

IMPORTANT DATES



JULY 22-23

-ToningBeatz Cancelled -> Instead DanceBeatz
-Core Flow Cancelled

JULY 31

-Evening Class 6:30-7:30

AUG 3

-Free Outdoor Class & Potluck Celebration
for Michelle's Birthday! 6:30 - Dark

AUG 13, 15

-Core Flow Cancelled
-Lunchtime Lift Cancelled

AUG 28

-Evening Class 6:30-7:30 & Dorothy's Birthday!