

Athens Gastroenterology, PA

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Instructions for Video Capsule Endoscopy

- **Purchase liquid Maalox or Mylanta over the counter**

One day before your procedure:

1. You may have a regular breakfast.
2. Clear liquids only after breakfast.
 - You may have juices without pulp- apple, grape, cranberry and strained fruit juices such as orange juice and lemonade.
 - You may have jello, popsicles, Hi-C, Gatorade, soft drinks, tea, ginger ale and coffee (no milk or creamer). You may have clear broths and bullion.
 - Do not have anything that is RED.
 - Do not drink tomato or prune juice.
3. At 6pm take 30 cc(2 tablespoons) of Maalox or Mylanta.
4. NOTHING BY MOUTH AFTER MIDNIGHT.

The DAY OF YOUR PROCEDURE:

Wear a t shirt as you will have a belt with equipment to wear for the majority of the day.

****Please contact our office if any questions**

The test is scheduled at:

UT ATHENS 2000 S. PALESTINE, ATHENS, TX 75751

ENTER THROUGH THE MAIN ENTRANCE AND GO TO ADMITTING/REGISTRATION

APPOINTMENT DATE: _____

CHECK IN TIME: _____