

Athens Gastroenterology
Jay A. Takata, M.D.
115 S. Murchison Street
Athens, Texas 75751
Questions Call Tracey W. at (903) 677-3737 Option 1

EGD PREP INSTRUCTIONS

YOUR ENDOSCOPY IS SCHEDULED FOR _____.

****YOU MUST ARRIVE AT THE UT HEALTH HOSPITAL IN ATHENS NO LATER THAN _____**

Please check on at the Admissions Office located to your left just inside the front door of the hospital. They will check you in and then escort you to the GI Lab where your procedure will be performed.

IT IS ESSENTIAL THAT YOUR STOMACH BE EMPTY AT THE TIME OF YOUR EXAM. Food in the stomach makes it more difficult to see the lining of the GI tract, therefore decreasing the accuracy of the test.

1. Do not eat or drink anything after 12 midnight the night prior to your scheduled procedure.
2. Do not take any oral medications prior to your test unless directed by your physician.
3. On the morning of your exam DO NOT eat breakfast or drink anything.

Because you will be sedated for this exam, **you must have someone at the hospital with you who will be able to drive you home and you should not drive the remainder of that day.** Your test will be cancelled and rescheduled if you arrive at the hospital without someone to drive you home.

Dress comfortably. Wear clothes with a loose fitting waist band, as you will likely feel "gassy" after your procedure.

NO ASPIRIN PRODUCTS OR BLOOD THINNERS _____ DAYS BEFORE PROCEDURE

**** UT Health Athens address 2000 S. Palestine, Athens, Tx, 75751**