

**Melanie Arons Counseling & Consulting, LLC**

**Melanie Arons, MA, LCPC**

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Northbrook, IL 60025

312-316-6362

**Consent to Release/Request Client Records/Information**

To: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_  
\_\_\_\_\_

Client: \_\_\_\_\_  
\_\_\_\_\_

DOB: \_\_\_\_\_

- \_\_\_\_\_ Educational Records
- \_\_\_\_\_ Health/Medical Records
- \_\_\_\_\_ Psychiatric Evaluations
- \_\_\_\_\_ Psychological/Neurological Assessments & Diagnosis
- \_\_\_\_\_ Therapy Notes
- \_\_\_\_\_ Treatment Evaluation
- \_\_\_\_\_ Other:
- \_\_\_\_\_ Any and all records/information

I acknowledge and understand that I am waiving my right to confidentiality with respect to the records and information released pursuant to this consent and hereby release Melanie Arons and Melanie Arons Counseling & Consulting, LLC (treating therapist) from any and all liability arising from release and disclosure of the information and records. I/We understand that I/We have the right to inspect and copy the information to be disclosed. I/We understand the I/We may refuse to consent to disclosure prior to the information being sent.

I/We have read the above and had the opportunity to ask questions concerning this consent., including the consequences , if any, of refusal to consent. This consent is valid for one year from the date it is signed. This release expires on \_\_\_\_/\_\_\_\_/\_\_\_\_.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

Witnessed by: \_\_\_\_\_  
Therapist Signature