps develop new markets for trade.

As for producers, they want to see markets back to where they were before the trade war.

“I think it’s something that had to be done, I was hoping it’d be resolved sooner rather than later because we’ve got a lot of young people in the industry that are really suffering and they’re leaving the industry left and right because they can’t make it,” Ziesch said.

Payments will be made in three rounds, once at the end of July, and later in November and January.

May 28, 2019 by Angela Shen

NDSU extension specialists say proper timing of livestock pest

Use integrated pest management concepts to control livestock pests. The key is using the right type of control at the right time for the right duration to control pests effectively.

Face flies, horn flies and stable flies are the most common and most treated pests on North Dakota livestock operations. Left untreated, these pests can cause significant loss in production, says Miranda Meehan, North Dakota State University Extension livestock environmental stewardship specialist.

While integrated pest management (IPM) is commonplace for controlling crop pests, similar concepts can apply to controlling livestock pests, Meehan says. The key is using the right type of control at the right time for the right duration to control pests effectively.

Many North Dakota livestock producers apply pest control prior to pasture turnout, which may be optimal for control of some pests but not others.

Horn flies are gray and look like small houseflies, according to Patrick Beauzay, NDSU Extension entomologist and IPM coordinator. Horn flies bite and spend most of their time clustered around the head, shoulders and back of cattle. These blood-sucking flies feed up to 20 to 30 times per day. This constant biting causes cattle pain and stress, and can reduce the cattle’s weight gains by as much as 20 pounds.

“Face flies look like large, dark houseflies,” Beauzay says. “They are nonbiting flies that feed on animal secretions, plant nectar and manure liquids. Face flies may transmit pathogens responsible for infecting the eye and causing keratoconjunctivitis, or pinkeye, in cattle. The life cycle of a face fly is about 21 days. Populations tend to peak in late summer.”

Stable flies are similar in size to houseflies, but have circular markings that distinguish them from horn flies. In addition, these flies bite on the abdomen and legs, feed on blood and are very disruptive to cattle grazing. They breed on organic matter. The only method to control adult populations is weekly application of insecti-

Continued...NDSU extension specialists say proper timing of livestock pest

cide sprays.

Beauzay says horn and face flies typically are not present at pasture turnout and do not reach economic thresholds for applying control until midsummer.

When fly counts reach 200 flies per animal, the economic threshold has been reached and animals will have significant weight loss. The economic threshold is the pest density at which producers should take action to manage the pest, he says.

“The first step to determining when to apply control is to properly scout pastures and cattle to determine fly type and fly populations,” Beauzay says. “Horn flies typically rest on cattle throughout the day, whereas face flies land on the face of cattle for a meal and then retreat to nearby structures, such as fences or forage stands.

“Ear tags contain insecticides that are released slowly into the animal’s hair by movement, so ear tags should not be applied until fly populations are nearing the economic thresholds, typically from mid-June to July. Read insecticide labels carefully because recommendations can vary for the number of tags to apply (one or two), age of cattle that can be tagged and chemical class of active ingredient (pyrethroid, organophosphate or a combination).”

Gerald Stokka, Extension veterinarian and livestock stewardship specialist, recommends rotating the class of insecticide each year and removing tags when they no longer provide effective fly control to help prevent flies from becoming resistant to the insecticides.

To achieve proper fly control, apply pour-on insecticides and sprays periodically depending on environmental conditions, such as rainfall, heat and humidity throughout the fly season, Stokka says. Applying these products before pasture turnout likely will not be an effective fly control method. Additionally, all avermectin pour-ons and injectables impact internal parasites and are not labeled for fly control.

Feed additive insecticides can be included in mineral formulations for the cattle. The additives pass through the animals’ digestive system and destroy the developing horn fly maggots in the manure. These additives are effective in killing 80% to 90% of the developing fly larvae in animals that have consumed the product, he says. Offer feed additives at least 30 days prior to fly emergence in late June or early July.

Back rubbers, dusters and other means of delivering insecticides, as well as nonchemical fly traps and natural fly defense mechanisms also are available. As with the other control methods, producers need to watch for economic thresholds and determine what control measure will work best in their operation, Stokka says.

“When applying any type of pest control, be sure to carefully read the label prior to application. Monitor populations to see if the product is achieving the desired level of control. If a product is not effective, the fly population may have developed a resistance to that type of insecticide and another method and/or product should be utilized,” Stokka says.

Pest control can be costly. However, Meehan says producers can reduce costs by following these principles of integrated pest management and applying the appropriate products at the appropriate time for the appropriate control of pest populations.

–NDSU Extension

R-CALF USA Asks Court to Declare Beef Checkoff Practices in 15 States Unconstitutional

Billings, Mont. - May 20, 2019, R-CALF USA, through its attorneys, filed documents in the federal district court in Montana asking that its motion to declare the beef checkoff practices in 15 states unconstitutional be granted. Those states are: Hawaii, Indiana, Kansas, Maryland, Montana, Nebraska, Nevada, New York, North Carolina, Pennsylvania, South Carolina, South Dakota, Texas, Vermont, and Wisconsin.

The documents contend that in each of the 15 states, the state beef councils are private corporations that have been keeping half of all the mandatory beef checkoff assessments collected within their states to fund their private speech.

The group is challenging this practice on the grounds that the First Amendment prohibits the government from compelling cattle producers and other citizens to subsidize private speech.

The remedy to this constitutional violation, according to R-CALF USA, is to allow producers in those 15 states to choose whether or not to fund private corporations. If producers choose not to fund their private state councils, their money should go to the government to fund its work on behalf of ranchers, which the Supreme Court has held is constitutional. This now occurs in Montana where R-CALF USA was granted a preliminary injunction in June 2017.

The court documents state R-CALF USA and its members are injured by the state council's private speech because rather than promote consumption of domestically produced beef, which R-CALF USA believes will benefit its members, the councils promote beef regardless of how or where it was raised. The injury arises because the councils are not accountable to the public, meaning R-CALF USA cannot employ traditional lobbying techniques to advocate for change.

Another of the group's objections is that the state beef councils send checkoff money to third-party entities that are likewise not publicly accountable and that use the money to support the consolidation of the cattle and beef industry, another outcome R-CALF USA opposes. In 2018, the Texas Beef Council, for instance, gave \$2 million to the private Federation of State Beef Councils and U.S. Meat Export Federation. Other councils have donated to political advocacy groups like the Wisconsin Livestock Identification Initiative.

"The beef checkoff is eliminating opportunities for U.S. cattle producers to remain profitable by promoting foreign beef as if it were equal to domestic beef and by supporting corporate efforts to consolidate and control our industry. Our members said enough is enough and our plan is to put producers back in control of the checkoff, which our lawsuit helps accomplish," said R-CALF USA CEO Bill Bullard.

"The court should grant this motion and bring relief to ranchers in these fifteen states. Independent producers of beef are currently being compelled to subsidize the speech of multinational corporations regardless of their wishes," said Public Justice Food Project Senior Attorney David Muraskin, who represents R-CALF USA.

"Hopefully the unfettered misuse of U.S. cattle producer's checkoff dollars by the state beef councils, many of which are closely associated with NCBA affiliated state cattlemen's associations that fought to repeal country of origin labeling for beef, will be a thing of the past," said J. Dudley Butler.

Attorneys for R-CALF USA include lead counsel David Muraskin, a Food Project Attorney at Public Justice, J. Dudley Butler of Butler Farm and Ranch Law Group, PLLC, and Bill Rossbach of Rossbach Law, P.C. in Missoula, Montana.

R-CALF USA (Ranchers-Cattlemen Action Legal Fund, United Stockgrowers of America) is the largest producer-only cattle trade association in the United States. It is a national, nonprofit organization dedicated to ensuring the continued profitability and viability of the U.S. cattle industry. For more information, visit www.r-calfusa.com or call 406-252-2516

Lee Pitts: The Cuddling Kind

Every once in awhile I'll hear about an idea that makes me slap my forehead and say, "I wish I'd have thought of that." Cow cuddling is one of those ideas.

According to writer Linnea Zielinski, people are paying big money to cuddle and play with cows. She says it's all part of something called "animal centric holistic health."

To which I say, "Huh?"

Linnea says that cow cuddling is for people who just can't get into meditation and she insists that cuddling with a cow will slow down your heart rate. "They will pick up on what's going inside and sense if you are happy, sad, feel lost, anxious or are excited and they will respond to that without judgement, ego or agenda." She also says cows are sensitive and intuitive characters.

Frankly, Linnea must be hanging around a different species of cow than the ones I've raised. The ones I've owned made me anxious, excited, nervous and contributed to at least one stroke. And anyone who says cows have no agenda has never sorted cows in a sorting alley because they have an agenda all right and it's to kill you!

Linnea also refers to folks in the Midwest who have cows that will hang their heads over the fence to be petted. I can say without reservation that having owned hundreds of cows in my lifetime I've never had a single one do this. Horses yes, but cows no. And how does one go about "playing" with cows? What kind of games do cows play, baseball, basketball, poker? Monopoly maybe? I've yet to meet a single bovine who had a jump shot or could throw a curveball. Granted, with four feet cows could have some potential as soccer players.

Cow cuddling is nothing to laugh at. According to the Mountain Horse Farm, one of the leaders in the cow cuddling industry, two people can cuddle with one of their cows for only \$75 an hour and four can cuddle with a cow for \$125 an hour, although I think a cow might feel over-cuddled with that many people fawning over it. I did some figuring on the back of a napkin that may cause you to change your opinion about cow cuddling. If I owned 100 cuddling cows and if they cuddled for ten hours a day seven days a week I'd make \$125,000 per day, based on the prices the Mountain Horse Farm is charging. If I was open for business 365 days a year I'd gross over 45 million dollars! I think you'll agree, that's a little more than we can make raising cattle for beef.

I was glad to hear these sessions are monitored by a licensed cow counselor because it's something I think I'd be good at it. But I'm a little confused, would I be counseling the cows or those who cuddle them? I also wonder where one goes to become such a cuddling cow counselor, does Texas A & M offer such a degree? I have a feeling it's kinda like the certificate I got off the internet to marry my sister. (No, I didn't actually marry her, I conducted the ceremony.)

The Mountain Horse Farm is also into horse wellness and juice cleanings although they don't offer goat yoga yet. What, you've never heard about this craze sweeping the nation either? If I could amass the aforementioned 45 million dollars I would then have the funds necessary to buy some nannies and start goat yoga. From the videos I saw on the Internet, all you do in goat yoga is turn a bunch of juvenile goats loose in a room so they can crawl on all the women while they are engaged in yoga poses such as lotus pose, the wild-thing pose, peacock pose or the cow pose, which looks to me like the pose you'd make to give an adolescent a horsie ride.

Please be advised, you could meet some unsavory characters if you embark upon a cow cuddling or goat yoga career. I'm referring, of course, to lawyers. The first time one of your cuddling cows clocks a cuddler, or one of your kid goats goes tinkle on the back of some yoga devotee doing the wild-thing or downward facing dog, you just know there's gonna be lawsuits involved at some point.

U.S. Cattlemen's Association Takes on Capitol Hill

(WASHINGTON) - Members from across the nation gathered in Washington, D.C. on June 10-11 for the annual United States Cattlemen's Association (USCA) Washington, DC Fly-In. Over 30 members were in attendance for the event, representing Colorado, Missouri, Montana, North Dakota, South Dakota, Oklahoma, Kansas, Texas, Wyoming, and Virginia.

USCA spent the two days on Capitol Hill working on its number one policy priority: strengthening the bottom line of U.S. cattle producers.

Attendees also met with Administration officials, including leadership at the U.S Department of Agriculture, Commodity Futures Trading Commission, Food and Drug Administration, and the White House.

USCA President Kenny Graner issued the following statement:

“On behalf of USCA, I would like to extend a special thank you to everyone who took the time to meet with our delegation over the past week. The thoughtful and constructive conversations our delegation engaged in were encouraging, and we look forward to seeing the results of those conversations in the coming months.

“Topics ranged from the *Transporting Livestock Across America Safely Act* to animal health and identification concerns to needed changes in the mandatory price reporting program. We met with key Congressional leaders on both sides of the aisle, as well as agency officials with the power to enact reforms that would increase transparency and true price discovery in the cattle marketplace, enable truth in labeling on U.S. beef products, and ensure the health of the domestic cattle herd when negotiating international trade agreements. If you'd like to lend your voice on any of these key topics, we are always seeking grassroots industry advocates. Please contact Lia Biondo at lia@wssdc.com for more information.”

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Established in March 2007, USCA is committed to enhancing and expanding the cattle industry's voice on Capitol Hill. USCA has a full-time presence in Washington, giving cattle producers across the country a strong influence on policy development. For more information go to www.uscattlemen.org



The photo is from a meeting between the US Cattlemen's Association and leadership at the USDA. USCA members pictured include (L to R) Lia Biondo, Justin Tupper, Kenny Graner, Jess Peterson, Hodge Miller, and Rocky Forman.

Photo by: Liz Frey - Western Skies Strategies.

The Next Generation...

'It is up to us to live up to the legacy that was left for us, and to leave a legacy that is worthy of our children and of future generations.' - Christine Gregoire

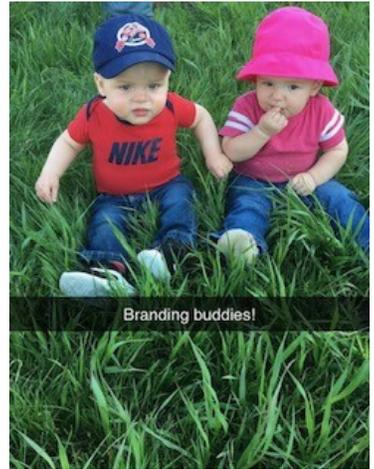


Photo taken by Abby Schmitz



Photo taken by Kari Goldade



Photo taken by Becky Graner



Photo taken by Becky Graner

We want to see all of
the next generation!
Please send photos to

independent.beef.assoc.nd@gmail.com

Email

We have recently started using a system to send emails to our members to inform on upcoming events and press releases. If you would like to be included, please let Kari know so she can add you to the list. Independent.beef.assoc.nd@gmail.com

Recipe

Beef with Broccoli

Submitted by Shelly Ziesch

1 1/2 lbs. steak sliced thin in 2 in pieces

1/2C brown sugar

2T sesame oil

1C beef broth

2/3c low sodium soy sauce

1T garlic - minced or a dash of garlic salt

1/4 tsp chili flakes

2T corn starch

4T water

Put all ingredients but corn starch, water and broccoli into a slow cooker. Cook 4 hours on high or 6+ hours on low. When beef is tender, make a slurry of corn starch and water and add to cooker. Add broccoli and cook an additional 20 minutes.

Serve over rice or chow mein noodles.



Recipe

Pizza Moons

1 (8 ounce) package refrigerated crescent rolls

4 cups shredded mozzarella cheese

16 slices pepperoni

1/2 cup Parmesan cheese

*Preheat an oven to 375 degrees F (190 degrees C).

*Unroll crescents onto work surface. Top each piece of dough with shredded cheese and a few slices of pepperoni. Sprinkle on a bit more cheese, and roll into crescent shape. Place pizza "moons" on a baking sheet.

*Bake until crescents are golden brown, 12 to 15 minutes.

Remove from oven, and sprinkle with Parmesan cheese. Serve with marinara sauce.



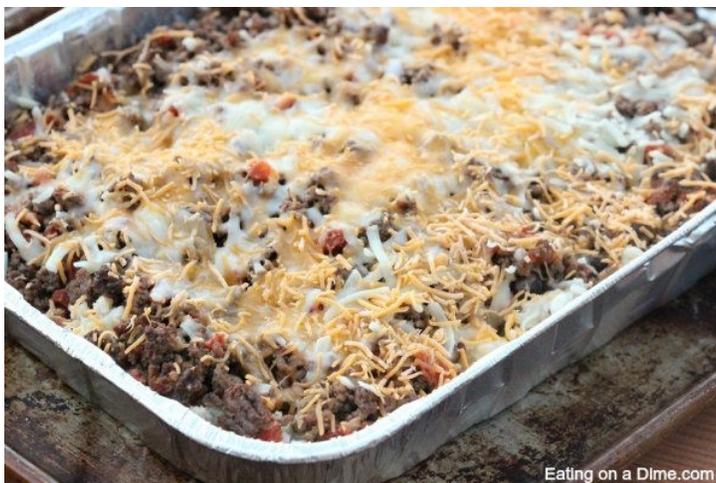
RECIPE

Looking for a freezer friendly recipe?
You are going to love this easy taco casserole recipe!
It is a simple casserole recipe that is packed with flavor.

Rice Taco Casserole

Serves 12

- 2 pounds ground beef
- 1 onion chopped
- 1 zucchini shredded (optional)
- 2 cups corn
- 2 cans black beans (drained)
- 2 cans Rotel
- 1 package of Taco seasoning
- salt
- 4 cups cooked rice
- handfuls of shredded cheese
- 2 - 9x13 pans



How to Make Easy Taco Casserole Recipe:

First brown your ground beef. Add in chopped onions and zucchini (optional) cook until soft.
Stir in Taco seasoning.

Add corn, tomatoes and beans.

Spray 2 9x13 pans with non stick spray. Spoon 2 cups of rice into the bottom of each pan, spreading it out evenly.

Spoon the meat mixture over the rice.

Top with the shredded cheese.

If you want to eat it right away:

Bake covered at 350 degrees for about 25 minutes until cooked through.

If you want to freeze it:

Cover with foil and label. To reheat, let thaw overnight in fridge. Bake at 350 degrees for 45 minutes covered with the foil. Then remove foil and cook until the top is nice and brown.

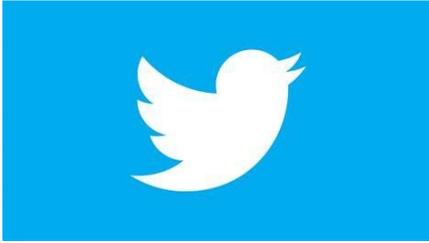
Enjoy!

Recipe Notes

The recipe is for 2 meals. Why? That way you can make one to eat now, and then the other one goes in the freezer. One mess, but you get 2 meals. If you don't want to do that, just cut the recipe in half.

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I-BAND Merchandise

T-shirts \$20 (includes shipping)

Sz L & XL

Need a smaller/larger size?

Let Kari know...

Independent.beef.assoc.nd@gmail.com

Items can be purchased online at

www.i-band.org or by sending a check to :

I-BAND

c/o I-BAND Merchandise

Po Box 123

Menoken, ND 58558



Send us your photos!

We would love to include them in our newsletter
and on our Facebook page.

Photos can be sent to Kari at
independent.Beef.assoc.nd@gmail.com



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We want to thank all our sponsors for supporting I-BAND. When you are out shopping for supplies, equipment or repairs, please support our sponsors!

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Lund Ranch - Selfridge, ND
Farmers Union Insurance - Mandan, ND

Our Affiliates



Membership

The Independent Beef Association of North Dakota is North Dakota's statewide voice in the cattle industry for the cattle producer. Our membership is primarily made up of cow calf operations in North Dakota. We're a non-profit organization that works in conjunction with other organizations as your statewide and national voice in the cattle industry. We have represented our membership on issues including the Farm Bill, COOL, Waters of the US, HSUS bills, Horse Slaughter, the National Animal Identification System, EPA, Foot and Mouth disease in South America, and the Beef Checkoff. There are numerous issues of importance to cattle producers in the coming year. Strength comes in numbers and I-BAND needs a strong membership to carry out your voice within and outside of North Dakota. We're a grassroots cattle-men's organization, addressing the market interests of North Dakota cattle producers.

I-BAND has been going strong for 13 years now. If you are a new member, a past member or an existing member, we would like you to let us know what you like about this organization and the direction you would like to see this organization take in the future. We take pride in having a membership association where every member's voice is heard through a one member one vote policy. Without the backing of membership, I-BAND would not be in existence. We wish to thank each and every one of you for your support. Any comments can be directed to any I-BAND board member or drop us a line at: I-BAND, Box 123, Menoken, ND 58558.

Strength comes in numbers and I-BAND needs a strong membership to carry out your voice within and outside of North Dakota. Please feel free to pass this newsletter on to any friends, neighbors or businesses that may be interested. If anyone would like to schedule an informational meeting in their area please contact any I-BAND Director.



___ One Year Voting \$50 ___ One Year Associate \$50

Do you own cattle? ___yes ___no

Name _____

Address _____

City, State, Zip _____

County _____

Phone _____

Fax _____

E-Mail _____

Signature _____

District One (1) will be west of the Missouri River from the South Dakota border north to Interstate 94 and west of US Hwy 83 from Interstate 94 north to the Canadian border. District Two (2) will be on the east side of said boundaries.

District Residing In:

District One _____ District Two _____

- Voting Members must own cattle. Annual dues are \$50.00 per year per member (one member/one vote).
- Associate Members do not own cattle and do not have voting rights. Annual dues \$50.00.

Please mail application and dues (cash, check or money order) to the address below. Contributions or gifts to I-BAND are not tax deductible as charitable contributions. However, they may be tax deductible as ordinary and necessary business expenses.

I-BAND, Box 123, Menoken, ND 58558



Independent Beef Association of
North Dakota

PO Box 123

Menoken, ND 58558

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Directors

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Photo by Becky Graner

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