

Add Ingredients

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Ingredient*		Amount*	Unit*	Waste* ⓘ		Grams
✓ Egg, whole, cooked, fried	🔗	1.25	Oz ▾	0	%	35.4
✓ Potatoes, baked, flesh, without s...	🔗	1	Oz ▾	0	%	28.4
✓ Cheese product, pasteurized pro...	🔗	0.6	Oz ▾	0	%	17.0
✓ Wheat flour, white, all-purpose, ...	🔗	1.6	Oz ▾	0	%	45.4
✓ Butter, salted	🔗	0.25	Oz ▾	0	%	7.1
✓ Salt, table	🔗	0.02	Oz ▾	0	%	0.6
✓ Beverages, water, tap, drinking		0.3	Oz ▾	0	%	8.5
Add Ingredient			g ▾		%	
Gross Weight						142.3
Recipe Yield Adjustments Edit						0
Net Weight						142.3

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🔗 Recipe Tags ⓘ

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Nutrition Breakdown ⓘ



Recipe Card ⓘ



Possible Nutrition Claims ⓘ👑

Nutrition Facts

About 1 Serving Per Container	
Serving Size	147g
Amount Per Serving	
Calories	360
% Daily Value *	
Total Fat 14g	18%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 170mg	57%
Sodium 1120mg	50%
Total Carbohydrates 43g	16%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 1.7mcg	8%
Calcium 280mg	20%
Iron 3mg	15%
Potassium 290mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: All-Purpose Flour, Egg, Potatoes, Cheese, Water, Salted Butter, Salt

Contains: Wheat, Eggs, Milk

