

A Virtual Supportive Process Group for Moms of Adult Children who are Developmentally Disabled



Mondays
5:00-6:00 PM
8 Weeks
Starting February 2nd
\$50 / session

Facilitated by:
Maggie Levy, LCSW, CPC

Who

- Do you have an adult child or children with a developmental disability?
- Has your child failed to launch as expected?
- Does your child live independently with support, at home or in a group home?
- Are you a resident of New York?

Learn

- Learn practical stress management tools
- Explore and process what it means to be a parent of an adult with special needs
- Connect with other parents who understand
- Explore ways to handle behavioral and mental health needs of your adult child

Why

- Are you feeling overwhelmed parenting an adult child with a developmental disability?
- Do you feel alone?
- Are you worried about the future?

Interested

Contact Maggie for a 15 minute complimentary consultation to ask questions and schedule an intake to join the group

Call/text: 914-329-2688
Email: maggie@maggielevy.com

Learn more about Maggie at www.maggielevy.com